

AMELIA'S

breakfast

07h00 - 10h30 - R 395

Choice of Toast

white • brown • whole wheat • rye • ciabatta • gluten free

JUICES

Beetroot Juice

beetroot • apple • carrot • ginger

Green Juice

spinach • ginger • green apple • celery • cucumber • parsley

Pure Orange Juice

Garden Route Breakfast

two farm eggs • pork or beef banger • crispy bacon
• mushrooms • grilled tomato • baked beans

Eggs Benedict

Bacon | Florentine - Spinach (v) | Royale - Salmon

poached eggs • hollandaise sauce • english muffin

Croissant French Toast (n)

bacon • maple-flavoured syrup • toasted pecan nuts
• cinnamon sugar

Farmer's Omelette

ham • mushroom • peppers • tomato • emmentaler cheese

Smashed Avocado on Rye (v)

avocado • balsamic reduction • rocket salad • poached egg

Chia Porridge (v)

coconut milk • seasonal fruit

Sourdough Waffle (v)

whipped cream • seasonal berries • maple-flavoured syrup

No Carb (gf)

rocket • mushrooms • cherry tomato • crispy bacon
• poached egg • hollandaise • parmesan shavings

Breakfast Oats (v)

cinnamon • banana • syrup or served plain

Smoked Salmon Bagel

cream cheese • lemon • scrambled egg • rocket

v vegetarian | vg vegan | gf gluten-free | n nuts and/or sesame seeds and/or peanut oil

menu items may contain or come into contact with WHEAT, EGGS, PEANUTS, TREE NUTS, SOYA & DAIRY
should you have any allergies please speak to your waiter who will advise on all ingredients used

please note that we are a cashless establishment