

STARTERS

CRUMBED MUSHROOMS...	R 49.00
Crumbed and deep fried button mushrooms. Served with a choice of festive chillies or caramelised red onions.	
SPINACH & FETA PHYLLO PARCELS...	R 38.00
Spinach & danish feta lled phyllo pastry, baked till crispy	
GARLIC ROLL...	R 25.00
Bread roll topped with raw ground garlic and butter	
CHEESY GARLIC ROLL...	R 32.00
Cheesy Bread roll topped with raw ground garlic and butter	
CHICKEN LIVERS...	R 45.00
Peri- Peri or Mild Chicken Livers with a slice of toasted French roll	
STAGES WINGS...	R 49.00
Sticky Chicken wings with soy and honey sauce	
OYSTERS...	R 52.00
Freshly cultivated served on a bed of crushed ice sprinkled with freshly squeezed lemon juice or Tabasco sauce	
SNAILS...	R 49.00
Pan fried snails with a choice of creamy garlic or cheese sauce	
MUSSEL POTJIE...	R 49.00
Half shell mussels in a creamy white sauce	
SOUP OF THE DAY...	R 38.00
Please enquire from your waitron about our Chefs Choice	
STAGES SELECT...	R 260.00
4 Prawns, a portion of calamari rings, 4 sh cakes, beef pastrami with cream cheese, a portion of crumbed chicken strips, crumbed mushrooms	

VEGETARIAN DISHES

VEG LASAGNE...	R 49.00
Layers of white and spinach lasagne sheets, Mediterranean veggies, topped with creamy white sauce and mozzarella cheese	
MUSHROOM TIAN...	R 38.00
A tower of veggie patty, mushrooms and wok fried veggies.	
LENTIL & OLIVE SPAGHETTI...	R 25.00
Spaghetti with Napolitano sauce, brown lentils, olives and a tangy taste of balsamic vinegar and fresh mint. Topped with nely grated cheese	
SPINACH & PEPPERS CANNELONI...	R 32.00
Canneloni pasta with spinach and mixed peppers with tomato and basil sauce	
RICE & BEANS...	R 45.00
Spicy home- style cooked sugar beans. It comes with rice, spicy orange beetroot and sambals	
VEGGIE WRAP...	R 49.00
Stir fried veggies – carrots, baby marrows, mixed peppers- in a tortilla wrap with a drizzle of sweet chilli sauce	
VEGGIE BURGER...	R 52.00
Soya Patty with Hash brown, topped with tangy sweet chilli sauce	

SALADS

GREEK SALAD...	R 52.00
Mixed greens with cucumber, onion, peppers, cherry tomatoes, olives and Danish feta served with a Greek dressing	
SMOKED CHICKEN SALAD...	R 52.00
Mixed greens tossed with cucumber, onions, peppers, cherry tomatoes and smoked chicken cubes dressed in a spicy yoghurt dressing	
BEEF PASTRAMI SALAD...	R 52.00
Mixed greens tossed with cucumber, onions, peppers, cherry tomatoes and beef pastrami. Dressed with a balsamic and Olive oil dressing	
SALMON SALAD...	R 52.00
Smoked salmon with cream cheese on a bed of mixed greens with lemon and herb dressing	

SANDWICHES

TOASTED CHEESE AND TOMATO...	R 29.00
HAM AND CHEESE...	R 35.00
CHICKEN MAYO...	R 38.00
BACON AND EGG...	R 38.00

MEAL OF THE DAY

Starch and Curry of the Day. Served with 2 salads. Please enquire from your waitron	R 79.00
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WRAPS

CHICKEN WRAP...	R 60.00
Chicken strips with stir fried veggies – carrots, baby marrow and mixed peppers- and Danish feta cheese wrapped in a tortilla wrap. Served with a portion of green salad or chips	
BEEF WRAP...	R 65.00
Beef Strips with stir fried veggies – mixed peppers, carrots, peppers and mushrooms – wrapped in a tortilla wrap Served with a portion of green salad or chips	
TUNA WRAPS...	R 65.00
Light skipjack light meat tuna, lettuce, onion rings, tomatoes and peppers with sweet chilli and mayo sauce wrapped in a tortilla wrap. Served with a portion of chips or veggies	

BURGERS

All burgers come with a portion of chips	
CHICKEN BURGER...	R 52.00
150g of grilled chicken llet with lettuce, slice of tomato and sautéed onion rings with a Cajun mayo or tangy mayo sauce served on a burger roll	
BEEF BURGER...	R 56.00
150g home-made beef burger with lettuce, slice of tomato and sautéed onion rings, gherkins and BBQ sauce served on a burger roll – Add cheese – R8.00	
BEEG BURGER...	R 87.00
2 X beef or chicken patty with egg, bacon, cheddar cheese, gherkins, sautéed onions, tomatoes and lettuce. Served on a burger roll.	
VEGGIE BURGER...	R 52.00
Veggie patty with hash brown, lettuce, tomato, sautéed onions and Cajun mayo on a burger roll.	

ON THE GRILL

Dishes come with a choice of fried chips or green salad or veggies	
RUMP STEAK...	R 120.00
400G Tender and succulent rump steak, grilled to perfection with BBQ basting	
LAMB CHOPS...	R 145.00
4 Lamb Loin Cuts grilled to perfection with BBQ basting	
T BONE STEAK...	R 120.00
400g T Bone steak grilled to perfection with BBQ basting	
LAMB SHANK...	R 160.00
Prepared with a rosemary and tomato chutney sauce	
PORK RIBS...	R 105.00
A rack of grilled ribs with a sticky BBQ sauce	
GRILLED CHICKEN BREASTS...	R 75.00
Grilled llets of chicken, basted with lemon and herb. Crumbed (Schnitzel option available)	
CHICKEN CORDON BLEU...	R 95.00
Classic Baked dish of chicken breasts wrapped around ham and cheese. Spinach and Feta option lling available	

ON THE GRILL COMBOS

Dishes come with a choice of fried chips or green salad or veggies	
MIXED GRILL...	R 140.00
2 x grilled lamb loin chops, boerewors basted with BBQ sauce and grilled Chicken llet basted with lemon and herb sauce. Served with a choice of fried chips or green salad or veggies	
ISITHEBE...	R 300.00
Meat platter with 2 x 200g T-bone Steak, 2 Lamb Chops, 2 Boerewors and 4 Chicken Wings. Served with sambals and a choice of pap or bread	
SAUCES...	R 19.00
Peri Peri	
Cheese & Mushroom	
Lemon & Herb	
Cheese	
Soy and Honey	
Tartar Sauce	
Mushroom	
Pepper	
Sweet Chilli	

SEAFOOD

Dishes come with a choice of fried chips or green salad or veggies	
HAKE...	R 60.00
Hake llet grilled with lemon or garlic butter. Deep fried or battered options available	
CALAMARI MAIN...	R 95.00
Grilled or deep fried calamari rings with garlic butter or lemon butter and tartar sauce	
HAKE & CALAMARI...	R 300.00
Hake llet grilled or deep fried or battered with lemon or garlic butter and a portion of grilled or deep fried calamari rings	
PRAWNS...	R 110.00
8 medium sized prawns pan fried with lemon or garlic butter	
CRAYFISH...	R 155.00
West Coast Butteried craysh fried with lemon or garlic butter	
STAGES CATCH OF THE DAY...	R 110.00
Poached in a creamy lime and white wine sauce	
KINGKLIP...	R 120.00
Full of avour and grilled to perfection with lemon or garlic butter	
KINGKLIP TOWER...	R 145.00
A tower of grilled Kingklip with mushrooms, peppers, onions and spinach	
STAGES PLATTER FOR ONE...	R 155.00
Grilled or Fried Hake, Calamari, 3 prawns, 3 mussels. Served with tartar sauce	
STAGES PLATTER FOR TWO...	R 270.00
2 Grilled or Fried Hake, Double Portion of Calamari, 6 prawns, 6 mussels. Served with tartar sauce	
SURF & TURF...	R120.00
3 medium prawns grilled in lemon or garlic butter and 200g succulent rump steak with BBQ basting	

SIDE DISHES

Savoury Rice, Mashed Potatoes, Potato Wedges, Baked Potato Fries, or Onion Rings	R 18.00
Vegetables of the Day or Green Salad	R 29.00
Bread Roll	R 7.00
Egg	R 8.00

KIDS MENU

JUNIOR FISH...	R 39.00
Grilled or deep fried petite hake. Served with a portion of chips	
CHICKEN STRIPS...	R 3500
Crumbed Chicken Strips. Served with a portion of Chips	
BEEF PENNE...	R 40.00
Penne pasta with fried beef strips in a creamy cheese sauce	
CHICKEN BURGER...	R 39.00
Chicken Patty with lettuce on a burger roll. Served with a portion of chips	

DESSERT

CHEESE CAKE...	R 35.00
Lemon or Strawberry Flavour	
RED VELVET CAKE...	R 35.00
VANILLA ICE CREAM...with Chocolate or Berry Sauce	R 29.00
MALVA PUDDING & CUSTARD...	R 35.00
TIRAMISU...	R38.00
The traditional Italian pudding dessert made with mascarpone cheese, chocolate sponge and liqueur	
CHOCOLATE BROWNIE...	R 32.00
Marbled Chocolate Brownie with pecan nuts and decadent chocolate sauce topping Add a scoop of ice cream for R9	