



CARAMELLO'S[®]

Eat Life!



CARAMELLO'S

MENU

- Breakfast -

served with toast, cherry tomatoes, butter & preserves * | Served all day
eggs served fried or scrambled | for rye toast add R2 extra | all our cherry tomatoes are basted with basil pesto - contains nuts

ANCHOVY TOAST

served with tomato slices on white, brown or health toast _____ 39.90

B BANTING BREAKFAST

2 eggs, succulent bacon, 100% pure boerewors, with grilled mushrooms _____ 59.90

MINCE & EGG ON RYE

delicious savoury mince with scrambled egg and chutney served on a slice of toasted rye bread _____ 49.90

V OATMEAL (not served with cherry tomatoes)

a bowl of warming oats with fresh fruit and honey, with hot or cold milk _____ 39.90

BREAKFAST PLUS *

2 eggs, succulent bacon, 100g pure beef patty topped with tomato relish _____ 59.90

R CARMELLO'S BREAKFAST *

2 eggs, succulent bacon, 100g pure beef patty topped with tomato relish with a frankfurter and chips _____ 89.90

CROISSANT BREAKFAST

fresh croissant filled with scrambled eggs, grilled bacon and cheddar, served with a side salad _____ 69.90

CYPRLOT BREAKFAST *

2 eggs, bacon, grilled mushrooms, tomatoes, cucumber, kalamata olives and halloumi _____ 79.90


EGGS BENEDICT ON RYE

hickory ham, poached egg, sliced cheddar, and hollandaise sauce served on rye toast _____ 79.90

FRENCH TOAST

- plain (white, brown or rye, with maple syrup) _____ 44.90
- bacon, grilled mushrooms and cheddar (white, brown, or rye, with maple syrup) _____ 64.90



N CHICKEN LIVER ROSTI  spicy chicken livers, topped with a fried egg and caramelised onions filled between two potato rosti's, finished with tomato relish, served with a side salad _____ 69.90

KALIMERA BREAKFAST * kick start your day with 2 succulent bacon rashers, 2 eggs, 100% pure boerewors, chips and tomato relish _____ 62.90

V HEALTH BREAKFAST
- fresh fruit salad _____ 49.90
- plain Greek style yogurt, muesli & honey _____ 49.90
- fresh fruit salad, plain Greek style yogurt, muesli and honey _____ 59.90

MINI BREAKFAST * 2 eggs, succulent bacon and grilled cherry tomatoes _____ 39.90

SAGANAKI BREAKFAST * 2 eggs, succulent bacon, cheese grillers, halloumi, and tomato relish on the side _____ 89.90

SALMON BREAKFAST ON RYE a generous portion of smoked salmon and scrambled eggs served on top of rye toast with hollandaise sauce _____ 89.90

R THE BIG BOY BREAKFAST * 2 eggs, succulent bacon, 100% pure boerewors, halloumi, 125g rump steak and chips _____ 109.90

N BREAKFAST PLATTER FOR 2 * fried eggs, cheese grillers, halloumi, bacon, olives, cherry tomatoes, feta, cucumber, grilled black mushrooms, potato rosti's and boerewors _____ 159.90

SPECIAL MENTION: We believe in fast service - no matter how long it takes! All meals are freshly prepared. Please allow reasonable time.

V - VEGETARIAN **B** - BANTING **S** - SEASONAL **N** - NEW ON THE MENU **R** - RECOMMENDED  - SPICY/HOT

Bump-it-up

Add any of the following extras to your breakfast

3 Slices fresh avo	22.90
1 Slice grilled bacon	9.90
3 Battered onion rings	21.90
100g Beef patty	22.90
150g Beef patty	29.90
100g Boerewors	22.90
60g Grated Gouda	17.90
2 Cheese grillers	14.90
1 Cheddar slice	12.90
150g Chicken breast	29.90
150g Chips	18.90
1 Egg	6.90
1 Frankfurter	23.90
2 Slices grilled halloumi	19.90
100g Grilled mushrooms	21.90
125g Rump steak	39.90
1 Potato rosti	14.90
75ml Tomato relish	14.90
100g Savoury mince	23.90
100g Lamb chop	39.90

- Omelettes -

served with grilled cherry tomatoes, toast, butter and preserves.
All omelettes are prepared with 3 eggs

BACON & MUSHROOM	succulent bacon, grilled mushrooms, with gouda and mixed peppers _____	79.90
TRADITIONAL	hickory ham, gouda and mozzarella _____	79.90
MINCE & CHEESE	minced beef, tomato relish, gouda and topped with chutney _____	79.90

- Belgian Waffles -

served with maple syrup and a choice of fresh cream or ice cream

PEANUT BUTTER	_____	46.90
CINNAMON SUGAR	_____	39.90
ROSE DELIGHT	_____	46.90
HAZELNUT CHOC	_____	56.90
FRUIT SALAD	_____	49.90

Croissants & Muffins

served with butter, preserves and a choice of fresh cream or cheese*

CROISSANT*
french style - *our speciality* _____ 39.90

CLASSIC MUFFINS*
blueberry, carrot, bran, choc chip, vanilla or double choc chip _____ 34.90

SAVOURY MUFFINS
bacon and cheese • bacon and mushroom _____ 46.90
plain savoury* _____ 34.90

- French Crêpes -

savoury crêpes - *pancakes* * served with a side salad

CHICKEN	chicken mayonnaise served with thick béchamel sauce _____	74.90
CREAMY BACON	creamed cottage cheese, succulent bacon and feta _____	79.90
SMOOTH SALMON	a generous portion of salmon and creamed cottage cheese _____	99.90
THAI CHICKEN	grilled chicken with honey and soya stirfry vegetables _____	74.90
SUCCULENT BEEF	savoury mince, gouda and béchamel sauce _____	79.90
Sweet crêpes - <i>pancakes</i>		
TRADITIONAL	cinnamon sugar and lemon served with cream or ice cream and maple syrup _____	39.90

- Fresh Salad -

served on a base of seasonal lettuce, tomatoes, cucumber, red onion, rocket, red cabbage and carrots with toasted ciabatta brushed with basil pesto - *contains nuts*

S R THE CLUB	chicken mayo, hickory ham, gouda & mozzarella, fresh avo, topped with croutons	94.90
V THE GREEK	feta, kalamata olives, onion and rocket	76.90
S V HALLOUMI & AVO	halloumi, fresh avo, kalamata olives, sweet piquanté & croutons	89.90
S BACON, AVOCADO & FETA	grilled bacon, fresh avo & feta	89.90
GRILLED CHICKEN, MUSHROOM & PESTO	grilled chicken breast and fresh mushrooms tossed in basil pesto - <i>contains nuts</i>	86.90
R N SEARED RUMP & MUSHROOM	sliced and spiced rare rump topped with caramelised onions and grilled black mushrooms, finished with rocket and pecorino	119.90



- Toasted - Sandwiches

choose from:
health, white or brown | all health breads are low GI
served with side salad or chips

V CHEESE SANDWICH	generous filling of cheddar and mozzarella	54.90
HICKORY HAM & CHEESE	hickory ham, cheddar and mozzarella	64.90
FUNKY CHIC	chicken mayo with diced piquanté, dill cucumber, mozzarella and rocket	64.90
BACON, EGG & CHEESE	succulent bacon, fried egg and cheddar	64.90
MINCED BEEF & CHEESE	spicy mince and cheddar	64.90
TUNA MAYO	tuna, mozzarella, chopped onion and parsley	64.90
SALAMI	salami, mozzarella and fresh basil	64.90

- Quiche -

served with side salad or chips

V SPINACH & FETA	R69.90
HAM & CHEESE	R69.90
SMOKED SALMON & CHIVE	R69.90
R BACON & MUSHROOM	R69.90



- Warming -

TRADITIONAL FLAVOURS

- hot chocolate • milo • horlicks _____ 29.90
- original Latte _____ 29.90

- PLUNGERS** - 350ml caffeinated or decaf _____ 29.90

TEA'S

- ceylon or rooibos _____ 16.90
- chamomile, earl grey or green tea _____ 19.90
- berry hibiscus _____ 21.90
- peach & mango _____ 21.90
- lemon & ginger _____ 21.90

COFFEES

- filter coffee _____ 16.90
- refill _____ 7.90
- mega filter coffee _____ 22.90
- mega refill _____ 9.90
- filter coffee & cream _____ 18.90
- café americano _____ 18.90
- espresso single _____ 14.90
- espresso double _____ 22.90
- macchiato _____ 19.90
- ristretto - *shot espresso* _____ 14.90

CAPPUCCINO

- italian cappuccino _____ 22.90
- mega italian cappuccino _____ 27.90
- cappuccino with cream _____ 23.90
- mega cappuccino with cream _____ 29.90
- baby chino _____ 11.90
- red cappuccino _____ 27.90
- red latte _____ 29.90
- flavour your cappuccino - *toffee caramel or brazilian hazelnut* _____ 6.90

32.90

39.90



Our coffee story:

Once upon a day, a cherry like fruit seed was discovered indeed. First it was green and then it turned red. Specially paired you will find two beans shared. Selected for roasting, they start rolling and toasting, to bring you a coffee made for boasting and hosting. Only here will you find a coffee specially prepared, with Caramello's shared.

- The Cakery -

More than 20 speciality cakes to choose from,
42.90 per slice. Add cream or ice-cream **9.90**



Please visit our Cakery to select your flavour.
 Full cakes available for take away.





- Gourmet Sandwiches -

choose from: rye • ciabatta • health bread • served with side salad or chips

R GERMAN RITZ	seared rump, dill cucumber, mozzarella and honey mustard on a fresh bed of lettuce, with tomato and rocket	89.90
NORWEGIAN	smoked salmon, cream cheese, sweet piquanté on a bed of lettuce, with tomato & fresh rocket	89.90
S AMERICAN CLUB	chicken mayo, bacon, cheddar, hickory ham, lettuce, tomato and fresh avo	89.90
THAI	grilled chicken strips and mixed grilled honey and soya vegetables, lettuce, tomato and rocket	84.90
ITALIAN	salami, mozzarella, kalamata olives, onion, tomato, lettuce and basil	84.90
V FOUR CHEESE	grilled halloumi, cheddar, feta, mozzarella, rocket, sweet piquanté and basil pesto - <i>contains nuts</i>	89.90
S GREEK	bacon, halloumi, fresh avo, lettuce, tomato and rocket	89.90
MEDITERRANEAN	tuna, mozzarella, mayo, parsley & onion on a bed of lettuce and tomato, with rocket	89.90

- Wraps -

all wraps are served with a side salad or chips

CRUMBED CHICKEN	crumbed chicken strips, lettuce, tomato & thick mayo whip	69.90
FUNKY CHICKEN	chicken mayo, sweet piquanté, dill cucumber, rocket & mozzarella	76.90
N RUMP	grilled rump strips, onions, peppers, feta and honey mustard	86.90
V HALLOUMI	grilled halloumi, lettuce, tomato, cucumber, kalamata olives and mayo whip	72.90
PREGO CHICKEN	chicken strips grilled in prego sauce, grilled onions, sweet piquanté, and mayo whip with mozzarella	76.90
THAI CHICKEN	grilled chicken strips with mixed grilled veggies in honey and soya	76.90
S V THREE CHEESE & AVO	melted cheddar, mozzarella and feta with fresh avo, basil leaves and mayo whip	82.90



- Tramezzini -

traditionally filled italian panini served with side salad or chips

S BACON, AVO & FETA	grilled bacon, fresh avo, feta and mozzarella	79.90
CHICKEN MAYO	chicken mayo, diced sweet piquanté, dill cucumber, rocket & mozzarella	79.90
N SEARED BEEF	seared rump, dill cucumber, honey mustard, gouda and mozzarella	86.90
R PREGO CHICKEN	chicken strips grilled in prego sauce, grilled onions, sweet piquanté, thick mayo whip and mozzarella	79.90
TUNA MAYO	tuna, mozzarella, mayo, chopped parsley and onion	79.90
SALAMI	salami, mozzarella, kalamata olives and fresh basil	79.90
R V FOUR CHEESE	cheddar, mozzarella, halloumi, feta, with sweet piquanté, mayo whip and fresh basil	86.90



Have your Cake &
Shake it !!

Enjoy a delicious
*Caramello's Cakeshake*TM
with your choice from a variety
of classic cakes...

- Cooling -

FROZEN CHINOS

cappuccino • toffee caramel •
brazilian hazelnut, chocolate chai • vanilla _____ 39.90

SMOOTHIES

strawberry • mango vanilla •
passion sorbet • lemon sorbet • guava • mango & peach •
pina colada • mixed berry _____ 39.90

FRULATO

strawberry • fruit cocktail • orange • guava _____ 39.90

MILKSHAKES

strawberry • chocolate • banana • vanilla •
bubblegum • lime • horlicks • milo _____ 29.90

GOURMET MILKSHAKES

oreo's & cream • fruit blast • cinnamon pancake •
marshmallow whip • peanut butter crunch • sweet rose •
hazelnut delight • iced chai • iced espresso _____ 39.90

TRADITIONAL FRAPPÉ

_____ 29.90

SODAS 330ml

coke • coke light • coke zero • tab • sprite • sprite zero •
creme soda • fanta _____ 21.90

SODAS 200ml

soda water • tonic water • ginger ale • dry lemon _____ 19.90

SPRITZERS

rose delight • cranberry blast • rose bitter •
bubble passion • lime - light _____ 39.90

MIXERS

passion fruit & lemonade • cola tonic & lemonade •
lime & soda _____ 29.90

TOMATO COCKTAIL

_____ 29.90

ROCK SHANDY

_____ 44.90

TISERS

appletiser • grapetiser _____ 28.90

ICED TEAS

peach • lemon • peach light - enquires for other flavours _____ 27.90

WATER - still • sparkling

_____ 17.90

JUICES

orange • fruit cocktail • guava • mango _____ 26.90

strawberry • cranberry _____ 29.90



*Cake*TM
Shake

all cake flavours

42.90

- Mediterranean - Plates

PASTAS - choice of penne or tagliatelle, served with pecorino and toasted ciabatta brushed with basil pesto - *contains nuts*

ALFREDO
hickory ham, mushrooms & bacon
simmered in creamy béchamel sauce _____ **86.90**

BOLOGNAISE
napoletana and minced beef
simmered with fresh herbs _____ **86.90**

CHICKEN & CREAMED SPINACH
grilled chicken and spinach with cream _____ **89.90**

R N TAGLIATELLE AL FILETTO
fillet medallions in a creamy mushroom
sauce on a bed of tagliatelle tossed in Napoletana _____ **129.90**

N STIRFRY - soya and honey stir fry vegetables served with toasted ciabatta,
brushed with basil pesto - *contains nuts*,
with your choice of:

- chicken strips _____ **89.90**
- rump steak _____ **119.90**

N PREGO IN CIABATTA 
- rump steak strips _____ **129.90**
- chicken strips _____ **89.90**
- chicken livers _____ **79.90**
garnished with red onion, olives & rocket. served with a choice of chips or salad

FOCACCIA - flat oven-baked Italian bread brushed with basil
pesto - *contains nuts*, all focaccias are prepared with fresh basil and rocket

NORWEGIAN
smoked salmon, cream cheese, cherry
tomatoes & sweet piquantè _____ **89.90**

ITALIAN
salami, feta, cherry tomatoes &
kalamata olives _____ **79.90**

PORTUGUESE
grilled prego chicken strips, feta,
grilled black mushroom, cherry tomatoes
& mayo whip _____ **79.90**

S V MEDITERRANEAN
fresh avo, halloumi,
cherry tomatoes, cucumber,
sweet piquantè & kalamata olives _____ **89.90**



- Burger Bar -

Your choice of a seeded burger bun or *Burgazzini*,
lightly brushed with basil pesto - *contains nuts*

All burgers available in 150g pure beef or chicken breast
served on lettuce, tomato, dill cucumber, onions, with mayo whip.
Served with chips or battered onion rings.

ORIGINAL BURGER
for the not so brave _____ **69.90**

CHEESE BURGER
topped with sliced cheddar _____ **72.90**

CHEESE MELT BURGER
topped with sliced cheddar
and mushroom sauce _____ **79.90**

CHEESE & BACON BURGER
topped with sliced cheddar
and grilled bacon _____ **79.90**

SAGANAKI BURGER
topped with grilled halloumi
and tomato relish _____ **79.90**

R CARAMELLO'S DE-LUX
prepared with two beef patties or chicken
breasts, topped with cheese and grilled bacon _____ **99.90**

N CHEESE & JALAPENO BURGER 
topped with sliced cheddar and
creamy jalapeno's _____ **79.90**

N #HASHTAG BURGER
topped with a potato rosti
and tomato relish _____ **79.90**

S BANTING BURGER
beef patty or chicken breast, grilled halloumi,
cheddar, bacon, lettuce, tomato, dill cucumber and
onion, stacked between grilled black mushrooms,
served with side salad _____ **84.90**



- Seafood & - Chicken

all served with battered onion rings and your choice of chips, salad or stirfry vegetables

- ENGLISH HAKE**
battered, crispy deep fried hake served with tartare sauce _____ **79.90**
- CHEESE MELT HAKE**
fillet of hake grilled in lemon butter, topped with sliced cheddar and mushroom sauce _____ **99.90**
- CHICKEN SCHNITZEL**
crumbed chicken breast served with mayo whip and lemon wedges _____ **94.90**
- CHEESE MELT SCHNITZEL**
crumbed chicken breast topped with sliced cheddar and mushroom sauce _____ **109.90**
- S CHICKEN STACK**
chicken schnitzel topped with bacon, cheddar, fresh avo, sweet piquanté & sweet chilli sauce _____ **119.90**
- R CARMELLO'S KING CLUB**
grilled chicken breast topped with a fried egg, caramelised onion, mushrooms, mozzarella and tomato relish _____ **139.90**
- R FLAME GRILLED CHICKEN WINGS**
tender chicken wings grilled in your choice of portuguese or lemon & herb basting _____ **98.90**



- Flame Grills -

please note that all meat weights are raw weights served with battered onion rings and your choice of chips, salad or stirfry vegetables

	250g	400g
CHOICE GRILLED RUMP _____	129.90	159.90
N SPICY CHICKEN LIVER RUMP _____	139.90	169.90
S N BACON, AVO, MOZZARELLA RUMP _____	149.90	179.90
N CHEESE & JALAPENO RUMP _____	139.90	169.90
N CHEESE MELT RUMP _____	139.90	169.90
R CARMELLO'S KING RUMP topped with a fried egg, caramelised onions, grilled mushrooms, mozzarella and tomato relish _____	149.90	179.90
200G FILLET - lean and tender _____	139.90	
B BANTING FILLET - not served with battered onion rings char grilled fillet topped with a black mushroom, bacon, mozzarella, cherry tomatoes and served with a side salad _____	159.90	
N 500G T-BONE - man size _____	169.90	
N 300G LAMB LOIN CHOPS three grilled lamb chops finished with barbeque, portuguese, or lemon and herb sauce _____	159.90	
600G RIBS delicious flame grilled pork ribs basted with our special basting sauce _____	169.90	
N 300G RIBS & 3 WINGS _____	159.90	
N 300G RIBS & 250G RUMP STEAK _____	179.90	

- Platters & Baskets -

served with sweet chilli, mayo whip & battered onion rings, toasted ciabatta brushed with basil pesto – *contains nuts*

Serves 2

CARAMELLO'S BASKET

frankfurters, spring rolls, samoosas, chicken nuggets & potato rosti _____ 139.90

MEZE PLATTER

frankfurters, halloumi, crumbed chicken strips, spring rolls _____ 159.90

STICKY FINGA PLATTER

crumbed chicken strips, grilled rump strips, crumbed halloumi, crumbed mushrooms and cocktail cheese grillers — 194.90

SPRING ROLL & SAMOOSA BASKET

chicken and vegetable spring rolls with beef and chicken samoosas and chicken cheesy bites _____ 149.90

RIB & WING BASKET

300g ribs and 6 chicken wings basted in your choice of portuguese or lemon & herb sauce _____ 184.90

Serves 4 - not served with toasted ciabatta

TANTALIZING TRAMEZZINI

salami tramezzini, prego chicken, chicken mayo & seared rump _____ 269.90

CHEEKY CHICKEN

crumbed chicken strips, chicken drummies, chicken winglets & chicken cheesy bites _____ 319.90

SIZZLING SAUSAGE & MEAT

cocktail cheese grillers, frankfurters, boerewors, cocktail meatballs & 300g pork ribs _____ 359.90



*Please enquire about our extensive platter menu
for your special occasion!*





- Beer - & Cider

MALT

Castle • Castle Lite	22.90
Black Label	21.90
Amstel	26.90
Hunter's Dry • Hunters Gold	28.90
Savanna Dry • Savanna Light	29.90
Heineken	28.90
Windhoek • Windhoek Light	26.90
Windhoek Draught 440ml	29.90

DOM PEDROS / IRISH COFFEE

Whisky Pedro • Coffee	38.90
Kahlua Pedro • Coffee	39.90
Amarula Pedro • Coffee	39.90
Jim Beam Pedro • Coffee	39.90

57.90

57.90

59.90

59.90

58.90

58.90

59.90

59.90

58.90

- Spirits & Liqueur -

Jameson • J&B • Bells • Johnny Walker Black
 Scottish Leader Whisky • Gordon's Gin • Count Pushkin Vodka
 Grappa • Amaretto • Klipdrift • Klipdrift Premium • Richelieu
 Amarula • Cape velvet • Frangelico • Kahlúa • Jim Beam

- Wine -

House wines

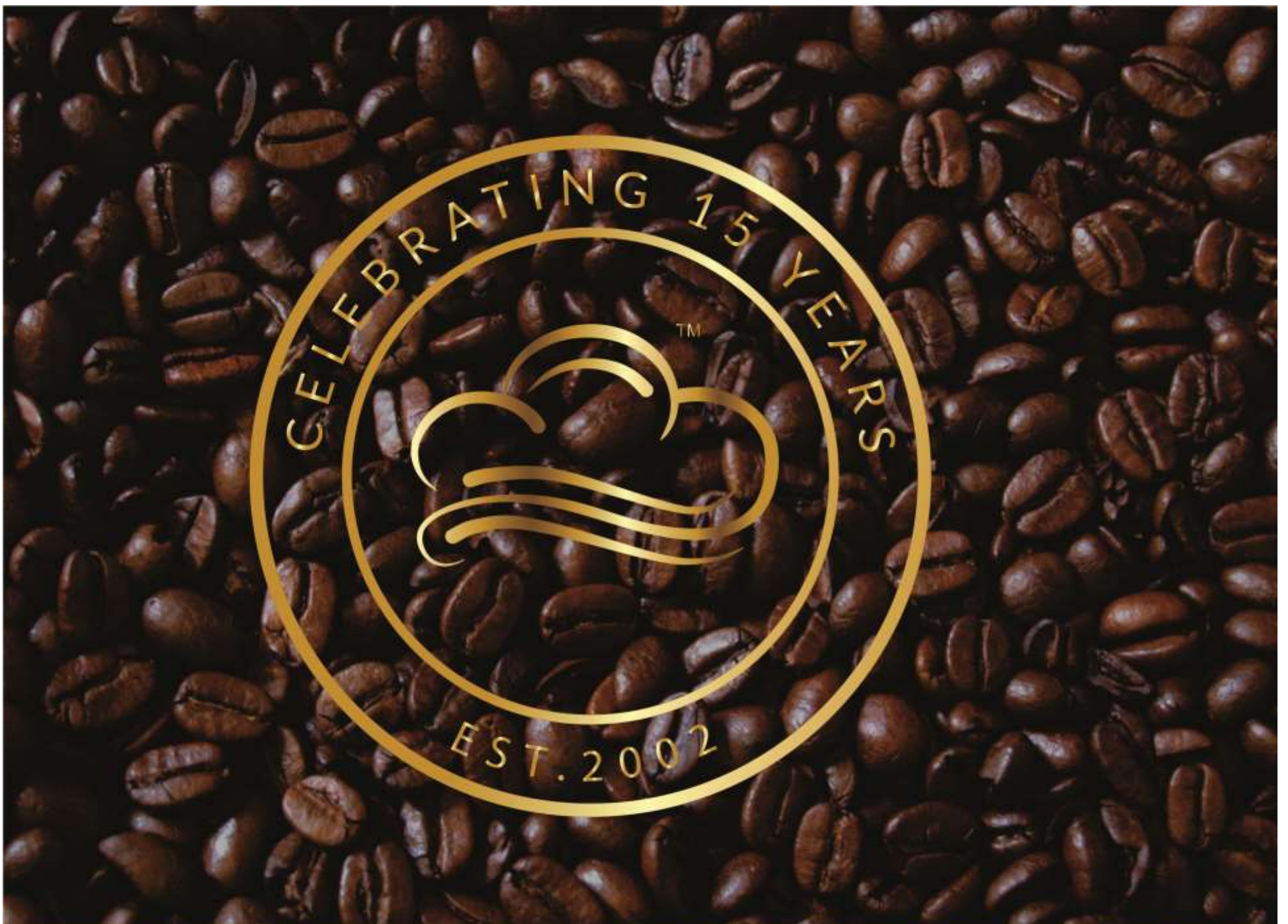
	 250ml	 750ml
DROSTDY HOF EXTRA LIGHT	27.90	79.90
DROSTDY HOF STEIN	27.90	79.90
DROSTDY HOF SWEET ROSE	27.90	79.90
DROSTDY HOF CLARET	29.90	89.90
DROSTDY HOF ADELPRACHT	29.90	89.90
DROSTDY HOF NATURAL SWEET WHITE	29.90	89.90

Other varietals

	
NEDERBURG LYRIC	97.90
NEDERBURG ROSE	97.90
NEDERBURG BARONNE	139.90
TWO OCEANS SAUVIGNON BLANC	29.90 97.90
TWO OCEANS CAB MERLOT	98.90
DURBANVILLE HILLS CABERNET SAUVIGNON	149.90
DURBANVILLE HILLS MERLOT	149.90
DURBANVILLE HILLS SAUVIGNON BLANC	139.90
DURBANVILLE HILLS CHARDONNAY	139.90
JC LE ROUX LA FLEURETTE	139.90



NO ALCOHOL WILL BE SOLD TO PERSONS UNDER THE AGE OF 18
 Please drink responsibly and do not drink and drive.




CARAMELLO'S COFFEE
ESPRESSO GOLD
 Premium Roast Coffee

Our coffee Story:
 Once upon a day,
 a cherry like fruit
 seed was discovered.
 Indeed, First it was
 green and then it
 turned red. Specially paired you will
 find two beans shared. Selected for
 roasting, they start rolling and
 toasting, to bring you a coffee made
 for boasting and hosting. Only here
 will you find a coffee specially
 prepared, with Caramello's shared.




CARAMELLO'S
Eat Life!

Free 
Wi-Fi
 PLEASE ASK
 YOUR WAITRON
 FOR ASSISTANCE

POWERED BY:


**Central
 Brands
 Holdings**
 Unlocking Potential


**Food
 Distributors**

www.caramellos.co.za • Head Office Enquiries: info@caramellos.co.za

Terms and conditions: Standard terms and conditions apply. Right of admission reserved. All prices are inclusive of VAT and are subject to change without prior notice. Prices do not include service fees. Regrettably we do not accept cheques and do not split bills. All seasonal items are subject to availability. All photographs are for graphic purposes only and may not necessarily represent the final product. All meat weights are uncooked weight. If you have any allergies, please inform your waitron who will explain the ingredients and preparation methods of our meals to you.

All rights reserved. Copyright © Caramello's (Pty) Ltd 2017. E&OE.