

BREAKFAST- served till 12 noon or at management discretion

Breakfast of Champions

GRANOLA PARFAIT homemade crunchy coconut and honey granola, layered with double thick yoghurt, peanut butter, seasonal fruit and toasted hazelnuts **55**

MUESLI MOJO homemade superfood muesli with Goji Berries and almonds, served with double thick yoghurt/ milk, banana and honey **55**

Morning Glory

THE SHOT virgin Bloody Mary with crispy bacon and asparagus **40**

DOUBLE TROUBLE two free range eggs, on thick-cut toast with chilli tomato jam and herbed mushrooms **30**

THE KITCHEN SINK two free range eggs, artisan bacon, beef and coriander sausage, herbed mushrooms, baked beans, roast thyme Roma tomatoes, sourdough toast **75**

SMASHED smashed avocado on thick-cut toast, topped with poached egg, caramelised onions, Danish feta and balsamic beads **55**

RETRO ROLL scrambled egg and artisanal bacon in a soft roll with caramelised onions and HP sauce **45**

BREKKIE SALAD tender greens, Roma tomatoes, avocado, crispy bacon, poached egg, parmesan, dressed with a light homemade truffle aioli **68**

OLD ARNOLD poached eggs on a lightly toasted muffin, topped with Hollandaise sauce

with bacon **65**

with smoked salmon and chives **75**

SHAKSHUKA hearty Middle Eastern meal in a pan, eggs poached in slow cooked spicy tomato salsa, topped with Danish feta crumbles and served with bread **58**

TAPAS DE SETAS CON HUEVO pan-fried medley of mushrooms on thick-cut toast topped with crushed egg and thyme and chilli butter **55**

ALL WRAPPED UP scrambled eggs, beef coriander sausage, caramelised onions and aged cheddar in a wrap **68**

(also available with a gluten-free wrap **5**)

All toast can be exchanged for Banting bread toast **5**



LUNCH

TUNA SALAD fresh seared tuna, greens, roma tomato, cucumber, olives, soft boiled egg, croutons, lemon anchovy dressing **75**

GRILLED VEGETABLE SALAD grilled asparagus, zucchini, sweetcorn, mushrooms, tomato, tender greens, hummus dressing **65**

CHICKEN SALAD grilled chermoula chicken, tomato, corn, guacamole, coriander, sour cream dressing **68**

HOUSE SIDE SALAD PLATE **25**

PIGGY POPPERS jalapenos stuffed with BBQ sauced pulled pork and cream cheese, wrapped in bacon and deep fried **58**

ANGEL WINGS buffalo wings marinated in chilli sauce, flame grilled and served with our moreish blue cheese sauce **65**

SALT AND PEPPER SQUID tender calamari tossed in crispy five spice batter and deep fried, served with Asian dipping sauce **72**

BUNNY CHOW mild Cape Malay chicken curry served in hollowed out soft bread accompanied with chopped tomato and onion and chutney **65**

CITRUS TUNA grilled citrus tuna served with avocado, wilted spinach and lime curd **SQ**

RIVERWAY BAGUETTES served with your choice of shoestring fries or side salad

Grilled vegetables, homemade hummus, herbed mushrooms and Danish feta **65**
BBQ pulled pork with shaved apple and cabbage **72**

Grilled steak with caramelised onions, rocket, bacon & aged cheddar **79**

V IS FOR butternut and chickpea curry served with double thick yoghurt and pita crisps **65**

PINT OF PRAWNS plump prawns flash fried with chilli, lemon and parsley served with tomato and coriander bruschetta and homemade aioli **78**

PULLED LAMB a mound of slow roasted pulled lamb, served with pita crisps, pomegranate, roast almonds, minted double yoghurt and grilled zucchini **95**

FILLET 200g, grilled to your liking and served with pepper parmesan sauce and shoestring fries **120**

DRAGONFLY BOARD to share
Choice of pulled lamb or pork,
pita crisps, homemade hummus,
olives, buffalo wings with blue
cheese sauce and shoestring fries **150**

Hummus / Blue cheese sauce /
Truffle Aioli/ Asian dipping sauce **10**
Grilled vegetables / Olives **17**
Pita crisps (2) **10**
Shoestring fries **18**



Eggs on the Run all dishes below consist of 3 free range eggs, served with thick-cut toast

SCRAMBLES

Basic 30
Herb and Parmesan 38
Salmon and chives 65

OMELETTES

Basic 30
Aged cheddar, herbed mushrooms,
roast tomatoes 62
Bacon, Avo and feta 66

Sweet Thang

FRENCHY French toast croissant

Crispy bacon and maple syrup 45
Cinnamon butter, honey and sliced
banana 42

BANANA AND ROAST ALMOND BREAD

homemade banana cake served with
whipped cream 25

The Usual Suspects

Thick-cut toast 15
Banting bread toast 20
Croissant 18

ADD

Jam or marmalade and butter / lemon curd 6
Anchovette / Marmite / Honey / Maple syrup 5
Aged cheddar / Clotted cream / Cream Cheese 7
2 free range eggs, cooked as you request 14
Artisan bacon / farm beef and coriander
sausage 18
Herbed Mushrooms / Avocado 15
Roast Roma tomatoes / Rocket 8
Smoked Salmon 30
Hollandaise sauce 10

We have a huge array of yummy baked goods and confectionery and as an added bonus much of it is Banting too. Your waitress will be more than happy to assist you.

All our bakery products are available to buy as take away.



KIDS

Breakfast

BOILED EGG with toast soldiers 10

CREAMY SCRAMBLED EGG two free range eggs, with toast ninjas 25

BUNNY FACE SCRAMBLE scrambled eggs with bacon 30

FRUIT SUNDAE layered seasonal fruit, double yoghurt and crunchy honey granola 35

Lunch

CHEESY HEART heart shaped toasted cheese and tomato 20

CRABALICIOUS CROISSANT croissant with ham, cheese and tomatoes 28

OCTOPUS VIENNA viennas and tomato sauce with shoestring fries 25

SHOESTRING FRIES with tomato sauce 18

