



Mediterranean

Seafood Restaurant & Sushi Bar

Monday & Wednesday Prawns & Oyster Specials - Bargains

Strictly no Substitutes

(Should any substitutes be made, normal prices will apply)

Please ask your waiter for a display before placing your prawn order

12 "S" Prawns - R 115

A selection of 12 "S" Prawns, grilled and served with our magnificent red prawn sauce

24 "S" Prawns - R 199

A selection of 24 "S" Prawns, grilled and served with our magnificent red prawn sauce

8 Queen Prawns - R 155

A selection of 8 Queen Prawns, grilled and served with our magnificent red prawn sauce

Namibian Medium Oysters - R 16 each

Add R 30 to any of the above dishes to get your prawns prepared in our crazy sauce (garlic, cajun spice, red prawn sauce), or in Chilli garlic sauce.

All main dishes are served with one of the following choices: a. Chips b. Rice c. Stir Fried Vegetables d. Side Salad. Small or Medium village Greek salad is available as an alternative to the starch at an additional cost of R 40 Small / R 55 Medium.

Bargain Bargain Bargain Bargain

While Stocks Last

PERSONS WITH ALLERGIES - PLEASE BE ADVISED THAT BEING A SEAFOOD RESTAURANT ALL OUR FOOD DOES COME IN CONTACT WITH FISH OR SHELLFISH



Mediterranean

Seafood Restaurant & Sushi Bar

Tuesday & Thursday

Half Price Sushi

All prices below are already reflected at half or reduced price of the normal Sushi menu Only for Tuesday & Thursday

On Selected items only - Strictly no Substitutes

(Should any substitutes be made, normal prices will apply)

No takeaways on half price or reduced price items

California Rolls

A colourful core of jewel-like fillings wrapped in nori, rolled in rice and sprinkled with sesame seeds. An appetizing and delectable symphony of flavours.

Salmon, Avocado & Cucumber (8 pieces) R 36

Yuppy Roll (10 pieces) R 34.50
(Smoked Salmon, Mayo, Cream Cheese, Avo and Spring Onion)

Fashion Sandwiches

A novel variation with rice on the outside encasing luscious layers of nori, fish or vegetables & cut into geometric shapes.

Salmon, Avocado, Mayo (9 pieces) R 39.50

Special Prawn, Avocado, Mayo & Caviar (4 pieces) R 39

Hand Rolls

Nori Seaweed rolled into the shape of a cone encasing of lavishly arranged vegetables; fish set off against delicately flavoured rice.

Tuna, Avocado, Cucumber & Mayo R 26

Prawn, Avocado, Cucumber & Mayo R 25

Seaweed Salad R 15

Reduced prices on items below only on Tuesday & Thursday

Okayama Sushi Special R 199

3 Pieces Tuna Sashimi

3 Pieces Salmon Sashimi

4 Pieces Special Prawn Fashion Sandwiches

2 Pieces Salmon Roses

2 Pieces Smoked Salmon Roses

Prawn, Avocado, Caviar & Mayo Salad R 65

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"Psari" Special Fresh Whole Fish

Magnificent plate size whole fish prepared and spiced in a way only Mediterranean can offer. Display is available and highly recommended. Fish preparation options are:

Butterflied grilled, in foil (extra R 20), whole grilled, Costa's way, steamed, fried or Portuguese style. All cooking methods take time. Your patience is appreciated.

450g - 550g Whole Fish R 110

If Psari is not available please ask your waiter for alternative specials on plate size whole fish

**** Fresh Fish Whole ***

Magnificent Fresh Whole Fish available in different types and sizes prepared and spiced in a unique way only Mediterranean can offer, a display here is essential:

Poached Fish

Boiled fish, whole or cut in two or more pieces with vegetables drizzled with olive oil and lemon

In Foil

Extra R20, cooking takes time, please be patient

Butterfly

Butterflied grilled with or without seasoned flour

Costa's Way

Butterflied grilled no flour

Drizzled with Costa's Sauce (Olive oil, lemon juice, salt, pepper, celery, parsley & garlic)

Whole Grilled

Whole Fish Grilled and then baked in the oven

Steamed

Steamed oriental style: (Spring onion, ginger and topped with Soya sauce)

Fried

Deep fried Whole or Butterflied

Portuguese Style

Fish butterflied (flour optional) grilled and topped with salt, course pepper & garlic

Different sizes available for R 29 per 100g - Subject to Availability

All main dishes are served with one of the following choices: a. Chips b. Rice c. Stir Fried Vegetables d. Side Salad. Small or Medium village Greek salad is available as an alternative to the starch at an additional cost of R 40 Small / R 55 Medium.

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Manager's Specials

Main Chicken Leg Quarter - R 99

Two chicken leg quarters cooked and topped with our magnificent spices

Fish in Foil - R105

350 - 420g Fresh whole fish available, baked in foil with tomato, onion, green pepper, olive oil and lemon juice (cooking takes time and please be aware of bones)

Chicken Combo - R 129 *NEW*

300g Chicken Leg Quarter, 4 "S" Prawns, 125g Calamari steak strips fried

Royal Flash Combo - R 135

300g Hake Strips (grilled, fried or Portuguese Style), 2 "S" Prawns, 125g Calamari steak strips fried

Hake Fillet Combo - R 145

Hake Fillet 300g (grilled, fried or Portuguese Style), 125g Calamari steak strips fried

Hake Fillet Platter - R 195

Hake Fillet 300g (grilled, fried or Portuguese Style), 6 "S" Prawns

Sushi Chef Special - R 125

4 Pieces Crab California Roll
3 Pieces Salmon Maki
3 Pieces Avo Maki
1 Piece Prawn Nigiri
1 Piece Salmon Nigiri
Small Seaweed Salad

All main dishes, except Sushi Chef Special are served with one of the following choices: a. Chips b. Rice c. Stir Fried Vegetables d. Side Salad. Small or Medium village Greek salad is available as an alternative to the starch at an additional cost of R 40 Small / R 55 Medium.

Any changes to the above will be subject to different prices

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Seafood Restaurant & Sushi Bar

Wednesday TLC Platters for Two

Platter for Two

R 350

280-300g Hake strips

12 "S" Prawns

250g Calamari strips fried

6 Half shelf Mussels

served with one of the following choices: a. Chips b. Rice c. Stir Fried Vegetables d. Side Salad

Matsumoto Sushi Platter

R 350

35 pieces of sushi

2 Piece Salmon Sashimi

2 Piece Tuna Rose

2 Piece Salmon Rose

2 Piece Prawn Nigiri

10 piece Smoked Salmon, cream cheese & spring onion (Yuppy Roll)

9 Piece Salmon Fashion Sandwich

4 Piece Avocado Maki

4 Piece Crab Maki

Plus- Free Fujian Seaweed Salad

Okayama Sushi Special

R 245

3 Pieces Tuna Sashimi

3 Pieces Salmon Sashimi

4 Pieces Special Prawn Fashion Sandwich

2 Pieces Salmon Roses

2 Pieces Smoked Salmon Roses

IF TUNA IS NOT AVAILABLE FOR THE SUSHI PLATTERS SALMON WILL BE USED INSTEAD

Add extra items for an awesome platter!!! Extra seaweed salad R35

**All of the above are accompanied
with 1 bottle of House Wine**

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Bargain Platters

All platters are topped with different sauces. If not desired please ask your waiter to put sauces separately.

Neptune Combo - R 149

280g Baby Hake Butterflied, 4 "S" Prawns and 125g Calamari steak strips fried

Line Fish Combo - R 149

300g Fresh Line fish of the day, 125g Calamari steak strips fried and 2 "S" prawns

Corfu Platter - R 199

4 "S" Prawns, 300g Hake Strips, 125g Choice Calamari tubes and 3 Mussels

Seafood Platter For One - R 199

300g Fresh Hake Fillet, 4 "S" Prawns, 125g Calamari tubes

Seafood Platter For Two - R 299

300g Hake Strips, 12 "S" Prawns, 125g Calamari tubes and 6 Mussels

Seafood Combo For Two - R 299

300g Fresh Line Fish of the day, 12 "S" Prawns, 250g Calamari steak strips fried and 4 Mussels

All fish in the platters are dusted with seasoned flour. If not desired please inform your waiter. You can have your fish grilled or fried or Portuguese style (grilled without flour, topped with salt pepper and garlic)

All main dishes are served with one of the following choices: a. Chips b. Rice c. Stir Fried Vegetables d. Side Salad. Small or Medium village Greek salad is available as an alternative to the starch at an additional cost of R 40 Small / R 55 Medium.

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Costa's Corner

Oriental Game Fish R 129

300g Fresh Game Fish chunks, grilled with black pepper and olive oil and sprinkled with spring onion and soya sauce...superb dish. A must for the game fish lovers.

Hake Lemonato R 139

300g Fresh Hake fillet, dusted with seasoned flour (Optional), grilled and then simmered in our lemon butter sauce (slices of lemon, full cream salted butter, course pepper, chopped coriander, dry white wine (wine is optional). Putting the zing of lemon in fish.

Fillet Steak Strips R 165

300g Magnificent fillet steak strips marinated in garlic, salt, pepper and olive oil, stir fried on a hot top griller. It's magnificent (Halaal)

Lemonato Combo R 199

300g Fresh Hake fillet, dusted with seasoned flour (Optional) and 125g Calamari grilled simmered in lemon butter sauce (slices of lemon, salted butter, course pepper, chopped coriander, dry white wine (wine is optional).

Chili Garlic Prawns R 199

10 Queen Prawns grilled with our lemon butter sauce, chili garlic sauce and chopped chili. Get ready for the kick.

Chili Garlic Surf & Turf R 245

300g Sliced quality Sirloin Steak and 6 small Prawns grilled in our magnificent Chili Garlic Sauce.

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Daily Sushi Specials

Matsumoto Sushi Platter

35 Pieces of sushi for only - R 295

2 Piece Salmon Sashimi
2 Piece Tuna Rose
2 Piece Salmon Rose
2 Piece Prawn Nigiri
10 Piece Smoked Salmon & Cream
Cheese & Spring Onion (Yuppy Roll)
9 Piece Salmon Fashion Sandwich
4 Piece Avocado Maki
4 Piece Crab Maki
PLUS
Free Fujian Seaweed Salad

Value for money for two People

Okayama Sushi Special - R 235

3 Piece Tuna Sashimi
3 Piece Salmon Sashimi
4 Piece special Prawn Fashion Sandwich
2 Piece Salmon Rose
2 Piece Smoked Salmon Rose

IF TUNA IS NOT AVAILABLE SALMON WILL BE USED INSTEAD

**Add extra items for an awesome platter!!
Extra Seaweed Salad R 30**

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Prawns Prawns Prawns Prawns Prawns

Please ask your waiter for a display before placing your prawn order.

16 "S" Prawns - R 159

A selection of 16 "S" Prawns (display highly recommended) grilled and served with our magnificent red prawn sauce.

16 "S" Crazy Prawns - R 179

A selection of 16 "S" Prawns cooked in our magnificent red prawn sauce with garlic and Cajun spice. It's delicious.

24 "S" Prawns - R 229

A selection of 24 "S" Prawns grilled and served with our magnificent red prawn sauce.

12 Queen Prawns - R 235

A selection of 12 Queen Prawns (display highly recommended) grilled and served with our magnificent red prawn sauce. It's divine!!

8 King Prawns - R 299

A selection of 8 King Prawns (display highly recommended) grilled and served with our magnificent red sauce.

Add R 30 to any of the above dishes to get your prawns prepared in our crazy sauce (garlic, cajun spice, red prawn sauce), or in Chilli garlic sauce.

All the above dishes, except crazy prawns, are prepared with our magnificent red prawn sauce on the side.

All main dishes are served with one of the following choices: a. Chips b. Rice c. Stir Fried Vegetables d. Side Salad. Small or Medium village Greek salad is available as an alternative to the starch at an additional cost of R 40 Small / R 55 Medium.

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Curry Madness

Fish Cakes Curry - R 99 *NEW*

3 Choice Fish Cakes cooked in Mediterranean's Original Curry, served on a bed of rice.
Something new !

Chicken Curry - R 115

250g Chicken Breast cubes cooked in Mediterranean's Original Curry, served on a bed of rice.
Highly recommended by management.

Fish Curry - R 120

300g Hake strips cooked in Mediterranean's Original Curry served on a bed of rice with fresh salad and chutney

Seafood Curry - R 145

A selection of Seafood varieties cooked in Mediterranean's Original Curry, served on a bed of rice. This dish is a must for the curry lovers.

Calamari Curry - R 155

250g Choice Calamari tubes grilled and then simmered in Mediterranean's Original Curry, served on a bed of rice. This dish is highly recommended for calamari lovers.

All curry dishes are served with chopped tomato, cucumber, onion and chutney on the side.