

# **RAW BLENDS**

## FLUE SHOT

Ginger, honey, lemon juice imbibed with cayenne pepper (50ml) (recommended with every breakfast)

# **SMOOTHIES**

## FRUITY SMOOTHIE **R39**.00

Strawberries and banana laced with 100% apple juice (350ml)

## **R18**<sup>.00</sup> ALL-VEG-MATTERS **R35**<sup>.00</sup>

Cucumber, celery, carrot, lemon with a pinch of salt (350ml) Apple (add mint/ginger)

BREAKFASTS

## SUPER FOOD

**R39**.00

Apple, organic spinach, cucumber, pineapple, celery, lemon juice infused with coconut (350ml)

## HEALTHY SMOOTHIES

Cereal and bran blended with assorted fresh fruits (350ml)

**R39**.00

## ELEPHANT JUNGLE SMOOTHIE **R39**.00

Jungle oats and frozen banana finished with maple syrup and 100% apple juice (350ml)



## SAVOURY BREAKFAST CHOICE OF PORK OR ADD R4 FOR BEEF SAUSAGE CHOICE OF BREAD-HEALTHY BREAD, RYE, BROWN AND WHITE

## ONESIES

1 egg any style, 1 plece of toast, 1 bacon, 1 sausage LINK or 1 x 50g beef patty

## MEAT MUST FALL **R58**.00

2 Fried egg, 3 veg sausages, grilled mushroom, onions, mixed peppers, grilled tomato with toast

## DELICATE

Two eggs scrambled, fresh tomato, seasonal avo, smoked salmon, cottage cheese and toast

## WAKE UP

**R35**.00

**R85**.00

**R49**<sup>.00</sup>

2 Fried egg, grilled tomato and 3 rashers of bacon served with toast

## SUNRISE

**R69**.00

2 Fried egg, 2 mini sausages, mushroom, grilled tomato and 3 rashers of bacon served with toast

## SOUTH AFRICA **R95**<sup>.00</sup>

100g Flame grilled boerewors, 100g beef patty, bacon, mushroom, pepper crustedpap, tomato gravy and 2 fried eggs served with toast

## UP AND ABOUT **R58**.00

2 Fried egg, 2 mini sausages, grilled tomato and 3 rashers of bacon served with toast

# EGG CHOWMEIN R115.00

Tortilla, egg, grilled mushroom, onions, carrots, beetroot, mixed peppers in periperi ratatouille sauce with chips or side

peri ratatouille sauce with chips or side salad



ELEPHA

# PAVDURITES

ALL MAIN MEALS COME WITH BREAD ROLLS AND BUTTER AND SERVED

WITH POTATO CHIPS, RICE, PAPA & TOMATO GRAVY, SWEET POTATO WEDGES OR WHOLEGRAIN POTATO MASH AND SEASONAL VEGGIES

OLD FASHIONED FISH & CHIPS	<b>R75</b> .00
HALF CHICKEN	<b>R75</b> .00
KINGKLIP FILLET	R115 <sup>.00</sup>
10 MEDIUM SIZED PRAWNS	R125 <sup>.00</sup>
T-BONE (500g)	R125 .00
SIDE ORDERS	
CHIMUCHIRRI SAUCE	<b>R30</b> .00
MUSHROOM SAUCE	<b>R30</b> .00
PEPPER SAUCE	<b>R30</b> .00
CHEESE SAUCE	<b>R30</b> .00
ELEPHANT MOTHER SAUCE	<b>R30</b> .00

RUMP STEAK (300g)	<b>R135</b> .00
SPARE RIBS (500g)	<b>R165</b> .00
LAMP CHOPS (500g)	<b>R179</b> .00
CHICKEN SCHITZEL (300g)	<b>R125</b> .00
VEG SCHITZEL	<b>R125</b> .00

LEMON BUTTER SAUCE	<b>R30</b> .00
SAMBALS	R25 .00
FULL PLATE OF CHIPS	<b>R30</b> .00
SWEET POTATO WEDGES	<b>R25</b> .00
SLAW	<b>R25</b> .00





# PASTAS & PLATTERS

## PASTAS

**BASIL & FETA** 

**SPAGHETTI** BOLOGNAISE

CHILLI CHICKEN & BACON

## SIGNATURE DISHES

#### ELEPHANT AND I **R155**.00 CHICKEN

**R106**.00

R110<sup>00</sup>

**R130**00

Marinated for 24hrs in our spicy lemon marinate, then flame grilled and served with slaw and fries

#### R215.00 **SMOKED RIBS**

1Kg 4 hour slow smoked pork ribs served with slaw and fries accompanied with mother sauce

## CHEF STEAK

LASAGNE BEEF

250g of matel pan fried sirloin steak served with potato mash with seasonal veggies accompanied with chimuchirri sauce Medium Temperature Only (THE SMOKING GUN DISH)

LASAGNE CHICKEN

LASAGNE VEGETARIAN R106.00

**ELEPHANT FANS** R295.00 (serves 3 people)

Smoked buffalo wings, smoked riblets, pulled pork pockets, boerewors bites, onion rings, homemade tortilla chips with cheese sauce, served with honey, mustard and barbecue sauce

## ELEPHANT BASKET

Served with half plate of chips for one person or full plate of chips for two people

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**R110**.00

**R110**.00

**Riblets** 100g 200g **Buffalo Wings** 2 **Boerewors Beef Samosas** Vegetable Samosas

**R95** 

**R160** 

2

4

4

"The only thing i like better than talking about food, is eating John Walters

LEPHA

## WOOD FIRED BURGERS (choose your relish tomato, pinapple or mango)

**R85**.00

## BLACKBEAN BURGER **R79**.00

Sweet potato, butter bean, black bean and chickpea with lemon and garlic mayo, fries and a pickle... feel free to change your fries for a slaw salad

## DRUNKEN CHICKEN BURGER

Chicken breast marinated in beer and mild peri-peri with lemon and garlic mayo, fries and a pickle Talk to your waiter for beer and peri-peri free chicken patty

## BBQ PORK BURGER

Slow smoked pulled pork, Elephant house sauce, slaw, fries and a pickle

#### BANTING CHICKEN BURGER **R90**.00

Slice of tomato topped with a grilled chicken breast, bacon, seasonal avo and melted mozzarella cheese and served with side salad

#### BANTING BEEF **R90**.00 BURGER

Slice of tomato topped with our home made beef patty, bacon, seasonal avo and melted mozzarella cheese and served with a slide salad or chips

## R85<sup>.00</sup> CHEFS BURGER R95<sup>.00</sup>

100g beef patty, maple bacon, mature cheddar cheese, lettuce. onion rings, fresh tomato, fries and a pickle Remove the bacon and cheese for a plain Elephan'lite R80

## ELEPHANT BURGER R125.00

100g x3 beef patty, maple bacon, mature cheddar cheese, lettuce. onion rings, fresh tomato, fries and a pickle Remove the bacon and cheese for a plain Elephan'lite R110

BEST BURGERS IN TOWN



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#### R65.00 SMOKED CHEESE R65.00 CREPE SUZETTE

Sweet & light crepes flambeed at your table in orange liqueur with strawberries and sweet fruits

## **TEATIME FAVOURITES**

#### **MUFFINS**

a freshly baked muffin available in a selection of sweet savoury, served with butter, jam and cheese, bran, banana and pecan nut, blueberry, cappuccino, spinach & cheese

## TRADITIONAL TEAS

Five Roses	R21.00
Rooibos	R21.00
English Breakfast	R24.00
Earl Grey	R24.00

## R31<sup>.00</sup> SCONES

CAKE

orange juice reduction

E & I home made scones, cut into two, and topped with your choice of the following

Chocolate cheese cake served with

Strawberry jam & cream Strawberry jam & cheddar cheese

#### FLAVOURED TEAS

loney Rooibos	R24.00
Rooibos Camomile	R24.00
Green Tea	R24.00
Green Tea Apple & Pear	R24.00

## **R36**<sup>.00</sup>

Choose from the following selection Apple pie, Bar one chocolate cake, Baked cheese, Caramel mint tart, Carrot cake, Lemon meringue, Mozart cake, Wild cranberry cheese cake

#### **RED ESPRESSO**

Red Cappuccino	R34.00
Red Cappuccino Grande	R38.00
Red Cappuccino & Cream	R37.00
Red Cappuccino & Cream Grande	R41.00



Sweet & light crepes filled with caramel flavoured mascarpone cheese. Topped with selection of fresh mixed berries and flambeed

BERRY CREPES **R65**.00

**R48** 

## CAKES

DESSERTS

#### Have a slice!

The time is always appropriate to have a slice of cake



## CHICKEN WRAP **R85**.00

Grilled chicken strips, seasonal avo, pineapple, cottage cheese and greens drizzled with lemon grass with garlic and chilli sauce

## BEEFWRAP **R95**.00

Grilled sirloin strips marinated with our mixed greens drizzled with Elephant glade sauce

## **VEG WRAP**

## **R95**.00

Grilled eggplant, feta, baby marrow, roasted peppers, sun-dried tomato and greens with sesame seed vinaigrette



#### COFFEE

E&I House Coffee (Americano)	R27.00
Cappuccino	R30.00
Cappuccino Grande	R34.00
Cappuccino & Cream	R33.00
Cappuccino & Cream Grande	R37.00
Cafe Latte	R36.00
Espresso	R21.00
Double Espresso	R28.00
Mocca Coffee (Espresso, hot chocolate & cream)	R36.00
Moccaccino (Espresso, hot chocolate & Frothy milk)	R33.00

## DECAF COFFEE

Decaf coffee Bodum Filter	R30.00 R33.00
Cappuccino	R33.00
Cappuccino Grande	R37.00
Cappuccino & Cream	R36.00
Cappuccino & Cream Grande	R40.00
Cafe Latte	R37.00

Chococcino (House coffee, hot chocolate 7 cream)

#### CHILLA LATTE

A chilla flavoured hot latte available in any of the following flavours	R47.00
Brazilian Hazelnut	
Chai Spiced Tea	
Decadent White Chocolate	
Swiss Chocolate	
French Vanilla Mocca	
Toffee-Caramel	
OLD FAVOIRITE HOT DRINKS	

#### **OLD FAVOURITE HOT DRINKS**

Hot Chocolate	R36.00
Milo	R36.00
Add extra cream (R3.00 extra)	

#### SPECIALITY TREATS

Affogato (Single espresso served over a scoop of ice cream)	R33.00
Irish Coffee (Kahlua, Bell´s Whisky)	R39.00
Dom Pedro (Kahlua, Bell´s Whisky, Cape Velvet)	R39.00

#### **FILTER COFFEE**

R36.00

Percolated Bottomless	R24.00
Bodum Filter	R31.00



#### FRENCH STICKS

French toasted sticks served with chips and BBQ sauce

## R29<sup>.00</sup> DOGGIES

Corn Doggies and chips with EleMayo sauce

#### CRUMBED CHICKEN STRIPS R49.00

Deep fried strips served with chips and BBQ sauce

#### SPAGHETTI BOLOGNAISE

Spaghetti topped with Bolognaise

#### FISH FINGERS

Deep fried fish fingers served with chips and EleMoya sauce

## **R55**.00 RIBS FINGERS

**R35**.00

R65.00

Sticky rib fingers served with chips

## KIDDIES BREAKFAST R35<sup>.00</sup>

**R49**<sup>.00</sup>

1 Egg any style, 1 piece of toast, 1 bacon 1 sausage link or 50g beef patty

## PIZZA BREAKFAST R49<sup>.00</sup>

Scrambled eggs and bacon pizza



## TRADITIONAL SANDWICHES

A plain or toasted sandwich on white or brown bread, served with some french fries Rye or Health Bread R8.00 extra

CHEESE	<b>R36</b> .00
CHEESE & TOMATO	<b>R39</b> .00
HAM & CHEESE	<b>R41</b> .00
CHICKEN MAYO	<b>R48</b> .00
HAM, CHEESE & TOMATO	<b>R53</b> .00
TUNA MAYO	<b>R53</b> .00

BACON & CHEESE	<b>R53</b> .00
BACON & BANANA	<b>R53</b> .00
BACON & EGG	<b>R53</b> .00
BACON CHEESE& EGG	<b>R53</b> .00
SAVOURY MINCE & CHEESE	<b>R53</b> .00



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**R45**.00

R45.00

**R39**.00

## SODA FLOATS

Your choice of soft drinks served with ice-cream inside

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Your choice of soft drinks served with ice-cream inside

#### MIXED ICE COFFEE

Percolated filter coffee blended with ice cream and topped with ice-cream

## MILKSHAKES

A silky, smooth milkshake in any of the following flavours: Banana, Lime, Bubblegum, Milo, Chocolate Strawberry, Coffee, Vanilla

Toffee, Orea, Banana Toffee, Chocolate Toffee (Bar One) **R43.00** 

## R37.00 NON-DAIRY CHILLA 98% FAT FREE R45.00

A blend of crushed ice and Chill powder in any of the following flavour Lemon Sorbet Passion Fruit

## CHILLA 98% FREE R45.00

A blend of crushed ice, Chilla powder and a dash of milk in any of the following flavours Brazilian Hazelnut Cappuccino Chai Chocolate Toffee-Caramel

CHOCOCCINO SHAKE

Expresso blended with hot chocolate and ice-cream

## DOUBLE THICK MILKSHAKES

## **R51**.00

An ultra double thick and irresistibly smooth milkshake in any of the milkshake flavours

## SMOOTHIE 100% FAT FREE & NON DAIRY

R47<sup>.00</sup>

A blend of crushed ice, vanilla powder, fruit juice and fresh fruit in any of the following flavours

Apple Mango (seasonal) Pineapple

**R47**.00

Banana Mixed Fruit Strawberry

## FRESH FRUIT SHAKE



Seasonal fruit blended with fruit juice and your choice of ice cream, frozen yoghurt or plain yoghurt



## 200 ml Cans

Select from your choice of 200ml cans Coke Lemonade Ginger Ale Soda Water Dry Lemon **Tonic Water** 

## **Other Drinks**

Valpre Mineral Water (still or sparkling)	R20.00
Lipton Ice Tea	R25.00
Passion Fruit & Lemonade	R25.00
Kola Tonic & Lemonade	R25.00
Appletizer or Grapetizer	R29.00
Passion Fruit & Lemonade / Soda	R25.00

Lime & Lemonade / Soda Kola Tonic & Lemonade / Soda

#### **Fruit Juices** R25.00

Select from the following: Apple Cranberry Granadilla Guava litchi Mango Mixed Fruit Orange Pineapple Strawberry

**R18**.00 330 ml Cans

Coke

Coke Zero

Coke Light

Creme Soda

Fanta Grape Sprite

Sprite Zero Tab

Fanta Orange

Select from your choice of 330ml cans

## **R22**.00 Beers and Ciders

Heinekein	Windhoek Draught	R29.00
Windhoek	Windhoek Lite	R28.00
Black Label	Castle	R26.00
Hansa	Castle Lite	R26.00
Hunter's Gold	Savanna	R29.00
Hunter's Dry	Savanna Lite	R29.00

## Wine

R26.00

Rietvallei John B Sauvignon Blanc (R26.00 per glass) 115.00 Rietvallei John B Rhine Riesling Rietvallei John B Rose Rietvallei John B Red

(R26.00 per glass) 115.00 (R26.00 per glass) 115.00 (R26.00 per glass) 120.00

SAUVIGNON BLANC

Cocktails (virgin options available on request)

Long island Ice Tea	: Vodka, Bacardi, Tequila, Gin, Coca cola	R60.00
N.4. ''I	and Lime Cordial	
Mojito:	Barcadi, Soda Water. Lime, Mint and Sugar Syrup	R50.00
Sex on the Beach:	Vodka, Peach, Schnapps, Grenadine and	R45.00
	Orange Juice	
Tequila Sunrise:	Tequila, Orange and Granadine	R45.00
Blue Lagoon:	Vodka, Blue Curacao and Lemonade	R45.00
Strawberry Daiquiri:	Vodka, Strawberry Liqueur, Granadine	R45.00
	Strawberry Juice	



## SPICY MIXED NUTS **R35**.00

FOCACCIA

Butter & Herb or Garlic & Herb

## BILTONG

Plain or Peri-Peri

## SOUP OF THE DAY

Served with home made rosemary bread roll and garnished with seasonal fresh sprouts

## NACHOS

Home made Tortilla chips piled high and layered with three bean mix, and cheddar cheeses, Jalapenos and onions. Garnished with cottage cheese and seasonal fresh sprouts

## FOCACCIA

**R38**.00

R45.00

**R65**.00

**R85**.00

Butter & Herb or Garlic & Herb

JALAPENO POPPERS **R65**.00

Stuffed with cheddar and cream cheese and served with a mint, cucumber and yoghurt dip

## SMOKED BUFFALO WINGS

Slow smoked buffalo wings, marinated with house rub, and served with BBQ sauce, carrot and celery sticks

## TEMPURA TREVELYN **R115**.00

THE SMOKING GUN DISH Crunchy prawns and salmon california roll served with a Elephamayo sauce and garnished with seasonal fresh sprouts

## **R38**<sup>.00</sup>

R65.00



#### Create your own salad! we will start with crispy lettuce you do the rest, Please note Avo is seasonal

**R80**.00

#### SELECT UP TO 6 TOPPINGS

Roasted butternut, beetroot, feta cheese, olives, onions & peppers, cucumber, cherry tomatoes, baby spinach, pumpkin seeds, gem lettuce, egg or seasonal avocado

EXTRA TOPPING	R19
SHREDDED ROAST CHICKEN (125g)	R40
SHREDDED ROAST BEEF (125g)	R49

#### CHOICE OF DRESSING

House Balsamic - Vinaigrette - Blue Cheese

## CHICKPEA SALAD

Chickpeas, Cucumber, Carrots, Sundried Tomatoes, Cherry Tomatoes, Red peppers, Grilled baby marrow, CousCousand Vinaigrette Dressing

# R40.00 STEAK & ROCKET

Tender beef stripes with rocket & Danish feta on a bed of mixedgreens, cherry tomato, cucumber, onion and fresh herbs, Balsamic side dressing and garnished with seasonal fresh sprouts or micro herbs

## ELEPHANT HOUSE

Cherry tomato, Cucumber, Onion, Danish feta with roasted almonds, Pumpkin seeds, Fresh strawberries, Dried cranberries & seasonal Avo, Tossed with mixed lettuce leaves & a side vinaigrette dressing and garnished with seasonal fresh sprouts or micro herbs TABLE SALAD R195 (serves 3)

## FRESH ROQUEFORT **R85**.00

Cherry tomato, Cucumber, Onion, Rrd cabbage, seasonal Avo with a creamy blue cheese Roquefort dressing, tossed with mixed lettuce leaves and garnished with seasonal fresh sprouts or micro herbs TABLE SALAD R195 (serves 3)

## **R95**.00 SMOKED SALMON

## **R95**.00

Smoked salmon rosettes with capers, cream cheese herbs, spring onion & sprinkled with toast sesame seeds served with crisp lettuce, cherry tomato, cucumber & lemon wedges and garnished with seasonal fresh sprouts or micro herbs

TABLE SALADS R195 (serves 3)

**R90**.00

## CAJUN CHICKEN

## **R85**.00

Grilled Cajun Chicken strips with olives, Peppadews, Halloumi, Green Pepper, Roasted Cashew Nuts on green salad with tomato, cucumber, onion, seasonal Avo & herbs and garnished with seasonal fresh sprouts or micro herbs

TABLE SALAD R195 (serves 3)

## TAMPICO SHRIMP

**R95**.00

De-shelled prawn served in a piquant, creamy dressing on a bed of seasonal Avo, shredded carrot, red cabbage shavings & with toasted sesame seeds and garnished with seasonal fresh sprouts or micro herbs