

Freshly Squeezed Juices	
BOS Ice Tea	

Frankies Soft Drinks
Ginger Beer / Cream Soda / Lemonade

# Fitch & Leeds

Ginger Ale / Club Soda / Bitter Lemon / Tonic Water / Lemonade

Mineral Water 500ml Mineral Water 1 Litre

Tizers

Soft Drinks 330ml Can

36 27	Frostees Mixed Berry / Apple & Mint / Passion Fruit / Coco Pine	39
33	Vovochino Chocolate / Salted Caramel / Coffee	41
23	Good Old Tea Five Roses	19
24 38	Red Espresso Red Cappuccino	22 29
29	Spiced Chai	30
27 24	Babachino	9



COLD Ice Tea

Sugar Free Ice Tea

32

31

# HOT

Leaf Teas

Gourmet full leaf teas that are masterfully blended to create an ensemble of flavour

27

Silken Tea Bag

Gorgeous silken tea bags with artisanal infusions

24

Capputeano

29

All prices are inclusive of VAT
All changes to the menu could
result in an extra 20 min wait
Ingredients may vary subject
to availability and seasonality
Menu items may contain
traces of nuts





ALL OUR BREADS
AND PASTRIES ARE
BAKED DAILY USING
TRADITIONAL
ARTISANAL
TECHNIQUES.
NO PRESERVATIVES
AND THE FINEST
STONE GROUND
FLOUR





28

**52** 

#### Ciabatta

Ciabatta (literally meaning slipper bread) is a versatile Italian white loaf with a firm texture, yet sweet and tangy taste.

# Rye

Our rye is a 70% rye. Rye bread is made out of various percentages of rye flour. It is a dark and hearty bread, soft and moist on the inside, with a strong and aromatic crust on the outside.

### Rustic

Our artisanal Rustic loaf is baked using a combination of stone ground white, wholewheat and rye flour. With a wonderfully crisp and chewy crust on the outside, it is tender and even slightly moist on the inside. It is a traditional European country style bread.

# Avisand Jans

Handcrafted Infused Butter	87
Jam	64
Chicken Liver Pâté	66

# OUR STORES

Port Elizabeth: Richmond Hill 041 585 5606

Jozi: 44 Stanley 011 482 4139

Parkhurst 087 808 6063 · Lonehill 011 024 2233

Cresta 011 431 4378 · Grayston 011 784 0938

Village View 011 450 2569

Waterfall Corner 010 596 1355

Waterfall Corner 010 596 1355

Pretoria: Lynnwood 012 348 0890

Olympus · 012 991 3296

North West: Hartbeespoort 012 253 0086 Cape Town: V&A Waterfront 021 418 3750 Steenberg Village 021 701 0839

**Durban:** Umhlanga 031 561 6593 Ballito 032 586 0786

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# Sourdough original

Sourdough originated in Ancient Egyptian times around 1500 BC and is well known for its hard crust, yet characteristic tangy taste.

# Brioche 43

Brioche is a highly enriched bread of French origin, with egg and butter content to give it a rich and tender crumb. It has a fine texture and is light and slightly puffy with a dark and golden, yet flaky crust.

#### Coconut Loaf

Pain de Coco is the perfect mixture for a bread with a full on flavour, with just enough moisture and crumbliness, and suited for both a sweet and savoury palate.



Croissant	21.
Bagel	8"
Pain au Raisin	26
Pain au Chocolat	30
Pasteis de Nata	21
Choc Brownies	33
Lemon Meringue Tartlets	26
Chocolate Croissant	31
Strawberry Tartlets	35
Filled Cronuts	29
Friands	20
Ham & Cheese Pastry	34
Variety of Muffins	FROM <b>27</b>
Variety of Cupcakes	FROM <b>29</b>



# IT ALL BEGAN WITH FRESH BAGUETTES ON A MADAGASCAN BEACH

While on a surfing holiday in Madagascar, an old man on a rustic green bike pedalled past us, his basket stacked high with fresh baguettes. In one sunny afternoon, we fell in love with artisanal bread, and decided to bring our cherished memory back home. Vovo Telo, named after the hotel we stayed in, was born. Since then, we have strived to bring scratch baking, traditional methods and only the best ingredients into our freshly baked breads and pastries so people can enjoy that simple fresh taste that we first experienced in Madagascar, every day. FROM MATT, THE FOUNDER OF VOVO TELO

VOVO TELO EMBODIES SOUL THROUGH THE LOVE OF CREATING SOMETHING SPECIAL FROM SCRATCH



FRESHLY BAKED BREAD

77

#### Classic Panini Sarmies Cheese / tomato / lettuce 🔰

Gypsy ham / cheese / tomato / lettuce

Salami / cheese / tomato / lettuce

Pastrami / cheese / tomato / lettuce

# Sriracha Chicken★ Baguette

Sriracha chicken, sliced avo and rocket

Honey Mustard Chicken **59** With avo, rocket and tomato

# Pulled Pork Piadini

Traditional Italian flatbread filled with our Vovoslaw, slow roasted BBQ pork, accompanied with a side of coriander aioli and our oven baked potato crisps

## Chicken Pecorino

Chicken, basil pesto, pecorino cheese and fresh rocket on panini

#### Reuben

on panini

Pastrami, caramelised onions, gherkins and Boerenkaas on rye

#### Portobello 🜗 Mushroom Panini

Caramelised onions, roasted peppers, mature Boerenkaas and rocket

#### Smoked Salmon Trout & Cream Cheese On freshly baked rye

The Cuban Sandwich Toasted panini bread with BBQ

pulled pork, grilled ham, cheese, pickles and mustard served with oven baked potato crisps

#### 110 Fillet Steak Sarmie

150 grams of fillet, with caramelised onions, tomatoes and rocket on panini

#### Chicken Schnitzel Sarmie

With Boerenkaas, shredded cabbage, rocket and a generous spread of coriander aioli. Served with a side of our oven baked potato crisps



#### Roasted\*() Butternut Fritters

Served with a honey, ginger & yoghurt dressing

# Coppa Croissant

Croissant with coppa ham, tomato concasse, bocconcini mozzarella and fresh rocket

# Croissant Sandwich

Croissant with gypsy ham and Boerenkaas

# Winter Salad\* (

A medley of roasted veg with warm couscous topped with avo

#### Sriracha Chicken

A palate pleasing combination of spicy chicken breast, fresh orange segments, rocket, baby spinach, red onion rosa and tomatoes. Finished with a poppy seed dressing and sourdough melba toast

Smoked Salmon Bagel

Smoked salmon trout on a lightly toasted

bagel with cream cheese and lemon zest

Bagel & Schmear \* 📢

A freshly toasted bagel with your choice

of in house schmear. Ask your waiter

for the available options

26

VEGETARIAN

DISHES

# Green Salad

Mixed greens, toasted seeds, cherry tomatoes, red onion and mature Boerenkaas served with our homemade vinaigrette and your choice of bread

With fillet steak 99 / With smoked 101 salmon trout

# 101

On a bed of rocket, marinated tomatoes and olives. Topped with creamy feta cheese and basil pesto

#### Bistro Beef Burger

Topped with crispy gypsy ham, melted Boerenkaas and caramelised onions

Mediterranean Lamb Burger

#### Chicken Burger

Caramelised onions, melted mozzarella cheese topped with lettuce and tomato

LAMB. BEEF & CHICKEN BURGER SERVED

Three's Company 3 Mini burgers: lamb, beef, chicken 106

118

52

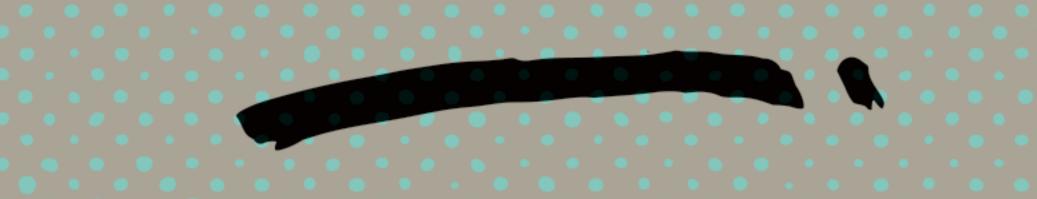
50

# Honey Mustard Chicken

Honey mustard chicken, Danish feta, roast mushrooms and avocado on fresh greens, toasted seeds and rosa tomatoes. Served with our homemade vinaigrette and your choice of bread

#### Roast Vegetable 🕕 93

Mixed greens, butternut, aubergine, mixed peppers, red onion, toasted seeds, cashew nuts, Danish feta and a balsamic reduction. Served with your choice of bread



THIN CRUST PIZZA BASES MADE FROM CIABATTA DOUGH CAULIFLOWER 26

110

96

#### Marinated Tomatoes 🕕

With basil pesto and bocconcini mozzarella with fresh basil

#### Bacon & Chilli Honey

Crispy bacon strips with bocconcini mozzarella and chilli infused honey, drizzled with balsamic vinegar

#### The Twiggy (

Cherry tomatoes, parmesan cheese, garlic and fresh basil on a cauliflower base

#### Three Little Pigs

Slow roasted BBQ pulled pork, marinated tomato, Boerenkaas, coriander cream cheese and a sprinkling of sesame seeds

#### Four Cheese with Crispy Gypsy Ham

Mascarpone, bocconcini mozzarella, gorgonzola, parmesan, caramelised onion and rocket

Avo, Gorgonzola & Salami With bocconcini mozzarella and fresh rocket

#### Beef Fillet & Caramelised Onion

Strips of grilled beef fillet, caramelised onion, bocconcini mozzarella and fresh rocket

#### Caramelised Pear, Coppa Ham & Brie

With bocconcini mozzarella and fresh rocket with balsamic reduction

#### Smoked Salmon & Cream Cheese

With roasted rosa tomatoes, fresh rocket and a drizzle of balsamic reduction

#### Classic

99

Gypsy ham, feta, avo, rocket and drizzled with balsamic reduction

# Butter Chicken Pasanda

Lightly curried butter chicken drizzled with yoghurt and topped with fresh coriander



#### 104 Chicken with Pan Roasted Rosa Tomatoes, Basil Pesto & Pine Nuts

94 Mediterranean 🕕 Lemon zest, garlic, chilli, parsley, feta, olives,

rosa tomatoes and olive oil

a mild peri-peri sauce

tomatoes and fresh rocket

#### 106 Pulled Pork Alfredo★ BBQ pulled pork in creamy alfredo sauce

#### 97 Creamy Chicken Liver Livened up with caramelised onions and

130 Deli Steak Fillet steak, feta, black olives, roasted cherry

# Crispy Gnocchi\* with Basil Pesto

Pan-fried potato gnocchi lightly coated in basil pesto, served with parmesan and rocket



# Crammed with asparagus, spinach,

butternut and Boerenkaas

Freshly Baked Homemade Pies Served with Mash & Gravy or a Side Salad

Chicken & 76 / Lamb & 89
Mushroom Mint

PIES FRESHLY BAKED ON ORDER. PLEASE ALLOW FOR SOME EXTRA

