

Light Catering

JANUARY 2018

Breakfast

Yoghurt and muesli cup · R30

Yoghurt, reduced berries cup · R35

Fruit salad cup · R25

Fruit kebab R20

Oversize fruit espatada R30

Bircher muesli cup · R35

Bircher muesli and reduced berries cup · R40

Bircher muesli and roasted apple cup · R40

Breakfast bun R25

Breakfast bagel R40

Muffin · R20

Plain croissant · R20

Chocolate croissant · R25

Jam and cheese croissant · R35

Cheese and tomato croissants · R45

Salami, cheese and tomato croissants · R45

Plain cocktail croissants · R12

Chocolate cocktail croissants · R15

Jam and cheese cocktail croissants · R28

Cheese and tomato cocktail croissants · R28

Salami, cheese & tomato cocktail croissant R30

Scone with jam and cheese R35

Lunch

Fried chicken wrap R45

Grilled chicken wrap R45

150g Chicken prego R45

150g Beef prego R45

150g Chicken fillet topped with small salad R45

150g Roast beef and half portion wedges R45

Roast beef Baguette R45

150g Roast beef topped with small salad R45

Veg pasta salad (served cold) R45

Asian veg and egg noodles R45

Chicken pie with a side salad R45

Steak pie with a side salad R45

Large sausage roll with a side salad R45

Deluxe mac and cheese R45

Roast pepper mac and cheese R45

Mac and cheese ball and side salad R45

Fried chicken wrap with salad or wedges R65

Grilled chicken wrap with salad or wedges R65

150g Chicken prego with salad or wedges R65

150g Beef prego with salad or wedges R65

200g Chicken fillet topped with salad R65

200g Roast beef and potato wedges R65

Roast beef baguette and side salad R65

200g Roast beef topped with small salad R65

Asian chicken and egg noodles R65

Asian beef and egg noodles R65

Mac and cheese and side salad R65

Roast pepper mac and cheese R65

Beef burger with salad or wedges R65

Grilled chicken burger with salad or wedge R65

Fried chicken burger with salad or wedges R65

Terms and conditions

All catering is available for collection from our Kitchen in Sandton. We serve our meals in ceramic dishes or on wooden boards. These are the property of The Bowery and need to be returned. All catering is for a minimum of 6 people per order. We are able to deliver within a 15km radius of Sandton CBD at a cost of R75 per delivery. Our menu is divided into easy use sections, if there is something you have seen on Instagram, Facebook or our website and it's not on the menu, please send us an email for a quote. All orders need to be confirmed with an approved quote by 15:00 the day prior. Quotes will only be provided if we have availability. Payment is required prior to delivery or collection. All prices are per unit and include the hiring cost of the ceramic packaging or take away packing, dependant on request.

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Tart

Individual egg and mozzarella filled tart in a puff pastry crust.

- Tomato R25
- Bacon R30
- Spinach and feta R30
- Zucchini R25
- Bacon and mushroom R30
- Banting zucchini R25
- Banting bacon R30

Fresh Sandwich

Available on Rye, Farm, white or brown. Made with fresh lettuce and sliced tomato.

- Roast beef pickle and mustard R35
- Bacon R30
- Bacon and cheddar R35
- Chicken mayo R30
- Country ham and cheese R35
- Pulled chicken R30
- Egg mayo R25
- Caprese R30
- Tuna salad R35
- Cheese R25

Hot drinks

- Cappuccino R25
- Americano R20
- Hot Chocolate R25

Iced drinks

- Smoothie R40
- Frozen Coffee R40
- Frulatte R40

Cold drinks

- Coke (ABI type Drinks) · R12
- Water still/sparkling · R12
- Sir Juice 500ml · R18
- Appetizer · R18
- Red Bull · R25
- Energade · R18
- Bos iced tea · R18
- Vitamin water · R18
- San pellegrino orange · R25

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