#### BILLONG SHARHERS

BILTONG

rocket 'n olive oil.

MADE THE TURN 'n TENDER WAY

Turn 'n Tender's own sliced beef biltong.

Dressed with Grana Padano shavings,

**BILTONG CARPACCIO** 

**GRILLED BILTONG** 

80

82

55

Marinated 'n grilled biltong, unique to Turn 'n Tender.	33
BILTONG PÂTÉ  Our own creation. Served with slices of toasted French loaf.	60
BILTONG BOARD  A selection of our sliced beef biltong, biltong carpaccio, marinated 'n grilled biltong, biltong pâté 'n dry wors, perfect for sharing.	225
<b>DRY WORS</b> Our finest in-house dry wors.	75
BILTONG 'n DRY WORS  Take home the tender taste of our biltong 'n dry wors. Please enquire with your waitron. Price on request.	
SPARHERS	
CAMEMBERT NEW Crumbed 'n deep-fried. Topped with fig preserve	95
'n served with toasted French loaf.	
	SMALL LARGE 70   115 45   65
'n served with toasted French loaf.  FOCACCIA-STYLE BREAD Topped with cheddar 'n grated biltong.	70   115
'n served with toasted French loaf.  FOCACCIA-STYLE BREAD Topped with cheddar 'n grated biltong. Flavoured with garlic 'n herbs.  TRINCHADO	70   115 45   65
'n served with toasted French loaf.  FOCACCIA-STYLE BREAD Topped with cheddar 'n grated biltong. Flavoured with garlic 'n herbs.  TRINCHADO Beef cubes with peri peri, tomato, onion 'n garlic.  Boerewors with peri peri, tomato,	70   115 45   65 85
'n served with toasted French loaf.  FOCACCIA-STYLE BREAD Topped with cheddar 'n grated biltong. Flavoured with garlic 'n herbs.  TRINCHADO Beef cubes with peri peri, tomato, onion 'n garlic.  Boerewors with peri peri, tomato, onion 'n garlic.  NEW  CHICKEN LIVERS Pan-fried chicken livers served in plain or	70   115 45   65 85 75
'n served with toasted French loaf.  FOCACCIA-STYLE BREAD Topped with cheddar 'n grated biltong. Flavoured with garlic 'n herbs.  TRINCHADO Beef cubes with peri peri, tomato, onion 'n garlic.  Boerewors with peri peri, tomato, onion 'n garlic. NEW  CHICKEN LIVERS Pan-fried chicken livers served in plain or peri peri cream sauce.  STEAK TARTARE Raw minced fillet prepared to perfection the	70   115 45   65 85 75 60

CALAMARI Tender calamari tubes grilled 'n served with your choice of fresh lemon butter, peri peri or sweet chilli 'n coriander sauce.	69
CALAMARI SQUID HEADS  Deep-fried in a light batter 'n served with your choice of tartare sauce or peri peri sauce. Subject to availability.	69
CURRIED PRAWNS Shelled prawns in a fragrant creamy curried coconut sauce with a touch of garlic, served with toasted French loaf. Subject to availability.	99
MARROW BONES Cooked in their own broth with salt	60
'n fresh parsley. Prepared with red wine, tomato, mushroom, garlic 'n onions.	80
SALADS	
HOUSE Fresh rocket, tomato, red onion, cucumber, hard-boiled egg, provolone cheese 'n green olives on a bed of crisp lettuce.	REG TABLE 80   105
FRENCH Fresh rocket, tomato, red onion, cucumber,	65   90

Cooked in their own broth with salt 'n fresh parsley.  Prepared with red wine, tomato, mushroom, garlic 'n onions.	80
SALADS	
HOUSE Fresh rocket, tomato, red onion, cucumber, hard-boiled egg, provolone cheese 'n green olives on a bed of crisp lettuce.	REG TABLE 80   105
FRENCH Fresh rocket, tomato, red onion, cucumber, avo* 'n carrot on a bed of crisp lettuce.	65   90
GREEK Fresh rocket, tomato, red onion, cucumber, feta 'n Kalamata olives on a bed of crisp lettuce.	80   105
BLUE CHEESE Fresh rocket, tomato, red onion, cucumber, avo*, carrot 'n grated blue cheese on a bed of crisp lettuce, served with a creamy blue cheese dressing on the side.	85   110
CHICKEN French salad topped with tender chicken fillet strips marinated in your choice of peri peri, fresh lemon 'n herb, BBQ or sweet chilli 'n coriander. Add halloumi.	90
STEAK 'n ROCKET French salad topped with tender steak cubes, rocket 'n feta 'n dressed with a balsamic vinegar 'n red wine reduction.	115
CAESAR Cos lettuce, Grana Padano shavings 'n anchovy fillets, drizzled with Caesar dressing 'n served with toasted French loaf. Add chicken.	80 25
Add an egg.  BEETROOT NEW  Baby beetroot, goat's cheese, red onion, fresh	90

rocket, parsley, balsamic vinegar, olive oil 'n

walnuts, served on a bed of crisp lettuce.

\*Subject to availability.

### GRILLS

CHOOSE FROM PLAIN GRILLED, ORIGINAL TURN 'n TENDER BASTING, CHILLI BASTING, DRY PEPPER COATING OR FRESH HERBS 'n SPICES.	
FILLET A prime cut so tender it melts in your mouth. The discerning steak lover's choice.	200g 300g 400g 155   195   235
SIRLOIN A succulent cut with just enough fat to enhance its flavour.	125   155   195
RUMP WITH FAT A juicy tender cut with a layer of fat.	125
POINT RUMP Our signature cut of rump with a thick layer of fat.	160   200
RUMP - NO FAT A juicy tender lean cut.	125   155   195
RUMP ESPETADA 350g Tender rump chunks prepared with a sherry, garlic 'n mixed herb rub 'n skewered the old-fashioned way with bay leaves.	180
<b>T-BONE</b> 500g Portion of a juicy 'n tender favourite.	190
ENTRECÔTE 350g Steak cut from the rib, with natural fat that gives it extra flavour.	170

RUMP SIRLOIN FILLET

355 | 355 | 410

340

195

205

HALF FULL 145 | 225

#### **DEBONED LEG OF LAMB** 370 800g Deboned leg of lamb for sharing. Delicately spiced 'n served with two sides. HALF FULL 170 | 285 **PORK LOIN RIBS** Our pork loin ribs are expertly basted 'n repared. HALF FULL BEEF SPARE RIBS 145 | 240 Tender, meaty, sticky 'n delicious. **GRILLED BOEREWORS** 105 Turn 'n Tender's own pure beef boerewors. Best served with pap 'n gravy. Add a fried egg. 10 LAMB POTJIE 195 A South African classic made with uicy lamb cuts 'n slow-cooked for tenderness. **OXTAIL POTJIE** 195 Our legendary recipe of traditional oraised oxtail, slow-cooked in red wine.

braised oxtail, slow-cooked in red wine.	
OUR MAINS ARE SERVED WITH A CHOICE OF CHIPS, RICE, BAKED POTATO, BAKED SWEET POTATO, MASH, PAP 'n GRAVY, VEGETABLES OR A SIDE SALAD.	
COMBOS	
200g TENDER STEAK 'n CALAMARI A succulent 'n juicy 200g rump or sirloin steak 'n tender grilled calamari tubes or calamari squid heads. Should you prefer fillet, add R42.	155
SPARE RIBS 'n CHOPS Sticky 'n delicious ribs paired with two juicy 140g lamb loin chops grilled to perfection.	BEEF PORK 235   260
SPARE RIBS 'n SPRING CHICKEN Sticky 'n delicious ribs 'n a half spring chicken bursting with flavour.	195   215
SPARE RIBS 'n 200g TENDER STEAK Sticky 'n delicious ribs 'n a succulent 'n juicy 200g rump or sirloin steak. Should you prefer fillet, add R42.	199   235
SPARE RIBS 'n CALAMARI Sticky 'n delicious ribs 'n tender grilled calamari tubes or calamari squid heads.	170   205
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#### LAMB LOIN CHOPS

**CUT FOR TWO** 

two sides 'n two sauces.

**OSTRICH FILLET** 

700g Steak for sharing, served with

**LONG-CUT SIRLOIN** 

800g Steak for two, topped with

chimichurri 'n served with two sides.

300g Fillet medallions prepared with dry

pepper coating or Turn 'n Tender basting.

Four 140g succulent 'n juicy T-bone-style chops.

HALF FULL LAMB RIB CHOPS 110 | 160

Four 80g chops pan-fried with olive oil, fresh lemon 'n oregano for delicious flavour.

served with feta 'n butter beans.

LAMB STEAK Slow-cooked in a rich brown gravy,

OUR MAINS ARE SERVED WITH A CHOICE OF CHIPS, RICE, BAKED POTATO, BAKED SWEET POTATO, MASH, PAP 'n GRAVY, VEGETABLES OR A SIDE SALAD.

OUR MAINS ARE SERVED WITH A CHOICE OF CHIPS, RICE, BAKED POTATO, BAKED SWEET POTATO, MASH, PAP 'n GRAVY, VEGETABLES OR A SIDE SALAD.

## THE LEGEND OF THE FOUR BROTHERS

MERVYN'S MAGIC 600g French-trimmed prime rib.	230
STEVEN'S SENSATION 300g Rump or sirloin topped with mussel, white wine, garlic 'n cream sauce. Should you prefer fillet, add R42.	199
HOWARD'S HOWLER 300g Rump or sirloin topped with melted cheddar 'n pepper sauce. Should you prefer fillet, add R42.	185
BRIAN'S BOWL OVER 500g Rib-eye on the bone.	195

#### STEAKS OF THE WORLD

CHOOSE FROM A 300g RUMP OR SIRLOIN STEAK WITH ONE OF THE FOLLOWING INTERNATIONAL TOPPINGS:

SOUTH AFRICAN WENTER  Biltong powder 'n parsley butter.  Should you prefer fillet, add R42.	180
ARGENTINIAN & Chimichurri (onion, red pepper, garlic, chilli, parsley, white wine vinegar, olive oil 'n lemon juice). Should you prefer fillet, add R42.	185

ITALIAN SILITATION ITALIAN ITA

GREEK

Rosemary, oregano butter 'n roasted garlic.
Should you prefer fillet, add R42.

185

SPANISH Spanish in parsley butter.

Smoked paprika 'n parsley butter.

Should you prefer fillet, add R42.

AMERICAN Spanish in parsley butter.

245

600g French trimmed prime rib grilled with coarse salt 'n burnt butter, thinly sliced off the bone.

#### SEAFOOD

**KINGKLIP FILLET**Served with fresh lemon butter sauce or dry-grilled.

**BAKED KINGKLIP FILLET** 

Baked in a mild curry 'n coconut sauce with a touch of garlic 'n spinach.

SCOTTISH SALMON
Plain-grilled or prepared with soya 'n sesame

CALAMARI

Tender calamari tubes grilled 'n served with your choice of fresh lemon butter, peri peri or sweet chilli 'n coriander sauce.

**PRAWNS** 

Grilled in fresh lemon butter or peri peri sauce. Please enquire about availability 'n price.

#### POULTRY

\* CHOOSE FROM PERI PERI, FRESH LEMON 'n HERB, BBQ OR SWEET CHILLI 'n CORIANDER SAUCE.

SPRING CHICKEN* Young 'n full of flavour.	HALF FULL 90   140
<b>DEBONED HALF CHICKEN*</b> A half chicken with the wing.	150
CHICKEN BREAST FILLET* Flame-grilled tender chicken fillets.	99
CHICKEN SCHNITZEL Golden-crumbed schnitzel.	110
Add cheese or mushroom sauce.	37

#### EXERS.

175

175

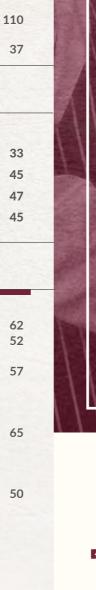
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OPTIONAL EXTRA FOR A LITTLE MORE.	
DEEP-FRIED OR PAN-FRIED ONION RINGS	33
SAUTÉED MUSHROOMS	45
CHIMICHURRI SAUTÉED MUSHROOMS	47
GRILLED BOEREWORS	45

#### DESSERIS

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BAKED CHEESECAKE BAR-ONE®. Plain.	62 52
OREO® CHOCOLATE MOUSSE Oreo® biscuits, chocolate mousse 'n whipped cream.	57
CHOCOLATE VOLCANO Delicious melt-in-your-mouth chocolate pudding served with vanilla ice cream.	65
ITALIAN KISSES Served with whipped cream.	50



230

230

130



# Turn in Tender STEAKHOUSE

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#### BURGERS

200g PURE GROUND BEEF
OUR BURGERS ARE SERVED WITH A CHOICE OF CHIPS, RICE, BAKED
POTATO, BAKED SWEET POTATO, MASH, PAP 'n GRAVY, VEGETABLES
OR A SIDE SALAD

	CLASSIC Topped with grilled onions 'n good old-fashioned pink sauce.	85
BURGERS	CHEESE Topped with sliced cheddar 'n served with cheese sauce on the side.	95
BG	MUSHROOM Topped with creamy mushroom sauce.	95
	PEPPER Topped with creamy pepper sauce.	95
A.E	JACK DANIEL'S® Topped with a Jack Daniel's®, onion 'n chilli marmalade.	120
SPECIALITY	MARROW BONE Topped with marrow 'n grilled onions.	110
SPEC	SMOKED MOZZARELLA 'n BILTONG Topped with sliced smoked mozzarella 'n grilled biltong slices.	115

#### VECETARIAN

VEC DI ATTED	
VEG PLATTER  A selection of fresh vegetables 'n halloumi.  Served with a choice of starch.	105
VEG CURRY Mixed vegetables prepared in a creamy curried coconut sauce with a touch of garlic. Served with your choice of a side.	100
PARMESAN-CRUMBED NEW AUBERGINE STACK  Deep-fried 'n layered with provolone 'n goat's cheese. Served with a tomato sauce 'n a touch of garlic 'n basil.	95

#### SAUCES

CHIMICHURRI Argentinian marinade.	40
SNAIL Brandy 'n garlic.	67
BORDELAISE	55
With marrow bones, mushrooms 'n port.	
MUSHROOM 'n FETA	47
CHEESE, MUSHROOM, PEPPER, GARLIC	37
MADAGASCAN GREEN PEPPER	
MONKEY GLAND OR PERI PERI	35
BLUE CHEESE	45