

breakfast

Eggs may be ordered fried, scrambled or poached and served with toast of choice: white, whole-wheat, rye, low GI or artisan ciabatta and preserves. (Rye or artisan ciabatta – Add extra + 4)

Eggs Benedict • 69

English muffin, hickory ham, poached eggs and wholegrain mustard hollandaise.

Café Rousse • 98

Salmon trout, potato rosti, rocket, poached eggs and basil lime hollandaise.

Full House • 88

2 eggs, bacon, Russian cheese griller sausage, Boston beans, mushrooms, grilled tomato and chips.

Italian • 64

Beef sausages, 2 eggs, bacon, chips and grilled tomato.

Country • 79

2 eggs, bacon, boerewors, hash brown and tomato relish.

Cheese griller • 66

Cocktail cheese grillers and mushroom on a skewer, 2 eggs, bacon, hash brown and grilled tomato.

All Day • 38

2 eggs, bacon and grilled tomato.

Add pork or beef banger = Extra + R14

Greek • 84

2 eggs, lamb sausage, grilled halloumi, mushrooms and tomato relish.

Valley • 69

2 eggs, bacon, beef patty, grilled tomato and chips.

✓ Avocado spread on toast • 76

Avocado spread, dash of lemon juice, roasted cherry tomatoes, crumbled Danish feta, handful of rocket and a drizzle of basil pesto.

Scrambled plain • 32

3 scrambled eggs and toast.

Scrambled Ham and Cheese • 76

Scrambled eggs, hickory ham, cheddar cheese. Served on a croissant with a side portion of tomato relish.

Scrambled Smoked Salmon • 104

Strips of smoked salmon tossed in creamy scrambled eggs with chopped chives and roasted cherry tomatoes.

Served on a croissant.

Scrambled Boerewors • 78

Scrambled eggs layered with boerewors sausage, sauté mushroom, tomato and cheddar cheese. Served with tomato relish and toast.

omelettes

Made with 3 eggs or egg white only

Ham, Cheese & Tomato • 74

☺ Feta, spinach & roasted tomato • 62

Bacon and Brie Cheese • 88

With mushroom and caramelized onion.

Salmon Trout • 98

With cream cheese, Dijon mustard and dill.

Café Rousse open omelette • 88

Bacon, grilled halloumi, avocado, sun-dried tomato pesto and rocket.

☺ Health Breakfast • 62

Crunchy muesli, mixed fruit, double thick yoghurt, roasted nuts and honey.

Muffins • 34

Variety of muffins served with butter, preserves and cheese.

Scones • 34

Served with preserves and cream.

Add grated cheese = **Extra** • 14

Butter Croissants (freshly baked)

With cheese and preserves. • 38

Hickery ham and cheddar cheese. • 56

snacks

Bobotie Spring Rolls • 78

Served with tomato chilli chutney.

Café Rouse Chicken Dippers • 54

Crumbed chicken strips and sweet chilli sauce.

Calamari • 56

Deep fried calamari strips and tartare sauce.

Riblets • 62

200g BBQ pork ribs.

Grilled Cajun Calamari Tubes • 72

Served with tartare sauce.

Chicken Burger • 36

Grilled or fried chicken breast, lettuce, onion, tomato and mayo.

Served with chips.

Ranch Beef burger • 38

Beef patty, smokey BBQ, lettuce, tomato, red onion, dill cucumber and mayo.

Served with chips.

Classic Beef Burger • 38

Beef patty, lettuce, caramelized onion, dill cucumber and burger relish.

Served with chips.

Rouse Snack Platter • 176

Bobotie spring rolls, chicken dippers, riblets, halloumi skewer, mini cheese grillers, onion rings, cherry tomatoes and chips. Served on a bed of lettuce with sweet chilli and tomato chilli chutney.

For One Platter • 86

Bobotie spring roll, riblets, mini cheese grillers, onion rings, cherry tomatoes and chips. Served on a bed of lettuce with tomato chilli chutney.

wraps

Served with chips or side salad.

Cajun Chicken Wrap • 88

Grilled Cajun chicken, Danish feta, avocado and tomato salsa.

Crumbed Chicken Wrap • 76

Fried crumbed chicken strips, lettuce, tomato and sweet chilli mayo.

Café Rouse Grilled Halloumi wrap • 88

With bacon, avocado, sun-dried tomato pesto and rocket.

🌱 Health wrap • 78

Cottage cheese, cheddar cheese, butter lettuce, aubergine, mushrooms, toasted seeds, guacamole and tomato.

Roast Lamb Wrap • 96

Slices of roast lamb dipped in rosemary jus, mint leaves, rocket, caramelized onions, roasted cherry tomatoes and tzatziki.

🌱 Flat One • 64

Spinach, feta, olives and roasted cherry tomatoes in a tortilla, folded and roasted. Served with tzatziki.

open sandwiches

On rye, artisan ciabatta, low GI, whole-wheat or white bread.

Halloumi • 96

Grilled Halloumi, bacon, avocado, roast tomato, mixed lettuce, Creamy lemon dressing and parmesan.

Café Rousse Crumbed Chicken • 84

Crumbed chicken strips, avocado, cream cheese, cherry tomatoes and mayo.

Cajun Chicken, Avo & Roast Tomato • 82

Grilled cajun chicken strips on mixed lettuce topped with avo, Jalapeno, roasted cherry tomatoes and spring onion. Served with a side portion of tomato salsa.

Health Sandwich • 68

Cottage cheese, avo, cucumber pickle, sprouts, lettuce and tomato.

sandwich rolls

Served with chips.

Roast Lamb • 96

Roast Lamb in a Turkish flat bread or ciabatta roll smeared with babaganoush, topped with rocket, caramelized onion, rosemary jus and tzatziki.

Steak Roll • 94

200g grilled rump steak, rocket, caramelized onion, roasted cherry tomatoes & mustard mayo in a ciabatta or Turkish flat bread.

Pork Rounder • 82

Basted roast pork belly and coleslaw in a sesame bun.

Prego Roll

Rump steak • 88

Chicken • 82

Traditional Prego with marinated steak or chicken breast, pan fried and topped with a creamy white wine sauce, served in a Portuguese Roll

Porchetta Roll • 88

Slices of slow roasted pork belly, rocket, topped with honey mustard and spring onion in a Turkish flat bread or ciabatta roll.

savoury pancakes


Wrapped and covered in a creamy cheese white sauce, sprinkled with parmesan.
Served with a side salad or chips.

Chicken Mayo • 76

Cajun chicken & mushroom • 78

Mince & cheese • 80

Bobotie • 82


 Spinach & feta • 72

tramezzini

Chicken, Mozzarella, Feta & Avo • 84

Bacon, Mozzarella, Feta & Avo • 86

Chicken Mayo & Mozzarella • 82

 Spinach, feta and sundried
tomato • 82

Extra

Chips • 24

Side Salad • 36

toasted sandwiches

In white, whole-wheat, rye, low GI or artisan ciabatta bread, served with chips or side salad.

🌱 Cheddar • 38

🌱 Cheddar and tomato • 44

Hickory Ham, Cheddar and
Tomato • 56

Chicken Mayo • 56

add Mozzarella cheese — Extra • 12

Bacon & egg • 56

add Mozzarella cheese — Extra • 12

Cajun chicken, jalapeno, • 76
mayo, mozzarella cheese and
avo served with tomato salsa.

Café Rousse food bar classics

Chicken Schnitzel • 96

Crumbed chicken breast, cheese sauce, roast cherry tomatoes, chips and onion rings.

Add bacon • 108

Bo-Kaap Beef Curry • 106

Traditional Malay curry with white rice and sambals.

Pot Bread Bunny Chow • 106

Hollowed out ciabatta bread, filled with Bo-Kaap beef curry and served with tomato sambals and raita.

Fillet Mignon • 164

200g fillet medallion, potato rosti, mushroom sauce and roasted veggies.

Portuguese Steak • 142

300g Matured rump, prego sauce, fried egg, savoury rice and chips.

Meltd Cheddar Sirloin • 114

200g Sirloin, cheddar cheese, mushroom sauce, chips and onion rings.

Ribs and Prawns • 148

400g Basted Pork ribs, grilled prawns, savoury rice, chips & lemon butter sauce.

Fish and Chips • 68

Hake fillet fried or grilled, chips and tartare sauce.

Prawns and Calamari • 118

Pan grilled prawns, fried calamari, savoury rice, chips, tartare and peri peri sauce.

Hake and Prawns • 118

Hake fillet grilled or fried, grilled prawns, savoury rice, chips, lemon butter and Mozambican chilli sauce.

Café Rouse Grilled Linefish • 142

With lemon parsley butter, roasted new potatoes and fine green bean salad.



pastas

Served with either spaghetti or linguini.

Grilled Chicken Napolitano • 92

Grilled chicken strips tossed in a fresh tomato sauce and basil, sprinkled with parmesan.

Seafood Napoletana • 124

Prawns, mussels, calamari, cherry tomatoes, garlic and parmesan.

Carbonara • 86

Egg sauce with bacon, parmesan & cream.

Pesto Pasta • 82

Basil pesto, blush tomatoes, parmesan and fine beans.

Classic Alfredo • 94

Thyme mushrooms with hickory ham and parmesan crème.

Café Rousse Chicken Pesto • 98

Chicken, roasted peppers, sun-dried tomato, basil pesto, olives and cream.

Tikka Chicken • 94

Grilled chicken strips and roasted peppers in a creamy tikka sauce.

Bolognese • 96

With Italian plum tomatoes, bacon, carrot, chilli, onion, olive oil, fresh rosemary, oregano, bay leaves, basil, red wine and garlic, topped with parmesan cheese.

salads

Our Famous Caesar • 96

Avocado, bacon, chicken, parmesan, croutons and lemon dressing.

Classic Caprese • 76

Mozzarella, blush tomatoes, basil pesto and aged balsamic.

Salmon Salad • 102

With sauté new potatoes, green beans, avo, cream cheese and wholegrain mustard vinaigrette.

Cajun Chicken • 86

Cajun chicken strips, avocado, Danish feta and tomato salsa.

Y Sliced Halloumi Salad • 82

Mixed salad leaves, avo, sundried tomato, cucumber, cherry tomatoes, onion, grilled halloumi slices. Served with creamy lemon dressing

Chicken and Bacon • 86

Grilled chicken strips, bacon on a bed of mixed salad leaves, onion, cucumber and red peppers. Topped with honey mustard dressing.

Café Rouse House Salad • 84

Roasted butternut, bacon, Danish feta, toasted seeds, rocket and Malay dressing.

Steak and Blue Cheese • 98

Grilled steak sliced on a bed of mixed salad leaves, fried onion, gherkins, roasted cherry tomatoes and blue cheese. Served with roast pepper vinaigrette.

desserts

Malva Pudding • 54

With custard and ice-cream or whipped cream.

Bar-one and Oreo Sundae • 56

Ice-cream with layers of decadent Bar-one sauce, crushed oreo, whipped cream, wafer and cherry.

sweet pancakes

All pancakes served with cinnamon & sugar and a dollop of ice-cream or cream.

Original • 38

Cinnamon, sugar and maple syrup.

Apple and cinnamon with honey • 54

Decadent chocolate and Bar-One sauce • 54

Fried banana sautéed in orange syrup • 54

drinks

	Regular	Grande
Filter coffee	19	26
Re-fill	14	18
Cappuccino	26	32
Cappuccino (fat white)	24	30
Double cappuccino	29	36
Americano	24	30
Red cappuccino	27	36

Espresso
Single • 18
Double • 24

Café latté • 29
Café mocha • 32
Café mocha white • 34
Café red latte • 30
Matcha green tea latté • 34
Add whipped cream extra • 4

Flavoured lattés • 34
Hazelnut, caramel, vanilla, popcorn.
Add whipped cream extra • 4

tea

Five roses, rooibos • 20
Jasmine green, earl grey • 22
Infused ginger, lemon and honey • 26

Espresso Mocha Frappe • 39
Arabica espresso, hot chocolate,
ice-cream, whipped cream.

fresh squeezed juices

- Squeezed on order
Orange • 34
Apple • 34
Apple, lime, ginger • 36
Orange, carrot, grapefruit, apple • 36
Orange, apple, carrot, celery • 36
Pineapple, ginger, melon & mint • 36

iced coffees

Arabaccino • 39
A rich & creamy Arabica coffees frappe
Arabacino Flavoured • 46
Vanilla, Hazelnuts, Caramel, popcorn
Chococcino • 39
An irresistible smooth mocha frappe
The Brazilian Mochaccino • 46
Brazilian hazelnuts, cocoa, Arabica coffee

iced fruit smoothies

Mixberry, strawberry, mango • 39

Fruit Smoothies • 39
• Avocado, (when available) orange juice,
banana, honey and ice
• Avocado, (when available) mango juice and ice

power smoothie

Mixberry • 42
Peanut butter and banana • 42
Banana, caramel and espresso • 46

hot drinks

Hot chocolate • 28

Hot chocolate with marshmallows • 33

White chocolate • 30

Milo • 28

Chai Tea • 32

Add whipped cream extra • 4

Liqueur Coffees • 39

Coffee, liqueur, whipped cream

Irish, kahlua, cape velvet, amarula cream.

Dom Pedro's - ice-cream, liqueur • 39

Whisky, kahlua, amarula cream.

Dom Coffee • 44

Ice-cream, liqueur, espresso

Whisky, kahlua, amarula cream.

milkshakes Regular Grande

Strawberry, chocolate,

33

38

vanilla, coffee, milo, bar one, popcorn

Gourmet Milkshakes in a Mug • 46

Oreos, chocolate mousse, peppermint, cookies & cream,
OR chocolate hazelnut.

FruLatino • 38

Fruit juice, fruit, vanilla ice cream.

Cold Espresso Shekerato • 38

Barista Arabica blend.

iced lemonade

Traditional • 36

Strawberry • 38

Iced Teas • 24

Lemon or peach

Sodas • 22

Coke, Fanta, Cream Soda, Coke Light, Tab, Sprite,

Tizers • 26

Appetizer, grapeizer white or red

Sprite Zero

Mixers • 17

Cordials • 10

Lime, passion fruit, kola tonic

Rock Shandy • 39

Lemonade, soda water & bitters

Steel Works • 39

Ginger ale, lemonade & bitters

Floats • 32

Mineral Water • 18

Still or sparkling