

BREAKFAST

Served till 11:30

Tres Jolie Full English Breakfast	R110.00
2 Fried eggs,grilled tomato,bacon,beef or pork sausage , mushrooms and toast	
Tres Jolie South African Farm Breakfast	R110.00
2 Fried eggs , grilled tomato, bacon ,boerewors , baked beans and toast	
Trés Jolie ‘Build your Breakfast’	
2 eggs (fried, scrambled or poached)	R26.00
1 Egg	R13.00
Toasted Daily Bread (Please Ask Your Waitron)	R11.00
Gluten Free Toast	R26.00
Bacon	R33.00
Pork/Beef Chipolata	R22.00
Chicken Livers in Neapolitana sauce	R36.00
Mushrooms	R33.00
Grilled Tomato	R15.00
Preserves	R13.00
Cheese	R24.00
Grilled Halloumi Cheese	R39.00
Avocado	R33.00
Smoked Salmon	R79.00
Grilled Banana	R11.00
Avo on Toast	R85.00
2 slices of toast, with crushed avo and 2 poached eggs, topped with rocket	
Flapjacks	R79.00
Stack of vanilla flapjacks, cream and banana, drizzled with maple syrup and decorated with fresh fruit	
Add bacon	R33.00
‘Sloppy Jo-lie’	R91.00
Savoury mince and grilled tomato served on top of 2 slices of toast, with your choice of 2 eggs	
Breakfast Wrap	R79.00
Bacon, feta, mushrooms, peppers and scrambled egg wrapped in our famous wraps	
Omelettes – create your own	R46.00
3 egg omelettes served with a slice of white/brown toast	
Cheese	R24.00
Bacon	R33.00
Pork sausage	R31.00
Tomato-diced	R11.00
Fried onion	R11.00
Ham	R22.00
Mushroom	R33.00
Smoked Salmon	R79.00

Menu items may contain nuts and dairy Products

French Toast

Slices of fresh baguette

Savory – Served with bacon R64.00

Sweet – Served with crème fraiche, berries, nuts and honey R73.00

Health Breakfast R73.00

Layered seasonal fruit, homemade muesli, Greek yoghurt and honey

Trés Jolie ‘Veggi Breakfast’ R97.00

2 eggs, grilled tomato, mushrooms, grilled halloumi, roasted cherry tomatoes, peppers and onions and a slice of healthy toast

Trés Jolie Food Menu

(Weekends only)

Benedicts	R91.00
Country – Spinach and mushrooms on a homemade scone topped with poached eggs and hollandaise sauce	
Trés Jolie	R85.00
Ham or bacon on a homemade scone topped with poached eggs and hollandaise sauce	
Bakers Choice	R46.00
Homemade scones – served with jam and cream	
Add Cheese	R24.00

STARTERS

Halloumi	R83.00
Fried, served with fresh lemon and sweet chili sauce	
Calamari	R97.00
Grilled or fried, with lemon-garlic butter sauce	
Chicken Livers	R64.00
Served with a mild peri-peri sauce and a slice of bread	
Bistro Snails	R64.00
Served simmering in a creamy-garlic sauce topped with mozzarella	
Chicken Tenders	R64.00
Crispy fried chicken breast, served with a sweet chili & avo dip	
Chicken wings	R64.00
Grilled and basted with a peri peri sauce, Lemon & herb or BBQ sauce	
Mussels	R64.00
Steamed in a creamy white wine sauce, served with crusty bread	
Prawns	R105.00
Deshelled prawns, simmering in a creamy garlic and feta sauce	

SALADS

Greek Salad - Chopped	R70.00
Garden greens with olives and feta, cucumber & chopped tomato	
Smoked Salmon Salad	R188.00
Garden greens served with smoked salmon, capers & avo	
Halloumi Salad	R109.00
Garden greens served with Halloumi and cranberry Jelly	
Avocado & Feta Salad	R79.00
Fresh greens with avo and feta	
Caramelised Pear and Blue Cheese Salad	R79.00
Fresh greens with toasted nut brittle, pears and creamy blue cheese	
Roasted Butternut and Feta salad	R91.00
Fresh greens with roasted butternut, feta and toasted seeds	
Add chicken / Bacon	R33.00

MAINS

All Mains are served with a choice of veggies, rice, chips or side salad

Seafood

Fresh Hake	R133.00
Grilled or fried (with beer batter)	
Calamari	R160.00
Calamari tubes grilled or Fried	
Prawns	R225.00
8 Grilled queen prawns	
Kingklip	R215.00
Grilled kingklip	
Salmon Fillet	R325.00
Grilled Salmon	
Seafood Platter (Serves 2 pax)	R495.00
8 Mussels,6 Grilled queen prawns,250g hake fillet and 200g calamari	
All Seafood can be served with Lemon Butter, Garlic Butter or Peri - Peri sauce	

Poultry

Chicken Schnitzel	R133.00
Crumbed and fried Served with a choice of cheese, mushroom or pepper sauce	
Chicken Parmegiano	R160.00
Crumbed chicken topped with spinach, mozzarella and tomato, oven baked	
Cape Malay Chicken Curry	R129.00
Served with poppadoms, tomato & onion salsa and coconut milk & bananas	
Half Chicken	R110.00
Half Flamed Grilled chicken. Grilled to your liking - peri-peri, lemon & herb or BBQ	
Full Chicken	R198.00
Full Flamed Grilled chicken. Grilled to your liking - peri-peri, lemon & herb or BBQ	

Grills

Rump Steak Aged grain fed	
250g	R165.00
350g	R198.00
Halloumi Rump	R215.00
250g rump stuffed with mozzarella, pepperdew and topped with bacon and halloumi cheese	
T-bone Steak	
500g	R220.00
1kg	R385.00
Ribeye	
350g	R198.00
Add sauce of Choice	
Cheese, Mushroom or Pepper	R29.00
Lamb Cutlets	R204.00
300g grilled to your liking, served in a basting sauce	
Pork Ribs	
Succulent ribs, prepared in a homemade sticky BBQ and honey marinade	
300g	R182.00
600g	R248.00

Combos

Surf and Turf 250g Rump and calamari combo	R242.00
Prawn & Rump Steak Combo 4 Grilled queen Prawns & 250g Rump Steak	R308.00
300g Rib and Half Chicken	R308.00
Mixed Grill 150g Rump, 100g Lamb chops, 100g Boerewors and a Chicken thigh	R220.00
Prawn & Calamari Combo 6 Grilled queen Prawns & 150g Calamari	R220.00
Fresh Grilled Hake and Calamari Combo Served with lemon butter	R200.00

Pastas

Prawn and Bacon Mac & Cheese Baked penne pasta with a creamy prawn and bacon sauce	R132.00
Chicken Alfredo Grilled chicken fillet in a creamy parmesan and mushroom sauce	R105.00

Pizzas

Wood burning oven

All pizzas made with homemade napolitana tomato sauce & mozzarella cheese.

Focaccia	
Olive Oil and Herbs	R46.00
Cheese, Garlic and Herbs	R51.00
Margarita Fresh tomato sauce, mozzarella and herbs	R81.00
Add Chili	R13.00
Regina Country ham, mushrooms and mozzarella	R116.00
Island Country ham, pineapple	R109.00
Vegeteriana Spinach, mushrooms, peppers, artichokes, onion,	R121.00
Mexicana Fresh ground beef, peppers, chilli and garlic	R121.00
Bella-Bella Bacon & banana,	R116.00
Nantuckey Chicken, bacon, feta and avo	R163.00
Palermo Salami & olive	R133.00
Baa Baa -when available Roasted lamb, rosemary, rocket	R121.00
Kayla Salami, ham mushrooms, onions, peppers, garlic, olives	R157.00
Al Greco Spinach, olive & feta	R116.00
Calzone Add To the Price Of The Pizza	R13.00

Extra Toppings

Pineapple, Banana, Tomato, Spinach, Peppers, Olives, Chillies	R21.00
Mozzarella, Feta, Artichokes, Mushrooms	R13.00
Chicken, Bacon, Ham, Mince, Avo	R24.00
	R33.00

Trés Jolie Food Menu

Burgers

Topped with onions, tomato salsa and lettuce, served with chips & onion rings	
Beef – 200g	R99.00
Chicken – 200g	R99.00
Choice of :	
Mozzarella Or Cheddar	R24.00
Pineapple	R21.00
Bacon and Avo	R39.00

Extra Sides

Fries	R33.00
Salad or Vegetables	R33.00
Savoury Rice	R33.00
Onion Rings	R28.00

Vegeterian Dishes

Vegeterian Burger Plant based burger	R105.00
Vegeterian Platter Baked potatoe , grilled spinach fried mushrooms, grilled tomatoes and zucchini fries.	R138.00
Vegeterian Pasta Creamy mushroom and avo pasta	R121.00

DESSERTS

Ice Cream & Chocolate Sauce Vanilla ice cream	R39.00
Fresh Fruit Salad Served with vanilla ice cream	R50.00
Crème Brulee Vanilla custard, with a sugar crust	R39.00
Home Baked Pudding Steamy hot pudding served with farm style custard	R39.00
Slice of Cake Please ask your waitron	R58.00
Chocolate Mousse Smooth chocolate mousse, garnished with whipped cream	R46.00
Chocolate Brownie Soft and gooey, finished with vanilla ice-cream (contains nuts)	R51.00
Kids Dessert Trés Jolie ice cream clown with sprinkles	R29.00

PLEASE ASK FOR THE SPECIALS

10% service charge on tables of 6 pax or more

FOR THE KIDDIES

**Kids Breakfast - Trés Jolie Loves Kids!
FOR UNDER 12'S ONLY !**

Little League Café Breakfast Bacon, egg and toast	R51.00
Little League Omelette One egg omelette with 2 fillings Cheese, tomato, bacon or ham	R58.00
Little Big League 2 Beef chipolatas and egg	R51.00
Scrambled Egg Egg and toast	R33.00
Kiddies Flapjacks Kids sized stack of vanilla flapjacks, drizzled with maple syrup and bannana slices	R33.00
Eggy in the hole Fried egg in center of crispy bread	R33.00

KIDS MAINS - Trés Jolie Loves Kids!

Plate of chips	R37.00
Viennas & chips 2 Viennas served with chips	R44.00
Chicken strips Home-made chicken strips served with chips	R43.00
Chicken or Beef Burger Cheese Sauce OR Mushroom Sauce	R64.00 R21.00
Riblets 200g Pork ribs, prepared with sticky BBQ sauce	R85.00
Chicken Drumsticks 2 Drumsticks grilled in a BBQ sauce	R64.00
Margarita Pizza Toppings	R51.00
Pineapple, Banana	R15.00
Mushrooms	R22.00
Bacon, Ham, Mince	R24.00

Toasted Sandwiches

Cheese and Tomato	R51.00
Ham, Cheese and Tomato	R58.00
Chicken Mayo	R67.00
Bacon & Egg Served with half portion of chips	R62.00
With gluten free bread	R26.00
With rye bread	R11.00

