



LITTLE G'S

CHICKEN STRIPS Served with mash or chips	R45
PORK BANGER Served with mash or chips	R45
KIDDIES PIZZA Small pizza with bacon & cheese	R45
TOASTED SANDWICHES Chicken mayo or ham & cheese	R35
MACARONI & CHEESE	R40
SMALL LOADED CHIPS	R40
SPAGHETTI BOLOGNAISE	R45



HOT BEVERAGES

COFFEE	R15	R20
CAPPUCCINO	R20	R25
TEA		R15
HOT CHOCOLATE		R20
IRISH COFFEE		R35
ESPRESSO		R15
CAFÉ LATTE		R25
MILK		R15
MILO		R20
FLOATS		R25



DESSERTS

HOME MADE MALVA PUDDING Served with your choice of ice cream or custard	R40
VANILLA ICE CREAM & CHOCOLATE SAUCE	R40
PEPPERMINT CRISP PUDDING	R40
ASSORTMENT OF CHEESES & PRESERVES	R75
OREO DELIGHT Nutty chocolate brownie, topped with chocolate sauce and topped further with white chocolate & oreo mousse... To die for	R40
CARROT CAKE SQUARE Served with cream cheese ice cream	R50
PAVLOVA	R60

MY VERSION: A Condensed milk cheesecake topped with meringue and our berry mixture - An3s 99



SMOOTHIES

STRAWBERRY & BANANA	R50
MOCHA	R50
BERRY	R50
HOT CHOCOLATE	R50
PEANUT BUTTER	R50



SOMETHING TO KNOW

G's is a family owned restaurant that strives to give each one of our guests a great time and great food.

Please note that all our food may contain traces of nuts. Please inform us of ANY allergies.

Ask your waitron about our G's sandwich menu, a tasty solution for a light lunch. You build it yourself – not available during dining hours.

If you had a great time – tell everyone – but please tell us if something was not up to standard. Only with feedback, will we be able to improve the experience.

All parents acknowledge that the play area is used at the children's own risk and that G's Bistro & Bar accepts no responsibility or liability for any injuries whilst playing on the jungle gym. All clients also acknowledge that they enter the premises at their own risk. G's Bistro & Bar accepts no responsibility or liability for any loss or injury occurred.

CATERING

Please enquire about hosting your function at G's, or for platters and catering for your function.



EARLY RISERS

Breakfast ends at 11h00.
Bread choices: white, brown or rye

FRENCH TOAST	R50
With maple syrup & bacon Cinnamon option available	
FILLED PANCAKE	
Chicken & mushroom	R55
Spinach & feta	R55
Bacon & cheese	R55
BREAKFAST BUN	R45
Bun filled with fried egg, bacon & cheese	
FULL BREAKFAST	R80
Bacon, 2 eggs, creamy mushrooms & boerewors or pork banger. Served with 2 slices of toast	
GRANOLA STACK	R55
A mug layered with fresh fruit, yogurt and granola	
OMELETTES (served with 2 slices of toast)	
Bacon & cheese	R50
Chicken & mushroom	R50
Cream spinach & feta	R50
Any additional fillings	R10EA
BREAKFAST PIZZA	R80
Bacon & scrambled eggs topped with cheese & mushrooms	
THE QUICKIE	R40
One egg, three rashers of bacon & toast	
BANTING	R95
2 Poached eggs on top of black mushrooms, topped with parma ham and hollandaise	
QUESADILLAS	R55
Egg, bacon & avo	



TO BEGIN WITH

CHILLI CHICKEN LIVERS R60
Chicken livers made with our creamy chilli sauce. Served with home made bruschetta's

GARLIC SNAILS R60
Garlic snails in either a creamy cheese sauce or garlic butter

CHEESE PLATTER R85
Platter made up of assortment of cheeses and preserves

MIXED BRUSCHETTAS R85
Bruschettas topped with: salmon & cream cheese; grilled peaches & cottage cheese; basil pesto & cherry tomatoes

WHOLE CAMEMBERT R85
Whole camembert cheese served with our home made bruschettas and condiments

BEEF TRINCHADO R60
Beef strips in a creamy chilli sauce served with bruschettas

CHICKEN WINGS R70
(Plain or peri peri)
4 Full chicken wings served with a small portion of chips

CREAMY BUTTERNUT SOUP R40

SQUIDDIES R85
Deep fried Squid heads

BABE HALOUMI R90
Haloumi cheese wrapped in bacon and baked in the oven served with bluecheese sauce

QUESADILLAS:

Chicken & peppers	R70
Biltong	R75
Biltong & blue cheese	R80
Garlic & mushroom	R70
Creamed spinach & feta	R70
Bacon & cheese	R75

CALAMARI RINGS R75
Deep fried or grilled served with either lemon butter, garlic butter or tartar sauce

TAPPAS PLATTER FOR 2 R130
Platter made up of selection of cheese, cold meat and preserves

CRUMBED MUSHROOMS R80
Freshly crumbed white button mushrooms with a camembert & blue cheese dressing

LOADED MUSHROOMS R75
Black mushrooms topped with bacon, feta, cheddar & mozzarella and baked in the oven

NACHOS R75
Nachos with chilli con carne, guacamole, relish and topped with cheese



LETTUCE LOVERS

All salads made with fresh crispy lettuce, cucumber, red onions, peppers, feta cheese & olives

GREEK SALAD R45

CHICKEN R75

BILTONG R80

GRILLED HALLOUMI R80

ACTIVE R55
Grilled chicken breast & side salad

BILTONG & BACON R85

CALAMARI R85
Grilled or fried calamari rings

AVO & PRAWN R90
With a wasabi mayonnaise dressing

BETROOT & GOATS CHEESE R80



MAINS

Some mains served with your choice of chips or mash or salad or vegetables
Cauliflower mash available to banting followers @ R 20 extra

CHICKEN SCHNITZEL Chicken breast dusted and crumbed served with your choice of sauce and side	R75	EISBEIN Crispy pork eisbein served with your choice of side	R110
BUTTER CHICKEN CURRY Chicken curry served with rice or tagliatelle pasta. Add prawns @ R30	R90	FULL CHICKEN WINGS (Plain or peri peri) 10 Full chicken wings flame grilled and served with chips	R110
FETTUCCINI ALFREDO Fettuccini pasta in a creamy white sauce with mushrooms, bacon & parmesan	R85	BEER BATTERED HAKE Soft hake deep fried in a beer batter with your choice of side	R75
CHICKEN & PESTO PENNE Penne pasta made with fresh basil pesto & marinated chicken breast	R85	LAMB CURRY Served with rice and condiments	R120
STUFFED POTATO Baked potato filled with sour cream, chives, peppadews and rocket. Served with choice of side	R80	PRAWN & FISH COMBO	
GRILLED KINGKLIP Kingklip grilled in butter and served with choice of side	R95	Kingklip	R130
BEEF STROGANOFF Beef strips in a creamy mushroom & paprika sauce served with rice or tagliatelle	R85	Beer battered hake	R110
COTTAGE PIE Creamy mince & mushrooms, topped with mashed potatoes & cheese	R85	G'S BOEREFONDUE 200G rump steak, boerewors & pap. Served with home made relish & sauce of your choice	R110
BEEF LASAGNE	R90	PAELLA Chicken, seafood & chorizo pan fried with buttery rice	R140
MACARONI & CHEESE Need meat? Add bacon or chicken @ R 20	R85	CHICKEN FLORENTINE Chicken breast topped with creamed spinach, covered with white sauce and cheese	R90
SPAGHETTI BOLOGNAISE	R80	CHICKEN STRIPS Chicken strips served with choice of side and sauce	R80
LOADED FRIES Potato chips, topped with bacon & cheese	R80	6 PRAWNS Served with rice & lemon butter sauce	R120
		300G RIBS	R80
		600G RIBS	R140
		1KG RIBS	R220

*ASK YOUR WAITER TO BUILD YOUR OWN SANDWICH
ONLY AVAILABLE LUNCHTIME



BANTING

For the banting followers. As its made fresh please allow extra time for preparation.

BANTING PIZZA R100
Bacon & avo

You can now have any of our famous pizzas made with a cauliflower base. Just add R20

BANTING COTTAGE PIE R90
creamy mince & mushrooms topped with cauliflower mash and cheese

KINGKLIP R110
Kingklip in a tomato & cream sauce topped with bacon. Baked in the oven & served with fresh salad

SPICY BUFFALO WINGS R85
With a creamy blue cheese sauce

BANTING BURGER
Anyone of our burgers with a cauliflower base as a bun. Charged at R20 extra

LOADED MUSHROOMS R75
Same as starter

CHILLI CHICKEN LIVERS R85
in a rich and creamy chilli sauce served with our tasty cauliflower mash

BANTING QUESADILLAS:
Biltong & cheese R95
Chicken & mushroom R95
Peppadew, camembert & rocket R95

CREAMY CHICKEN BREAST R95
Chicken breast topped with a creamy pesto & pecan nut sauce served with a portion of our yummy veg of the day

SPICY CHICKEN ALFREDO R95
Creamy chicken breast, bacon & mushrooms served on top of our incredible stir fried mix veg

CHICKEN SCHNITZEL R90
Crumbed with almond flour

Dessert – chocolate mousse R80
pot - a rich dark chocolate & nuts mousse topped with a fresh creamy fudge
Yes its banting

NOTE

EVEN I WHO DOESN'T FOLLOW THE BANTING REVOLUTION CAN'T BELIEVE HOW YUMMY THIS MOUSSE HAS TURNED OUT. AND I HOPE EVERY BANTER LOVES IT - An3s ☺



CHICKEN R110
Chicken wings ,chicken sosatie & chicken paté. Served with bruschettas

BEEF R120
200G rump steak, boerewors & beef sosatie. Served with your choice of sauce and a small portion of chips

FROM THE OCEAN R130
Grilled prawns, fish cakes & piece of grilled line fish and a small portion of chips

G'S MINI PLATTERS

MIXED R115
Chicken wings, 150g ribs & 3 prawns served with a small portion of chips

CHICKEN & RIBS R110
3 Chicken wings & 150g ribs served with chips

CHICKEN & PRAWN R110
3 Chicken wings & 3 prawns. Served with a small portion of chips

CALAMARI & STEAK R110
Beef slices & deep fried calamari. Served with a small portion of chips



CARNIVORE BAR

Served with your choice of side: chips or vegetables or rice or salad! Extra sides charged @ R20

500G T-BONE	R120
300G RUMP STEAK	R98
200G RUMP STEAK	R80
500G RUMP	R130
300G SIRLOIN	R98
200G SIRLOIN	R80
300G FILLET	R130
200G FILLET	R110

STEAKS SERVED WITH ONE OF THE FOLLOWING SAUCES:

Pepper Sauce
Cheese Sauce
Blue Cheese
Garlic
Mushroom Sauce

SPECIALITY TOPPINGS

These can be added on any of our steaks and are charged extra

BILTONG & MUSHROOM	R20
CHICKEN LIVERS	R35
GORGONZOLA SNAILS	R35

STANDARD BASTING AS A NORM

As a standard we use our basting on all steaks but the following can also be done @ no charge

PEPPER CRUSTED | TRADITIONAL | PERI PERI



BURGERS

All burgers are served with a 250g home made patty and homemade rolls with your choice of chips or side salad or vegetables

ALL BURGERS ARE TOPPED STANDARD WITH LETTUCE, TOMATOES, RED ONIONS AND GHERKINS

G'S BURGER R85
With caramelized onion, rocket, figs and our home made blue cheese sauce

BACON AVO & CHEESE R85
seasonal avo with crispy bacon, topped with mozzarella & cheddar cheese

CHILLI CON CARNE R85
Chillies, red kidney beans & butter beans sauce topped with fresh mushrooms

CHICKEN R80
Grilled chicken breast patty, topped with home made sweet chilli mayo & mozzarella

VEGETARIAN R80
Patty made with butternut & creamed spinach topped with cheddar & mozzarella

MUSHROOM R85
Cheeseburger topped with our creamy pan fried mushrooms

CHEESE BURGER R75

SUNNY SIDE R85
Bacon & egg burger topped with cheese and home made salsa

CHICKEN & PINEAPPLE R90
Grilled chicken breast topped with pineapple, bacon, cream cheese, biltong & jalapeno

CHICKEN & HALLOUMI R90
Chicken breasts topped with fried halloumi cheese and basil pesto



PIZZA

All pizzas are standard 30 x 30cm in size and are topped with cheddar & mozzarella

FOCCASIA Olive & oregano Garlic & oregano	R60	HERBIVORE Assortment of fresh veg	R85
MARGARITA Tomato base with fresh rocket	R60	HOT CHICK Peri peri chicken livers	R85
WANT SOME MORE Salami, olives, feta	R75	4 CHEESES Cheddar, mozzarella, gorgonzola & feta	R90
SEASIDE Mussels, calamari & prawn tails	R110	RIBBELICIOUS Deboned Ribs & Cheese	R90
BEACH VIBE Bacon, pineapple & feta	R75	THE PARIE Brie & parma ham with rocket	R90
CARNIVORE Steak strips & biltong	R85	THE MEXICAN Nachos with chilli con Carne sauce	R90
G'S SPECIAL Bacon, rocket, blue cheese & Figs	R85	BUTTER CHICKEN Our butter chicken on a pizza base	R90
THE SWEET CHICK Sweet chilli chicken, feta cheese & peppadews	R85	REGINA Chicken & mushroom	R75
BACONIZED Caramelized onions & bacon topped with rocket	R85	THE MAYO Chicken mayo	R85
PESTO Basil pesto & cherry tomatoes with rocket	R85	CARB CRAZY Macaroni & cheese	R75
		THE NANA Bacon & banana	R85



BASKETS

All baskets served with a portion of chips

CHICKEN STRIPS, CHICKEN WINGS & CHICKEN SOSATIES	R80	PRAWN RISSOLES, CHICKEN SAMOOSAS & CRUMBED MUSHROOMS	R80
RIBS, PULLED PORK SPRING ROLLS & PORK SAUSAGE	R90	CHICKEN STRIPS, RIBS, TEMPURA PRAWNS	R90
CALAMARI RINGS, FISH CAKES & TEMPURA PRAWNS	R130	CALAMARI, BEEF SOSATIES AND PULLED PORK SPRING ROLLS	R90