

## TRADITIONAL BREAKFAST

86

### **FARMHOUSE**

Two fried eggs, bacon, country pork sausage, grilled halloumi, roasted tomato & toast.

74

### **VEGETARIAN**

Two fried eggs, grilled brinjal, roasted tomato, grilled halloumi, sautéed herbed mushrooms, potato & zucchini rosti & toast.

40

### **SCRAMBLED EGGS**

Creamy scrambled eggs on village bread or low GI.

78

### **FRENCH TOAST**

With caramelised banana, roasted almonds, bacon, grilled tomato & crispy prosciutto.

60

### **CAJUN SCRAMBLED EGGS**

With chopped avocado, pepperdews & low GI toast.

99

### **CIRCUS CIRCUS**

Two fried eggs, crispy bacon, grilled tomato, creamed mushrooms, country pork sausage, potato & zucchini rosti, grilled banana & toast.

40

### **ONE EGG ACT**

One fried egg, bacon, grilled tomato & toast.

77

### **LAMB SAUSAGE BREAKFAST**

Two fried eggs, lamb sausage, sautéed herbed mushrooms, grilled tomato & toast.

## SPECIALITIES

79

### **EGGS BENEDICT**

Toasted English muffin, black forest ham, two poached eggs & hollandaise.

79

### **CANADIAN STACK**

A hot griddled stack of flapjacks, crispy bacon, banana, two fried eggs & warm maple syrup.

85

### **PULLED PORK BENEDICT**

Two poached eggs, pulled pork belly, hollandaise, toasted English muffin, grated apple & corriander slaw.

79

### **THE SPANISH BEAN**

Bean, corn & bacon lardons tossed in a tomato chutney topped with two poached eggs and served on low GI.

119

## **EGGS ONASIS**

Smoked salmon, two poached eggs, hollandaise & a toasted English muffin.

76

## **SPICY CHICKEN LIVERS**

With peri peri sauce, two poached eggs on a toasted ciabatta.

80

## **THE CALIFORNIAN**

Smashed avocado & feta on low GI toast with bacon, onion, parsley, cherry tomato, lemon zest & sundried tomato..

## **OMELETTES**

Traditional 3 egg omelette - standard or egg white.

84

## **LORRAINE**

Crispy bacon, mature cheddar, cherry tomatoes, & melted onions.

80

## **THE MEDITERRANEAN**

Seasonal Mediterranean vegetables & parmesan.

119

## **FRANSCHHOEK**

Deconstructed: smoked salmon, avocado & cherry tomatoes.

## **HEALTHY**

74

## **NIGELLA'S GRANOLA**

Seasonal fruit, home-made toasted granola, double thick Greek yoghurt & the honey pot.

57

## **BREAKFAST BANANA SPLIT**

Toasted granola, maple syrup, roasted almonds & double thick Greek yoghurt.

49

## **TRADITIONAL OATMEAL**

Low GI oats, honey, toasted almonds & seasonal fruit.

115

## **SMOKED SALMON ON RYE**

With avocado & chunky cottage cheese.

## **CROISSANTS**

42

## **PLAIN CROISSANT**

With traditional preserves & butter.

75

## **CIRCUS CROISSANT**

Served with creamy scrambled eggs & crispy bacon.

57

## **NUTELLA CROISSANT**

With Nutella hazelnut chocolate spread.

119

## **SCANDINAVIAN**

Smoked Norwegian salmon & creamy scrambled eggs.

## **SALADS**

99

### **BACON, AVOCADO & ALMOND**

Seasonal leaves, crispy bacon, avocado, roasted almonds and a honey mustard dressing.

99

### **CAJUN CHICKEN & AVOCADO**

Marinated grilled chicken breast, avocado, cherry tomatoes, cucumber ribbons, carrot julienne and a Cajun chilli dressing.

92

### **BEETROOT & GOATS CHEESE SALAD**

Mixed Asian leaves, red onion, pecan nuts, oven-roasted beetroot and goats' cheese.

99

### **TROPICAL HEAT SALAD**

Seared Falklands' calamari, ginger, chilli, salad leaves, pineapple, avocado and an Asian-inspired dressing.

92

### **COUS COUS SALAD**

Honey roasted butternut and sweet potato, beetroot, feta, mint, seasonal leaves, pumpkin seeds and a spicy Moroccan dressing.

## **CIABATTA**

117

### **NEW YORKER**

Norwegian smoked salmon, black pepper, sliced avocado, dill, cream cheese, capers and lemon.

89

### **MEDITERRANEAN**

Marinated Greek vegetables, rocket, hummus, calamata olives and tzatziki.

95

### **THE WORKS**

Grilled chicken, mayonnaise, herb pesto, onion marmalade, grated mozzarella, vine tomatoes and rocket.

99

### **CHICKEN, BACON & AVO**

Grilled chicken, crispy bacon, wild rocket, avocado and a honey and mustard dressing.

## **QUESADILLA**

89

### **VEGETARIAN**

Corn, chickpeas, butter and red kidney beans, cheddar, coriander, tomato chutney served with guacamole.

99

### **CAJUN CHICKEN**

Cajun chicken breast, peppadews, feta, mozzarella, jalapenos and cherry tomato, served with guacamole.

99

### **PULLED PORK**

Shredded braised pork shoulder dressed with lemon and coriander, cheddar, rocket, red onion, peppers, served with guacamole.

## **WRAPS**

94

### **HONEY ROASTED BUTTERNUT**

Butternut, feta, hummus, rocket, avocado, onion marmalade and herb pesto.

99

### **PULLED PORK**

Pulled pork belly, rocket, cranberry & apple slaw.

107

### **GRILLED CHICKEN**

Char-grilled chicken, crispy bacon, avocado, green salad and basil pesto.

## **TOASTED SANDWICHES**

52

### **Farmhouse Cheddar & Tomato**

58

### **Black Forest Ham & Cheddar**

62

### **Bacon & Avocado**

60

### **Chicken Mayonnaise**

62

### **Chicken & Peri Peri Mayonnaise**

59

### **Crispy Bacon & Egg**

58

### **Cheddar & Sautéed Mushrooms**

79

### **Chicken Mayonnaise, Crispy Bacon & Pickled Gherkin**

83

### **Chicken Curry & Sambals**

64

### **Melted Mozzarella, Charred Red Peppers & Basil**

53

### **Egg mayonnaise and gherkin**

98

### **Circus Club**

Grilled chicken breast, crispy bacon, tomato, salad leaves, pepperdew and egg mustard mayonnaise.

*Served with matchstick fries. White, Brown or Rye (extra R4)*

## STARTERS

67

### **CRUMBED BUTTON MUSHROOMS**

With a wild rocket & parmesan salad.

85

### **CAPE MALAY MUSSEL POT**

Fresh mussels simmered in traditional West Coast creamy curry sauce and crostini.

76

### **CIRCUS NACHOS**

Corn chips, melted cheese, sour cream, guacamole, Jalapeño salsa and cilantro.

*Add chicken 27*

85

### **CRISPY SQUID & PRAWNS**

Falkland Island squid heads, crumbed deep-fried prawns, lemon, chilli and tomato relish.

70

### **PERI PERI CHICKEN LIVERS**

Sautéed chicken livers, chunky tomato, chilli and toasted country bread.

76

### **LEMON PEPPER CALAMARI**

Flash-fried, with a chilli-lime mayo.

## BURGERS

*With fries. Onion rings available for R15 extra.*

94

### **FLAME GRILLED**

200g flame grilled beef burger, pepperdew mayo relish and gherkins.

149

### **THE MOTHER OF ALL BURGERS**

Two prime beef patties, cheddar, a fried egg, crispy bacon, caramelised onion relish, cherry tomatoes and rocket.

99

### **CHICKEN & JALAPEÑO**

Grilled chicken, red onion and chill mayo.

117

### **CHEESE & BACON BURGER**

Char-grilled beef patty, farmhouse cheddar, cherry tomatoes and a pepperdew mayo relish.

120

### **CRISPY BACON & GORGONZOLA**

200g prime beef, gorgonzola, red onion marmalade, crispy bacon and rocket.

99

### **PULLED PORK BURGER**

Grilled pineapple, rocket, apple chutney and mustard mayo.

## **PASTAS**

Tagliatelle, penne or spaghetti. Gluten free available for R14 extra.

142

### **PASTA E GAMBERI PICCANTI**

Prawns, chilli, tomato, mint, lemon zest and extra virgin olive oil.

87

### **ROSSO POMODORO**

Cherry tomatoes, sautéed mushrooms, Kalamata olives, garlic, basil and a Napolitana sauce.

109

### **BUTTER CHICKEN CURRY**

Rich, creamy Kashmiri curry with ghee and dhania.

149

### **CREAMY SPICED PESCATORE**

Seafood, oven roasted tomatoes, chilli, cream and rocket.

107

### **CREAMY LEMON CHICKEN**

Sautéed chicken, onion, garlic, fresh lemon & capers in a rich creamy sauce.

107

### **SPICY PORTUGUESE**

Marinated chicken breast, creamy prego sauce, paprika and fresh coriander.

112

### **PESTO CHICKEN & BACON**

Sautéed chicken breast, herb pesto, bacon and garlic.

*Creamy Option 122*

105

### **TRADITIONAL ALFREDO**

Sautéed mushrooms, smoked ham, cream, white wine and rocket.

*Chicken Option 109*

## **VEGETARIAN**

88

### **VEGETABLE BURGER**

House-made chickpea, lentil, butternut and sweetcorn burger, tomatoes, caramelised onions and mushrooms with fries.

130

### **VEGETARIAN MEZZE**

A platter of Spanakopita, grilled halloumi, cherry tomatoes, mushrooms “a la grecque”, calamata olives, various dips and grilled flatbread.

97

### **VEGETABLE CURRY**

Malay-styled butternut and chickpea curry, dhania, atchar, savoury rice and naan bread.

## THE BUTCHER

174

### **FILLET**

250G

159

### **RUMP**

300G

179

### **T-BONE**

500G

26

### **STEAK ENHANCEMENTS**

Green Peppercorn Sauce, Mushroom Sauce, Prego Sauce, Cheese Sauce.

167

### **OXTAIL**

Oxtail, red wine, seasonal vegetables and mashed potato.

199

### **STICKY BBQ RIBS**

500g of the finest pork spare ribs, marinated and char-grilled, with French fries.

197

### **3 HOUR LAMB SHANK**

Lamb shank slow-cooked with rosemary, red wine and vegetables. Served with creamy garlic mashed potato and Mediterranean vegetables.

189

### **FLAMBÉED FILLET**

With wild mushroom sauce and fries.

169

### **GRILLED LOIN CHOPS**

Lamb chops marinated in olive oil, lemon juice, garlic and rosemary with herb pesto mash and roasted vegetables.

## CHICKEN DISHES

172

### **MOZAMBICAN GRILL**

Whole marinated spatchcock chicken, peri peri sauce and fries.

*Half portion 119*

123

### **SCHNITZEL**

Crumbed chicken breast, rocket, lemon and a sauce of your choice.

127

### **BARBADIAN CHICKEN**

Chicken breast marinated in garlic, ginger & fresh red chilli, grilled and served with mashed potato, avocado and pineapple salsa.

## SEAFOOD

179

### **MADAGASCAN KINGKLIP**

Grilled kingklip, Madagascan green peppercorn sauce, mashed potato and parsley.  
345

### **SYMPHONY PLATTER**

8 queen prawns, grilled calamari, fresh line fish, Cape Malay style mussels with savoury rice and lemon wedges.

189

### **MOZAMBICAN PRAWNS**

8 queen prawns flambéed on the grill with Mozambican sauce and French fries or savoury rice.

139

### **GRILLED CALAMARI**

Tender calamari tubes lightly grilled with lemon or garlic butter and French fries.

107

### **THAI FISH CAKES**

Crumbed, flash fried and served with a Thai chilli soy sauce.

99

### **HAKE & CHIPS**

Hake fillet grilled in butter, with tartar sauce and French fries.

## COMBINATION MEALS

197

### **FOUR AND A HALF**

Half Mozambican peri peri chicken and 4 queen prawns.

229

### **MOZAM SURF & TURF**

250g flame grilled fillet and 4 queen prawns with prego sauce.

215

### **THE CHICAGO GRILL**

Sticky spare ribs and a half peri peri chicken.

## SPICY DELIGHTS

122

### **KASHMIRI CURRY**

Chicken curry, savoury rice, sambals, achar and a poppadum.

159

### **NORTH INDIAN LAMB**

Lamb curry, savoury rice, sambals, achar and a poppadum.

168

### **SPICY SEAFOOD PAELLA**

Chicken, various seafoods, spicy Spanish rice, peas and coriander.



## DESSERT

59

### **MOLTEN CHOCOLATE PUDDING**

With vanilla ice cream and roasted almonds.

60

### **CRÉME BRÛLÉE**

Traditional vanilla creme brulée with caramelised sugar brittle.

60

### **VANILLA PANNA COTTA**

With a seasonal berry coulis.

59

### **BREAD & BUTTER PUDDING**

With a soft-centred meringue.

## COFFEE

22 single / 26 double

### **Espresso**

26 single / 30 double

### **Cappuccino**

23 single / 27 double

### **Americano**

24 single / 28 double

### **Macchiato**

26 single / 30 double

### **Cortado**

28 single / 32 double

### **Latté**

33 single / 37 double

### **Flavoured Latté**

33

### **Cappuccino Mug**

## FRUIT SMOOTHIES

41

### **Mixed Wild Berries and Apple**

41

### **Passion Fruit**

40

### **Mint Lemonade Crush**

## YOGHURT SMOOTHIES

41

### **Banana and Peanut Butter**

41

### **Banana and Berry**

## DECADENT SMOOTHIES

43

**White Chocolate, Strawberry & Coconut**

43

**Banana, Almond, Chocolate & Ice Cream**

42

**Coffee Freezo**

## FRESHLY SQUEEZED

39

**Orange / Carrot / Pineapple**

or Seasonal Cocktail

## OTHER JUICES

33

**Mango**

39

**Cranberry**

## SPECIALITY JUICES

43

**GREEN JUICE**

Spinach, Apple, Cucumber, Lemon, Ginger

43

**YELLOW JUICE**

Pineapple, Apple, Orange, Mint, Ginger

45

**RED JUICE**

Beetroot, Apple, Celery, Orange & Carrot

## ICED TEAS

28

**BOS ICE TEA**

Lemon, Peach, Apple, Berry, Yuzu, Sparkling Lemon

30

**BOS ICE TEA**

Lime & Ginger

## SODAS & SOFT DRINKS

24

**330ml Cans**

29

**Appletiser, Grapetiser**

22

**Water - Still or Sparkling**

40

**Franschhoek Spring Water 750ml**

23

**Fitch & Leedes Mixers**

## SHAKES

36

### **REGULAR SHAKES**

Vanilla, Strawberry

*Make it Double Thick (add R9)*

*Make it a Large (add R10)*

38

### **REGULAR SHAKES**

Bar-One, Peanut Butter, Salted Caramel

*Make it Double Thick (add R9)*

*Make it a Large (add R10)*

39

**Oreo**

## TEAS & MORE

23

**Regular Tea (Five Roses)**

24

**Earl Grey**

24

**Herbal or Green Tea**

24

**BOS Organic Rooibos**

25

**Red Espresso**

27

**Red Cappuccino**

29

**Red Latté**

34

**Bar One Chocolate Hottie**

35

**Spiced Chai Hottie**

35

**Nutella Hazelnut Hottie**

35

**Chococcino**

33

**Hot Chocolate**

33

**White Hot Chocolate**

41

**Decadent Hot Cacao**

32

**Milo**