

# Menu

## soul mix

R89

2 fried eggs, streaky bacon, baked beans, boerewors, portabella mushroom, grilled tomato and ciabatta

---

## Salads

Starting R 79

Chef Salad V

Chef Salad with Chicken

Smoked Salmon Salad

Caprese Salad V

Grilled Butternut V

---

## Subs

Starting R 62

Chicken Mayo

Avo, mozzarella and tomato

Smoked salmon, cream cheese and capers

---

## Crispy Croissants

Starting R 39

Chorizo and mozzarella

Gypsy beef, tomato, gherkin and mustard

Tomato and buffalo mozzarella

Chorizo and scrambled egg

Mozzerella and avocado

Salami, tomato and mozzarella

Parmaham, grated parmasan, basil and tomato

---

## Paninis

Starting R 78

Parma ham, mortadella and mozzarella

Parma ham, mortadella and mozzarella and anti-pasta

Gypsy beef, tomato, rocket and mozzarella

---

## Pasta of the Day

R 89

---

## Fabulous Fish Cakes

R 75

Served with coriander, Avocado and a lemon salsa.

---

## Subs

Starting R 62

Chicken Mayo  
Avo, mozzarella and tomato  
Smoked salmon, cream cheese and capers

---

## Crispy Croissants

Starting R 39

Chorizo and mozzarella  
Gypsy beef, tomato, gherkin and mustard  
Tomato and buffalo mozzarella  
Chorizo and scrambled egg  
Mozzerella and avocado  
Salami, tomato and mozzarella  
Parmaham, grated parmasan, basil and tomato

---

## Paninis

Starting R 78

Parma ham, mortadella and mozzarella  
Parma ham, mortadella and mozzarella and anti-pasta  
Gypsy beef, tomato, rocket and mozzarella

---

## Pasta of the Day

R 89

---

## Fabulous Fish Cakes

R 75

Served with coriander, Avocado and a lemon salsa.

---

## The Tart

R 69

Caramelised onion and gorgonzola tart served with a side salad. V

---

## B.L.T

R 79

Pancetta, rocket, tomato and homemade dell mayonnaise on a panini.

---

## 3 Cheese Souffle

R 95

Baked in cream and topped with parmesan served with a side salad and homemade ciabatta.

---