

## PANINNI

Choose between one of our mouth-watering sandwich fillings - on ciabatta, sourdough, rye, wrap or a cauliflower wrap (extra R 15.00) - with the base ingredients of lettuce, cucumber and tomato:

- Prosciutto and Mozzarella Cheese R 67.00
- Salami Milano and Cheese R 65.00
- Ham and Cheese R 50.00
- Grilled Chicken and Feta R 65.00
- Grilled Chicken and Avocado R 65.00
- Salmon, Cream Cheese and Red Onion R 71.00
- Tuna Mayo (*Garnish on request*) R 50.00
- Chicken Mayo (*Garnish on request*) R 50.00
- Egg Mayo and Bacon (*Garnish on request*) R 45.00
- Salami, Cheese, Gherkin, Tomato, Mustard and Mayo R 60.00
- Fillet Steak and Onions R 68.00

## TOASTED SANDWICHES

In the mood for a quick bite? All our toasted sandwiches are served on white or brown bread and with a small side salad.

- Chicken Mayo R 38.00
- Tuna Mayo R 38.00
- Ham, Tomato and Cheese R 38.00
- Egg, Bacon and Cheese R 40.00
- Cheese and Tomato R 35.00

## QUICHE AND SALAD

R 57.00

A small quiche served with a side salad. Choose between the following three mouth-watering fillings:

- Ham and Mushroom
- Salmon and Chive
- Spinach and Feta

## MELANZANE PARMIGIANA

R 75.00

Brinjals layered with Parmesan cheese in a Napoletana sauce



Colazione /  
Breakfast





**Breakfast is served until 3pm daily.**

### BREAKFAST BREADS

A choice of a freshly baked croissant, scone or muffin served with one of the following toppings:

- Butter, Honey and Jam *R 35.00*
- Jam and Cheese *R 46.00*
- Jam and Cream *R 46.00*
- Nutella and Banana *R 58.00*
- Italian Salami and Cheese *R 64.00*

*Please ask one of our waiters what the muffin of the day is.*

### PANCAKES

3 Crêpes gently encasing one of the following fillings:

- Cinnamon and Sugar *R 46.00*
- Nutella and Banana *R 58.00*
- Cream Cheese and Salmon *R 69.00*

### PARFAITS

A delicately balanced mix of one of the following:

- Natural Yogurt, Crunchy Granola and Honey *R 52.00*
- Natural Yogurt, Granola and Banana *R 62.00*
- Natural Yogurt, Granola, Mixed Fruit *R 68.00*

### SMOOTHIE BOWL

A mixed frozen berry smoothie with yoghurt, milk and honey topped with seasonal fruit and coconut chips *R 68.00*

### FRUIT SALAD

An assortment of chopped seasonal fruits *R 68.00*

### ANCHOVY TOAST

Slices of freshly baked ciabatta toast topped with homemade anchovy paste, fresh tomato, gherkin and red onion:

- 2 slices *R 50.00*
- 3 slices *R 70.00*

### AVO TOAST (When in season)

Smashed avocado, lemon juice, salt and pepper served on your choice of toast *R 58.00*

### EGG WHITE AND OAT GRIDDLE CAKES

Oat and egg white griddle cakes with a hint of cinnamon smothered with honey and banana pieces. A healthy high-protein breakfast! *R 62.00*

### FRENCH TOAST

French toast made from slices of croissant topped with bacon, cinnamon and sugar, banana and syrup *R 58.00*

### EGGS AND SOLDIERS

Two perfectly boiled eggs served with your choice of toast *R 35.00*

### BANTING BREAKFAST

Lightly fried salami topped with two eggs made to order, spinach and avocado *R 63.00*  
(Avocado is subject to availability)

### FRITTATA ITALIANA

A mini crust-less quiche filled with one of the following mouth-watering fillings and served with either onion marmalade or tomato chili jam:

- Mushroom, Onion and Zucchini *R 63.00*
- Mushroom, Onion, Potato and Cooked Ham *R 69.00*

### 'EGGS IN HELL'

Poached eggs in a spicy arabiata sauce served on top of fresh ciabatta toast *R 60.00*

### OMELETTE

Fluffy three-egg omelette filled with cheddar cheese, chopped tomatoes and ham, served with your choice of toast *R 56.00*

### HERBED OMELETTE

Fluffy three-egg omelette filled with herbed cream cheese and spinach, served with your choice of toast *R 60.00*

### CHEESY EGGS

Three farm-fresh, scrambled eggs mixed with cheddar cheese and bacon and served with your choice of toast or a croissant *R 64.00*

### SCRAMBLED EGGS AND SALMON

Three farm-fresh scrambled eggs infused with salmon. Served with your choice of toast or a croissant *R 79.00*

### SMALL BREAKFAST

One farm-fresh egg – either poached, fried or scrambled – served with bacon and your choice of toast *R 42.00*

### MEDIUM BREAKFAST

Two farm-fresh eggs – either poached, fried or scrambled – served with two rashers of bacon, grilled tomatoes and your choice of toast *R 51.00*

### FULL BREAKFAST

Two farm-fresh eggs – either poached, fried or scrambled – served with two rashers of bacon, one sausage, grilled tomatoes, fried mushrooms and your choice of toast *R 82.00*

### VEGGIE BREAKFAST

Sautéed spinach, fried mushrooms, grilled cherry tomatoes, grilled halloumi and your choice of toast *R 76.00*

### EXTRAS

Chilli	<i>R 7.00</i>	1 Egg	<i>R 9.00</i>
Brown Bread	<i>R 10.00</i>	White Bread	<i>R 10.00</i>
Zucchini	<i>R 10.00</i>	Onion	<i>R 10.00</i>
Ciabatta	<i>R 12.00</i>	Sourdough	<i>R 12.00</i>
Rye	<i>R 12.00</i>	Cheddar Cheese	<i>R 12.00</i>
Tomatoes	<i>R 13.00</i>	Mushrooms	<i>R 14.00</i>
Bacon	<i>R 15.00</i>	Spinach	<i>R 15.00</i>
Parmesan	<i>R 15.00</i>	Sausage	<i>R 16.00</i>
Halloumi	<i>R 16.00</i>	Avocado	<i>R 18.00</i>
Salmon	<i>R 25.00</i>	(When Available)	