Tisers 27.00

Apple | Red Grape

Bos Ice Tea 24.00

Peach | Lemon | Lime & Ginger with Hoodia Gordonii | Yuzu Citrus & Pomelo with Green Rooibos

Mineral Water

Sparkling/Still 500ml 18.00 | Sparkling/Still 750ml 32.00

100% Fruit Juice (340ml) 25.00

Strawberry | Orange | Cranberry & Apple with Ginger | Mango | Apple |

Milkshake 28.00

Strawberry | Chocolate | Coffee | Vanilla

French Vanilla Iced Latté 20.00

Latté served with a dash of vanilla and ice Extra: Vanilla Ice Cream 8.00

Iced Coffee 27.00

pure morning

syrup. Extra: 2 x Bacon 24.00

Omega Kick-Start 77.00

Pure Breakfast 63.50

fresh basil and 1 slice of toast.

Pizza Breakfast 70.50

chopped bacon and 2 fried eggs.

French Affair 42.00

Two dollops of Vanilla ice cream topped with a double shot espresso, milk

*We have a licence! Ask your waitron for the wine & beer list.

*We have a Banting and Paleo menu!

Sink your teeth into slices of warm cinnamon French

toast with chopped pecan nuts and maple flavoured

Get your daily supplement of omega. One slice of

rye toast and two fluffy scrambled eggs stacked with

smoked salmon trout, lemon zest cream cheese and

A small treat to start the day. Two rashers of bacon,

1 egg, grilled balsamic cherry tomatoes topped with

Not your ordinary pizza. A bagel topped with grilled

balsamic cherry tomatoes, mozzarella, basil pesto,

Extra: Egg 7.00 Extra: 2 x Bacon 24.00

pure quenchers

Picnic Juice 26.00

Lemon and lemon grass homemade cordial with soda water

Tropical Vanilla 26.00

Granadilla and vanilla homemade cordial served with soda water

Charlie's Ginger 26.00

Ginger homemade cordial served with soda water

Virgin Mojito 23.00

Crushed fresh mint leaves and zesty lemon served with Sprite Zero

Berry Tea Blush 30.00

Extracted strawberry and vanilla tea mixed with berries & mint, topped with Ginger Ale

pure smoothies

Strawberry Fields Forever 44.50 (no dairy and no added sugar) Strawberry, berry and mint smoothie with a dollop of honey Extra: Vanilla Yogurt 5.00

Appelkoosdroom 39.50 (no dairy and no added sugar) Dried apricot and orange juice smoothie with coconut milk and ginger

Monkey Punch 34.00 (no dairy and no added sugar) Dried cranberry, pineapple and banana smoothie sprinkled with toasted

Paradise Explosion 38.00 (no dairy and no added sugar) Peach, pineapple and mango smoothie

pure hot stuff

Coffee Filter 14.00 | Americano 17.00 | Decaf 17.00

Cappuccino

Short - single shot (200ml) 19.00 double shot (200ml) 22.00 Tall - double shot (350ml) 24.00

Foam | Decaf | Cream/Pouring cream add 5.00

Latté

Single shot (350ml) 23.50 Double shot (350ml) 24.00 Foam | Decaf | Cream/Pouring cream add 5.00

Espresso Single 15.00 | Double 18.00

Picallo Spice 23.50

Single shot of espresso with a dash of milk infused with a variety of teas, spices, coconut & almonds

Red Espresso Cappuccino 20.00 | Latté 24.00

Hot Drinks

Chai Latté 28.00 | Milo 25.00 | White hot choc 27.00 Hot choc: Real choc-on-a-wooden-spoon with frothed milk 28.00

A Drowned Italian 19.00

Vanilla ice cream topped with a shot espresso Extra: Shot Amarettto 22.00

Double Trouble 39.00

White hot chocolate with a double shot espresso

Tea 14.00

Rooibos | Five Roses | Earl Grey | Green tea & mint | English Breakfast

Speciality Tea 27.00 (allow extra time for these teas) Ask your waitron for our fabulous speciality tea menu that gets served with our special pouring tea pots

pure enlightenment

Big Boy Breakfast 83.00

Say bye-bye to a serious hunger! Two eggs, 2 streaky bacon rashers, 2 lamb sausages, grilled balsamic cherry tomatoes topped with fresh basil and 1 slice of toast will do the trick nicely, thank you.

Extra: Toast + Butter 15.50 Extra: Haloumi 17.50

Omelette Deluxe 95.00

Tuck into a little sophistication. We serve our fluffy omelette with smoked salmon trout, avocado, lemon zest cream cheese and 1 slice of toast.

Omelette Quattro 60.50

Our regulars' favourite. The perfect omelette with grilled balsamic cherry tomatoes, mozzarella and fresh basil. Served with 1 slice of toast.

Extra: 1 x Chopped Bacon 24.00

Spanish Inquisition 71.50

'Nobody expects...' the Spanish trio of a potato and chive frittata,* topped with chorizo and finally a smoked paprika, tomato, onion and green pepper sauce, to be this good. *NB Frittata contains eggs.

Rosy Cheeks 72.50

Pure's homemade muesli with nuts, plain yogurt, fresh seasonal fruit and honey will give you all the wholesome goodness you need to start the day.

Pure Sandwich 80.50

Our trademark sandwich will delight your taste buds! Seared rump, wasabe mayonnaise, rocket and cherry tomatoes served on olive or plain home-baked ciabatta make for an unforgettable sarmie

Three Flavours Sandwich 73.00

There's nothing predictable about the marriage of caramelised onion, roasted butternut and brie with rocket served on olive or plain home-baked ciabatta.

Mustard Sally Sandwich 102.00

The good old-fashioned combination of brasaula (smoked beef), Emmenthal cheese, juicy tomatoes and wholegrain mustard mayo served with lettuce on olive or plain home-baked ciabatta.

Italian Summer Wrap 98.00

The delicious combination of spicy chicken, basil pesto, mixed peppers, sun-dried tomatoes and baby spinach will trigger memories of lazy summer

▼ Zesty Zucchini Wrap 90.00

Our fabulous combination of zucchini, lemon zest marinated mushrooms, parmesan, Danish feta and crispy mixed seeds with a dash of basil pesto yogurt will put some oomph into your lunch hour. Extra: Chicken 20.50

Cheeky Chicken Livers 66.50

Enjoy a bowl of chicken livers infused in red wine and livened up with a zing of garlic and chilli. Served with our home-baked ciabatta.

Extra: Slice Ciabatta + Butter 8.50

Spring Meadow Salad 81.50

This light salad is made with roasted veggies, feta cheese, couscous and a fresh herb mix of basil, parsley and mint. A splash of lemon juice completes your experience.

Royal Mzanzi Salad 108.50

No self-respecting South African can pass over our marinated biltong, avocado, parmesan shavings, pumpkin seeds and rocket salad.

Divine Intervention Salad 89.50

Our honey mustard roasted chicken, bacon, baby leaf lettuce, haloumi and roasted almond salad, with additional dressing on the side is, quite simply, out of this world!

V Aubergine du Soleil 80.00

This unique dish has found its place in the sun! Aubergine stuffed with a cold filling of lemon zest cream cheese, zucchini, macadamias and basil topped with a sizzling hot Napolitana sauce, parmesan shavings and rocket, and a sprinkling of pine kernels. Served with two slices of freshly baked ciabatta.

daily deli

Enquire from your waitron which of these variables are available in our deli for the day - but hurry it's limited (if you snooze you lose!):

Our Special Cakes

Baked with real butter and eggs, like your grandmother's Baked Cheesecake with a Sour Cream Topping & Berry Coulis | Dark Choc Ganache & Caramel Chocolate Cake | Carrot Cake with Cream Cheese Icing & Pecan Nuts | Lemon Meringue | Two Nut & Dark Choc Torte with Handmade Espresso Mousse (Gluten free)

Our Freshly Baked on-the-run Goodies

Add cheese, jam (strawberry/apricot/marmelade) or cream Muffins (Bran/Blueberry) | Scones | Croissants | Ciabatta

Our Famous Quiches

We have both meaty and vegetarian quiches available daily A 12cm quiche served with a fruit side salad Ask your waitron which flavours we've got for the day

Our Seasonal Steamy Soups

Served with our freshly baked ciabatta Ask your waitron which soups we've got in stock

Our Other Sweet Stuff

Dark Chocolate & Walnut Brownie | Macadamia Caramel Square with Dark Choc & Pistachios | Dried Fig, Apricot, Cranberry & Nut Square with White Choc | Pavlova with fresh fruit, whipped cream and nuts

Want to impress your friends at your next soirée, contact Frances or Elsabé for a custom-made catering menu to perfectly fit your function and budget.

follow us on pay here with

(**) SnapScan

Soutvissie Skop Pasta 73.00

Our creamy anchovy and broccoli pasta is topped with parmesan cheese and has the slightest hint of garlic and chilli to tickle your taste buds.

South Beach Pasta 99.50

Miss the ocean? A delicious helping of seafood, garlic, mixed peppers, bacon and sun-dried tomato sauce pasta will take care of that.

☑ Just a Little Green Pasta 75.50

For all those pesto lovers! Mmm... Let's combine some pasta... with a few roasted balsamic tomatoes... a pinch of chilli... and a little bit of basil pesto... a good helping of parmesan cheese and voilà, one little green pasta coming up!

Pure Spicy Balls 89.50

Looking for a meaty boost? Try our rosemary and cumin infused meatballs (140g) in a spicy tomato and fresh basil sauce, topped with grated mozzarella and parmesan and served with couscous.

Platter Puttanesca 82.00

Relive the Mediterranean. Chicken liver paté, Emmenthal cheese, brasaula (smoked beef), puttanesca (marinated brinjal, peppers, anchovy, sun-dried tomato & olives). Served with three slices of freshly baked ciabatta.

* Please note: All extras will be charged.

Tel 012 : Trading l