Italian Style

Crispy

Delicious

AUTHENTIC

PLANTATION CAFÉ

RESTAURANT · VENUE · BAR

Fresh

Homemade

BREAKFAST

***All these breakfasts are served with an in house variety of toast, butter and jam. The eggs may be ordered fried, scrambled or poached.**

SUNRISE — **R33**
1 x egg, 2 x rashers of bacon, 1 x grilled tomato & fries.

***CLASSIC** — **R59**
2 x eggs, 2 x rashers of bacon, 2 x beef sausages, 1 x grilled tomato & grilled mushrooms.

***PLANTATION** — **R87**
2 x eggs, 3 x rashers of bacon, 2 x beef sausages, 150g sirloin / chicken, grilled mushrooms & tomato.

***COUNTRY** — **R69**
2 x eggs, haloumi, grilled mushrooms, 1 x grilled tomato & avo.

THE TOWER — **R60**
Toasted pita feathered with Napoletana sauce, rocket pesto, bacon, fried onions, mushrooms & tomato topped with a fried egg. Add an extra burger patty for R15.

MINCE ON TOAST — **R53**
One slice of toast topped with mince and 2 x fried eggs.

FRENCHIE — **R33**
Option of bacon & banana R45.

BREAKFAST TRAMEZZINI — **R65**
Mozzarella cheese, scrambled eggs, bacon & grilled tomato.

AVO SENSATION — **R55**
Bed of tomato topped with scrambled eggs & avocado on one slice of health bread.

OMELETTES&SCRAMBLED

3 egg omelette or scrambled served with in house variety of toast.

CLASSIC PLANTATION — **R28**
Build your own with a variety of fillings.

BOLOGNAISE — **R55**
Bolognaise mince & mozzarella cheese.

SMOKED SALMON — **R85**
Portion of smoked salmon, cottage cheese and spring onions.

THE MEAT — **R72**
Bacon, sausage, cubed tomato and cheese.

VEGETARIAN — **R50**
Feta, chopped tomato & oregano.

EXTRA FILLINGS:

Tomato, Spring Onions, Spinach & Banana.	R8
Mushrooms, Olives, Avocado & Peppers.	R13
Cheddar, Mozzarella, Feta & Haloumi.	R13

HEALTHY STUFF

HEALTH BREAKFAST R59
Muesli, plain yogurt & fresh seasonal fruit.

MUESLI AND YOGURT R44

SEASONAL FRUIT SALAD R42

OATS R39
Jungle oats with banana, raisins & served with honey.

CROISSANTS, MUFFINS & CAKES

PLAIN CROISSANT R27
Served with jam & butter.

BREAKFAST CROISSANT R49
Filled with scrambled eggs & bacon.

SMOKED SALMON R79
Filled with smoked salmon, cottage cheese & spring onion.

MUFFINS R24
Enquire about our range of jumbo muffins.

CAKES R35

OPEN SANDWICHES

Prepared on a choice of white, brown, rye or Low GI bread or a baguette with a base of crispy lettuce & tomato.

SMOKED CHICKEN & AVO R68
Shaved smoked chicken, avo, cherry tomatoes, rocket & pesto mayo.

SPICY CHICKEN R65
Spicy grilled chicken strips served with jalapeños, avo & cream cheese.

SMOKED SALMON R85
Smoked salmon, cottage cheese, avo & spring onion.

CRUMBED CHICKEN R62
Crumbed chicken strips, red onions, crispy lettuce & gherkins, drizzled with mayo.

HALOUMI SENSATION R72
Avo, haloumi, cherry tomatoes, rocket & grilled mushrooms.

TRAMEZZINI

All Tramezzini are served with mozzarella cheese.

BASIC R39
Mozzarella cheese.

BACON & AVO R65

CHICKEN MAYO R62
Chicken mayo & chopped gherkins.

SPINACH & FETA R62
Pan fried spinach & creamy Danish feta with olives.

BEEF STRIPS R75
Beef strips grilled with mushrooms, onions, peppers, Napoletana sauce & a touch of chili.

CHICKEN PERI-PERI R62

TOASTED SANDWICHES

Choice of white, brown, rye or Low GI bread. All served with a nibble of French fries or a side salad.

ANCHOVETTE & TOMATO / MARMITE R24
HAM & CHEESE R33
HAM, CHEESE & TOMATO R38
BACON, EGG & CHEESE R49
CHICKEN MAYO R39
TOASTED STEAK R64
150g of sirloin strips grilled with mushrooms & onions.
TUNA MAYO R49

WRAPS

Filled with a base of lettuce, tomato & onions and served with a nibble of French fries or a side salad.

STEAK R72
Grilled Rump strips, herbed mushrooms, grated cheddar and tangy mayo.

HALOUMI & AVO R64
Haloumi & avocado in a lemony dressing.

HAWAIIAN CHICKEN R65
Grilled chicken strips, pineapple, avo, cheddar cheese & sweet chili sauce.

SMOKED CHICKEN R65
Shavings of smoked chicken, cheddar cheese, mayo & fresh rocket.

SPICY CHICKEN R64
Grilled chicken strips, peppers, onions & peri-peri sauce.

SOMETHING LIGHT

Allow 20 minutes preparation time.

PREGO STEAK R69
150g sirloin basted in authentic Porra sauce, served with fries or a side salad.

STEAK, EGG & CHIPS R72
150g sirloin, two eggs & fries. Served with toast & butter.

BEEF BURGER R65
Home made 200g beef burger patty served with fries or a side salad.

CHICKEN BURGER R55
Our famous chicken breast, grilled in lemon & herb or peri-peri sauce.

CRUMBED CHICKEN & SPINACH R68
Succulent crumbed chicken breast served with creamed spinach & a nibble of fries.

LEMON & HERB CHICKEN / CHILI & GARLIC R69
Succulent 200g flatty'd chicken breast fillet, grilled in a lemon & herb sauce served with a side of your choice.

SNACK BASKET R78
A selection of finger snacks served on a bed of fries & tangy mayo dip.

SOUP OF THE DAY R39
Enquire about our selection of freshly made soups.

PASTA

Choice of pasta – Penne, Spaghetti or Fettucini.
Allow 20 minutes preparation time.
***Plantation pastas available in half portions @ 75% of the full portion price. Variations to the menu will be extra.**

***NAPOLETANA** ◐ R39 ● R52
Authentic tomato sauce.

***ARABIATTA** ◐ R43 ● R57
Authentic tomato sauce with chili.

***BOLOGNESE** ◐ R49 ● R65
Beef mince & authentic tomato sauce.

***CHICKEN ALFREDO** ◐ R54 ● R72
Grilled chicken strips, mushrooms & cream sauce.

CREAMY STEAK ● R77
Grilled sirloin strips, baby marrow and cream sauce with a hint of authentic tomato sauce.

***DI POLLO** ◐ R49 ● R65
Grilled chicken strips, peppers, authentic herbs, Napoletana sauce & cream.

SMOKED SALMON ● R98
Smoked salmon, spring onion & a dash of lemon topped with a creamy tomato sauce.

***CREAMY MUSHROOM & WHITE WINE** ◐ R49 ● R65
Grilled mushrooms with garlic & parsley in a creamy white wine sauce.

PIZZA GOURMET

FIESTA R80
Ground beef, peppers & a hint of chili.

HAWAIIAN R80
Bacon and pineapple.

MEATY R89
Beef strips, onions & mushrooms.

MEXICAN CHICKEN R78
Grilled chicken strips, Mexican spice, bacon & avo.

CAPRI R78
Grilled chicken strips, mushrooms & pesto mayo.

CAJUN STYLE R84
Grilled chicken with Cajun spice, avo, peppadews, & feta.

FIRENZE R82
Italian sausage, mushrooms and peppers.

FLORENTINA R75
Spinach, feta, olives & garlic.

MARGHERITA R58
Authentic tomato sauce & cheese.

FOCACCIA R48
Pizza base with herbs & garlic.

FORMAGGIO R55
Pizza base with herbs, garlic & mozzarella cheese.

BAKED PASTA

Made with penne pasta and topped with mozzarella cheese then baked until golden brown.

MEAT R77
Penne pasta with bacon, mince, authentic tomato sauce and cream.

CHICKEN R72
Grilled chicken strips with peppers, rosemary, authentic tomato sauce and cream.

VEGETARIAN R65
Spinach, cream cheese, mushrooms, authentic tomato sauce and cream.

Share the lifestyle...

SALADS

GRILLED CHICKEN SALAD ◐ R54 ● R72
Grilled chicken strips, red peppers, baby marrow, lettuce, tomato & cucumber.

CAJUN SALAD ◐ R54 ● R72
Grilled Cajun chicken strips, baby corn, peppadews, lettuce, tomato, cucumber, celery and red onions.

PLANTATION CEASAR R75
Croutons, lettuce, tomato, cucumber, boiled egg, shredded tuna, peppers, celery and red onions.

HALOUMI SALAD R79
Grilled haloumi, bacon, avo, rocket and cherry tomatoes.

SALMONE R89
Smoked salmon, avo, cottage cheese, spring onion, lettuce, tomato, cucumber, peppers and red onions.

SMOKED CHICKEN ◐ R55 ● R72
Shavings of smoked chicken, avo, sun dried apricots, lettuce, tomato, cucumber, peppers, celery and red onions.

GREEK CLASSIC ◐ R44 ● R62
Feta, olives, lettuce, tomato, cucumber, peppers, celery and red onions.

= Vegetarian Meal ◐ = Half Portion ● = Full Portion

www.plantationcafe.co.za
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CHEF'S SPECIALITIES

CREAMY MUSHROOM STEAK R115
Matured 270g rump steak flamed grilled and topped with a creamy white wine mushroom sauce.

RUMP STEAK R110
Matured 270g rump steak flamed grilled to your liking and served with a choice of flavoured butters melting on top and your choice of side.

GREEK RUMP R120
Matured 270g rump steak flamed grilled to your liking, served on a platter plate, with avocado, cubed feta cheese and a choice of chips or vegetables.

BEEF FILLET TRINCHADO R120
Pieces of beef fillet in a traditional authentic Porra sauce served with crusty bread and chips.

UPSIDE-DOWN BURGER R85
Upside-down burger on a toasted bun topped with our authentic 100% pure beef patty, herb greens, slices of fresh tomato, caramelised red onion, melange of cheeses, authentic tomato onion relish and crispy bacon, served with your choice of side.

CHICKEN ROULADE R90
Tender breast of chicken stuffed with sundried tomato, olives, pan-fried spinach, feta and mozzarella cheese, wrapped in bacon and served with your choice of our sides and finished off with creamy tomato.

LAMB BURGER R88
Authentic 100% pure lamb patty nestled between a toasted bun with fresh greens, slices of fresh tomato and topped off with a Bulgarian yogurt tzatziki sauce and served with your choice of side.

STEAK/CHICKEN WITH LIVERS R85
150g Sirloin steak/chicken breast flame grilled and topped with saucy chicken livers. Served with chips or side salad.

½ ROAST CHICKEN R85
Flame grilled half flatty basted with lemon & herb or peri-peri sauce and served with a portion of fries.

COLD & ICED DRINKS

SOFT DRINKS 330ML R17
TIZERS 275ML R23
MIXERS 200ML R14
CORDIALS Roses-passion fruit, lime & kola tonic. R6
LOCAL MINERAL WATER STILL & SPARKLING R14
ICED TEAS Boss & Lipton R20
FRESH FRUIT JUICE 350ML Enquire about selection. R22
ROCK SHANDY R28
MILKSHAKES Enquire about flavours. R24
FRULATO Ice cream shake blended with fresh fruit. R33

FRAPPES

98% Fat free, served hot or cold.

CAPPUCCINO R35
BRAZILIAN HAZELNUT R35
EXOTIC COCONUT R35
CHAI TEA R35
ICED COFFEE AMERICANO Ice cream. R35

FRUIT SMOOTHIES

100% Dairy free or with yogurt.

PINEAPPLE R34
PINA COLADA R34
MANGO R34
STRAWBERRY R34
TROPICAL R34
MIXED BERRY R34
ENERGY SMOOTHIE Contains caffeine. R34

HOT DRINKS

FIVE ROSES TEA, ROOIBOS, EARL GREY, CHAMOMILE R14
MILO R22
HOT CHOC R22
HORLICS R22
WHITE HOT CHOC R23

COFFEES

ESPRESSO R16
DOUBLE ESPRESSO R22
ESPRESSO MACCHIATO R22
CAFFE LATTE R22
CAPPUCCINO R20
BIG CAPPUCCINO R24
ROOIBOS CAPPUCCINO R24
AMERICANO R16
BIG AMERICANO R20
CHOCOLATCCINO R28

PLANTATION COCKTAILS

MOJITO Rum, lime, sugar, mint & soda water. R49
STRAWBERRY DAIQUIRI R49
Rum blended with strawberry cordial, fresh lime juice & strawberries.
PINA COLDA Rum, pina colada cordial & fresh pineapple juice. R49
COSMOPOLITAN Vodka, Triple sec, lime, & cranberry juice. R49
LONG ISLAND ICED TEA R59
MAGUERITA R49