



Breakfast



Coke® and meals
go better together

Atlantic Express Breakfast: 100g Fillet Steak, 2 Eggs, Sausage, Mushrooms, Tomato Chips with your choice of: (Tea / Coffee or freshly squeezed Juice)	R120.00
Health Breakfast: Fresh seasonal Fruit, Muesli & Plain Yoghurt	R69.00
Eggs Florentine: Baby Spinach on Wholewheat Toast & Topped with 2 Poached Eggs Lightly Dusted with Paprika	R59.00
Eggs Benedict: Toasted English Muffin Topped with Macon, 2 Poached Eggs & Hollandaise Sauce	R59.00
Salmon Benedict: Toasted English Muffin Topped with Salmon, 2 Poached Eggs & Hollandaise Sauce	R69.00
Kippers: Served with 2 Poached Eggs & Toast	R59.00
Egg's White Omelette: Mushrooms, Baby Spinach, Feta & Toast	R59.00
Farmer's Omelette: 3 Egg Omelette with Macon, Mushrooms, Onions, Tomato Cheddar Cheese & Toast	R79.00
Cheese & Tomato Omelette: 3 Egg Omelette with Cheddar Cheese, Tomato & Toast	R69.00
Spinach & Feta Omelette: 3 Egg Omelette with Spinach, Danish Feta & Toast	R79.00
Boss' Breakfast: 2 Slices of Toast Topped with Cream Cheese, Salmon, Tomato Onion, Avo & Chilli	R69.00
Sunrise Special: 1 Egg, Toast, Macon, Grilled Tomato with your choice of Tea / Coffee or Freshly Squeezes Juice	R49.00
Traditional Breakfast: Freshly Squeezed Orange Juice, Eggs to order, Macon, Beef Sausage, Mushrooms, Grilled Tomato, Toast with Preserve	R79.00
Breakfast Burger: Beef Patti, Slice of Cheese & Fried Egg served with Chips	R65.00
Croissant:	R25.00
Scramble Egg & Macon Croissant	R40.00
Macon & Cheese: Served with Preserves	R40.00



Sandwiches



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Toasted Egg: 3 Eggs	R30.00
Chicken Mayonnaise:	R45.00
Tuna Mayonnaise:	R49.00
Cheese & Tomato:	R35.00
Macon & Egg	R40.00
Chicken & Mozzarella	R49.00
Cold Sandwich (Speciality): Corned Beef, Mayonnaise, dried Coconut & Onion Chutney	R59.00
Steak Sandwich: 120g Fillet Steak Strips, Fries, Onions, Sauce & Salad	R79.00
Full House Steak Sandwich: 120g Fillet Steak Strips, Egg, Cheese, Fries, Onions, Sauce & Salad	R89.00





Burgers: Served with Chips



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Breakfast Burger	160g Patti, Slice of cheese and golden egg served on a lightly Toasted Roll	R65.00
Fillet Steak Burger:	100g Whole Fillet Steak served on a lightly Toasted Roll	R69.00
Beef Burger:	100g Beef Burger Patti served on a lightly toasted Roll	R55.00
Cheese Burger:	100g Beef Patti & Slice of Cheese served on a lightly Toasted Roll	R57.00
Chicken Fillet Burger:	120g Chicken Fillet served on a lightly Toasted Roll	R52.00
Double Beef Burger:	2x 100g Beef Burger Patti served on lightly Toasted Roll	R85.00
Double Chicken Fillet Burger:	2x 120g Chicken Fillet served on a lightly Toasted Roll	R79.00

Portion of Onion Rings optional **R15.00**



Pasta



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Chicken Pasta with Smoked Paprika Cream:	Chicken Fillet in a Smoked Paprika Cream Sauce & Cocktail Tomatoes	R89.00
Green Thai Chicken Pasta:	Chicken Fillet with Green Curry Paste, Herbs & Coconut Cream	R89.00
Chicken Pasta with Mushroom Sauce:	Cooked in Cream & Mushroom Sauce,	R89.00
Seafood Pasta:	Mussels, Calamari, Smoorsnoek & Shrimps in a Garlic Cream	R99.00
Vegetarian Pasta:	Mixed Vegetables cooked in a Potato based Sauce	R79.00



Poultry



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Chicken Sosatie:	Traditional Cape Malay Tamarind Marinated Chicken Fillet Kebabs served with Savoury Rice	R89.00
BBQ Chicken Breast:	2 Pieces of Chicken Fillet Grilled in BBQ Sauce served with Chips & veggies	R89.00
Quarter Chicken:	Leg & thigh Grilled in BBQ Sauce & Masala served with Chips & Veggies	R59.00
Green Thai Chicken Curry:	Chicken Fillet with Green Curry Paste Herbs & Coconut Cream served with Rice & Chilli Jam	R99.00
Crumbed Chicken Strips:	served with Fries	R69.00
Butter Chicken:	Cooked in Fresh Cream & Yoghurt with a variety of Traditional Spices	R89.00





Beef:

Served with Vegetables & Your Choice of Fries or Savoury Rice or Baked Potato



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Flame-Grilled Fillet Steak (200g): Succulent, Matured Beef Fillet Marinated in a special BBQ Sauce or Masala Sauce	R130.00
Cheddamelet Fillet Steak (200g): Slice of cheese and mushroom sauce	R145.00
Flame-Grilled Fillet Steak (300g): Succulent, Matured Beef Fillet Marinated in a special BBQ Sauce or Masala Sauce	R145.00
Cheddamelet Fillet Steak (300g): Slice of cheese and mushroom sauce	R160.00
Flame-Grilled Fillet Steak 500g): Succulent, Matured Beef Fillet Marinated in a special BBQ Sauce or Masala Sauce	R225.00
Flame-Grilled T-Bone Steak (350g): Matured T-Bone Steak, Marinated in T-Bone Sauce or Masala Sauce	R119.00
Flame-Grilled T-Bone Steak (500g): Matured T-Bone Steak, Marinated in T-Bone Sauce or Masala Sauce	R149.00



Lamb:

Served with Vegetables & Your Choice of Fries or Savoury Rice



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Karoo Roast Lamb: Slow Roasted Leg of Lamb, bathed in Garlic Lemon	R149.00
Lamb Chops: 4 Tender Lamb Chops	R139.00
Lamb Ribs: 400g Lamb ribs served with fries & Veggies	R139.00
Lamb Shank: Tender pieces of Lamb served with Savoury Rice & Veggies	R180.00
Babotie: Traditional Baked Ground Beef with a Savoury Custard Topping served with Rice & Vegetables	R99.00
Salomie: Tender pieces of Beef in a Traditional Beef Curry cooked in Coconut Milk & served with Roti & Atchar	R99.00



Seafood



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Smooersnoek: Traditional Flaked Smoked Line Fish, Sautéed with Chilli, Garlic, Onions Tomato & Potato served with Rice	R99.00
Deep Fried or Grilled Calamari Rings: Served with Savoury Rice or fries & Homemade Tartar Sauce	R89.00
Fresh Line Fish-Kingklip: Grilled or fried (Garlic or Lemon Herb Butter) with Vegetables, Savoury Rice or Fries	R120.00
Prawn Chaat: Prawns made with Traditional Spices & Yoghurt served with Paratha & fries or Savoury Rice	R99.00
6 Prawn Platter: served with Savoury Rice or Fries or Veggies	R120.00
Crayfish Curry: Crayfish made in Coconut Curry served with Savoury Rice or Paratha	R150.00





Combos



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Atlantic Express Steak Combo: 100g Fillet Steak, 2 Eggs, Mushrooms, Tomato Sausage & Chips	R120.00
Steak & Calamari: 200g Fillet Steak, 125g Calamari & Veggies	R159.00
Steak & Prawns: 220g Fillet Steak, 4 Prawns	R175.00
Quarter Chicken, Chop, Sausage & Chips: Quarter Chicken, 100g Lamb Chop & Sausage served with Chips or Veggies	R109.00
Mini Seafood Platter: 1 Crayfish Tail, 3 Prawns, 1 Piece Fish, Portion of Calamari served with Rice or Fries & Veggies	R150.00
Seafood Platter for 1: 2 Crayfish Tails, 2 Prawns, 1 Piece Atlantic Kingklip, Portion of Calamari served with Savoury Rice, Fries & Veggies	R199.00
Seafood Platter for 2: 4 Crayfish Tails, 4 Prawns, 2 Pieces Atlantic Kingklip, 2 Portions of Calamari served with Savoury Rice, Fries & Veggies	R399.00



Extras



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Small Portion of Fries	R12.00	Chocolate Sauce	R10.00
Medium portion of Fries	R20.00	Ice Cream / Fresh Cream	R10.00
Paratha	R12.00	Onion Rings	R15.00
Plain Rice	R12.00	Egg	R 6.00
Savoury Rice	R15.00	Veggies	R18.00
Masala or BBQ Sauce	R12.00	Cheese(Half Portion)	R12.00
Mushroom or Cheese Sauce	R20.00	Baked Beans:	R10.00
Pepper Sauce	R18.00	in Onion & Green Peppers	

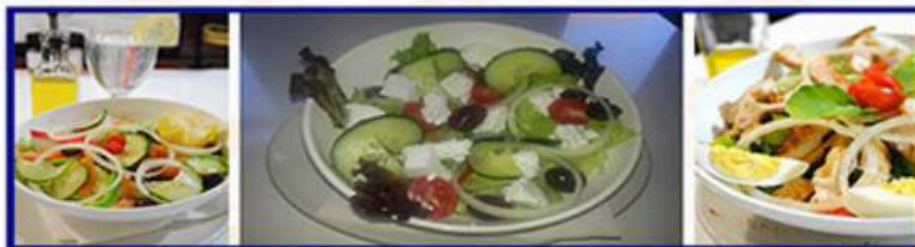


Salads



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Greek Salad: Salad Greens, Feta Cheese, Olives, Cucumber & Tomato	R59.00
Chicken Caesar Salad: Cut Lettuce, Egg, Croutons, Chicken Strips & Macon Bits & Anchovy Fillets	R59.00
Salad Nicoise: Tuna, Anchovy Fillets, Capers, Egg & Lettuce	R59.00
Shrimp Salad with Avocado: Shrimps in a Tangy Seafood Dressing with Salad Greens, Tomato, Cucumber, Onion Rings & Avocado (Seasonal)	R79.00
Smoked Salmon Salad: Smoked Salmon Trout on Lettuce with Capers, Onion Rings, Cucumber & Tomato	R69.00





Starters



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Cape Sea Food Soup: Traditional Cape Seafood Bisque	R49.00
Mushroom Soup: Creamy Mushroom... Blended to Perfection	R45.00
Chef's Butternut Soup: Cooked & Blended Butternut with Cream	R40.00
Samosas (Mince): 6 Traditional Samosas served with a delicious Savoury Dip	R45.00
Springrolls (Chicken): 6 Springrolls served with a delicious Savoury Dip	R45.00
Halfmoons (Steak): 6 Crispy Halfmoons served with a delicious Savoury Dip	R45.00
Variety Plate: 2 Samosas, 2 Springrolls & Halfmoons served with a Savoury Dip	R38.00
Plain Garlic Roll: Traditional Garlic Roll	R35.00
Cheezy Garlic Roll: Topped with Melted Cheddar & Mozzarella Cheese	R30.00
Starter Calamari: Grilled or deep Fried Calamari served with tartar Sauce Rice or Fries	R45.00
Crumbed Mushrooms: Crispy Coated Mushrooms served with a Tangy Tartar Sauce	R45.00



Light Meals



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Chicken & Mushroom Pancake / Baked Potato: Served with Cheese Sauce & Side Salad	R79.00/ R69.00
Savoury Mince Pancake/Baked Potato: Served with Cheese Sauce & Side Salad	R89.00/ R79.00
Green Thai Savoury Pancake/Baked Potato: Served with Cheese Sauce & Side Salad	R89.00/ R79.00
Smooersnoek Pancake/Baked Potato: Served with Cheese Sauce & Side Salad	R79.00/ R69.00
Baked Potato: Served with Vegetables & Pesto	R79.00





Desserts



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Coupe Denmark: Vinale Ice-Cream with Chocolate Sauce & Nuts	R35.00
Pancakes Half: Maple Syrup & Cinnamon Sugar served with a wedge of Lemon	R25.00
Pancakes Full: Maple Syrup & Cinnamon Sugar served with a wedge of Lemon	R45.00
Banana Delight Pancakes Half: Banana Caramel, Cinnamon Sugar & Maple Syrup served with Cream or Ice-Cream	R29.00
Banana Delight Pancakes Full: Banana Caramel, Cinnamon Sugar & Maple Syrup served with Cream or Ice-Cream	R59.00
Atlantic Express Pancakes: Ice-Cream, Chocolate Sauce, Cream & Flaked Almonds	R55.00
Fresh Fruit Salad: Fresh Seasonal Fruit Topped with Fresh Cream or Ice-Cream	R40.00
Cheese Cake Slice: Our Baked Speciality... with Cream or Ice-Cream	R45.00
Chocolate Cake Slice: Moist, Real Chocolate Cake	R40.00
Scones: Served with Jam & Cream	R49.00
Banana Split: Grilled Banana & Mixed Fruit served with Vanilla or Whipped Cream	R45.00
Malva Pudding: Served with Custard or Ice-Cream	R45.00
Plain Waffle: Served with or Ice-Cream & a choice of Sauces	R35.00
Banana Waffle: Served with or Ice-Cream & a choice of Sauces	R40.00
Peppermint Dessert: Layered Caramel Cream with Peppermint Crisp Chocolate	R35.00
Chocolate Brownies: Served with Chocolate Sauce & Ice-Cream Sprinkled with Flaked Almonds	R45.00



Cold Beverages



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Sodas: Coke, Coke Light, Coke Zero, Tab, Fanta, Creme Soda, Sprite, Sprite Zero	R18.00
Mineral Water: Still or Sparkling	R15.00
Appletiser or Grapetiser	R20.00
Freshly Squeezed Orange Juice / Mango Juice(Small)	R15.00
Orange Juice (Large)	R25.00
Mango Juice	R25.00
Milkshakes: Chocolate, Strawberry or Vanilla	R38.00
Fresh Banana Shake	R38.00
Frullatto	R40.00
Fallooda Special (Large)	R40.00
Avo Shake (Seasonal)	R40.00
Mango Shake (Seasonal)	R40.00
Iced Tea: Lemon, Peach or Red Fruits	R20.00
Iced Coffee: Topped with Cream	R35.00
Passion Fruit & Lemonade	R22.00
Strawberry & Lemonade	R25.00





Hot Beverages



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Freshly Ground Coffee (per cup)	R18.00
Freshly Ground Coffee (per mug)	R22.00
Decaff	R14.00
Espresso Single	R14.00
Espresso Double	R17.00
Cappuccino	R19.00
Cream Cappuccino	R20.00
Café Latte	R18.00
Chococcino	R20.00
Hot Chocolate	R19.00
Hot Chocolate with Cream	R21.00
Hot Chocolate with Flake	R25.00
Milo	R18.00
Horlicks	R18.00
Tea:	R12.00
Earl Grey	R12.00
Camomile	R13.00
Green Tea	R13.00
Deluxe Tea: (Masala Tea)	R25.00
Chai Tea	R20.00
Chai Latte Mildly Spiced (Masala Tea)	R25.00

