

SALADS

GREEK (V) Feta, olives, cherry tomato & onion on a bed of mixed greens	79
PRAWN Grilled queen prawns drizzled with tangy mayo sauce with avo, onion, cucumber, carrots & cherry tomato on a bed of mixed greens	125
BUTTERNUT (V) Crispy butternut crisps, feta, avo, cucumber, carrots & peanut brittle on a bed of mixed greens	91
CHICKEN & FETA Grilled herbed chicken strips, feta, avo, peppadew, roasted nuts, carrots & cherry tomato on a bed of mixed greens	105
HALLOUMI (V) Grilled halloumi, avo, tomato, onion, cucumber, carrots & cherry tomato on a bed of mixed greens	95
ROQUEFORT Roquefort cheese, bacon, avo, pecan nuts & black pepper, cherry tomato on a bed of mixed greens	95
CHICKEN & BACON CAESAR Croutons, anchovy, chicken & bacon, sprinkled with parmesan shavings, served with caesar dressing	109
AL GRECO CHICKEN Tomato, feta, cucumber, onion & green pepper with a choice of cajun or crumbed chicken topped with avo	109



GOURMET SANDWICHES & WRAPS

Gourmet sandwiches & wraps served with a choice of mash potatoes, rice, chips, sweet potato chips, vegetable or salad

HUMMUS & FETA Hummus, feta, avo, peppadews, cherry tomato, onion, cucumber, crispy zucchini & mayo wrap 89	
CRISPY BACON & CHICKEN Crispy bacon, grilled chicken, cheddar cheese, sauteed mushrooms, sliced avo and basil mayo wrap 95	gourmet sandwich 105
CHICKEN, AVO & HALLOUMI Grilled chicken, avo, halloumi with sweet chilli sauce wrap 95	gourmet sandwich 105
CAJUN CHICKEN Grilled cajun chicken, mozzarella cheese with fresh tomato & basil mayo wrap 95	gourmet sandwich 105
GRILLED STEAK Sliced 200g sirloin, basil mayo, roast cherry tomato, cheddar cheese, grilled onion & rocket wrap 119	gourmet sandwich 129
CRUMBED CHICKEN Sliced chicken schnitzel with avo, feta, basil mayo, drizzled with sweet chilli sauce wrap 95	gourmet sandwich 109
CHICKEN FETA Grilled chicken, avo, feta and sweet chilli sauce wrap 95	gourmet sandwich 109

COMBOS

WINGS & RIBS Three succulent wings & 300g ribs	199
CHICKEN & RIBS Half Chicken & 300g ribs	199
RUMP & RIBS 200g rump & 300g ribs	199
CHICKEN & LAMB CHOPS Half chicken & two grilled lamb chops	199
HAKE & PRAWNS Four queen prawns & hake	199
HAKE & CALAMARI Grilled calamari tubes & lemon & herb hake	199
SURF & TURF 200g rump & four queen prawns	199
CHICKEN & PRAWN Half chicken & four queen prawns	199

SIDE DISHES

Vegetable of the day	32
Grilled mushrooms	35
Fried Onion Rings	31
Mash potatoes, rice or chips	31
Zucchini fries	35
Sweet potato chips	35
Side Salad	38

SAUCES

Pepper	29
Mushroom	29
Cheese	29
Monkey Gland	29
Peri-peri	29
Garlic	29

DESSERTS

WAFFLE Served with your choice of cream or ice cream	49
TRADITIONAL Traditional waffle, topped with syrup	49
BAR ONE Traditional waffle, topped with sliced bar one, smarties & syrup	69
OREO Traditional waffle, topped with oreo biscuits, chocolate sauce & strawberries	69
MALVA PUDDING Served with custard or ice cream	55
CHOCOLATE BROWNIES Decadent chocolate brownies, served with rich bar one or chocolate sauce	55
CREME BRULEE Custard base topped with crunchy caramel	55

LA NOUVA
FAMILY RESTAURANT

Take Away
Menu

Open 9am till 9pm - Monday to Sunday

Delivery and Wi-Fi available

011 467 5763 / 4706

Fourways Gardens Shopping Centre
Uranium Street, Fourways, JHB

STARTERS

FOCACCIA PIZZA BREAD (V) Garlic & herbs Garlic, herbs & mozzarella	44 58
ARAGULA FOCACCIA Basil pesto with rocket, cherry, tomatoes & sprinkled with feta cheese	65
FRIED BRIE Deep fried brie topped with bacon, cranberry sauce & rocket	92
SNAILS Snails in a herb garlic butter sauce, served with crispy bread	69
BAKED BLACK MUSHROOM Baked black mushroom topped with spinach, feta & mozzarella in a napoletana sauce & baked in the pizza oven, served with crispy bread	84
HALLOUMI (V) Goats milk cheese, deep fried or grilled, served with sweet chilli sauce & fresh lemon	75
CHICKEN LIVERS Chicken livers sauteed with onion, prepared with or without peri-peri served with crispy bread	59
CRUMBED MUSHROOMS Crumbed button mushrooms, deep fried topped with halloumi & bacon, drizzled with cheese sauce	89
BBQ CHICKEN WINGS Char grilled in BBQ or peri-peri sauce, served with chips	89
GARLIC BUTTER PRAWNS Four prawns in garlic butter sauce, topped with parmesan & mozzarella & baked in the pizza oven, served with crispy bread	98
CALAMARI Patagonian calamari tubes grilled or fried, served with rice	99
JALAPEÑO POPPERS Jalapeno stuffed with cheese, crumbed & deep fried, served with chillinise	67
TRINCHADO Strips of beef or chicken, pan fried with garlic onions, cream & prego sauce, served with crispy bread	
Beef Fillet	99
Chicken Fillet	85
SQUID HEADS Deep fried squid heads, served with perinise	89
CARPACCIO Thinly sliced beef, marinated with pesto, black pepper & balsamic vinegar, topped with parmasan shavings, dill cucumber & rocket	89
OYSTERS Medium Luderitz Oysters	21 each
MUSSELS Sauteed mussels with napolitana sauce, feta & chilli or creamy garlic sauce	75
SOUP OF THE DAY	48



PIZZA

Banting, Gluten Free or Calzone
-extra R20

MARGHERITA (V) Tomato & mozzarella	79
VEGETARIAN (V) Artichoke, mushrooms, onions, green peppers, peppadews & olives	109
REGINA Ham & Mushroom	99
HAWAIIAN Pineapple & ham	99
FOUR SEASONS Ham, mushroom, olives, salami & green pepper	119
MEXICANA Minced beef, green pepper, onions & chilli	119
ASIAN CHICKEN Chicken strips, marinated in sweet chilli sauce, peppers, peppadews, avo & feta	125
BBQ CHICKEN BBQ chicken strips, pineapple & peppadews	119
PAPHOS Bacon, avo & feta	115
BACON & BRIE Brie cheese, bacon & cranberry sauce	119
LA NOUVA Pesto, halloumi, bacon & peppadews	115
CAPEESH Salami, chicken, bacon & ham	119
TUTTO BENNE Chicken, avo & feta	125
SUPREMO Beef strips, jalapeno, peppadew, feta & onion	119
POLLO MAESTRO Marinated chicken, onion, mushrooms & avo	125
PEPPERONI Pepperoni sausage	99
AL CAPONE Chicken, salami, feta, onion & mushroom	119
PARMA HAM Parma ham, rocket & parmesan shavings	125
POSEIDON Prawns, calamari, mussels & garlic	189
SICILIANA Anchovies, capers & olives	119
RONALDO Chicken, bacon & mayo	119
SPLENDIDO (V) Peppadews, avo, feta	119
LEA Brie cheese, bacon, cherry tomatoes, rocket, onions & avo	125



PASTA

Spaghetti / Penne / Linguine / Fettuccine
* Gnocchi or Gluten Free - Extra R20

BOLOGNESE Home made sauce with minced beef, tomato and herbs	99
ALFREDO Pan fried mushrooms and ham, served in a creamy sauce	99
NAPOLETANA (V) Tomatoes cooked with fresh basil	79
ARRABIATA (V) Tomatoes, garlic & fresh chilli	81
FILLET Fillet strips tossed with mushrooms, zucchini & red onion, prepared in a tomato sauce, finished with parmesan shavings	131
CHICKEN ALFREDO Chicken strips, mushrooms, diced onion, tossed in a creamy sauce	105
CHICKEN LIVERS Napoletana with mild peri-peri, sauteed livers, onion & a splash of cream topped with cream cheese & black pepper	115
DONATELLO Chicken strips in olive oil, with cherry tomatoes, fresh basil, feta & a touch of garlic	109
CARBONARA Egg, bacon & garlic	99
VIGATO Beef strips & sliced jalapeno, pan fried in a delicious cream sauce	130
PRAWN & CHORIZO POMODORI Tomato based sauce with pan fried prawns, chorizo, cherry tomato, chilli, garlic, topped with parmesan shavings	149
BEEF PESTO Beef strips, olive oil, pesto & feta, pan fried & topped with cherry tomatoes & basil leaves	125



PASTA AL FORNO

Spaghetti / Penne / Linguine / Fettuccine
* Gnocchi or Gluten Free - Extra R20

LASAGNE BOLOGNESE Layered sheets of fresh pasta & bolognese, topped with a creamy sauce, mozzarella cheese & baked in our pizza oven	109
MACARONI & CHEESE WITH BACON Macaroni pasta in a creamy cheese sauce, topped with cheese & bacon, baked in our pizza oven	99
CHICKEN AL FORNO Grilled chicken & mushrooms, pan fried in a combination of Napoletana & cream sauce, then baked in the oven with mozzarella cheese	105
MELANZANO (V) Baked brinjal topped with spinach, feta & mozzarella in a napoletana sauce & baked in the pizza oven, served with crispy bread	99

BURGERS

All dishes served with a choice of mash potatoes, rice, chips, sweet potato chips, vegetable or salad

BEEF BURGER 200g pure beef patty on a bed of lettuce, tomato & onion, garnished with onion rings	95
CHEESE BURGER 200g pure beef patty topped with cheddar cheese, served on a bed of lettuce, tomato & onion, garnished with onion rings	108
BACON & CHEESE BURGER 200g pure beef patty yopped with bacon and cheddar cheese, served on a bed of lettuce, tomato & onion, garnished with onion rings	115
BACON & JALAPEÑO BURGER 200g pure beef patty, crispy bacon, sliced jalapeno chillies & feta, served on a bed of lettuce, tomato & onion, garnished with onion rings	118
BUNLESS BURGER 200g pure beef patty topped with avo & bacon served on a black mushroom base, lettuce, tomato, onion & served with zucchini fries	115
CHORIZO & AVO BURGER 200g pure beef patty topped with spicy chorizo sausage & avo, garnished with onion rings	119
BLUE CHEESE BURGER 200g pure beef patty topped with blue cheese and bacon, garnished with onion rings	110
CHICKEN, HALLOUMI & AVO BURGER Tenderised chicken breast, fried or grilled, topped with halloumi & avo, garnished with onion rings	110
CHICKEN BURGER Tenderised chicken breast on a bed of lettuce, tomato & onion, garnished with onion rings	95



SHAWARMA

SHAWARMA
Beef or chicken shawarma accompanied by warm pita bread, hummus, tzatziki, sliced cabbage, fresh tomato salsa

Beef fillet	115
Chicken fillet	105

PREGOS

STEAK PREGO ROLL Sirloin steak marinated in our secret prego sauce	89
Add egg	6
CHICKEN PREGO ROLL Chicken breast marinated in our secret prego sauce	85

CHICKEN

PORTUGUESE CHICKEN Full chicken grilled in either lemon & herb or peri-peri	155
CHICKEN CURRY Traditional Indian style curry, de-boned chicken prepared with deep flavours of cumin, curry leaves & coriander	99
DRUNKEN CHICKEN A Tjirkos family favourite, pan fried chicken breast, sauteed in a creamy mushroom & onion sauce, flamed with Ouzo	115
CHICKEN SCHNITZEL Crumbed and lightly pan fried, served with your choice of cheese or mushroom sauce	115
GRILLED CHICKEN BREASTS Grilled chicken breasts prepared with either a lemon herb or peri-peri sauce	99

MEAT

STEAK, EGG & CHIPS Your choice of steak topped with prego sauce & a fried egg	
Rump 300g	155
Sirloin 300g	155
Fillet 250g	189
LAMB CHOPS Greek style lamb chops with origanum & lemon	179
OXTAIL Braised oxtail, cooked to perfection, served with rice & vegetables	260
PORK CHOPS TRANTINO Crumbed pork chops, served with salsa, basil, pesto & melted mozzarella	130

FROM THE GRILL

Prepared with basting or steak rub

Sirloin 200g	115
Rump 300g	145
Sirloin 300g	145
Fillet 250g	179
T-Bone 500g	179
BBQ Pork Ribs 600g	229

SEAFOOD

Available grilled, fried or Cajun style

CALAMARI (Falklands) Lightly grilled & drizzled with lemon & butter sauce	189
HAKE Grilled or fried, served with tartar sauce	115
GRILLED KINGKLIP Grilled, herbed lemon kingklip	189
GRILLED SALMON Fresh Norwegian salmon, lightly seasoned with seven spice, served with Teriyaki sauce on the side	230
10 QUEEN PRAWNS Grilled, served with lemon butter or peri-peri sauce	219
SEAFOOD PLATTER FOR 2 10 queen prawns, a portion of grilled Calamari, a portion of crispy squid heads, mussels & a portion of grilled herbed lemon hake	490