



BREAKFAST MENU

CLASSICS

(With chips, toast & a grilled tomato)

FARMHOUSE 109

2 Eggs, streaky *OR* back bacon,
2 pork sausages, spicy baked beans

TRADITIONAL 109

2 Eggs, streaky *OR* back bacon,
a thin boerewors spiral, mushrooms

ENGLISH 79

2 Eggs, streaky *OR* back bacon

SUNSHINE 59

1 Fried egg, streaky *OR* back bacon

OMELETTES

(2 Egg *OR* egg white only,
with toast)

BACON & MUSHROOM 84

With cheddar cheese

BABY SPINACH & FETA 84

With mozzarella cheese, mushrooms
& caramelised red onion

Toast options:

White | Brown | Health | Rye

Shakshuka
Bowl



BOWLS

PERI-PERI CHICKEN LIVERS 75

2 Poached eggs & toast

SHAKSHUKA (v) 59

2 Poached eggs in an aromatic
tomato-based sauce, feta,
with pita bread

HANGOVER FRIED RICE 75

Egg fried brown rice, chilli mince,
mixed peppers, red onion, soy sauce
& fried egg

BREAKFAST BOWL (v) 75

Brown rice, roasted butternut, cherry
tomatoes, red onion, toasted chickpeas,
avo & poached egg

OATS (v) 49

Sliced banana, sliced apple,
honey & cinnamon



Breakfast
Bowl

BENEDICTS

(2 Poached eggs on an English muffin, with hollandaise sauce & grilled tomato on the side)

CLASSIC 79

Hickory ham *OR* spinach & feta

SMOKED SALMON 109

Cream cheese, cucumber, dill & lemon

SMASHED AVO (v) 79

Smashed avo salsa, parmesan shavings & sliced red chilli

Smoked Salmon Bagel



Choc Berry Flapjacks

BAGELS

SMOKED SALMON 95

Cream cheese, cucumber, dill & lemon

BACON & EGG 79

Streaky *OR* back bacon, poached egg, avo, piquante peppers & ranch dressing

HUMMUS & AVO (vgn) 69

Rocket, cherry tomatoes & piquante peppers

SWEET

CHOC BERRY FLAPJACK (v) 69

Stacked flapjacks, fresh strawberries, strawberry compote & chocolate sauce

STRAWBERRIES & CREAM FRENCH TOAST (v) 79

Ciabatta French toast, cinnamon sugar, fresh strawberries, strawberry compote & whipped cream *OR* ice cream

FLAPJACK STACK 64

Maple bacon, salted butter & maple syrup

MAPLE BACON FRENCH TOAST 79

Ciabatta French toast, cinnamon sugar, maple bacon & whipped cream *OR* ice cream

SINGLE TOAST

Toast options: White | Brown | Health | Rye

BREAKFAST STACK 65

Rocket, baby spinach, mushrooms, streaky *OR* back bacon, fried egg & avo

BACON & EGG 54

Poached egg, streaky *OR* back bacon & hollandaise sauce

AVO & EGG (v) 49

Poached egg, avo & rocket
Best on health bread. Low calorie

AVO ON RYE (vgn) 49

Avo, tomato, rocket & lemon on rye toast

MIMOSA

Glass 59 / Carafe 195
Martini Prosecco, orange juice
& strawberry purée
(served from 10am)



COFFEE *etc.*
MENU

CAFFÉ

AMERICANO	29
CORTADO	32
CAPPUCCINO	33
GRANDE CAPPUCCINO	38
Double shot espresso	
SINGLE ESPRESSO	25
CAFFE LATTE	36
CAFFE MOCHA	40
DIRTY CHAI LATTE	46
Chai, espresso & steamed milk	

Decaf +4 | Cream +5 |
MILKLAB Almond OR Oat Milk +9

Coffee Guide:



Americano



Cortado



Cappuccino



Grande Cappuccino



Single Espresso



Caffe Latte



Caffe Mocha



Dirty Chai Latte



HOT DRINKS

BELGIAN HOT CHOCOLATE	40
Topped with cream	
ROOIBOS CAPPUCCINO	34
ROOIBOS LATTE	36
SPICY CHAI LATTE	38
TEA	
Dilmah Green Moroccan Mint	35
Rooibos Ceylon	29

COLD & REFRESHING

MINERAL WATER	26
500ml - Still Sparkling	
FRUIT JUICE	33
Orange Mango Cranberry Pressed Apple	
SODAS	28
Coca-Cola Sprite Fanta	
TIZERS	32
Appletiser Grapetiser	
RED BULL	35
Original Watermelon	
BOS ICE TEA	32
Peach Lemon	

FROZEN

ICED LATTE	36
COFFEE FREEZO	46
KIWI, APPLE, MINT & CUCUMBER FREEZO	46
MILKSHAKES	39
Strawberry Chocolate Vanilla	

GRANITAS

(Fruit & crushed iced)

BLUEBERRY CITRUS	48
Blueberry, cranberry & lemonade	
TROPICAL PASSION	48
Kiwi, passion fruit & apple	
NAARTJIE CRANBERRY	48
Naartjie, lime & cranberry	

SMOOTHIES

GLOW 45

Tumeric, ginger, banana, mango juice
& yoghurt

ENERGISE 48

Mixed berries, mint, chia seeds
& yoghurt

BOOST 48

Peanut butter, banana,
honey, oats & yoghurt



Glow



Energise



Boost