

## breakfast

Eggs are fried, scrambled or poached and served with toast of your choice, butter, jam or marmalade.

**Morning Start V** - 2 Eggs served with grilled mushrooms

**Express** - 1 Egg, slice of grilled bacon & grilled tomato

**Sunrise Breakfast** - 2 Eggs, 2 bacon, grilled tomatoes & fries

**Carnival Breakfast** - 2 Eggs, 2 bacon, mushrooms, grilled tomato, French Fries, beef sausage and fried onions

**Bruegel Breakfast** - 2 Eggs, 2 bacon, grilled tomato, cheese griller and 2 potato croquettes

**Bolognaise Toast** - Bolognaise sauce served on 2 slices of toast

**We can add** 2 poached eggs

**French toast** - 2 slices of French toast, grilled bacon and tomato

**Classic French toast** - 2 slices of toast served with cinnamon & syrup

**Waffle Tower** - Scrambled egg & bacon topped with slices of grilled tomato and melted mozzarella cheese

**Bacon Stack Waffle** - Crispy Bacon served on a waffle with syrup

**Bacon Banana Stack Waffle** - Bacon and fried banana served on a waffle

**Healthy Choice V** - Fresh seasonal fruit, muesli and yoghurt

**Plain Oats V** - served with milk & butter

**Breakfasts are served until half an hour prior to closing**

## savoury waffles

**Mild Chicken Curry** - Chunks of chicken & potato in a mild curry sauce served with a poppadum, sambals, chutney and banana

**Grilled Cajun Chicken** - Spicy Cajun chicken breasts served with feta cheese or slices of avocado (seasonal) and a side salad

**Napolitano Waffle** - Beef Mince in Napolitano sauce served with Parmesan cheese and a side salad

**Chicken and Mushroom** - Chunks of chicken in a creamy mushroom sauce, served with a side salad

**Burger Waffle** - Grilled beef burger, tomato, lettuce, strips of dill cucumber - served with a portion of fries

**Cheesy Salami** - Slices of salami topped with melted cheddar and mozzarella cheese, green pepper & olives - served with a side salad

**Ham, Cheese and Mushroom** - Slices of ham topped with grilled mushrooms and homemade cheese sauce - served with a side salad

**Chicken Mayo Waffle** - Chilled chicken mayo with dill cucumber - served with a side salad

**Spinach & Feta V** - Creamy spinach with feta cheese - served with a side salad

**Mushroom & Cheese Sauce V** - Grilled mushrooms and homemade cheese sauce and a side salad

**Check our boards for specials**

## **belgian delicacies - croquettes**

A croquette is a bread crumbed fried food containing, usually as a main ingredient, mashed potatoes and/or ground meat, shellfish and/or cheese and mixed with béchamel sauce.

All croquettes are handmade and served with a small side salad or fries

### **Three Cheese Croquettes** **V**

Made with Parmesan & matured cheddar

### **Three Chicken Croquettes**

Made with chicken, ham, herbs and lemon

### **Three Prawn Croquettes**

Made with fresh prawns

### **Croquette Trio**

1 Cheese, 1 Chicken, 1 Prawn

### **Potato Croquettes** – imported **V**

When available (serving 4 large or 6 mini)

## **salad bowls**

Salads are served on a bed of mixed greens with tomatoes, strips of carrots, crisp peppers and slices of cucumber

**Greek Salad** (with feta & olives)

**Cajun Chicken Salad** (with avocado)

**Tuna Salad** (with boiled egg)

**Bacon & Avo Salad** (seasonal)

**Chicken Mayo Salad** (with dill cucumbers)

Salads are available in small or large portions

## **french fries**

Served with homemade Belgian mayonnaise

Half Portion

Full Portion

## wraps

Served with a small side portion of fries or fresh salad

**Spicy Cajun Chicken Wrap** – With feta, tomato, lettuce, carrots, peppers, cucumber & mayo

**Lemon & Herb Chicken Wrap** - With yoghurt, tomato, lettuce, carrots, cucumber and peppers

**Savoury Mince Wrap** - With tomato, lettuce, carrots, cucumber, peppers and a sprinkle of parmesan cheese

**BLT Wrap** -With bacon, tomato, lettuce, cucumber, avocado (seasonal) and mayo

**Breakfast Wrap** - With scrambled eggs, bacon & chopped fresh tomato

**Chicken Mayo Wrap** – with tomato, lettuce, peppers, carrots & dill cucumber

## toasted sandwiches

Served with a small side portion of French fries or fresh salad

**(An additional R3.95 will be charged for rye or health bread)**

Bacon & Egg

Bacon, Egg & Cheese

Bacon & Banana

Bacon & Avocado (Seasonal)

Bacon, Avocado & Cheese

Cheese (cheddar or mozzarella) **V**

Cheese & Tomato **V**

Cheese, Ham & Tomato

Curry Chicken

Savoury Mince

Spinach & Feta **V**

Chicken Mayo

Tuna Mayo

## sweet snacks

**Ice Cream Bowl** (three scoops) (various flavours)

**Fresh Fruit Salad Bowl with** cream / ice-cream

**Banana Split Bowl** served with choc sauce, cream/ ice-cream & nuts

**Homemade scone (when available)**

served with butter & jam – add cream

served with cheddar/mozzarella cheese

## **sweet waffles**

**All sweet waffles are topped with icing sugar**

Golden Syrup & Maple flavoured syrup is freely available

**Dutch Apple Waffle** - Baked apple, raisins and cinnamon served with cream, ice-cream or yoghurt

**Bar-One Waffle** - Served with ice-cream and bar-one sauce

**Banana Caramel Waffle** - Sliced banana served with cream or ice-cream and smothered in a creamy Caramel sauce

**Banana Split Waffle** - Served with cream and ice-cream, choc sauce & sprinkled with nuts

**Fried Banana Waffle** - Served with cream or ice-cream and sprinkled with cinnamon sugar

**Yogi Ban Waffle** - Served with sliced bananas, yoghurt and honey

**Health Waffle** - Muesli, yoghurt, fresh fruit salad & nuts, with honey

**Fruit in Season Waffle** - A seasonal fruit served with cream or ice-cream (when available)

**Strawberry Special** - Fresh strawberries served with cream or ice-cream (when available)

## **select your own toppings**

### **Plain Waffle**

With One or Two Servings of Fresh Cream or Ice-cream

Real Fruit Sauces - Various flavours

Mixed Nuts / Plain Yoghurt

Bar-One Sauce

Caramel Sauce

Chocolate Sauce

Peppermint Crisp /Flaky

Sliced Banana

Fried Banana

Cinnamon Sugar

Small Jug of Honey

Small bowl of Fresh Fruit

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## tea

Pot of Five Roses or Rooibos

Specialty Teas (various flavours)

Earl Grey, Fruit Berry, Jasmine Lotus, Herbs 'n Honey

Rooibos Red Cappuccino

## coffee

**decaf – add R3**

**cream – add R3**

Bottomless Filter Coffee

Filtered Coffee            Regular                            Large

Cappuccino                    Regular                            Large

Cappuccino – double strength

Americano

Single Espresso / Macchiato

Double Espresso / Macchiato

Cafe Latté

Chocó-chino

## beverages

Mineral Water - still / sparkling

Soft Drinks

Grapetizer /Appetizer

Lipton Iced Tea – Peach/Lemon/Mixed Berry/Rooibos

Roses Lime/Passion Fruit/Kola with mixer

Glass of Milk

Floats

### **Sir Juice Fruit Juice**

Orange, Guava, Fruit Cocktail

### **Milkshakes**

Vanilla, Strawberry, Lime, Banana, Bubblegum, Chocolate, Milo, Horlicks,

### **Iced Coffee / Frulatta**

**Slo-Jo Smoothies** (crushed ice mix)

Coffee Freezo, Choc Freezo, Mixed Berry, Granadilla, Lemonade, Mango

### **Slo-Jo Hotties**

Chocolate Decadence, White Chocolate, Vanilla Chai Tea

### **Heart Warmers**

Hot Chocolate / Milo / Horlicks

**PRICES SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. VAT INCLUDED**