








BREAKFAST

Served 'till 11am

- Muffins served with cheese & preserves  R38
- Croissant served with preserves  R42
- Freshly baked croissant with rocket, crispy bacon, avo, cheddar cheese, onion marmalade R75
- French Toast with mozzarella, crispy bacon, Maple syrup & fried banana R85
- Breakfast Jar: Fresh seasonal fruit, mixed berries, muesli, Greek yoghurt, pumpkin seeds and honey  R75
- Veggie Stack: 2 Hash browns topped with grilled tomato, mushrooms, caramelized onions halloumi, avo & fresh herbs, served with toast  R90
- Spinach & Feta Pancakes, smothered with a light cheese sauce, and topped with a sprinkle of cheddar  R65
- Spinach, Feta and Bacon Pancakes topped with creamy cheese sauce and toasted flaked almonds R88

WITH EGGS



- Mini Breakfast: 2 eggs, 3 rashers of bacon, grilled tomato and toast R60
- Country Breakfast: a plate brimming over with bacon, eggs, sausage, mushrooms, hash brown, grilled tomato, fried onion and toast R95
- Scrambled eggs with bacon bits, served on toast R70
- Salmon Scrambled: scrambled egg with smoked salmon, capers, spring onion served with cream cheese R90
- Omelette: with 3 fillings, cheese, ham, bacon, savoury mince, mushrooms, onion, avo, tomato R78
- Savoury mince on toasted health bread, topped with a poached egg, Parmesan shavings & rocket R80
- Eggs Benedict: 2 hash browns topped with bacon or smoked salmon, grilled tomato, poached eggs and mustard herb hollandaise R110
- Country Harvest: 2 poached eggs, grilled halloumi, smoked salmon, grilled cherry tomatoes, avocado and cream cheese R120





ADD SOMETHING

- Grilled Tomato R10
- Beef Sausage R18
- Grilled Mushrooms | Hash Brown | Sliced Avocado | Bacon R22
- Plain Croissant R24
- Halloumi Cheese | Smoked Salmon R36
- Bacon R25



'Every morning in Africa, a gazelle wakes up and it knows it must outrun the fastest lion or it will be killed. Every morning in Africa, a lion wakes up. It knows it must run faster than the slowest gazelle or it will starve. It doesn't matter whether you're a lion or a gazelle. - when the sun comes up, you'd better be running'

LUNCH



SOMETHING SNACKY

- Nachos for one: smothered with melted cheese, served with guacamole, tomato, salsa, jalapeno chillies and sour cream  R76
- Focaccia bread from the pizza oven: Garlic, rocket, sliced avo & olive oil  R55
- Focaccia with mozzarella cheese  R55
- Focaccia with, mozzarella, gorgonzola & fresh sliced tomato  R65


SALADS

- Greek Salad  R68
- Chicken & Halloumi Salad: grilled chicken strips, halloumi, avo & pumpkin seeds on selected greens R95
- Broccoli & Apple salad: blanched broccoli with crispy bacon, roasted pumpkin & red apples, topped with toasted almonds, and Ranch Dressing **CHEF'S RECOMMENDATION**  R95
- Chicken Ceaser Salad: with grilled chicken, garden greens, cucumber, crispy bacon, carrots, Parmesan cheese & Ceaser dressing R90



SARMIES WRAPS AND TRAMEZZINI

- Toasted Feta & Avo Sarmie - with mozzarella, home-made basil pesto, and caramelized onions **VEGETARIAN**  R68
- Toasted Hawaiian Sandwich: with pineapple, bacon, mozzarella and Oregano R62
- Roast Beef Open Sandwich with mustard mayonnaise, red onions, gherkins, tomato, and lettuce R82
- Open Sandwich on health bread: tender grilled chicken breast, avo, garden greens, & home-made basil pesto R78
- Grilled Chicken Wrap with Avocado, halloumi, tomato, cucumber & greens R90
- Mexican Chicken Wrap: Grilled chicken, jalapenos, cheddar cheese, tomato & onion salsa, cucumber garden greens R88
- Black Mushroom Tramezzini, with avo, mozzarella and fresh basil pesto  R74
- Bacon & Avocado Tramezzini, with sliced tomato & mozzarella R76

SAVOURY PANCAKES

- Spinach & Feta, smothered with a light cheese sauce, and topped with a sprinkle of cheddar  R65
- Spinach, Feta and Bacon Pancakes topped with creamy cheese sauce and toasted flaked almonds R88

PASTA

- Green Goodness Pasta: Home-made basil pesto, fresh asparagus, nuts & Parmesan  R95
- Summer Pasta: light tomato pasta with fresh basil, onion, garlic, chili & Parmesan  R78
- Creamy Pesto & Shrimp Pasta, with roasted cherry tomatoes, peppers & lemongrass R95
- Steak Pasta: marinated and pan fried tender beef strips in tomato sauce with basil and a dash of chili R98

'Life is a combination of
Magic and Pasta.
(Federico Fellini)'

FROM THE GRILL

- Stuffed Chicken Breast: filled with spinach and feta, and topped with a creamy mustard sauce. Served on a bed of seasonal vegetables **CHEF'S RECOMMENDATION** 🌟 R98
- Lemon grilled chicken & halloumi skewer, served with Greek salad R95
- Healthy grilled chicken breast: 2 chicken breasts topped with Tzatziki, crispy bacon, avo, red onion & feta served with mixed vegetables and chips R135
- 300g Rump grilled to perfection, and served with chips and seasonal veg R130
- Add a sauce R28
- Add a decadent topping of caramelized onions, bacon & Gorgonzola R38

GOURMET BURGERS SERVED WITH CHIPS

- Home-made 200g Beef or Chicken Fillet Burger, served with caramelized onions, tomato & gherkins R80
- Cheese Classic: home-made beef burger patty, cheddar cheese, creamy herb mayo, tomato, onion & gherkins R88
- The Bomb Mushroom Burger: Beef burger with mushrooms, Emmental cheese, red onions, and herb mayo R95
- Spicy Coleslaw Burger: topped with sweet onion, bacon jam & spiced coleslaw. R98
- BBG Burger with, Blue cheese, Bacon & Guacamole R115
- Double Up Burger – 2 x 200g beef burger patties with bacon, double cheese (cheddar & mozzarella), fresh guacamole, tomato, gherkin and chili mayo R135
- Vegetarian Burger: Homemade vegetarian patty with mushrooms, onion, tomato and herbs, topped with herbed mayo, caramelised onion, feta and rocket 🌱 R95

PIZZA IN THE PARK

- Margarita 🌱 R65
- Regina: Ham & Mushroom R84
- Hawaiian: Ham & Pineapple R86
- Bacon & Banana R86
- Chicken & mushroom R90
- Quatro: Ham, olives, mushroom, artichoke R105
- Bacon, avo, feta R108
- Gorgonzola, bacon, onion, mushroom R118
- Salami, olives, mushroom, onion R108
- Savory mince, Jalapeno, Parmesan shavings R112
- Vegetarian: mushroom, olives, avo, artichokes R105



WOULD YOU LIKE TO ADD

- Onion | Banana | Pineapple R12
- Jalapeno | Olives R15
- Ham | Salami | Chicken R16
- Feta | Mushroom | Artichoke R18
- Avo R20
- Bacon | Extra cheese | Gorgonzola R22



KIDS BREAKFAST

Served 'till 11am

- Kiddies Fruit bowl: Fresh seasonal fruit served with plain yoghurt R45
- Selection of freshly baked muffins served with cheese & preserves R38
- Croissant with Nuttella chocolate spread & sliced banana R45
- French toast (one piece), fried banana & maple syrup, served with bacon R45
- Scrambled eggs on toast R38
- Kiddies Hot Breakfast (beef sausage, bacon, scrambled egg, toast) R50
- Sweet pancakes with a sprinkle of sugar and syrup R38

KIDS LUNCH

- Toasted sandwiches - cheese, cheese and ham, tuna mayo, chicken mayo. Served with chips R36
- Twirly Whirly Cheesy Pasta R46
- Chicken strips – tender lightly crumbed chicken strips, served with chips & dipping sauce R46
- Spaghetti Bolognese sprinkled with melted cheese R50
- Fish Fingers & Chips with dipping sauce R48
- Home – made beef burger with grilled tomato & gherkins. Served with chips R50
- Sweet pancakes with a sprinkle of sugar and syrup R38

KIDS PIZZA

- Margarita R40
- Ham R45
- Ham and Pineapple R50
- Chicken R50

