



Platters

Functions

Cooked Meals

Take-away

Crafts & Arts

Free Wi-Fi



We want to welcome you to LUV A CUP where the smell of freshly brewed coffee (from carefully selected beans) and the sound of light music come together in a relaxing, cozy atmosphere.



At Luv A Cup, our customers become our friends!



Craft Your Own: Basic Breakfast



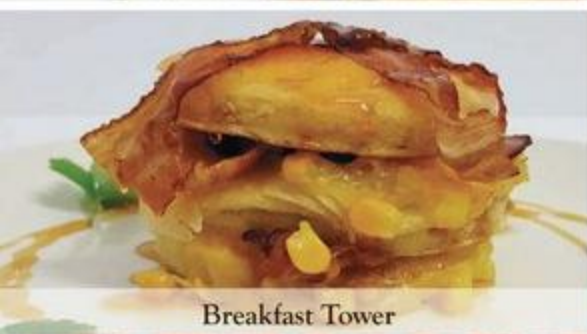
Yoghurt, Muesli & Fresh Fruit



Bacon & Cheese Croissant



Eggs Royale



Breakfast Tower



Brunch Sandwich





BREAKFAST



Served all day

Craft Your Own

Basic Breakfast	R18
Two eggs, fried or scrambled	
Two toast: white, brown, whole wheat or rye	
Bacon	R18
Mushrooms	R12
Creamy Mushrooms	R17
Beef Sausage	R18
Pork Sausage	R18
Chips	R12
Cheese	R10
Grated or sliced	
Hashbrowns	R8
Fried Onions	R8
Fried Tomato	R8
Baked Beans	R6

Poached Eggs

Eggs Benedict	R65
2 Poached eggs, cream spinach & hickory ham on English muffin with Hollandaise sauce	
Eggs Royale	R75
2 Poached eggs, cream spinach & Norwegian salmon on English muffin with Hollandaise sauce	

Croissants

Butter & Cheese	R28
Egg & Cheese	R35
Bacon & Cheese	R37
Bacon, Egg & Cheese	R45

Flapjacks

Plain Flapjacks	R35
4 flapjacks served with preserves and grated cheese	
Breakfast Tower	R55
3 flapjacks layered with crispy smoked bacon, sweetcorn and grated cheese, topped with maple syrup	
Mixed Berry Flapjacks	R60
3 flapjacks layered with mixed berries and ricotta cheese	

Health Breakfast

Yoghurt, Muesli & Fresh Fruit	R55
served with honey	
Oatmeal	
- Honey and milk	R20
- Apple, cashews & cinnamon sugar	R22
- Peanut butter and banana	R22

French Toast

Plain French Toast	R35
2 Fresh French toast served with preserves and grated cheese	
Breakfast Sandwich	R55
French toast sandwich with banana, bacon and cheese	
Brunch Sandwich (sweet)*	R55
French toast sandwich with strawberry and cream cheese	

* Seasonal





Chicken Omelette



2 Slices of Toast with biltong powder



Tropical Chicken Salad



Quiche with Salad





BREAKFAST



Served all day

Omelette's

- Basic Omelette R45
3 Egg omelette with cheese
 - Luv A Cup Omelette R55
Basic omelette with 3 fillings
 - Chicken Omelette..... R55
Basic omelette with creamy chicken
 - Savoury Omelette..... R55
Basic omelette with savoury mince
 - Spinach & Feta Omelette..... R60
Basic omelette with creamy spinach & feta
 - Salmon Omelette..... R75
Basic omelette with salmon & cottage cheese
- Fillings to choose from: *
- Onion, tomato, green pepper,
mushroom, bacon

* Add extra filling + R8

2 Slices of Toast

Choice of White, Brown, Whole Wheat
or Rye Bread.

- With marmite R20
- With anchovy spread R20
- With biltong powder R25
- With avo* R25

*Seasonal

*" There is nothing like starting your
day with a **good cup of coffee**
and a **Luv A Cup breakfast**"*



LIGHT MEALS



Salads

- Greek Salad..... R38
- Chicken Salad R45
- Tropical Chicken Salad..... R48
With Pineapple and Cashews
- Biltong, Feta & Avo* R60
- Tuna, Apple Salad R75
- Salmon & Cottage Cheese Salad R85

*Seasonal

Quiches

*Variety of Quiches
Chicken, Peppadew and Feta;
Bacon and Mushroom;
Spinach and Feta

- Without Salad..... R40
- With Salad R55

*Ask Waiter for Availability





LIGHT MEALS



Sandwiches

Choice of White, Brown, Whole Wheat
or Rye Bread.
Served with Chips or Salad.

Cheese	R32
Cheese and Tomato	R38
Ham and Cheese	R40
Ham Cheese and Tomato	R42
Chicken Mayo	R45
Tuna Mayo	R45
Savoury Mince	R45
Bacon and Cheese	R45
Bacon and Egg	R45
Bacon and Banana	R45
Bacon Egg and Cheese	R48
Bacon, Banana and Cheese	R48

Pancakes

Plain	R19
2 Fresh pancakes served with cinnamon sugar	
Chicken Mayo	R55
1 Pancake filled with our famous chicken mayo, sweet chili and topped with a cheese sauce	
Savoury Mince	R55
1 Pancake filled with delicious savoury mince topped with cheese sauce	
Cheese Blintz	R55
1 Pancake filled with cream cheese, cottage cheese, cinnamon sugar with mixed berry sauce	
Apple Cinnamon	R55
1 Pancake filled with apple, cinnamon and raisins served with Ice Cream / Cream	

Open Sandwiches

Choice of White, Brown, Whole Wheat
or Rye Bread.
Served with Chips or Salad.

Roast Beef	R45
Smoked Chicken & Pineapple	R45
Tomato, Mozzarella & Cucumber	R45
Bacon, Tomato & Cheese	R50
Vegan Sandwich	R50

Wraps

Chicken Mayo wrap	R45
Beef Teriyaki wrap	R50
with pineapple	
Roasted Vegetable wrap	R50
Roast Beef & Bacon wrap	R60

Tramezzini's

Chicken Mayo	R45
Savoury Mince	R45
Roasted Vegetable	R50
Vegan	R50
Bacon, Avo & Feta	R55





Craft Your Own: Basic Breakfast



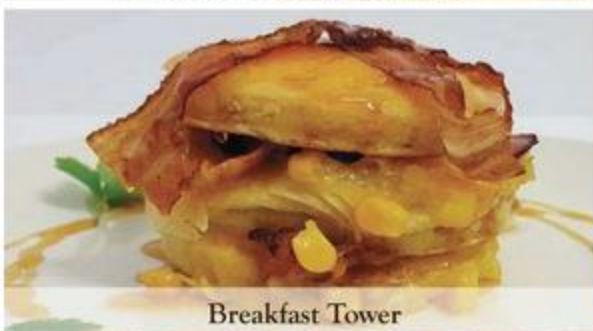
Yoghurt, Muesli & Fresh Fruit



Bacon & Cheese Croissant



Eggs Royale



Breakfast Tower



Brunch Sandwich





LIGHT MEALS



Croquettes

*Variety of Croquette

2 x Beef / Chicken

Without Salad..... R45

With Salad R60

Prego Rolls

All Prego Rolls served with chips or salad

Beef Prego R65

Steak, tenderised and marinated in a hot or not Prego sauce, served on a Portuguese bun. Served with chips

Egg Beef Prego R68

Cheese Beef Prego R68

Cheese & Bacon Beef Prego..... R75

Chicken Prego..... R65

Succulent chicken breast fillet marinated in a hot or not Prego sauce, served on a Portuguese bun. Served with chips

Egg Chicken Prego..... R68

Cheese Chicken Prego..... R68

Cheese & Bacon Chicken Prego R75

Burgers

All burgers served with chips or salad

Beef Burger R65

Chicken Burger..... R65

Vegetarian Burger R65

Vegan Chicken..... R65

Vegan Beef R65

Chicken & Pineapple Burger R70

Beef, Bacon & Cheese Burger R70

Chicken, Bacon & Cheese Burger R70

Bacon, Feta & Avo Burger..... R75

Confectionery

Scoop of Ice Cream R10
(per scoop)

Scones with Cheese & Preserves R32

Scones with Jam & Cream R32

Muffins..... R35

Ask waiter for availability

Slice of Cake R35

Ask waiter for availability

Brownies..... R45

With cream or ice-cream

“There’s nothing quite like sitting around with friends & family and having great conversations over a delicious meal.”





Gourmet Ice Tea's

"An Ice-Cold beverage is a magical and wondrous thing"



Ferrero Rocher Milkshake



Carrot, Pineapple & Ginger Juice



Cappuccino Frost





COLD DRINKS



Natural

Water.....	R15
Still or Sparkling (500ml)	
Fresh Squeezed Juices*.....	R35
Orange*;	
Carrot, Pineapple & Ginger;	
Cucumber, Apple & Cinnamon;	
Pineapple, Cucumber, Apple & Granadilla;	
Beetroot, Celery, Apple & Carrot	
Jug of Homemade Lemonade.....	R40

*Seasonal

Coffee Coolers

Iced Coffee.....	R28
Cappuccino Frost.....	R32
Affogato.....	R32
Shot Espresso with 3 scoops of ice-cream	

Milkshakes

Syrup Gourmet

Bubble Gum/Lime	R23	
Vanilla	R25	
Banana	R23	R32
Coffee Milkshake	R32	
Chocolate.....	R23	R32
Strawberry.....	R23	R35
Banana Peanut Butter.....	R35	
Ferrero Rocher	R42	

Smoothies & Frappe

*Variety of Flavours (seasonal)

Banana Strawberry, Banana Peanut Butter;
Grape; Mango & Strawberry; Fresh Fruit

Frappe with ice.....	R32
Smoothie with yoghurt.....	R35

Gourmet Iced Teas

Gourmet Rooibos Iced Teas

Sweet Vanilla and Apple,
Honey-Orange Chai,
Lemon-grass and cucumber

Gourmet Black Iced Tea

Strawberry-Passion Fruit,
Forest Fruit,
Zesty Earl Grey

Sodas

330ml Cans*

Coke, Coke Zero, Coke Light, Fanta,
Sprite, Sprite Zero, Tab, Spar Letta

200ml Cans*

Lemonade, Ginger Ale, Dry Lemon, Tonic,
Soda Water, Tomato Cocktail

Liqui-Fruit Variety*

Cranberry, Apple, Breakfast Punch,
Passion Power, Red Grape, etc.

Ice Tea*

Raspberry, Mixed Berry, Lemon, Peach, etc.

Tizers

Red Grape, White Grape, Apple

Cordials.....

Passion Fruit, Lime, Cola Tonic





Ham, Cheese & Tomato Sandwich



Bacon, Tomato & Cheese Open Sandwich



Chicken Mayo Wrap



Roasted Vegetable Tramezzini





Cafe Latte



Milo



Upside Down Coffee



Cappuccino with foam

*“Coffee,
your most
important
meal of
the day!”*



Con Pana



Affogato



Red Latte





HOT DRINKS



Coffee

Regular Grande

Filter Coffee	R16.....	R18
Includes one refill		
Decaf Filter Coffee.....	R18.....	R20
Espresso.....	R16.....	R20
Macchiato.....	R18.....	R22
Espresso with dry foam		
Con Pana	R20.....	R24
Espresso with cream		
Americano.....	R18.....	R22
Upside-Down Coffee	R24	
Condensed milk and filter coffee		

Cappuccino

Regular Grande

Foam	R20.....	R25
Cream.....	R25.....	R29
Decaf	R23.....	R30
Red	R24.....	R28
Add flavour	+R6.....	+R8
Hazelnut/Vanilla		

Tea

Five Roses.....	R16
Rooibos	R18
Rooibos Flavoured Variety.....	R20
Vanilla, Chamomile, Lemon-grass, Honey-bush, Chai	
Black Flavoured Variety	R20
Earl Grey, Green Tea, Forest Fruits, Strawberry, Lemon, English Blend	

Latte

Café Latte.....	R24
Red Latte.....	R26
Chai Latte	R28
Chococino.....	R28
Hot chocolate with coffee	
Add flavour	+R8
Hazelnut /Vanilla	

Tall Drinks

Milo.....	R24
Hot Chocolate	R26
Horlicks.....	R26

*Thank you for visiting Luv A Cup.
See you soon!*

