

Vitamin C Boost

succulent citrus fruit, passion fruit, chia pudding

Bircher Muesli

oats, yogurt & apple muesli , fresh fruit, sweet dukkah

Granola

greek yogurt with île de pain granola, fresh fruit & raw honey

Nutty Coco

banana, cocoa, hemp, chia, maca, peanut butter & nut milk smoothie

Daily Bread

today's bread basket is a variations of today bake

Bread Boards

butter + preserve (choose one from companio, whole grain, baggata or rye)

Îdp Ham & Cheese

toasted ham and cheese

French Toast

brioche french toast, berry compôte, mascarpone cream

Boatshed Breakfast

soft boiled egg, baguette soldiers, butter, preserve, coffee

Sîmple Scrambled

creamy scrambled eggs... au naturel; add companio toast

Soup Of The Day

a hearty bowl of soup with artisan bread

O For Olive Platter

olives, olive chutney, olive marmelade, olive tapenade, cheese, breads

Awesomoosa Rolls

curry mince springrolls with banana raita, tomato katchumber, pineapple chutney

Wild Rice Bowl

wild rice, quinoa, kale, brussel sprouts, pak choi, coconut sambal, soft boiled egg

Quinoa & Kale Tabbouleh

butternut, herbs, sunflower seeds, cranberries, pomegranate & tahini dip

Roasted Cauliflower Salad

roasted cauliflower, sweet potato puree, zucchini salad, pine nuts, raisins, olives, agrodolce vinaigrette

Butternut & Chickpea Croquettes

butternut & chickpea croquettes, orange jelly, tomato salsa, orange and fennel salad

Chicken Skewer

add caramelized chicken breast skewer to any of the above salads

Ídp Classic Ham & Cheese

gypsy ham & farm cheese toasted on focaccia, with our own potato crisps

Clean Green

nut & seed flatbread, avo, sweet pea hummus vegetable ribbons, apple, rocket & sprouts

Roast Beef

rare roast beef, aubergine pahi, horseradish aioli + rocket on companio bread

Super Scrambled

companiono toast, creamy scrambled eggs and farmstyle back bacon

Two Perfect Poached Eggs

au naturel; add companiono toast; and farmstyle back bacon

Keep It Simple

two poached eggs, bacon and toast

Croissant Egg Bacon

croissant, scrambled egg, bacon

Croissant Egg Salmon

croissant, scrambled egg, salmon

Clean Green

nut and seed flatbread, avo salsa, vegetable ribbons, apple, rocket & sprouts

Wild Rice Bowl

wild rice, quinoa, kale, brussels, pak choi, coconut sambal, soft boiled egg

Guacamole Toast

with goats cheese, avo salsa, micro greens, olive oil, za'atar; add a poached egg

Green Envy

creamy scrambled eggs, rocket, pesto, pumpkin seeds & shave parmesan on whole grain bread

Mexican Toast

spicy mexican beans, bacon, crème fraiche, avo, tomato salsa and a poached egg on toast

Max

toasted ham & cheese, poached egg & mushroom sauce

Blissed Out

toast, warm spinach & sweet red onion salad, creamy mushrooms, 2 poached eggs; add bacon

Pissaladiere

crispy flatbread, soft cheese, caramelized onion, kalamata olives + rocket

Pissabianca

crispy flatbread, mushrooms, mozzarella, shaved parmesan, rocket & truffle oil

Pissadeluxe

crispy flatbread, smoked salmon, capers, peppedews, herbs, & lemon

Ídp Beef Burger

house made patty, with tomato relish, crispy onions on our own sesame bun

Dragon Burger

house made patty, bhutanese chili cheese on our own sesame bun with potato skins

Sirloin

organic beef sirloin, caramelized onions, mustard butter on bagatta, balsamic cherry tomatoes

Duck Confit

duck leg confit, pear and onion tart, blue cheese salad, quince & kumquat compote

Filled Flatbread Sandwiches

Salad Bowls

Superfood Smoothies

Croissants And Pastries

Cakes And Cookies

Mineral Water, Juices, Kombucha, Coconut Water

Coffee, Tea And Chocolate