# Beverages

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#### **PURE FRUIT JUICES**

orange | guava | apple | granadilla | mango strawberry | tropical

350ml	28
500ml	36

### SABIE VALLEY COFFEE

normal	 22
grande	 30

### **ILLY COFFEE CORNER**

Illy Coffee	normal	25
	grande	35
Cappuccino	single espresso	25
	double espresso	30
	add cream	4
Espresso	single	18
	al a colo I a	22

	double	 	22
Americano		 	26
Macchiato			22

Macchiato	22
Espresso topped with milk foam.	

Magnolia Frappe		2
Double espresso and	crushed ice-blend.	

Brewed Ice-Coffee	28
Filter coffee noured over ice	

Rooibos Caffé Latte28Chai Tea Latte28

Teas - Rooibos and Five Roses18Herbal Teas20Chamomile, Earl Grey, English Breakfast,

Green Tea and Chai tea.

# Breakfast MENU

JULY 2017



### Casterbridge Lifestyle Centre

White River

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CASTERBRIDGE LIFESTYLE CENTRE

- White River -

# A Fresh Start to Your Day ...

# Smoothies

350ml	. 40
500ml	. 50

**Normans Rule**: Cranberry & pineapple juice, fresh strawberries, vitamins B6 & B12.

**Blushing Peach:** Peaches, strawberries, blueberries, orange juice, fresh mint and nutmeg.

**Super Berry:** Blackberries, raspberries, strawberries, banana, apple juice, vanilla sorbet.

**Citrus Chiller:** Lemon juice, kiwi fruit, pineapple, vanilla sorbet, aloe vera, apple juice and mint.

Blueberry Blast: Blueberries, banana, vanilla sorbet.

Hung Over: tomato juice, celery, lime and vitamins.

**Mango Attack:** pineapple, banana, coconut and mango juice.

### Power Smoothies

500ml	 5

**Power Packer:** Banana, yoghurt, cranberry juice, soy protein, wheat germ and molasses.

**Peanut Choco Banger:** Banana, chocolate, peanut butter and strawberries.

**Go-go Goji:** Goji berries, pomegranate, banana and strawberries.

## Croissants

Parma Ham	9
Emmenthal, rocket, parma ham, avocado	
and halsamic roast cherry tomatoes	

cream cottage cheese and lemon pepper

Benedict

by back.

### 

fried cherry tomatoes on an English muffin with hollandaise sauce.

Salmon Benedict

Double poached eggs, oak smoked salmon and rocket on toasted rye bread with peppered hollandaise.

Halloumi Benedict 8 Grilled halloumi, bacon, pan fried cherry tomatoes and mushrooms on an English muffin with basil pesto hollandaise.

Hot Breakfast

hollandaise sauce.

spiced hollandaise.

with hollandaise.

All our hot breakfasts are served with your choice of white, brown, rye or health bread with butter and preserves

Parmers Breakfast

Double fried eggs, bacon, boerewors, grilled tomato, baked beans and potato fries.

Add 150g Fillet steak.....



Paw-paw with plain yoghurt, roasted almonds,
honey and pumpkin seeds.

Smoked Salmon Rosti

Large potato and thyme rosti, topped with
smoked salmon, lemon pepper cottage cheese,
baby rocket and red onion.

Scrambled Eggs

All our scrambled eggs are made with 3 free-range eggs beaten fluffy, and served with toasted panini

Plain Scrambled with Bacon	50
Smoked Salmon, Avocado &	00
Cream Cheese on Rye	90
Avocado, Grilled halloumi &	

pan fried cherry tomatoes 

Omelettes

Traditional 3 egg omelette or egg white omelette, served with your choice of white, brown, rye or health bread with butter and preserves

Fluffy egg white omelette filled with tomato, olives, spring onion, basil and cottage cheese.

Mediterranean Omelette80Chorizo, tomato, avocado and mozzarella.75

Bacon, gypsy ham, cheddar and onion.

Spinach & Feta Omelette 

Danish feta and creamed spinach.

Oak smoked salmon, basil and mozzarella.