

## SALADS

	Small	Med	Large
GREEK SALAD	59.00	79.00	130.00
<i>Feta, lettuce, cucumber, onion, olives, tomato, origanum and Greek salad dressing</i>			
TRADITIONAL GREEK SALAD	60.00	82.00	133.00
<i>Feta, cucumber, spring onion, olives, tomato, origanum and olive oil</i>			
GREEN SALAD	46.00	57.00	98.00
<i>Dill, onion, olive oil, chopped lettuce, cucumber and apple cider vinegar</i>			
HALOUMI SALAD		86.00	
<i>Haloumi, lettuce, cucumber, onion, olives, tomato, origanum and Greek salad dressing</i>			
CALAMARI SALAD	120.00		
<i>Falkland Calamari, lettuce, cucumber, onion, olives, tomato, origanum and Greek salad dressing</i>			
CHICKEN SALAD	108.00		
<i>Chicken strips, lettuce, cucumber, onion, olives, tomato, origanum and Greek salad dressing</i>			
HORTA SALAD	58.00		
<i>Boiled seasonal leafy greens with lemon &amp; olive oil</i>			

## DIPS

(Pitas charged separately)

TZATZIKI	49.00
<i>Cool yoghurt, cucumber, dill &amp; garlic</i>	
MELITZANOSALATA	47.00
<i>Finely chopped brinjals in a garlic dressing</i>	
SKORTHALIA	47.00
<i>Garlic - potato &amp; olive oil</i>	
HOUMOUS	50.00
<i>Chick peas blended with garlic tahina &amp; lemon juice</i>	
TARAMOSALATA	52.00
<i>Fish-roe olive oil &amp; lemon</i>	
TIROSALATA	50.00
<i>Feta &amp; fresh chilli blend</i>	
DIP PLATTER	114.00
<i>An assortment of all or any of the above</i>	
PAREA-4-SEASON	80.00
<i>Any four of the above dips</i>	

## VEGETARIAN MEZE

FALAFEL	50.00
<i>Chick pea deep - fried balls, served with houmous</i>	
DOLMATHES	59.00
<i>Grape leaves stuffed with rice &amp; herbs complimented with tzatziki</i>	
HALOUMI	58.00
<i>Cypriot cheese. Deep fried or flame grilled</i>	
HTIPITI	56.00
<i>Feta cheese, grilled in foil with fresh tomatoes, peppers &amp; spices</i>	
FETA CHEESE	49.00
<i>A slice of feta, topped with extra virgin olive oil &amp; origanum</i>	
PIKANDIKO	42.00
<i>Shredded cabbage, carrots, peppers with olive oil &amp; apple cider vinegar</i>	
PIPERIES FLORINA	50.00
<i>Pimiento red peppers soaked in olive oil, vinegar &amp; garlic</i>	
BEANS	56.00
<i>Imported giant butter beans marinated in olive oil, parsley, onions &amp; ground pepper</i>	
BABY MARROWS & BRINJALS	57.00
<i>Grilled in olive oil</i>	
"BPB"	69.00
<i>A selection of grilled brinjals, florina peppers &amp; giant butter beans</i>	
BRINJAL SPECIAL	67.00
<i>Pan grilled brinjals with Pomodoro tomato, feta and onion</i>	
OLIVES	60.00
<i>Selection of imported kalamata, queen green, throumbes &amp; jumbo black olives or mixed</i>	

## PAREA VEGETARIAN PLATTERS (Pitas charged separately)

<i>Vegetarian dips, falafel, dolmathes, haloumi, pikandiko, piperies, giant beans, baby marrow and brinjals</i>	
PLATTER for ONE	107.00
PLATTER for TWO	182.00
PLATTER for THREE	236.00

## OTHER MEZE

SOUVLAKI CHICKEN	42.00 each
<i>Cubes of chicken on a skewer (Kebab)</i>	
SOUVLAKI LAMB (100g)	48.00 each
<i>Cubes of lamb on a skewer (Kebab)</i>	
SOUVLAKI BEEF (100g)	56.00 each
<i>Cubes of beef fillet on a skewer (Kebab)</i>	
BEEF YIRO MEAT	74.00
<i>Tantalising strips of schwarma meat topped with onions</i>	
CHICKEN YIRO MEAT	68.00
<i>Tantalising strips of schwarma chicken topped with onions</i>	
SOUDSOUKAKIA	66.00
<i>Grilled beef mince sausage on a skewer</i>	
CHICKEN LIVERS (250g)	59.00
<i>Plain grilled or mild peri-peri</i>	
LAMB CHOP	55.00 each
<i>Thick cut loin chops</i>	
KEFTETHES	68.00
<i>Pan fried meatballs topped with onions</i>	
SHEFTALIA (2 pieces)	68.00
<i>Spicy pork mince sausage, a delicacy from Cyprus</i>	
CALAMARI grilled (Falkland)	76.00
<i>Grilled in an onion and dark garlic sauce, legs &amp; all</i>	
CALAMARI fried (Falkland)	76.00
<i>Floured &amp; deep fried, legs &amp; all</i>	
CALAMARI YEMISTA (Falkland)	82.00
<i>Calamari tubes stuffed with feta, peppers &amp; onions, grilled in a dark garlic sauce</i>	
OCTOPUS	85.00
<i>Grilled octopus in an olive oil, lemon &amp; seasoned sauce</i>	
PRAWNS	
<i>Black Tiger King Prawns SQ</i>	
<i>Black Tiger Queen Prawns 28.00 each</i>	
OYSTERS (Subject to availability)	18.00 each
<i>Medium Luderitz from Namibia (Cultivated)</i>	
GRILLED SARDINE	25.00 each
<i>Grilled the traditional Greek way</i>	
SAGANAKI MUSSELS	79.00
<i>Out of shell mussels, sauteed in fresh tomato &amp; feta with a chilli bite</i>	
PICKLED OCTOPUS	79.00
<b>SIDES</b>	
BOILED VEGGIES Topped with olive oil	30.00
ROAST POTATOES	32.00
MASHED POTATO	30.00
BASMATI RICE Mixed with peppers, onions, carrots & peas	29.00
FRESH CUT CHIPS	30.00
PITA BREAD	10.00

## MAIN MEALS

### SOUVLAKIA

Flame grilled cubes of meat on a stick

Chicken	118.00
Chicken & Lamb	127.00
Lamb (200g)	132.00
Beef Fillet (200g)	142.00

### LAMB CHOPS (Loin)

Three thick cut grilled succulent lamb cutlets	188.00
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CHICKEN LIVERS (500g)	94.00
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Plain grilled or mild peri peri

KLEFTIKO	189.00
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"Stolen lamb" slow oven cooked

T-BONE	175.00
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T-Bones are tops too @ 500g

BABY CHICKEN ± 30 mins/45mins well done	138.00
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Traditional butterfly style, slow grilled, peri-peri or plain

**All Main Meals served with an option of fresh cut chips, Basmati rice, roast potato or boiled veggies**

SOUP OF THE DAY (available in winter)	64.00
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### KATSAROLEES

CABBAGE & LAMB STEW (20 mins)	169.00
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In a light Pomodoro tomato salsa with potatoes & carrots. (Subject to availability)

GREEN BEAN & LAMB STEW (20 mins)	169.00
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In a light Pomodoro tomato salsa with potatoes & carrots. (Subject to availability)

## SEAFOOD

CALAMARI grilled (Falkland)	129.00
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Grilled in an onion & dark garlic sauce, legs & all

CALAMARI FRIED (Falkland)	129.00
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Floured & deep fried, legs & all

CALAMARI YEMISTA (Falkland)	139.00
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Calamari tubes stuffed with feta, peppers & onions, grilled in a dark garlic sauce

HAKE FILLET (Might contain bones at head)	118.00
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Flame grilled with lemon butter (± 25 mins)

SARDINES	120.00
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4 sardines, flame grilled the traditional island way

PRAWNS	
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Lemon Butter & Parea seasoning

6 Black Tiger King Prawns	SQ
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6 Black Tiger Queen Prawns	178.00
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WHOLE OCEAN LINE FISH	SQ
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Parea's personal favourite grilled on an open flame

± 35 minutes depending on size. Worth the wait!

**All Main Meals served with an option of fresh cut chips, Basmati rice, roast potato or boiled veggies**

## IN PITA

BEEF SOUVLAKI "in pita"	74.00
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Cubes of beef fillet (100g) wrapped in pita with tomatoes, onions & tzatziki

BEEF & HALOUMI "in pita"	82.00
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Cubes of beef fillet (100g) wrapped in pita with tomatoes, onions, tzatziki & haloumi cheese

CHICKEN SOUVLAKI "in pita"	64.00
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Cubes of chicken (120g) souvlaki wrapped in pita with tomatoes, onions & tzatziki

LAMB SOUVLAKI "in pita"	68.00
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Cubes of lamb (100g) souvlaki wrapped in pita with tomatoes, onions & tzatziki

BEEF YIRO "in pita"	75.00
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Strips of A-grade beef wrapped in pita with tomatoes, onions & tzatziki

CHICKEN YIRO "in pita"	70.00
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Strips of chicken fillet wrapped in pita with tomatoes, onions & tzatziki

HALOUMI "in pita"	69.00
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Fried or grilled haloumi wrapped in pita with tomatoes, onions & tzatziki

FALAFEL "in pita"	64.00
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Fried falafel balls wrapped in pita with tomatoes, onions & houmous

CHICKEN & HALOUMI "in pita"	78.00
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Fried or grilled haloumi & chicken souvlaki cubes wrapped in pita with tomatoes, onions & tzatziki

FALAFEL & HALOUMI "in pita"	73.00
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Fried or grilled haloumi and falafel balls wrapped in pita with tomatoes, onions & houmous

CHICKEN LIVERS "in pita"	65.00
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Plain or peri peri chicken livers wrapped in pita with tomatoes & onions

**All pitas are served warm and not hot due to hot and cold mix.**

## PITA BURGERS

PAREA BURGER (Beef, tomato, onion, tomato sauce)	79.00
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TZATZIKI BURGER (Beef, tomato, onion, tzatziki sauce)	79.00
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FETA BURGER (Beef, tomato, onion, feta sauce)	79.00
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PERI-PERI BURGER (Beef, tomato, onion, mild peri-peri sauce)	79.00
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FALAFEL BURGER (falafel patty, tomato, onion, lettuce & houmous)	65.00
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**All burgers are served in a pita (Greek style) & chips**

## DESSERTS

HOME MADE BAKLAVA	46.00
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Phyllo pastry, walnuts and honey

HOME MADE BAKLAVA & ICE CREAM	52.00
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HOME MADE GALAKTOBOURIKO	46.00
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Phyllo pastry filled with custard, drenched in honey syrup

HOME MADE RAVANI	46.00
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Semolina honey cake

RIZOGALO	52.00
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Rice pudding sprinkled with cinnamon, served hot or cold

GRILLED HALVA ± 15 minutes	58.00
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A fusion of lemon juice, slice of apple and a dash of cinnamon

HALVA & ICE CREAM	54.00
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Ice cream topped with shreds of halva

ICE CREAM & CHOC SAUCE	34.00
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YIAYIA'S TRADITIONAL YOGHURT	58.00
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Home made triple thick yoghurt topped with honey and walnuts (No preservatives)

SUBMARINE	35.00
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Mastica which is made from the sap of the tree, served on a teaspoon in a glass of ice water. (Subject to availability)

# MENU

**PAREA**  
Taverna • Grill • Meze Cafè

KALI OREKSI  
"bon appetit"

A 10% service charge will be added to all tables of 6 or more

Half portions charged @ 75%

Regret No Cheques

No Pets (except Guide dogs)

No Exceptions!

Some dishes might contain traces of nuts and other allergens.

Please don't hesitate to ask.

☎ 011 788 8777 / 011 788 8785

✉ zorba@parea.co.za