

Office Catering Menu

OCTOBER 2016

Cold Breakfast

- Yogurt and muesli in Consol jars · R30
- Yogurt, reduced berries and muesli in Consol jars · R35
- Fruit salad in Consol jars · R25
- Fruit salad platter large cut per person · R30
- Chia pudding with yogurt · R40
- Chia pudding with berries · R45
- Bircher muesli in Consol jars · R35
- Bircher muesli with reduce berries in Consol jars · R40
- Bircher muesli with roasted apple in Consol jars · R40
- Filled Croissants standard size · R55
- Filled Croissants cocktail size · R40
- Continental Breakfast · R55
- Croissant with Jam and Cheese · R35

Warm Breakfast

- Spanish eggs in jars · R25
- Open smashed avo on bolo · R35
- Open smashed avo and egg on bolo · R45
- Open smashed avo and Bacon on bolo · R45
- Assorted toasted sandwiches · R35
- Breakfast bun, fried egg, bacon and relish in a burger bun · R35
- Breakfast Croissant, fried egg, bacon and relish in a croissant · R45
- Bacon and Egg, puff pastry Tart · R30
- English Breakfast · R65

Banting

- Zucchini and Mozzarella Tart · R35
- Phyllo tarts spinach and feta · R35
- Phyllo tarts bacon and tomato · R35
- Spanish Eggs and Bacon · R55

Snacks

- Biltong 80g · R28
- Dried Wors 80g · R24
- Chicken Spring Roll each · R12
- Veg Spring Roll each · R12
- Fruit Skewer · R12
- Individual Chocolate Cake · R25

- Cut Fruit Platter · R25
- Fresh Sandwiches · R35
- Fresh Open Ciabatta Sandwiches · R40
- Veg Crystal Spring rolls (cold) · R20
- Chicken Crystal Spring Rolls · R20
- Rump Skewers · R20
- Chicken Skewers · R20
- Roast veg Skewers · R15

Lunch

- Meat Meal of the Day · R70
- Low Carb Meal of the Day · R85
- Veg Meal of the Day · R60
- Rotisserie Chicken Quarter and Salad · R75
- Chicken Pie and Salad · R75
- Lentil Pie and Salad · R75
- Beef Lasagne and Salad · R75
- Cottage Pie and Veg · R75
- Roast Veg Lasagne and Salad · R65
- Beef Yiro, Potato Wedges and Greek Salad · R70
- Chicken Yiro, Potato Wedges and Greek Salad · R70
- Beef Burger and Fries · R60
- Chicken Burger and Fries · R60
- Beef Burger and Salad · R75
- Chicken Burger and Salad · R75
- Assorted Wrap and Fries · R75
- Assorted Wrap and Salad · R75
- Toasted Panini and Fries · R75
- Toasted Panini and Salad · R75

Afternoon

- Fresh Sandwiches · R35
- Fresh Open Ciabatta Sandwiches · R40
- Beef Slider · R30
- Chicken Slider · R30
- Mini Chicken Prego · R30
- Mini Beef Prego · R30
- Mini Tacos · R25
- Nachos · R35
- Rump Skewers · R20
- Chicken Skewers · R20

- Roast veg Skewers · R15
- Cheese Platter per person · R120
- Antipasti per person · R150

Dinner

- Rotisserie Chicken Quarter and Salad · R90
- Chicken Pie and Salad · R90
- Lentil Pie and Salad · R80
- Beef Lasagne and Salad · R90
- Roast Veg Lasagne and Salad · R80
- Beef Yiro, Potato Wedges and Greek Salad · R95
- Chicken Yiro, Potato Wedges and Greek Salad · R90
- Beef Burger and Fries · R80
- Chicken Burger and Fries · R80
- Beef Burger and Salad · R90
- Chicken Burger and Salad · R90
- Braai mini per person · R100
- Braai Large per person · R150

Sweet Treats

- Whole Cake · R240
- Individual Chocolate Cake · R25
- Individual Vanilla Cake · R25
- Individual Berry Cake · R25
- Chocolate Pot · R35
- Cheese Cake Pot · R35
- Berry Pot · R35
- Caramel Pot · R35
- Berry Tart · R30
- Cake Pop · R20

Drinks

- Coke (ABI type Drinks) · R10
- Water still/sparkling · R10
- Sir Juice 500ml · R18
- Appletizer · R16
- Red Bull · R22
- Energade · R15
- Bos Iced Tea · R15
- Vitamin Water · R18
- San Pellegrino Orange · R20

All catering is available for collection from our Kitchen in Sandton. We serve our meals in ceramic dishes or on wooden boards. These are the property of The Bowery and need to be returned. All catering is for a minimum of 6 people per order. We are able to deliver within a 15km radius of Sandton CBD at a cost of R75 per delivery. Our menu is divided into easy use sections, if there is something you have seen on Instagram, Facebook or our website and it's not on the menu, please send us an email for a quote. All orders need to be confirmed with an approved quote by 15h00 the day prior. Quotes will only be provided if we have availability. Payment is required prior to delivery or collection. All prices are per unit and include the hiring cost of the ceramic packaging or take away packing, dependant on request.