# THYM, <br> 8 <br> 4 GAIN 

Everything on the menu is subject to availability

## ALL DAY BREAKFAST

## 1 SCRAMBLED EGGS

Free range scrambled eggs
(3) with fresh herbs, served with toast, jam \& butter

## 2 FARM OMELETTE

Free range eggs (3) with a choice of feta, mozzarella or cheddar cheese, served with toast, jam \& butter

## 3 VEGAN OMELETTE ${ }^{\text {vN }}$ GF

Chickpea flour, turmeric, nutritional yeast \& fresh herbs
Now, add any fillings of your choice
4 FILLINGS each, priced at
Olives, spring onion, chopped tomato, spinach
5 FILLINGS each, priced at
Ham, cheese, baby marrow, grilled aubergine
6 FILLINGS each, priced at
24
Streaky bacon, mushrooms, basil pesto, grilled chicken, avo

## 7 HEALTHY BOWL

79
Organic muesli, natural yogurt, seasonal fruit \& toasted seeds

598 SHAKSHUKA
Free range eggs (2) poached in a tomato \& sweet pepper sauce, topped with mozzarella or feta, served with toast \& butter

9 SUPER FARMHOUSE
Free range eggs (2), streaky bacon, boerewors, grilled tomato, potato hash squares, served with toast, jam \& butter

## 10 MINI FARMHOUSE

Free range eggs (2), streaky bacon (2), chips, served with toast, jam \& butter
11QUINOA\&POACHEDEGGS ${ }^{\text {GF }} 80$
Quinoa patties, topped with spinach, avo \& poached free range eggs (2), with aromatic herbed yoghurt, spicy sesame drizzle \& a sprinkle of pumpkin seeds

## 12 THE MASH ${ }^{\text {GF }}$

Chunky avo, spring onion, chopped tomato \& fresh coriander with poached free range eggs (2) and crispy streaky bacon

## ANY THYME, ALL THE THYME

CHEF'S RECOMMENDATIONS

## 13VEGGIE OPEN OMELETTE ${ }^{\text {GF } 89}$

Free range eggs (3), spicy tomato sauce, grilled baby marrow, mushrooms, red onions, olives \& feta

## 14WURSTOPENOMELETTE ${ }^{\text {GF }} 96$

Free range eggs (3), spicy tomato sauce, grilled bockwurst, streaky bacon \& mozzarella

## 15 FALAFEL $v n$

Chickpea balls in a pita with tahini dressing, chopped salad, pickle \& aubergine

## 16 QUICHE

With light salad or chips

- Caramelized onion, mushroom, cheese - Bacon, chicken, mushroom, cheese


## 17 NO-PASTRY QUICHE ${ }^{\text {GF }} 60$

Bacon, chicken, mushroom, cheese served with light salad or chips

## 18 QUINOA CUP ${ }^{\text {GF }}$

With light salad or chips

- Butternut, caramelized onion, pumpkin seeds, feta
- Bacon, cheese, tomato


## 19 TOASTED PITA

## 20 CHICKEN STRIPS

 64Battered chicken strips served with a light salad or chips

HOMEMADE GLUTEN FREE WRAPS

## 21 THE VEGAN ${ }^{\text {vn }}$ gF

79Hummus, grilled aubergines, mixed garden greens, vegetable shavings, sprouts, seeds, avo \& a sprinkle of cayenne pepper

## 22 THAI PEANUTCHICKEN ${ }^{\text {GF }} 87$

Sauteed chicken breast strips, served on crunchy red cabbage, spinach, spring vegetables, sprouts, avo, coriander, roasted peanuts \& a drizzle of peanut sauce

## PIES

Served with light salad or chips 23 Sausage roll
6224 Chicken \& mushroom
25 Chicken mayo
26 Curried beef
27 Pepper steak
28 Spinach \& feta 29 Steak \& onion

30 Gravy on the side

Streaky bacon, chicken strips, mozzarella \& avo, drizzled with a Sriracha dressing served with a light salad or chips

# THYM灾 <br> 8 <br> AGAII 

## ANY THYME, ALL THE THYME

## SALADS

31 CAJUN CHICKEN ${ }^{\text {GF }}$ 105
Cajun chicken strips seared, served on mixed garden greens, vegetable shavings, sprouts, seeds, avo \& feta
32 CHICKPEA BALLS ${ }^{\text {vngF }} 98$
Tossed with garden greens, grilled aubergine, red cabbage, mixed vegetables, avo, sprouts \& seeds, served with tahini dressing
33 BLACK BEAN PATTIES ${ }^{\text {VNGF }} 102$
Black bean \& quinoa patties on mixed garden greens, avo, sprouts \& seeds with a tahini dressing
34 THE MED MILLET $v n$ gF 88
Patties with olives \& sundried tomatoes, on mixed garden greens, sprouts \& seeds, avo, drizzled with a vegan vinaigrette dressing

## SWEET THYME

| 42 Oat squares $\mathrm{fr}^{\text {f }}$ | 15 | 52 Almond \& polenta cake ${ }^{\text {GF }}$ | 50 |
| :---: | :---: | :---: | :---: |
| 43 Chickpea fudge ${ }^{\text {GF }}$ | 18 | 53 Cup cake of the day | 26 |
| 44 Chocolate biscuit fudge | 18 | 54 Milk tart | 29 |
| 45 Date ball | 18 | 55 Lemon meringue | 33 |
| 46 Cocoa ball vn grsf | 18 | 56 Applebake cream/icecream |  |
| 47 Cashew ball vn grsf | 19 | 57 Chocolate cake | 38 |
| 48 Caramel fudge square | 21 | 58 Cheese cake | 36 |
| 49 Almond chocolate ball ${ }^{\text {vNGF }}$ | 20 | 59 Carrot cake | 38 |
| 50 Cream cheese brownie | 24 | 60 Scones with: | 48 |
| 51 Pecan nut pie | 24 | butter, jam \& cheese or cream |  |

## DRINKS

| COLD | HOT |
| :---: | :---: |
| 61 Water 350ml/750ml 20/40 | 72 Café americano one shot 28 |
| 62 Soft soda: 26 | 73 Decaf americano one shot 30 |
| Coke, Fanta, Cream Soda, etc | 74 Flat white one shot 32 |
| 63 Tizers 275 ml 33 | 75 Flat white two shots 36 |
| 64 Homemade ginger beer 33 | 76 Decaf flat white one shot 32 |
| 65 Fruit juice 30 | 77 Chococino 40 |
| 66 Seasonal fruit smoothie 40 | 78 Espresso 25 |
| 67 Ice tea, Bos or Lipton 30 | 79 Double espresso 29 |
| 68 Iced coffee with ice cream 42 | 80 Café latte 35 |
| 69 Milkshake 42 | 81 Cortado 30 |
| 70 Kiddies milkshake 32 | 82 Tea-Ceylon or Rooibos 22 |
| 71 Homemade kombucha 48 | 83 Speciality teas: 28 |
|  | Chai, Earl Grey, Mint, Green |
|  | 84 Hot chocolate 38 |
|  | 85 Red cappuccino with honey 40 |
|  | 86 Chai latte 38 |
|  | 87 Baby chino 9 |
|  | 88 Extra shot 4 |
|  | 89 Extra shot decaf 6 |

