

A photograph of a person's legs from the knees down, wearing red denim jeans with a large tear at the knee and brown lace-up shoes with a thick sole. The person is standing on a cobblestone street. The entire image is overlaid with a semi-transparent cyan/blue color filter. The text 'NEWS CAFE' is centered over the image in a white, bold, sans-serif font.

**NEWS
CAFE**

PULLED PORK ROSTI



ALL DAY BREAKFAST

OUR BREAKFASTS ARE SERVED ALL DAY
TOAST OPTIONS OF WHITE, BROWN, HEALTH OR RYE

eggs benedict 65

2 traditional poached eggs and hickory ham on an english muffin, dressed with hollandaise sauce and served with grilled tomato
[replace the ham with bacon or spinach and feta]

big ben NEW 69

2 traditional poached eggs with bacon, grilled mushrooms, grilled cherry tomato and rocket on an english muffin, dressed with hollandaise sauce

good old traditional 79

2 eggs, your choice of streaky OR back bacon, thin boerewors spiral, grilled tomato, mushrooms, chips and toast

the english 65

2 eggs, your choice of streaky OR back bacon, grilled tomato, chips and toast

sunshine breakfast 49

1 fried egg, your choice of streaky OR back bacon, grilled tomato, chips and toast

boerie breakfast 79

thin boerewors spiral, 2 fried eggs, crispy streaky bacon, baked beans, fried mushrooms and onion, served on an english muffin with rocket

hangover eggs 65

toasted ciabatta, 2 fried eggs and streaky bacon with baked beans and our vibe chilli sauce, topped with feta cheese

breakfast burger stack NEW 85

beef patty stacked with a fried egg, panko crumbed potato rosti, grilled mushrooms, cheddar cheese and bacon with tomato relish

livers on toast NEW 65

pan fried chicken livers in a spicy tomato sauce, with mixed peppers and onion, served on toasted ciabatta with a poached egg and side of vibe chilli

pulled pork rosti NEW 79

2 panko crumbed potato rostis, topped with sticky bbq pulled pork, gherkins, 2 poached eggs and grilled tomato

omelettes

3 egg OR egg white only omelette served with a slice of toast

bacon, cheddar cheese and mushroom 69

bacon, feta and avo 69

① tomato, mozzarella and caramelised red onion NEW 59

HEALTHIER alternatives

① black mushroom bant NEW 75

sautéed creamy spinach served on grilled black mushrooms topped with 2 poached egg and guacamole served with grilled tomato

banting breakfast 75

fresh avo slices, served with crispy streaky bacon and cream cheese, drizzled with extra virgin olive oil, tabasco and freshly ground black pepper

① rolled oats 40

a generous portion of rolled oats, cooked with milk and served with banana, honey, dates and cinnamon

① fruit salad and yoghurt 59

fresh seasonal fruit with plain OR strawberry yoghurt and honey

① muesli jar 55

seasonal mixed fruit layered with muesli and low-fat plain OR strawberry yoghurt

① avo on rye 50

sliced avo, fresh rocket and sliced tomato, served on rye toast and finished with a squeeze of lemon

① poached eggs on health toast 45

2 poached eggs on health toast, served with freshly sliced tomato and rocket

TOASTED'S

SERVED WITH CHIPS OR SIDE SALAD

chicken mayonnaise 55

bacon and egg 59

hickory ham and cheese 55

① cheese and tomato 50

club sandwich 75

triple-decker toasted sandwich with grilled chicken breast, bacon, fried egg, tomato and lettuce

Some food items have traces of nuts and seeds. Should you be allergic to any food items, please request information regarding ingredients prior to ordering.

CRISPY HAKE SALAD



salads

DRESSED AND READY

panko chicken NEW

panko crumbed chicken strips, baby leaf lettuce, red cabbage, carrot, cucumber and avo tossed with a peppadew dressing

85

crispy hake NEW

deep fried hake bites, red cabbage, cucumber, fresh peas, celery, shaved fennel and rocket tossed with a creamy lemon mayo dressing

79

chicken livers NEW

crispy chicken livers tossed with baby leaf lettuce, red onion, cherry tomatoes, croutons, mushrooms and broccoli, finished with parmesan shavings and a sweet mustard dressing

79

🍷 strawberry and haloumi

fresh sliced strawberries, tossed with baby lettuce, avo and panko crumbed haloumi and finished with toasted almond flakes and a balsamic reduction

95

🍷 simply greek

traditional greek salad of mixed tomatoes, cucumber, red onion, olives and feta, tossed with honey mustard dressing and served in an open toasted wholewheat wrap

79

honey coated sesame seed chicken

chicken strips stir-fried in honey and sesame seeds, with feta, sliced avo, baby leaf lettuce, tomato and cucumber, finished with a mustard and herb dressing

89

chicken caesar

grilled chicken strips, cos lettuce, parmesan shavings, cucumber ribbons and croutons with a creamy caesar dressing

79

cajun chicken

grilled cajun chicken strips, baby leaf lettuce, tomato, cucumber, onion, topped with feta cheese and finished with a mustard and herb dressing

85

WRAPPS

WHOLE WHEAT WRAPP, SERVED WITH YOUR CHOICE OF SIDE

sticky pulled pork NEW

sticky pulled pork with red cabbage, carrot, baby leaf lettuce, crumbled feta and sweet mustard dressing

89

chilli beef and bacon

chilli basted beef strips, bacon, jalapenos, and cheddar cheese, with tomato and baby leaf lettuce

89

cajun chicken

strips of cajun chicken mixed with feta cheese, onion, baby leaf lettuce and tomato, tossed with tangy cajun mayo

79

honey coated sesame seed chicken

with feta, avo, baby leaf lettuce, tomato and honey mustard mayo

89

🍷 haloumi and avocado

with baby leaf lettuce, tomato and mayo

89

crumbed chicken and avo

crumbed chicken strips with peppadews, avo, baby leaf lettuce, tomato and grated cheddar cheese, tossed with honey mustard mayo

89

SIDES • SIDES • SIDES

mac & cheese • onion rings • chips
stir fry veg • greek side salad • slaw

★ HOUSE FAVOURITES ★

mac and cheese

classic mac and cheese made with cheddar, parmesan and mozzarella. served with the following options:

🍷 classic cheese

65

bacon and blue cheese

85

spicy beef mince

85

beef trinchado

tender cubes of beef sirloin cooked in an infused portuguese red wine sauce, with a hint of garlic and chilli, and served with a portuguese roll and rocket

105

peri-peri chicken livers

chicken livers served in a creamy peri-peri sauce, served with a toasted portuguese roll

65

grilled chicken breasts

2 flame grilled lemon and herb chicken breasts served with a greek side salad

79

beer battered fish and chips

deep fried hake fillet served with chips and tartare sauce

105

also available as a grilled option with a side salad





FISH TACOS



MEXICAN
ENJOYED BEST
WITH A CORONA-RITA

MEXICAN

pulled pork tacos NEW

79
bbq pulled pork served in soft shell tacos with crisp carrot and mango salsa served with a spicy mango dip

fish tacos NEW

75
soft tacos filled with deep fried hake bites and crunchy coleslaw served with creamy lemon dressing

spicy chicken quesadilla NEW

79
fajita spiced chicken, sautéed green pepper and onion, toasted in a tortilla with cheddar cheese and served with all the trimmings

jalapeno bites

65
diced jalapenos with feta, mozzarella and cream cheese, panko crumbed and fried, served with guacamole and spicy mango dip

nachos grandes

99
topped with our vibe chilli cheese sauce, melted cheese and jalapenos, served with guacamole, sour cream and house salsa

nachos con carne

125
with spicy beef mince

nachos con pollo

120
with cajun chicken strips

finger foods

beef sliders

79
a trio of mini burgers
original BBQ, classic cheese and bacon and cheese

pulled pork sliders NEW

89
a trio of mini burger buns, filled with sticky bbq pulled pork, coleslaw and sliced gherkins

haloumi sticks

69
panko crumbed haloumi sticks served with sweet chilli sauce

fiery chicken wings

95
buffalo wings dipped in our hot sauce, served with blue cheese dip, cucumber and chips

tempura prawns

95
basket of panko crumb fried prawns, served with sweet sesame chilli mayo on the side

mini corn dogs

89
deep-fried, cornmeal battered, bokwurst, served with chips, tomato sauce and wholegrain mustard mayo

chicken bites

85
panko crumbed chicken strips served with chips and bbq sauce

chicken wings

95
bbq **OR** peri-peri wings served with chips

bacon and cheese fries NEW

65
generous portion of chips layered with cheese sauce, crispy bacon bits and melted mozzarella and cheddar

platters

to share

banger platter NEW

295
chorizo slices, grilled boerie spirals, cheese grillers and bokwurst served with chips, sweet mustard dip, bbq sauce and spicy relish

wing platter

270
full portion of BBQ wings, peri-peri wings and our fiery buffalo wings, served with bbq sauce, peri-peri sauce, blue cheese dip and a double portion of chips

the top seller platter

370
full portion of bbq ribs, bbq chicken wings, chicken bites and bokwurst, served with cajun potato wedges

the big share

295
fiery chicken wings, corn dogs, beef sliders and jalapeno bites served with chips, blue cheese dip, tomato sauce and spicy mango dip

news platter

270
chicken bites, bbq chicken kebabs, vegetable spring rolls and bokwurst, served with chips, bbq sauce and honey mustard mayonnaise

BIG BEEF BURGER



BURGERS

ALL OUR SMASHED BURGERS ARE SERVED MEDIUM WITH YOUR CHOICE OF SIDE

original bbq 75

bbq basted smashed beef patty with lettuce, tomato, and grilled red onion

classic cheese 85

bbq basted smashed beef patty topped with cheddar cheese and grilled red onion, on a bed of lettuce and tomato

cheese and bacon 89

bbq basted smashed beef patty topped with bacon and cheddar cheese, on a bed of lettuce and tomato
[add egg 5.00]

bacon and blue cheese 89

smashed beef patty topped with crispy streaky bacon and gorgonzola sauce, on a base of lettuce and tomato
- a true classic

mushroom and cheese NEW 89

bbq basted smashed beef patty topped with cheddar cheese and creamy mushroom sauce, on a bed of lettuce and tomato

the morning after NEW 95

smashed beef patty topped with a fried egg, bacon, vibe tomato relish and onion rings

big beef 95

smashed beef patty topped with cheddar cheese, bacon, caramelised onions, avo and mushroom sauce, served with tomato and lettuce

fiery chicken 75

panko crumbed chicken fillet, dipped in our fiery hot sauce, topped with gherkins and blue cheese sauce on a bed of lettuce and tomato

haloumi avo chicken 85

lemon and herb chicken fillet with grilled haloumi cheese, avo and tangy cajun mayo, on a bed of lettuce and tomato

SIDES • SIDES • SIDES

mac & cheese • onion rings • chips
stir fry veg • greek side salad • slaw

SIGNATURE STEAKS

black and blue sirloin NEW 155

300g sirloin topped with grilled black mushroom, caramelised red onion and blue cheese sauce served with panko crumbed potato rostis

stack'd steak NEW 155

300g sirloin topped with tomato relish, crispy onion rings and feta crumble, served with panko crumbed potato rostis

b&c sirloin NEW 150

300g sirloin topped with creamy cheese sauce, crispy bacon bits and melted cheddar served with potato wedges

flamed fillet 155

200g fillet stuffed with baby spinach, peppadew, mushroom and mozzarella. served with potato wedges and piquant pepper sauce

original melt 155

300g sirloin topped with avocado slices, mozzarella and feta cheese, served with stir fry veg

CLASSIC STEAKS

PREPARED WITH A MEDITERRANEAN MEAT RUB OR BASTED WITH NEWS CAFE BBQ SAUCE SERVED WITH YOUR CHOICE OF SIDE

200g fillet 140

300g sirloin 140

500g t-bone 160

SAUCES 20

mushroom • black pepper • piquant pepper • vibe chilli

GRILLS

the big grill 170

150g sirloin, 2 boerie spirals and 200g of pork ribs, served with vibe salsa and your choice of side

ribs and wings 170

your choice of bbq OR peri-peri wings and a half portion of bbq pork ribs, served with chips

bbq ribs 175

600g rack of bbq pork ribs served with chips

lamb chops 150

3 loin chops brushed with bbq sauce, served with cajun potato wedges and a greek side salad

spring chicken NEW 160

flame grilled lemon and herb spatchcock chicken, served with your choice of side

SHAKES



★ SHAKES ★

| | |
|------------------------------------------------------------------------------------------------|----|
| strawberry cheesecake strawberries, cream cheese, condensed milk and tennis biscuits | 45 |
| gumi-berry berries, bubble-gum syrup and jelly babies | 45 |
| espresso cookie crushed oreo cookies with a shot of espresso | 45 |
| peanut & banana peanut butter and fresh banana | 45 |

smoothies

ALL SMOOTHIES ARE SEASONAL, AND UNLESS OTHERWISE STATED, INCLUDE ELEMENTS OF DAIRY

| | |
|----------------------------------------------------------|----|
| original coffee freezo frozen cappuccino | 40 |
| kiwi, apple, mint and cucumber crush non-dairy | 39 |
| mixed berry crush non-dairy | 39 |
| passion fruit crush non-dairy | 39 |
| mango freezo | 42 |
| frullata fresh fruit blended with ice cream | 42 |

COLD & REFRESHING

| | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| milkshakes strawberry, vanilla, chocolate, milo OR lime | 34 |
| SIR FRUIT fresh juices strawberry, litchi, pineapple, cloudy apple, mango, orange, fruit cocktail OR cranberry | 22 |
| BOS ice-tea lemon, peach, berry, OR sparkling lemon  | 28 |
| sodas | 20 |
| cordials kola tonic, passion fruit OR lime with a mix | 20 |
| la vie mineral water 500 ml sparkling OR still | 20 |
| tizers apple, red OR white grape | 29 |

COFFEE

| | |
|-----------------------------------------------------------------------------|----------|
| ALL COFFEES AVAILABLE AS DECAFFEINATED | ADD 1.50 |
| filter coffee | 18 |
| refill | 12 |
| regular cappuccino | 20 |
| grande cappuccino double-shot espresso | 25 |
| cappuccino con panna regular cappuccino topped with whipped cream | 22 |
| americano espresso topped with water | 17 |
| single espresso | 15 |
| double espresso | 20 |
| caffé latte | 22 |
| caffé mocha choc espresso mix, topped with frothed milk | 26 |

TEA

| | |
|------------------------------------------------------------------------------------------------------------------|----|
| hot spicy chai spicy chai tea with low fat milk | 28 |
| dilmah original earl grey, pure chamomile flowers, OR moroccan mint green tea | 25 |
| BOS organic rooibos  | 18 |
| five roses ceylon | 18 |

chocolate

| | |
|-----------------------------------------------------|----|
| SERVED WITH AN OREO COOKIE | |
| belgium hot chocolate served with cream | 32 |
| white hot chocolate | 34 |
| milo OR horlicks served with cream | 32 |



Service charge not included. We reserve the right to charge a 10% service fee.
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