



"We specialize in Authentic Italian food"

SALAD

Feta Cheese Salad	R 85
Lettuce, tomato, cucumber, onions, olives & feta	
Beetroot & Mozzarella Salad	R 85
Mixed leaves, tomatoes, beetroot, mozzarella, onions & pumpkin seeds	
Caprese	R 89
Fior di Latte Mozzarella, fresh tomato slices	
Parmaham	R 110
Parmaham on a bed of lettuce served with melon	

PASTA

Spaghetti Bolognese	R 95
Long pasta with a slow cooked traditional meat sauce	
Penne Butternut & Feta	R 95
Short pasta with butternut, feta & napoletana	
Gnocchi Napoletana & Funghi	R 110
Home speciality potatoes dumplings with napoletana & mushrooms	
Spaghetti Puttanesca	R 105
Long pasta with tuna, anchovies, capers, olives, napoletana & chilli	
Penne Italian Sausage	R 105
Short pasta with napoletana, Italian sausages, mushrooms & chilli	
Gnocchi Gorgonzola	R 120
Home speciality potatoes dumplings in a creamy blue cheese sauce	
Linguine with Prawns	R 130
Long flat pasta with prawns, courgettes, tomatoes, garlic & chilli	

MAIN

Chicken Prego	R 85
Chicken breast in prego sauce, on ciabatta bread served with chips	
Steak Prego	R 95
Sirloin Steak in prego sauce, on ciabatta bread served with chips	
Pollo Pizzaiola	R 120
Chicken breast fillets with Napoletana, capers & olives served with pasta	
Pollo Saltimbocca	R 130
Chicken breast fillets topped with parmaham, white wine & sage served with pasta	
Pollo Marsala	R 130
Chicken breast fillets with mushrooms, mozzarella & Marsala wine served with pasta	
<i>The above can be served with vegetables instead of pasta (add R10)</i>	
Sirloin Pepper Steak	R 155
Grilled Sirloin Steak with a creamy Black Pepper sauce served with chips	

Al Dente Pasta Deli is a family run business. We prepare our food in the good old ways of Italian tradition: By hand and only with the highest quality ingredients. That's what makes it so healthy and wholesome.



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DRINKS

S. Pellegrino / Aqua Panna 500ml	R 28
S. Pellegrino / Aqua Panna 750ml	R 40
S. Pellegrino Aranciata Rossa 330ml	R 30
New: JuiceBox Cloudy Apple 300ml	R 25
Coke/ Coke zero 330ml	R 20
Appeltiser/ White Grapetiser/ Ice Tea Peach/Lemon	R 23
Peroni / Heineken / Castle Lite	R 25

WHITE WINE

KWV – Sauvignon Blanc – Carafe 250ml	R 40
KWV – Sauvignon Blanc	R 120
Ken Forrester Petit Chenin Blanc	R 140
Diemersdal Sauvignon Blanc	R 150
De Wetshof Limestone Hill Chardonnay	R 180
Prosecco	R 320

RED WINE

KWV – Merlot – Carafe 250ml	R 40
KWV – Merlot	R 120
Diemersdal Merlot	R 180
Diemersdal Pinotage	R 180
Rupert & Rothschild Classique	R 320

DESSERT & COFFEE

Cannoncini	R 17
Affogato	R 38
Chocolate Brownie, Ice cream & Chocolate sauce	R 49
Cassata/Tartufo Al Cioccolato	R 49
Cassata/Tartufo Al Cioccolato - Affogato	R 55
Espresso/Espresso doppio	R 18
Americano	R 20
Cappuccino	R 23

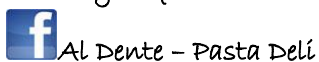
Upper East Side, 31 Brickfield Road, Salt River 7925 (entrance in Pickwick Road)

Opening Hours: Monday to Friday 11:45 – 15:00 (Kitchen 14:30pm)

Closed Saturday, Sunday & All Public Holidays

Thank you for your customs

For any enquiries/orders please call [t] 021 447 8684 [c] 083 298 0794



Al Dente – Pasta Deli



@AlDenteCapeTown