

STARTERS



SNAILS	R40.00
Lightly sautéed in garlic butter & herbs, served with rustic bread.	
SNAILS Cheesy Garlic	R45.00
[Our classic snails with cheesy sauce]	
SNAILS Roquefort	R48.00
[Our classic snails with Roquefort]	
CALAMARI	R48.00
Delicate crispy fried or flash grilled, with garlic & lemon sauce.	
CALAMARI HEADS	R42.00
Tender heads crispy fried or flash grilled, with garlic & lemon sauce.	
SHRIMP COCKTAIL	R38.00
Poached shrimp with crispy cucumber, roasted Pepperdews & delicate dressing.	
OYSTERS	SQ
West Coast oysters on ice with fresh lemon, pepper sauce & fresh cracked black pepper.	
PRAWN CURRY	R55.00
Spiced prawns drenched in Cape Malay curry sauce, served with rustic bread.	
FRENCH MUSSELS	R40.00
Freshly steamed mussels in a creamy garlic & wine sauce, served with rustic bread.	
TUSCAN MUSSELS	R40.00
Freshly steamed mussels in a tomato & herb sauce, served with rustic bread.	
ROQUEFORT MUSSELS	R43.00
Freshly steamed French mussels smothered in Roquefort cheese, with rustic bread.	
CRISPY CHICKEN STRIPS	R40.00
Delicately fried crumbed chicken, served with either BBQ, Perinaise or Sweet chilli sauce.	
TRINCHADO	R45.00
Tender cubes of marinated rump, sautéed in a spicy garlic cream sauce.	
PERI-PERI CHICKEN LIVERS	R36.00
Lightly spiced livers finished in a creamy hot or mild peri-peri sauce, with a crispy roll.	
SPANISH SKEWERS	R42.00
Spicy Chourico & smokey pork smothered in spicy BBQ & served with sautéed Spanish potatoes	
CRUMBED MUSHROOMS	✓ R38.00
Lightly seasoned fried button mushrooms, served with creamy garlic & lemon sauce.	
BILTONG MUSHROOMS	R50.00
Sautéed garlic & herb mushrooms smothered in melted cheddar & biltong slices.	
BACON WEDGES	R42.00
Crispy spiced potato wedges served with melted cheddar & crispy bacon bits.	
CHEESY NACHOS	R45.00
Crispy chips layered & smothered in cheddar, with Mexican salsa, guacamole & sour cream.	
HALLOUMI	✓ R39.00
Halloumi strips lightly coated & fried, drizzled with sweet chilli sauce.	



PASTA



BOLOGNAISE

Our signature home made & slow cooked to perfection Bolognese sauce.

R80

TUSCAN SEAFOOD

Tender calamari, mussels, clams & prawns sautéed in our authentic Italian tomato & herb sauce.

R90

ALFREDO

Gypsy ham & rosemary mushrooms sautéed in a creamy Parmesan sauce.

R80

SPINACH & MUSHROOM

Delicately grilled rosemary mushroom & creamy spinach sauce.

R75

TUSCAN MEATBALLS

Our authentic Italian meatballs drenched in a delightful tomato & herb sauce.

R85

CREAMY CHICKEN LIVERS

Creamy peri-peri chicken livers sautéed to perfection in our delicate mild or hot sauce, topped with roasted tomatoes.

R75

CHICKEN ARRABBIATA

Delicate chicken & a symphony of tomato, garlic, basil & chilli combined to make our fragrant Arrabbiata sauce.

R75

FRENCH SEAFOOD

Calamari, clams, mussels & succulent prawns sautéed in a delicate creamy prawn bisque.

R90



GOURMET GREENS



GREEK

Our signature greens topped with creamy Danish feta, calamata olives, rosa tomatoes.

R60

ROQUEFORT

Medley of greens lightly tossed in herbed olive oil topped with creamy blue cheese, succulent seasonal berries accompanied by a light balsamic reduction.

R65

CORNERSTONE

Symphony of mixed greens topped with crispy bacon bits, succulent grilled lemon & herb chicken breast & cheddar cheese.

R65

NORWEGIAN

Delicately smoked salmon layered upon our medley mixed greens.

R75

SHRIMP

Our signature greens topped with our delicately seasoned tender shrimp accompanied by slithers of cucumber & Pepperdews. Tangy 1000 island dressing served on the side.

R70

REEF

Grilled prawns & tender calamari upon a medley of mixed greens lightly tossed in a delicate Asian dressing.

R80

ASIAN CHICKEN

Delicately marinated chicken strips sauteed to perfection, tossed in a symphony of greens & topped with Asian noodles.

R65

CYPRIT

Grilled haloumi & roasted Pepperdews accompanied by a medley of mixed greens.

R65



OCEAN CATCHES



Choice of rice, chips, baked potato, mash, potato wedges. Substitute our roasted veg & creamed spinach or salad for your starch @ R8 extra

	SML Hake	LRG Hake	Sole	Kingklip
CLASSIC FISH Delicately grilled or crispy fried fish fillet	62	85	95	145
CHEESY PEPPER Delectable fish fillet grilled & topped with cheesy lemon pepper & melty cheese	82	105	115	165
THERMIDOR Tender grilled fish fillet smothered in our famous thermidor sauce & melty cheese	82	105	115	165



CALAMARI

Succulently grilled with lemon & garlic or crispy fried to perfection, accompanied by either lemon butter, garlic butter or peri-peri sauce.

R120

CALAMARI STEAKS

Tender calamari steaks grilled with lemon & garlic or crispy fried to perfection, accompanied by either lemon butter, garlic butter or peri-peri sauce.

R90

SCAMPI

Lightly seasoned crumbed or battered prawns fried till golden & crispy

R125

OCEAN CATCHES



PRAWNS

6	x Prince	R90
12	x Prince	R170
18	x Prince	R250
24	x Prince	R325
6	x Queen	R110
12	x Queen	R210
18	x Queen	R310
24	x Queen	R410
6	x King	R150
12	x King	R295
18	x King	R435
24	x King	R580

OCEAN PLATTERS

Choice of rice, chips, baked potato, mash, potato wedges. Substitute our symphony of roasted veg & creamed spinach or salad for your starch @ R8 extra

MINI SEAFOOD R125

Grilled linefish, tender calamari, succulent prawns [3] & mussels.

ATLANTIC R135

Succulent Prawns [6] & tender calamari, grilled to perfection served with either lemon butter, garlic butter or peri-peri.

TREASURE CHEST R150

Succulent prawns [4], tender calamari, mussels & flaky hake.

MERMAIDS R195

Tender calamari, succulent prawns [4], grilled sole & Kingklip with scrumptious mussels.

DEEP SEA [serves 2] R300

Succulent Prawns [8], served with our calamari trio [calamari steaks, rings & heads.

BARRIER REEF [serves 4] R720

4 succulent king prawns, 16 medium prawns, grilled linefish, tender grilled calamari, 4 east coast soles & garlic mussels.

MOZAMBICAN PLATTER FOR 2 R220

Succulent chicken in lemon & herb or peri-peri. Chorizo and prawn skewers, Mussels, tender calamari with seafood rice and a small salad.

HAKE & CALAMARI PLATTER R120

Tender hake, grilled or fried, with succulent grilled or fried calamari.

SOLE & PRAWNS R140

2 grilled East Coast soles and 4 succulent prawns.



OCEAN PLATTERS



Add a little extra ...

3 succulent Prince prawns	R40	3 Delicious mussels	R14
3 succulent Queen prawns	R50	Calamari side	SQ
3 succulent King prawns	R70	Golden chips	R15
Sole [small]	R40	Potato wedges	R13
Hake [small]	R48	Savoury rice	R10
Vegetables	R25	Crunchy garlic roll	R10
Onion Rings	R12	Cheesy garlic roll	R18
Linefish	SQ	Baked potato	R13
Lobster	SQ	Buttered roll	R6

MEAT LOVERS



Choice of rice, chips, baked potato, mash, potato wedges. Substitute our roasted veg & creamed spinach or salad for your starch @ R8 extra

	RUMP FILLET			
	200g	300g	200g	300g
CLASSIC STEAK Matured rump or fillet, flame grilled & basted with our famous BBQ sauce.	80	115	100	145
GARLIC & MUSHROOM Flame grilled steak topped with rosemary mushrooms & creamy garlic sauce.	100	135	120	165
MUSHROOM CHEESE Flame grilled steak topped with rosemary mushrooms & smothered in melty cheddar.	105	140	125	170
CHEESY SWEET CHILLI Tender grilled steak smothered in melty cheddar & drizzled with tangy sweet chilli.	100	135	120	165
BILTONG & CHEESE Flame grilled steak smothered in melty cheddar, topped with freshly sliced biltong.	110	145	130	175
PEPPERDEW ROQUEFORT Flame grilled steak covered in fragrant roquefort cheese sauce, topped with roasted Pepperdew.	100	135	120	165
GOURMET STEAK Tender grilled steak smothered in caramelized onion, crumbly blue cheese & delicately drizzled with Port wine sauce.	100	135	120	165
STEAK & CALAMARI Matured steak grilled to perfection, served with tender calamari, fried or flash grilled.	130	160	150	195
STEAK & PRAWN Tender grilled steak accompanied by succulent prawns.	130	165	150	195
JUICY RIBS & STEAK Flame grilled steak & smokey BBQ ribs cooked to perfection.	145	175	165	210
BEEF & REEF Delectable steak with succulent prawns & tender calamari fried or flash grilled.	180	210	200	245
ESPETADA Spiced & marinated steak cubes flame grilled to perfection & drizzled with garlic butter.	85	120	105	150
BEEF SCHNITZEL Tender steak crumbed & crispy fried, accompanied by one of our delicious sauces.	90	125	110	155

RIB EYE STEAK

400g Flame grilled rib eye steak basted in our famous BBQ sauce.

R140

T-BONE STEAK

400g T-Bone steak basted & grilled to perfection.

R120

TRINCHADO MAIN

Marinated steak cubes, finished in spicy garlic cream sauce. [HOT or MILD]

R85



SAUCES

R15

Three Cheese
Creamy Garlic
Black Pepper
Spicy Peri-Peri
Creamy Mushroom
Monkey Gland
Cape Malay Curry
Sweet Chilli
Tangy Roquefort

OFF THE GRILL



Choice of rice, chips, baked potato, mash, potato wedges. Substitute our symphony of roasted veg & creamed spinach or salad for your starch @ R8 extra

CHICKEN SCHNITZEL

R75

Tender chicken breast delicately crumbed & crispy fried.

CHICKEN CORDON BLEU

R90

Succulent chicken fillet overflowing with ham, rosemary mushrooms & 3 cheeses, crumbed & fried. Accompanied by our symphony of vegetables.

CHICKEN KIEV

R85

Delectable chicken fillet stuffed with creamy spinach & Danish feta. Crumbed & golden fried. Accompanied by our symphony of vegetables.

CHICKEN & CALAMARI

R115

1/2 Flame grilled spring chicken basted in lemon & herb or peri-peri. Accompanied by tender calamari grilled to perfection or golden fried.

CHICKEN & PRAWNS

R125

1/2 spring chicken & grilled prawns basted in lemon & herbs or peri-peri with our succulent Mozambican prawns grilled to perfection.

WHOLE SPRING CHICKEN

R100

An entire spring chicken basted in lemon & HERB or peri-peri, grilled till perfectly done on open flame.

CHICKEN & PORK RIBS

R125

1/2 Flame grilled spring chicken basted in lemon & herb or peri-peri, accompanied by our mouth watering BBQ spare ribs.

1/2kg PORK RIBS

R125

Basted in your choice of BBQ or monkey gland sauce.

1kg PORK RIBS

R250

Flame grilled & basted in BBQ or monkey gland sauce.

PORK RIBS & CALAMARI

R140

BBQ ribs & tender calamari grilled or fried till golden

PORK RIBS & PRAWN

R150

Our famous BBQ ribs served with delectably grilled prawns

SMOKED EISBEIN

R130

Smoked pork hock cooked to perfection, flame grilled & basted in our signature sauce. Served with roasted vegetables & your choice of starch.



DESSERTS



LEMON PAVLOVA

R35

Crispy meringue base smothered with tart lemon curd & whipped cream sprinkled with crispy biscuit & lemon zest.

PEPPERMINT CARAMEL CRISP

R42

Decadent layers of crunchy peppermint, biscuit & caramel cream, topped with crisp honeycomb.

CAFE CHOCOLATE MOUSSE

R48

Decadent coffee liqueur chocolate mousse & divine chocolate shards.

TRADITIONAL APPLE CRUMBLE

R40

Scrumptious baked apples topped with our rich buttery crumble.

TRIPLE CHOCOLATE BROWNIE

R45

Rich, velvety baked chocolate brownie.

MALVA PUDDING

R38

Delicate warm sponge infused with aromatic flavours.

BERRY PAVLOVA

R42

Crisp meringue topped with fresh cream & seasonal berry bliss.

ITALIAN KISSES & ICE CREAM

R38

Elegant hazelnut ice cream covered in silky smooth chocolate.

PANCAKE SUPREME

R40

Fluffy pancake served with homemade strawberry compote & cream or ice cream.

SAUCY FRENCH VANILLA

R35

Creamy French vanilla ice cream finished off with our decadent chocolate sauce [hot/cold]

