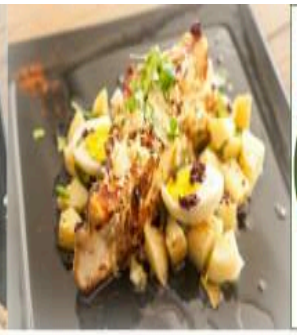

BELSOL PORTUGUESE RESTAURANT

STARTERS

OSTRAS FRESCAS DA NAMIBIA 25
Fresh Namibian oysters

GASPACHO GELADO Á ALENTEJANA 50
Bread, onions, garlic, herbs , fresh tomato, cucumber and red pepper

FIGADO DE GALINHA COM PIRI PIRI L.M 59
Chicken livers L.M style with chilli

ORELHA DE PORCO ALENTEJANA 60
Pig's ears grilled with onion, corriander and olive oil

CHOURIÇO ASSADO A' VILA FRANCA DE XIRA 60
Flamed chorizo in brandy

MEXILHÃO Á GUINCHO 69
Mussels, cream onions, cognac and spice

PICA PAU DA TASCA 69
Beef, pickles and mozzarella cheese

AMÊJOA A BOLHÃO PATO 83
Clams with corriander, garlic, lemon juice and olive oil

CAMARÃO ALHINHO DE CASCAIS 85
Prawn meat in olive oil, garlic, brandy, corriander, lemon butter

PRESUNTO COM MELÃO DE ALMEIRIM 99
Parma ham and sweet melon

CAMARÃO COZIDO Á LOURENÇO MARQUES 190
Prawns Steamed L.M style

SOUP

CALDO VERDE DA HORTA 45
Spinach soup with potato and garlic

CREME DE CAMARÃO DE SAGRES 85
Prawn bisque

AÇORDA DA AVÓ COM BACALHAU 120
Cod fish with olive oil , garlic , corriander and egg known as parzen soup

SALADS

SALADA GREGA 60
Greek Salad

SALADA DE POLVO DE RIBA-MAR 110
Octopus, garlic onions, cucumber, red pepper, ginger and olive oil

SALADA DE CAMARÃO DA CAPARICA 120
Prawns salad with mango, avo, mozzarella cheese, tomato and onion

SALADA DE BACALHAU 145
Cod fish, onions, strawberries and balsamic

FISH

PEIXE DO DIA S.Q
Catch of the Day Baked

FILETE DE PEIXE GRELHADO 145
Kingklip Fillet Grilled

SARDINHAS ASSADAS Á SANTO ANTÓNIO 150
Portuguese Sardines with potatoes and red pepper

POLVO Á LAGAREIRO DA ERICEIRA 180
Octopus with garlic, olive oil, onions and potatoes

LINGUADO GRELHADO Á D.JOÃO V 680G 195
Sole Grilled 680 Grams

BACALHAU À LAGAREIRO DO REINO 325
Cod Fish with olive oil, garlic, onion, and Potatoes

SEAFOOD

CAMARÃO MEDIO GRELHADO (12) 190
12 Grilled Prawns

CAMARÃO QUEEN GRELHADO (10) 230
10 Queen Prawns

CAMARÃO TIGRE KING GRELHADO (5) 290
Grilled Mozambican prawns in lemon butter

LAGOSTINS GRELHADOS S.Q
Grilled Crawfish in lemon butter

LAGOSTA GRELHADA S.Q
Grilled Lobster in lemon batter

PATUSCADA DO MAR (FOR 2) 600
With Crayfish, prawns, calamari, kingklip and mussles

MILLIONAR'S PLATTER 1450
Crayfish, lobster, crab, kingklip, shrimps, mussels and calamari

CHICKEN

GALINHA GRELHADA COM PIRI-PIRI DE TIMOR 110
Chicken grilled, with chilli and garlic

GALINHA Á ZAMBEZIA COM LEITE DE CÔCO 125
Zambezian chicken with coconut milk

GALINHA Á VASCO DA GAMA 185
Chicken with clams and calamari

STEAKS

BITOQUE Á LISBOETA 150G 90
Beef fillet with eggs

BIFE A PORTUGUESA 300G 150
Beef fillet, garlic, bay leaves, english mustard, spinach and mashed potato

BIFE Á PRINCESA MARIA MANUELA 300G 160
Beef fillet with black beer, mushrooms and eggs

PICANHA Á ILHA DE VERA CRUZ 400G 180
Rump cap Brazilian style , with black beans and rice

ESPETADA À MADEIRENSE 400G 175
Beef on bone with garlic and butter

BAKED DISHES

BORREGO Á PÓVOA-VELHA 125
Lamb shank in red wine source celery, carrots, onion and a pinch of spices

PERNIL DE PORCO DO RIBATEJO 155
Pork shank in red wine source, celery, carrots, onion and a pinch of spices

VITELO SERRANO 155
Veal with Parma ham, mozzarella cheese and white wine

PASTA

PENNE NAPOLETANA 85
Pasta quills with tomato & fresh basil

PENNE ALL' ABARRITA 85
Pasta quills with tomato, garlic & chilli

FETTUCINI ALFREDO 89
Homemade ribbon pasta with ham, mushrooms & cream

SPAGHETTI ALLE VONGOLE 99
With clams, garlic, olive oil, tomato & parsley

LASANGE AL FORNO 105
Homemade pasta sheets layered with bolognese & bechamel sauce topped with parmesan and mozzarello, oven baked

SPAGHETTI FRUTTI DI MARE 139
With calamari, mussels, prawns, octopus, baby clams, shrimp, garlic and tomato

PIZZA

All pizza bases with tomato & mozzarella. Foccacia bases with olive oil & coarse salt

FOCACCIA 43
Italian bread with garlic & herbs

FOCACCIA RUSTICA 49
Italian pizza bread with black olives & grilled mushrooms

FOCACCIA GRECA 51
Italian pizza bread with onion and feta cheese

MARGHERITA 79
Basic pizza with herbs

POMODORO 85
Fresh cherry or rosa tomatoes & basil

VEGETARANIA 89
Green pepper, fresh tomato, artichokes, mushrooms & olives

INCAZZATA 93
Minced beef, garlic & chilli

HAWAIIAN 93
Ham & pineapple

GRECA 94
Spinach & feta cheese

QUATTRO STAGIONI 99
Ham, mushrooms, artichokes & black olives

PROSCIUTTO 115
Parma ham & rocket

DESERTS

ICE CREAM 25

ARROZ DOCE CASEIRO 45
Rice pudding

MOUSSE DE CHOCOLATE DO PORTO 45
Chocolate mousse

CREME BRULE 45

PUDIM ABADE PERISCOS 50
Portuguese pudding

FAROFIAS 50
Farofias

CRUMBLE DE MORANGO 55
Strawberry crumble

PETIT GATEAU 60
Chocolate cups