

À LA CARTE MENU



PROTEA HOTEL®

MARRIOTT

Cape Town Waterfront
Breakwater Lodge

TO START

Sticky barbeque chicken wings with coleslaw	75
Fish cakes with wilted spinach, béarnaise sauce and capers	90
Crunchy spinach and feta risotto balls with tomato and basil	65
Beef carpaccio with parmesan, rocket and balsamic glaze	95
Herb-grilled calamari with tartar sauce	70
Slow-roasted tomato soup with crème fraîche and croutons	72

FRESHLY-CRAFTED SALADS

Greek salad	80
Rocket and caramelised pear salad with blue cheese and walnuts	90
Roasted beetroot and butternut salad with quinoa, goats cheese, red cabbage and corn	95

add to your salad

3 rashers of crispy bacon	18
smoked salmon 40g	48
lemon-and-herb grilled chicken 60g	28

IMPORTANT NOTICE

Please note that while every effort is made to use fresh ingredients in the preparation of the food and beverages served on these premises, food and beverages including dairy products, ice cream, frozen desserts, proprietary sauces, juices, preserves, jams and preserved meats served, may contain permitted artificial colourants, flavourants and preservatives. In addition, certain foodstuffs have been packaged and prepared on premises in which nuts may be present. Non-Halaal and non-Kosher foods are also prepared and served on the premises.

PROKARD EXPLORER

If you have a Prokard Explorer with dining benefits, you can claim a discount of up to 50% on the food portion of your bill, right here, right now. If you are not a Prokard member and would like to join, please enquire at reception or visit prokardexplorer.com. Prokard dining discounts only apply when dining in the restaurant. Terms and conditions apply.

Prices are inclusive of 15% VAT. All orders are charged in South African Rands.

MAIN COURSE

Butter chicken curry	145
with tomato and onion sambal and steamed basmati rice	
Slow-braised pork belly	135
with cauliflower purée and glazed carrots	
Pan-fried salmon fillet	195
with baby potatoes wilted greens and herb-butter sauce	
Crumbed chicken schnitzel	135
with fresh rocket	
Classic battered or grilled fish	130
with thick-cut chips and tartar sauce	

FROM THE GRILL

grilled to your specification and basted with olive oil, rosemary and sea salt or barbeque sauce and includes a side dish of your choice

steak

Rump	
300g	195
Rib eye	
300g	210
T-bone	
450g	215
Ostrich Fillet	
250g	195
Homemade sauce selection	30
green peppercorn and brandy classic black pepper mushroom and rosemary béarnaise mature cheddar and mustard tomato and onion 'smoor'	
On the side	28
crisp shoestring fries thick-cut chips baked potato with sour cream basmati rice roasted vegetables seasonal garden salad battered onion rings sweet potato sticks mielie pap	

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PASTA

your choice of penne or spaghetti
wheat-free pasta available

Roasted tomato, olive oil, parmesan and rocket 90

**Crispy bacon, cream, egg, parmesan
and fresh parsley** 95

**Slow-cooked beef, tomato and
italian herb bolognaise** 110

SWEET

Traditional malva pudding 65
with crème anglaise

Baked vanilla cheesecake 70
with blueberry compote

Apple crumble 65
with vanilla ice cream

Dark chocolate mousse 75
with fresh berries and crème fraîche