



PROTEA HOTELS® FIRE & ICE!

MARRIOTT

IMPORTANT NOTICE

Please note that while every effort is made to use fresh ingredients in the preparation of the food and beverages served on the premises, food and beverages including dairy products, ice cream, frozen desserts, proprietary sauces, juices, preserves, jams and preserved meats served, may contain permitted artificial colourants, flavourants and preservatives. In addition, certain foodstuffs have been packaged and prepared on the premises in which nuts may be present. Non-Halaal and non-Kosher foods are also prepared and served on the premises.

PROKARD EXPLORER

If you have a Prokard Explorer with dining benefits, you can claim a discount of up to 50% on the food portion of the bill, right here, right now. If you are not a Prokard Explorer member and would like to join, please enquire at reception or visit prokardexplorer.com. Prokard Explorer dining discounts only apply when dining in the restaurant. Terms and conditions apply.

starters and salads

what better way to begin a meal? try one of our delicious starters or salads

bokkie

springbok carpaccio with olive oil, blue cheese, melon and rocket

85

souped up

soup of the day with homemade bread

75

sticky fingers

char-grilled lemon, chilli, honey and rooibos glazed chicken wings
with an oriental red cabbage salad

85

smoking pot

half shell mussels tossed in a creamy garlic and white wine sauce with crostini dunkers

85

de-liver-ance

pan-fried chicken livers with cream and crispy onions served on ciabatta

65

bo-boet-ie spring rolls

bobotie spring rolls served with a cucumber raita

70

buddha bowl

spiced couscous, pickled red cabbage, baba ganoush, slow roasted tomatoes, avocado

85

add chicken 25

spicy tiger

mix of smoked cheese, portuguese chicken strips
and sesame grilled prawns on salad greens

90

hail caesar

traditional caesar salad with croutons, egg, parmesan and cos lettuce

80

add chicken 25

big feta greek

kalamata olives, deep fried feta, garden greens and a tangy cream dressing

80

signature burgers

served with your choice of french fries or sweet potato fries

jaws

this jaw-breaking 350g beef burger is mildly spicy, mixed with a musky paprika and melted cheddar giving you a flawless mouthful

160

cheesy cheese cheese

deluxe 200g beef burger filled with blue cheese, swiss cheese and gratinated with ripe camembert

125

spicy killer

a 200g moroccan-spiced lamb burger with cucumber raita and pickled delhi eggplant

135

triple threat

southern fried chicken slider with our secret ranch sauce
lamb slider with brie and bush berry glaze
beef slider with mustard onion rings

145

sauces

25

funky 'fungi mushroom'	bacon jam
hot balsamic and rosemary jam	onion marmalade
more-ish triple pepper cream	garlic confit mayonnaise
smoked wood chip barbecue	basil pesto mayonnaise
peri-peri pervert	blue cheese mayonnaise

gourmet burgers

served with your choice of french fries or sweet potato fries

200g burger of choice with 1 of the toppings below

beef 145 **chicken** 130 **lamb** 160

wake up call

dill cucumber, bacon, cheddar cheese and fried egg

macho nacho

crispy nachos with guacamole and feta

cheese and chong

caramelised onion folded in chorizo and smoked mozzarella

blue bull

blue cheese gratinated with roasted fig preserve and biltong shavings

hot diggedy

basil pesto mayonnaise, habanero chilli jam, mature cheddar and sautéed onions

sauces

25

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hot balsamic and rosemary jam	onion marmalade
more-ish triple pepper cream	garlic confit mayonnaise
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peri-peri pervert	blue cheese mayonnaise

meat dishes

man eater

300g matured rump steak with parmesan potato bake,
seasonal baby vegetables, with whiskey and mushroom sauce
185

what's your beef

tender beef fillet with pumpkin pureé, potato fondant and a red wine jus
190

mr t-bone

a marinated 400g t-bone served with crispy potato wedges, side salad
and spicy barbecue basting
185

counting sheep

rolled lamb shoulder with garlic mash, braised baby onions and carrots
185

la la lamb

lamb cutlets with roasted tomato, gremolata and black pepper mash
195

chicks on fire

our famous butter chicken curry accompanied by sambals and basmati rice
145

road hog

slow-braised pork belly with cauliflower pureé and glazed carrots
145

little birdie

ostrich fillet rubbed in olive oil and rosemary with roasted baby potatoes,
seasonal baby vegetables and a port reduction
185

fish dishes

we use only the freshest fish in our dishes and support sustainable fishing

drawing the line

line fish with spiced rice, wilted greens, slow roasted tomatoes
and a lemon butter sauce

170

salmonsational

salmon fillet with baby potatoes, pan-fried baby spinach topped with a herb butter

195

off the hook

a selection of prawns and mussels in a creamy garlic and paprika sauce with
deep fried calamari, french fries, aioli and salad

275

african dishes

all our african dishes are accompanied with creamed spinach,
homemade chakalaka, pap and sheba with a steamed bread bun

inkukhu emnandi

half a barbeque and lemon thyme chicken

170

umsila wenkomo

oxtail simmered for hours in a butterbean and marrow sauce

205

inyama nemifuno

red wine braised short rib with pancetta and wilted greens

185

ulusu ne dombolo

your choice of tender tripe cooked traditionally or in indian spices

165

isityu segusha nomngqusho

ezakwantu 'the food that takes you home' slow stewed lamb

195

chisa nyama

a mixed-grill of sirloin steak, lamb chop, liver, sausage and chicken

230

vegetarian dishes

all tree huggers are welcome here
no animals were harmed in the making of the following dishes

my dahl-ing

fragrant lentil, chick pea and spinach curry served with sambals,
poppadum and basmati rice
105

close but no cigar

spiced butternut and feta cigars with a pumpkin seed and honey dressed micro salad
105

italian job

tagliatelle tossed in a creamy white truffle and mushroom sauce
135

magic shroom

rosemary portobello burger with rich camembert and roasted vegetable cômposite
115

cool beans

falafel burger with baba ganoush, avocado and pickled red cabbage
115

dessert

help support your dentist by having one of our delicious treats

choc-a-holic

flourless chocolate torte with an orange caramel sauce

70

sundae funday

seasonal fresh fruit with grilled pineapple, toasted coconut and vanilla ice cream

65

organ failure

this warm fondant filled with organic chocolate, “might just be too much to handle”

75

tannies malva

ginger and apricot malva pudding with cinnamon custard

65

double top decker

topdeck cheesecake with amarula cream and dark chocolate sauce

75

say cheese

a selection of three cheeses, preserves and crackers

70

milkshakes

full portion 60
half portion 45

aero attack

aero

berry buzz

strawberries and cream

black and white

oreo cookies

belly dancer

turkish delight

choc rock climber

ferrero rocher

chunky crumbs

brownie pieces

crunch and shake

crunchie

carnival time

toffee apple and fudge

hot ice

iced hot chocolate

life is just peachy

peaches and cream

lindt-o-licious

lindt

morning glory

double espresso

ouma en oupa

carrot cake and rooibos

peanana nutter

peanut butter and
banana

pepper spray

peppermint crisp

pumpkin marshmallow

pumpkin, marshmallows
and caramel

rocky road

cherry, choc chip, nuts
and coconut marshmallow

salted caramel popcorn

crushed popcorn
and salted caramel

scotch over iced butter

butterscotch

short toffee tastic

5 star

sour power

lemon meringue

that blows

bubble gum

tick tack kit kat

kit kat

tutti fruity

mango, orange and jelly tots

the bees knees

dark chocolate, orange
and honeycomb

twelve o'clock choc

lunch bar

3d

popcorn and coke float

'grown-up' milkshakes

full portion 60
half portion 45

as this menu contains alcohol it may only
be served to the young at heart
over the age of 18

patronage

coffee patron

banana split

banana liqueur

elephant's trunk

amarula cream

kahlúa.com

kahlua

tongue twister

apple sour

nuts about it

frangelico

tequila mocking bird

tequila

some r and r

rum and raisin

springbokkie

peppermint liqueur

russian roulette

caramel vodka

bubbly

champagne

nicolas feuillatte brut réserve

epernay
895 / 195

moët & chandon impérial brut nv

epernay
1175

moët & chandon nectar impérial rosé nv

epernay
1500

veuve clicquot yellow label nv

reims
1350

méthode cap classique

colmant brut reserve nv

franschhoek
425 / 95

colmant brut rosé nv

franschhoek
425 / 95

krone borealis vintage cuvée brut

tulbagh
345

sparkling wine

jc le roux le domaine

stellenbosch
210 / 50

jc le roux la fleurette

stellenbosch
210 / 50

white wines

sauvignon blanc

brampton
stellenbosch
190

goederust
robertson
155 / 55

durbanville hills
durbanville
195 / 70

la motte
franschhoek
220

diemersdal
durbanville
200

iona sophie te'blanche
elgin
210 / 75

neil ellis - groenekloof
stellenbosch
225

chenin blanc

fleur du cap
stellenbosch
200

ken forrester petit
stellenbosch
185 / 65

perdeberg, dry land collection
(barrel fermented)
swartland
235

dry whites & blends

painted wolf peleton blanc
viognier / chenin blanc / roussanne /
chardonnay / marsanne
paarl & swartland
245

boschendal the pavillion blanc
sauvignon blanc / semillon
franschhoek
150 / 55

haute-cabrière
chardonnay / pinot noir
franschhoek
225

buitenverwachting
buiten blanc
sauvignon blanc / chenin blanc / semillon
constantia
195

bouchard finlayson
blanc de mer
riesling / viognier / chardonnay
/ chenin blanc
hemel en aarde
235 / 85

off dry & semi sweet

nederburg stein
paarl
165

boschendal le bouquet
chardonnay / chenin blanc / muscadell /
weisser riesling / gewürztraminer / viognier
franschhoek
175 / 65

paul cluver gewürztraminer
elgin
270

chardonnay

goederust
robertson
165 / 60

lourensford speciality
river garden
somenset west
190 / 70

franschhoek cellars
"our town hall"
franschhoek
175

warwick first lady
stellenbosch
220

rosé

nederburg
paarl
160

mulderbosch
cabernet sauvignon
stellenbosch
210 / 75

durbanville hills
merlot
durbanville
190

red wines

cabernet sauvignon

porcupine ridge
franschhoek
190

ernie els, the big easy
stellenbosch
200

warwick first lady
stellenbosch
240 / 85

tokara
stellenbosch
295

shiraz / syrah

leeuwenkuil
swartland
195 / 70

glenelly
stellenbosch
250

simonsig mr. borio
stellenbosch
270

de grendel
durbanville
320

merlot

porcupine ridge
franschhoek
190

bosman family vineyards
generation 8
wellington
180

villiera
stellenbosch
240 / 85

glen carlou
paarl
260

pinotage

beyerskloof
stellenbosch
220 / 80

diemersdal
durbanville
285

bayede! the prince pinotage
robertson
175

pino noir

paul cluver village
elgin
220 / 80

red blends

goederust
shiraz / cabernet sauvignon
robertson
175 / 65

nederburg baronne
shiraz / cabernet sauvignon
paarl
195 / 70

the chocolate block
shiraz / grenache noir /
cabernet sauvignon / cinsaut / viognier
franschhoek
445

la motte millennium
merlot / cabernet franc / petit verdot
/ malbec
franschhoek
240 / 85

rupert & rothschild classique
merlot / cabernet sauvignon
/ cabernet franc
stellenbosch
425

kanonkop kadette
pinotage / cabernet sauvignon /
merlot / cabernet franc
stellenbosch
295 / 100

simonsig the gsm
grenache noir / shiraz / mourvèdre
stellenbosch
205

bouchard finlayson hannibal
sangiovese / pinot noir / nebbiolo
/ mourvèdre / shiraz / barbera
hemel en aarde
460

classic cocktails

classic martini

gin or vodka with dry vermouth served dry, extra dry or decidedly dirty
70

cosmopolitan

vodka shaken with triple sec, fresh lime and cranberry juice and garnished with a citrus twist
70

strawberry daiquiri

strawberries, fresh lime juice and rum blended until smooth
85 / 75

mojito

cuban rum, fresh lime, mint, pure cane sugar and a splash of soda
85 / 75

mai tai

rum, orange juice, fresh lime, pineapple juice, grenadine and triple sec
75

pina colada

a sweet rum-based cocktail blended in perfect balance between fresh coconut cream and pineapple juice
75 / 65

long island ice tea

a popular and potent mixture of vodka, gin, tequila, rum, triple sec and freshly squeezed lemon juice topped with a splash of coca-cola ask for a red bull for an extra added kick
regular 85 / red bull 95

margarita

premium tequila shaken or frozen with fresh lime juice, triple sec and a half moon salt rim
75

old fashioned

a true original - premium whiskey served over ice, with a dash of bitters and a slight hint of sweetness
95

tom collins

the tom collins is a classic gin cocktail that's a bit tart thanks to lemon juice, a bit sweet thanks to simple syrup, and a bit fizzy thanks to club soda
80

neo classic cocktails

fire & ice! martini

vodka shaken with swiss white chocolate extracts and a hint of fresh chilli
60

espresso martini

premium vodka shaken with natural coffee extracts and perfectly extracted espresso
80

vanilla whisky sour

scotch whisky shaken with madagascan vanilla sugar and freshly squeezed lemon
75

fresh fruit mojito

cuban light rum muddled with fresh fruit of your choice
(kiwi, granadilla, strawberry or mixed berries), mojito syrup and mint leaves, poured
unstrained over crushed ice and charged with a dash of soda water
90 / 85

pineapple & basil g&t

ginifer gin with pineapple juice and tonic water infused with fresh basil
75

turkish delight g&t

ginifer gin shaken with rose water and charged with tonic water
85

coffees

single espresso

21

double espresso

29

americano

26

macchiato

24

café latte

30

cappuccino

28

café mocha

30

hot chocolate

30

iced coffee

30

filter coffee

24

tea

ceylon

24

rooibos

26

speciality

28

mineral water

vivreau

as part of our sustainability commitment we have joined the vivreau global water revolution and installed a vivreau bottling system. vivreau's advanced water systems ensure that this bottle contains nothing but pure water, the choice of discerning diners and travellers across five continents. sanitising and re-using this bottle means virtually no waste, no water miles, no carbon footprint and no dumping.

750ml vivreau still water

complimentary (in the restaurant, bar and reception)

750ml vivreau sparkling water

20

valpré

500ml still and sparkling water

29

1,5l still water

40

1l sparkling water

39

