



DECK MENU

EARLY RISERS | AVAILABLE DAILY TILL 11AM

Sunrise R85 | Scrambled egg, grilled macon, lamb sausages, fried tomato, toasted baguette & French fries

✓ Shore break R65 | Haloumi, baked beans, grilled tomato, mushrooms, toasted baguette & French fries

Lamb Sausage Tramezzini R95 | Lamb sausage, mushroom, scrambled egg & cheddar cheese

Macon & Avo Tramezzini R85 | Macon, avocado, scrambled eggs & cheddar cheese

✓ Mushroom Tramezzini R70 | Mushroom, baked beans & cheddar cheese

✓ Muesli Cup R65 | Muesli, plain yoghurt & berry coulis

✓ Fruit Plate R60 | Cut seasonal fruit, plain yoghurt & honey

ON THE LIGHTER SIDE

✓ Cheddar Stuffed Black Mushrooms R75 | Panko breaded & cheddar stuffed mushrooms with shaved pecorino, light mustard, parsley & white fondue sauce

Three Sauce Calamari R70 | Deep fried calamari steak strips tossed in a peri-peri, lemon & garlic cream sauce served with a green side salad & lightly toasted bruschetta

Homemade Fish Cakes R70 | Lightly grilled fish cakes served with lemon cream cheese, side salad & red pepper mayo

Spicy Chicken Livers R65 | Chicken livers cooked to perfection in a spicy cream sauce with lightly toasted bruschetta

Slow Cooked Chicken Wings R70 | Chicken wings basted in our homemade BBQ marinade

Lamb Sausage & Crispy Potato R80 | Sliced lamb sausages with crispy potatoes, tomato chutney, mozzarella cheese & onions with a lightly toasted bruschetta

FROM THE GARDEN

Citrus Prawn Salad R115 | Grilled prawns in an orange & thyme dressing, julienne red peppers, fresh orange segments & spring greens

Herbed Chicken Salad R80 | Grilled chicken, spring greens, thinly sliced tomato, feta, garlic croutons, spring onion, mayo & avocado

✓ Pear & Cranberry Salad R75 | Caramelized walnuts, feta cheese, spring greens & apple cider Dijon vinaigrette

✓ Grilled Haloumi Salad R90 | Grilled haloumi cheese marinated in a fresh mint & lemon sauce, zucchini ribbons, roasted cherry tomatoes, rocket & toasted almond flakes

TRAMEZZINIS

Chicken & Mayonnaise R80 | Grilled chicken tossed in creamy mayo & parsley

Grilled Chicken R85 | Wholegrain mustard, rocket, marinated chicken, feta & avocado

✓ Grilled Mushroom R85 | Roasted garlic, rocket, tomato & mozzarella cheese

Roasted Beef R95 | Tomato chutney, rocket & jalapeño cream cheese

BURGERS (SERVED WITH FRENCH FRIES) (REPLACE BURGER BUNS WITH BLACK MUSHROOMS R18)

Roasted Chicken Burger R80 | Lightly basted & roasted chicken breast, spring greens, tomato relish & cucumber ribbons with a creamy garlic & mushroom sauce

Jalapeño Chicken Burger R95 | Grilled chicken breast fillet, tomato relish, avocado, cucumber ribbons, cheddar cheese & jalapeños with a BBQ mayo

Grilled Lamb Burger R95 | Grilled lamb patty topped with coriander mayo, spring greens, mozzarella cheese, tomato relish & cucumber ribbons

Beef Burger R85 | Grilled beef patty topped with mozzarella cheese, spring greens, tomato relish, cucumber ribbons & BBQ mayo

Spicy Beef Burger R95 | Grilled beef patty basted in hot sauce, topped with spring greens, tomato relish, cheddar cheese, avocado & cucumber ribbons

✓ Chargrilled Haloumi Burger R85 | Grilled haloumi cheese, spring greens, lemon & herb mayo, tomato relish, cucumber ribbons

WRAPS (SERVED WITH A SALSA RELISH & FRENCH FRIES)

Chicken Caesar R75 | Grilled chicken strips, cos lettuce, avo, egg, tomato & parmesan cheese

Crumbed calamari steak R80 | Crumbed calamari steaks, cos lettuce, three sauce, diced tomato, diced cucumber & anchovy sauce

Fillet Cheese Steak R105 | BBQ fillet strips, cos lettuce, cheddar cheese & wholegrain mustard

MEAT (CHOICE OF 1 SAUCE - MUSHROOM, CHEESE OR PEPPERCORN)

Rump 300g R160 | Served with seasonal vegetables & French fries

T-Bone 500g R185 | Served with seasonal vegetables & French fries

Lamb Ribs 500g R195 | Served with seasonal vegetables & French fries

Lamb Chops 400g R205 | Served with seasonal vegetables & French fries

POULTRY

Flame Grilled Chicken Wings R130 | 400g Flame grilled chicken wings, basted in our homemade BBQ marinade & served with French fries

Herbed Chicken R135 | Grilled half chicken with a lemon & herb dressing served with veg & French fries

Chicken Gamberetti R145 | Two flame grilled chicken breasts cooked in a creamy whole grain mustard sauce with prawns, served on a bed of fettuccine pasta

FROM THE SEA (CHOICE OF 1 SAUCE - LEMON BUTTER OR PERI-PERI)

Fish & Chips R90 | Grilled hake served with homemade tartar sauce & French fries

Calamari R135 | Grilled calamari served with a green side salad, homemade tartar sauce & French fries

Grilled Prawns R195 | 8 Large prawns grilled to perfection & served with salad, savoury rice & French fries

COMBOS (CHOICE OF 1 SAUCE - LEMON BUTTER OR PERI-PERI)

Chicken & Prawns R160 | Grilled BBQ basted chicken & 3 large prawns served with a side salad & French fries

Hake & Calamari R175 | Grilled hake & calamari served with a side salad, homemade tartar sauce & French fries

Hake & Prawns R185 | Grilled hake & 3 large prawns served with side salad, homemade tartar sauce & French fries

Lamb Ribs & Chicken Wings R195 | BBQ basted lamb ribs & 3 chicken wings served with a side salad & French fries

FROM THE CURRY POT

Lamb Bunny R85 | Tender pieces of cubed lamb prepared in a traditional Durban style curry served as a bunny chow accompanied by carrot salad

Chicken Bunny R70 | Tender pieces of chicken prepared in a traditional Durban style curry served as a bunny chow accompanied by carrot salad

Lamb Curry R135 | Succulent pieces of lamb combined with selected herbs & spices prepared in an authentic Durban style curry served with savoury rice, pickles & sambals

Chicken Curry R120 | Succulent pieces of chicken combined with selected herbs & spices prepared in an authentic Durban style curry served with savoury rice, pickles & sambals

PLATTERS FOR 2 (SERVED WITH A TRIO OF SAUCES - PERI-PERI, CREAMY GARLIC & BBQ)

Ocean Platter R295 | 8 Succulent large prawns, calamari, mussels & hake served with savoury rice & French fries

Meaty Platter R320 | Lamb ribs, chicken wings, beef medallions, boerewors & French fries

Promenade Platter R415 | 8 Succulent large prawns, 2 lamb chops, chicken wings, fish cakes, chicken strips & French fries

VEGETARIAN

Cheddar Stuffed Black Mushrooms Starter R75 | Panko breaded & cheddar stuffed mushrooms with shaved pecorino, light mustard, parsley & white fondue sauce

Pear & Cranberry Salad R75 | Caramelized walnuts, feta cheese, spring greens & apple cider Dijon vinaigrette

Grilled Haloumi Salad R90 | Grilled haloumi cheese marinated in a fresh mint & lemon sauce, zucchini ribbons, roasted cherry tomatoes, rocket & toasted almond flakes

Grilled Mushroom Tramezzini R85 | Roasted garlic, rocket, tomato & mozzarella cheese

Stir-Fry R85 | Braised red cabbage, baby marrow, red peppers, mushrooms, spinach, Chinese egg noodles with garlic ginger, soya, honey & cashew nuts

Gnocchi Arrabbiata Pasta R95 | Homemade tomato sauce topped with basil pesto, rocket, shaved pecorino & feta cheese

Chargrilled Haloumi Burger R85 | Grilled haloumi cheese, spring greens, lemon & herb mayo, tomato relish, cucumber ribbons & French fries

FOR THE KIDDIES

✓ **Chips & Cheese R35** | Chips with cheese sauce

Fish Fingers R45 | Fried fish fingers with chips

Chicken Strips R45 | Fried chicken strips with chips

✓ **Mac 'n Cheese R40** | Served with a cheesy white sauce

DESSERTS

Vanilla Ice-Cream R45 | with chocolate sauce

Chocolate Mousse R55 | Rich dark chocolate mousse & berry compote

Chocolate Fondant R65 | Light chocolate sponge with a rich liquid center served with ice-cream

Malva Pudding R65 | Traditional malva pudding served with homemade custard

Duo of Mousse Waffle R75 | White & dark chocolate mousse, mint & chocolate shards

Caramel & Toffee Waffle R75 | Soft caramel & toffee, light citrus caramel glaze & fresh mint