

DELICIOUS & DELIGHTFUL

# WARM Beverages

ESPRESSO	Regular R17	Large R22.50
CAPPUCCINO	R23	R28
CAFÉ LATTE		R28
AMERICANO	R22	R26
FLAT WHITE	Double shot: R28	Triple shot: R36
CAFÉ MOCHA		R34
Espresso, Nutella & steamed milk		
HOT CHOCOLATE	R26	R32
DECADENT HOT CHOCOLATE		R44
Nutella, steamed milk, cream & marshmallows.		
CREAMY WHITE HOT CHOCOLATE	R28	R34
CEYLON & ROOIBOS	R20	
TWINING'S ENGLISH BREAKFAST	R23	
TWINING'S EARL GREY	R23	
ROOIBOS ESPRESSO	R23	
ROOIBOS LATTE	R28.50	
CHAI LATTE	R34	

**TEA LOVERS TREAT**  
An imported & local range of loose teas served with your choice of milk, sugar or honey. Ask your waitress for our TEA LOVERS MENU.

# HEALTH KICK

BERRY SMOOTHIE		R44
Mixed berries, banana, yoghurt, milk & ice.		
MILK & HONEY SMOOTHIE		R44
Banana, milk, honey, almonds & ice.		
SUGAR FREE CHOCOLATE BANANA SMOOTHIE		R44
Banana, ice, milk & Nomu sugar free hot chocolate powder.		
SUGAR FREE ICED COFFEE		R39
Espresso, crushed ice, milk, sweetener, cream & vanilla.		
SUGAR FREE CAFÉ MOCHA		R42
Espresso, Nomu sugar free hot chocolate powder, steamed milk & a foam cap.		
SUGAR FREE ICED MOCHA		R42
Espresso, Nomu sugar free hot chocolate powder, milk & ice.		
NOMU SUGAR FREE HOT CHOCOLATE	SML: R26	LRG: R32
GOOD OL' CHOCOLATE MILK (sugar free)	SML: R25	LRG: R30.50
Nomu sugar free hot chocolate powder & cold milk.		

## HIGH TEA

Enjoy high tea at Bread & Butter, a three-tiered silver cake stand filled with mini sweet & savory treats with your choice of tea or coffee.

MINIMUM 4 PEOPLE  
4 MENU OPTIONS TO CHOOSE FROM  
New! LOW CARB MENU AVAILABLE

BOOKINGS SHOULD BE MADE IN ADVANCE

## Refreshing Gold drinks

SOLD HERE

PEACH / BERRY / LEMON ICED TEA	R24	THICK MILKSHAKES	R40
SODA CANS	R22	Vanilla, chocolate & strawberry	
HOMEMADE STRAWBERRY LEMONADE	R27	MILO MILKSHAKE	R43
SPARKLING PASSION FRUIT	R27	BAR-ONE MILKSHAKE	R44
FRANKIES CLOUDY LEMONADE	R25	FERRERO ROCHER MILKSHAKE	R44
FRANKIES GINGER BEER	R25	SALTED CARAMEL MILKSHAKE	R46
FRANKIES CREAM SODA	R25	COOKIES & CREAM MILKSHAKE	R44
FRANKIES CINNAMON COLA	R25	200ML COKE BOTTLE	R18
SPARKLING WATER	R15	300ML COKE BOTTLE	R21
STILL WATER	R15	ICED HOT CHOCOLATE	MED: R26 LRG: R34
100% PURE FRUIT JUICES	R18	Nutella, milk & crushed ice.	
Orange, apple, mango, strawberry & pineapple.		ICED COFFEE	R36
SNAPPLE	R26.50	Espresso, milk, crushed ice & condensed milk.	
		SLO JO ICED CAPPUCCINO	R38
		APPLETISER	R26
		RED & WHITE GRAPETISER	R26

### NEWSFLASH!

**BREAD & BUTTER PANTRY PRODUCTS HITTING SHELVES SOON!**

Including a range of homemade jams, biscuits & your favourite Bread & Butter products used in store.

*The way Grandma made it, using only good quality ingredients.*

FOR BOOKINGS & ENQUIRIES, CONTACT US ON:  
T. 021 554 5817 · E. shop@breadandbutterco.co.za

VISIT US IN PAARL:  
Bread & Butter Petit Patisserie Paarl  
A. 40A Main Street, Suider Paarl · T. 021 863 0672

@BreadButterSA | Bread & Butter

WWW.BREADANDBUTTERCO.CO.ZA

# BREAD & BUTTER TIMES

THE HOME OF GOOD OLD FASHIONED FOOD AND TREATS

## Morning... BREAKFAST Served all day

**LC EARLY BIRD** Rooster: R78 Hen: R46  
Two fried, poached or creamy scrambled eggs served with crispy bacon, creamy mushrooms & oven roasted rosa tomatoes. Your choice of toast. Swap the creamy mushrooms for an extra egg at no extra charge!

**BACON & CAMEMBERT SWEET TREAT** R74  
Two slices of French toast sandwiched together with Camembert cheese & topped with crispy bacon and a drizzle of maple syrup... say no more.

**New! MASCAPONE & BERRY SWEET TREAT** R74  
Two slices of French toast sandwiched together with mascapone & berry coulis & topped with fresh berries, sliced banana & toasted nut granola.

**LC COW AND CHICKEN** R78  
Toasted butter croissant topped with creamy scrambled eggs, sliced biltong & cheese.

**LC HOT CHIC** R66  
Creamy chicken livers with a hint of peri-peri served with your choice of toast. Warm and comforting! Served anytime of the day.

**BREAD & BUTTER EGGS BENEDICT**  
Two poached eggs on two slices of sweet potato toast with a choice of:  
• Bacon, topped with a light hollandaise sauce, avo & fresh rocket R78  
• Ham, topped with a light hollandaise sauce & fresh rocket R78  
• Smoked salmon, topped with a light hollandaise sauce, capers & fresh rocket R88

**BACON & EGG CROISSANT** R76  
Two fried, poached or scrambled eggs, served with bacon & avocado in a crispy croissant.

**BREAKFAST - IT'S A WRAP!** R68  
Scrambled eggs, bacon, creamy mushrooms & rosa tomatoes wrapped in a whole wheat tortilla.

**V HEARTY OATS** R52  
Creamy oats served with milk, cinnamon, honey, sliced banana with a sprinkle of toasted granola.

**LC THE SALMON** R86  
Creamy scrambled eggs wrapped in a smoked salmon parcel served with rocket, creme fraiche & capers, with a toast of your choice.

**LC BREAKFAST BURGER STACK** R88  
A Big Daddy beef patty, stacked with bacon, tomato, mushroom & caramelised onion marmalade.

**LC BACON & AVO BANTING BREAKFAST** R72  
Two poached, fried or scrambled eggs served with bacon & sliced avo.

**New! LC V BREAKFAST BANANA SPLIT** R56  
Sliced banana, full cream yoghurt, berries in season & berry coulis topped with crunchy nut roasted granola.

**FLAP JACK STACK** R66  
Fluffy flapjacks stacked with bacon, fried banana & maple syrup.

★ THE WAY YOUR GRANDMA MADE IT - WITH LOVE ★

# LIGHT MEALS

Served FROM 11:30 am

**SOUTHERN FRIED CHICKEN BURGER** ..... R82.50  
A Southern Fried chicken fillet topped with camembert cheese, cranberry sauce & rocket on a soft sesame seed roll, served with skinny potato fries.

**PORTUGUESE CHICKEN BURGER** ..... R78  
A panfried Portuguese chicken breast with cheese, tomato, lettuce & mayo on a soft sesame seed roll, served with skinny potato fries.

**New! CHILLI & LIME MEXICAN CHICKEN BURGER** ..... R82.50  
With all the trimmings, avocado crema, pineapple & red onion salsa.

**BIG DADDY'S BEEF BURGER** ..... R94  
A 200g pure beef patty served with greens, tomato & pickles, topped with a slab of cheese, avocado, bacon & caramelised onions, served with skinny potato fries and creamy mushrooms on the side.

**New! LOADED MEXICAN BEEF BURGER** ..... R94  
A 200g pure beef patty served with lettuce, tomato, cheese & sliced jalapeño chillies, smothered in Mexican mince & topped with avocado crema, served with skinny potato fries.

**PANFRIED PORTUGUESE CHICKEN BREAST** ..... R76  
Served with a Greek side salad.

**New! STICKY BBQ CHICKEN WINGS** ..... R72  
Served with skinny potato fries & a side salad.

**MEXICAN MINCE NACHOS** ..... R76  
Smothered in melted cheese and served with tomato salsa, avocado crema & fresh coriander yoghurt.

**LC V LOW CARB NACHOS** ..... R78  
Served with sweet potato crisps.

**TOASTED HAM & CHEESE CROISSANT** ..... R46

**QUICHE OF THE DAY** ..... R68  
Served with a side salad & a slice of sweet potato toast.

**CRUSTLESS QUICHE** ..... R66  
Bacon, mushroom & spinach served with a side salad.

**CRISPY SOUTHERN FRIED CHICKEN STRIPS** ..... R78  
Served with skinny fries & a side salad.



JAM ..... R9.50	HONEY ..... R14	BILTONG ..... R24
CREAM ..... R8	GREENS ..... R8.50	BACON ..... R17
CHEESE ..... R14	AVO ..... R15	HAM ..... R15.50
BOVRIL ..... R8.50	CHICKEN ..... R17.50	BEEF ..... R15.50
	SAUTEED MUSHROOMS ..... R14	

**V VEGETARIAN** **LC LOW CARB** Drop the bread or replace with Banting Bread / Banting Crackers for an extra R10.

★ Our waitrons accept compliments, but prefer tips ★

PLEASE NOTE | FOR TABLES OF 8 OR MORE, A SERVICE CHARGE OF 10% WILL BE ADDED TO THE BILL

# Salad Bowls

TUCK INTO A HEALTHY BOWL OF SALAD SERVED WITH OUR CREAMY CORIANDER VINAIGRETTE, A SLICE OF TOASTED SWEET POTATO BREAD AND TOPPED WITH ROASTED MIXED SEEDS.

**LC V SIDE SALAD** ..... Large: R52 ..... Small: R36  
Rosa tomatoes, cucumber slices, sliced carrots, feta & salad greens.

**LC SMOKED CHICKEN OR ROAST CHICKEN SALAD** ..... R78  
Avocado, feta, rosa tomatoes, cucumber slices, sliced carrots, rocket & salad greens.

**LC BILTONG, FETA & ROSA TOMATOES SALAD** ..... R78  
Cucumber slices, sliced carrots & salad greens.

**LC BACON, AVO & FETA SALAD** ..... R78  
Crispy bacon, fresh avocado, cucumber slices, rosa tomatoes, salad greens, feta & toasted seeds.

**LC V THYME, MUSHROOMS, PARMESAN & PINE NUT SALAD** ..... R76  
Nut salad. Lightly sauteed mushrooms, cucumber slices, rocket, parmesan shavings, salad greens & toasted pine nuts.

**LIGHTLY CURRIED CHICKEN SALAD** ..... R78  
Chunky roast chicken covered in a light and fruity curried mayo, cucumber slices, rosa tomatoes, sliced carrots & salad greens - garnished with fresh banana, pecan nuts & peaches.

**ASIAN COLESLAW & PORK SALAD** ..... R82  
Pulled slow cooked honey glazed gammon, shredded crunchy red & white cabbage, carrots, cucumber, apple, sesame seeds & almond flakes.

**New! CHILLI & LIME MEXICAN CHICKEN SALAD** ..... R78  
Chilli & lime marinated grilled chicken strips, avocado crema, pineapple salsa, cucumber, lettuce, tomato, fresh coriander yoghurt & topped with crunchy corn chips.

# LET THEM EAT PANCAKES

**THE SWEET TOOTH** ..... R42  
Two cinnamon & sugar pancakes served with vanilla ice cream.

**THE LUNCH PANCAKE** ..... R66  
Filled with creamy chicken & mushroom filling & served with a side salad.

**BAR ONE PANCAKE** ..... R48  
Filled with vanilla ice cream & bar one sauce.

# the Humble TOASTED SANDWICH

FARMSTYLE WHITE / BROWN / SWEET POTATO / 100% RYE

..... UNTOASTED ON REQUEST .....  
ALL FILLINGS CAN BE SERVED IN A WRAP: R5 EXTRA. BANTING BREAD: R8 EXTRA.

**CHICKEN MAYONNAISE** ..... R52

**ROAST BEEF, GOUDA, ROCKET & CARAMELISED ONION MARMALADE** ..... R54

**SMOKED HAM, FARM CHEDDAR, ROCKET & WHOLEGRAIN MUSTARD OR DIJON MUSTARD** ..... R49

**SMOKED CHICKEN, BRIE & CRANBERRY SAUCE** ..... R54

**V MOZZARELLA & ROSA TOMATOES** ..... R44

**SMOKED HAM & GOUDA** ..... R48

**V CHEDDAR CHEESE** ..... R42

**BILTONG, COTTAGE CHEESE, ROCKET & CARAMELISED ONION MARMALADE** ..... R64

**THE BIG BOY** ..... R82

Three slices of bread, toasted & filled with chicken mayo, bacon, mozzarella, salad greens, rocket, tomato, cucumber, gouda & caramelised onion marmalade, served with skinny potato fries.

**ASIAN COLESLAW & PORK SANDWICH** ..... R58  
Sliced honey & glazed gammon, cheddar, greens & Asian coleslaw with mustard mayo.

# WRAPS

**ROAST CHICKEN, AVO, FETA & ROCKET WITH CHILLI CORIANDER JAM** ..... R64

**BACON, CREAM CHEESE, ROSA TOMATOES, ROCKET & SWEET CHILLI SAUCE** ..... R64

**BACON, AVOCADO, FETA & SALAD GREENS** ..... R64

**ROAST CHICKEN, BRIE, ROCKET, GREENS & SWEET CHILLI SAUCE** ..... R66

**ASIAN COLESLAW & PORK** ..... R68  
Sliced honey & glazed gammon, cheddar, greens & Asian coleslaw with mustard mayo.

**MEXICAN MINCE FAJITA** ..... R68  
Wrap filled with mince, cheese, guacamole, tomato salsa, cucumber, lettuce & fresh coriander yoghurt.

**New! MEXICAN CHICKEN FAJITA** ..... R68  
Wrap filled with chilli & lime chicken strips, avocado crema, pineapple salsa, cucumber, lettuce & fresh coriander yoghurt.

Slow tastes better!  
MADE WITH LOVE

OUR FOOD IS FRESHLY PREPARED & MIGHT TAKE A LITTLE LONGER.  
SO SIT BACK, RELAX & ENJOY OUR COMPANY.

