







## BAKERY

Croissants	R20
Pain au chocolate	R25
Scones	R 15
Cheese sticks	R 18
Cinnamon twirls	R 18
Banting brownies	R40
Assorted cakes	
AND DESCRIPTION OF THE PERSON	

## BEVERAGES

Americano	R 18
Cappucino	R 20
Flat white	R 20
Latte	R 25
Cafe Machiato	R 20
Cafe Mocha	R 25
Espresso	R 16
Chai Latte	R 25
Red Latte/Cappucino	R 25
Hot Chocolate	R 25

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## LUNCH

Homemade quiche of the day with side	R 55
salad	
Homemade falafel, roasted butternut and	R 58
humus wrap (vegan)	
Sweet chilli chicken wrap	R 65
Parma ham, mustard mayo, tomato	R 45
grilled sandwich with side salad	
Chicken mayo grilled sandwich with side	R75
salad	
Tomato, basil pesto and cheese grilled	R 70
sandwich with side salad	

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## BREAKFAST

Onana styled Eggs Benny	R 55	
Free range scrambled eggs and bacon	R 58	
on toast		
Homemade banana flap jacks with crispy	R 65	
bacon and golden syrup		
Fresh tomato, basil pesto and cream	R 45	
cheese on toast		
Sautéed mushrooms with roasted cherry	R 75	
tomatoes and 2 soft poached eggs on		
whole-wheat rye		
Bacon and cheese omelette	R70	
Tomato basil pesto and cheese omelette	R70	
Free range scrambled eggs, bacon, pork	R85	
chipolatas and fresh tomato		
Free range scrambled eggs, grilled	R85	
haloumi, mushrooms and fresh tomato	11.00	
Muesli, double thick yoghurt and	R 55	
seasonal fruit with honey	1100	
Vanilla flap jacks with jam and cheese	DEE	
	R 55	
Vegan toast	R 55	