

BREAKFAST

Choice of Toast Served with jam and butter.	30
Bagel With cream cheese and fresh tomato. ADD: Smoked salmon - 45 Avo - 20	40
Fruit baked oatmeal Oven roasted oats with apple, blueberries and cinnamon.	40
Muesli Crunch Served with summer fruits, low fat Bulgarian yoghurt, mixed nuts and honey.	50
French toast kebab Served with seasonal fruit, blueberry cream cheese or nutella. ADD: Bacon - R20	45
Waffel Served with bacon and maple syrup. ADD: Banana - R20	65
Protein Pancakes 4 whey powder pancakes layered with blue berries, banana, mixed nuts and honey.	65
Eggs Royale Scramble eggs served on an English muffin topped with smoked salmon, cream cheese and capers	85
Sunrise Breakfast Bacon, free range eggs, beef sausage, Portobello mushroom and cherry tomatoes. ADD: Baked beans - R20 Potato rosti - R20	75
Morning After Breakfast 150g fillet steak, bacon, beef sausage, mushroom, free range eggs, plum tomato, potato rosti and baked beans	120
Breakfast Wrap Scrambled free range egg, bacon, Portobello mushroom served with a spicy salsa. ADD: Avo - R20	75
Eggs Benedict Poached free range eggs and bacon served on a English muffin with hollandaise sauce.	75
Smoked Salmon Rosti Norwegian smoked salmon served on a potato rosti with poached free range eggs, spinach and hollandaise sauce.	85
Sesame Salmon on rye Norwegian smoked salmon, toasted sesame seeds, cream cheese, cucumber and avo.	95
Omelets ADD Cheese - R20 Bacon - R20 Onion - R10 Mushroom - R20 Salmon - R40 Tomato - R10	40