



## LUNCH

Served from 11:30 during the week and 12:00 on Saturdays. Please ask your waitress for specials.

### Light Meals

Homemade Chicken Pie with Salad	R70
Croque Monsieur – our version of the famous Gruyère & Ham Sandwich (allow 15 minutes)	R80
Norwegian Salmon Fishcakes with Avo Salsa	R110
Hot Dog	R45

### Pastas

Olio e' Peperoncino	R70
Tomato & Mushroom	R85
Bolognese	R95
Creamy Chicken & Fresh Pesto	R100
Tomato, Bacon & Creamy Mushroom	R100
Caprese (Tomato & Basil topped with Mozzarella Bocconcini)	R80
Creamy Seasonal Mushroom & Parmesan	R100

(Served with torn Italian bread. Our portions are large you may prefer half portions charged at less R20.)

### Closed Toasted Sandwiches

Served with side salad. Please choose bread – white, brown, health or rye. All sandwiches can be taken away. Please let us know if you would like salad or not (without salad R10 less).

Cheese (Cheddar or Mozzarella)	R40
Cheese & Tomato (Cheddar or Mozzarella)	R45
Cheese, Mushroom & Onion (Cheddar or Mozzarella)	R50
Cheese & Ham / Salami / Bacon (Cheddar or Mozzarella)	R58
Bacon & Avo	R58
Chicken Mayonnaise	R58





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### Salads / Open Sandwiches

Salads served on a bed of fresh seasonal leaves with torn Italian bread.  
Open sandwiches served on Italian bread – please let us know if you would like it toasted or would prefer health or rye bread.

Chicken Mayonnaise, Avo, Parmesan & Almonds	R90
Halloumi, Rocket & Avo	R90
Bacon & Avo	R92
Baby Spinach, Avo, Parmesan & Pine Nuts	R78
Caprese – Mozzarella Bocconcini, Basil & Tomato	R70
Hot-Smoked Salmon (flaked & served cold) with Cottage Cheese & Caperberries	R115
Hot Smoked Salmon, Baby Spinach & Avo	R115
Parma Ham & Rocket	R105

(Our portions are large you may prefer half portions charged at less R20.)

### Beef & Chicken

Homemade Beef Burger with Creamy Mushroom Sauce & Crisps	R90
<i>(Healthier option – no roll, no crisps with plain mushroom sauce)</i>	R80
Beef Fillet Prego Roll served with crisps & side salad	R100
Chicken Fillet Prego Roll served with crisps & side salad	R95
Grilled Chicken Breasts served with toasted Rosemary Baguette & side salad	R90
<i>(Healthier option – single breast grilled in lemon &amp; rosemary, no toast)</i>	R70
Fillet of Beef with Wholegrain Mustard & Baby Spinach Salad	R150

### Side Orders / Extras

Hot-Smoked Salmon (80g)	R60
Stripped Chicken	R40
Bacon (full portion)	R45
Halloumi	R35
Avo	R25

