

BREAKFASTS

- FRUIT CUPS** 20
a selection of fresh seasonal fruit
- PEANUT BUTTER & BANANA ALMOND POT** 26
yoghurt, banana, sugar-free peanut butter, toasted almonds, honey
- AVO TOAST** 28
avo, lemon juice, slice of low gi toast
- SCRAMBLED EGGS & TOAST** 28
free range scrambled eggs, slice of low gi toast
add free range beef sausage 12
- CHEESY EGG WRAP** 32
free range scrambled eggs, white cheddar

SANDWICHES

- TOASTED CHEESE & TOMATO** 22
white cheddar, tomato
- CHICKEN SALAD ½ SANDWICH** 25
free range chicken, yoghurt mayo (contains free range egg), tomato, cucumber, house greens, white cheddar
- CHICKEN MAYO & AVO ½ SANDWICH** 28
free range chicken, avo, yoghurt mayo (contains free range egg)
- TOASTED CHICKEN MAYO** 30
free range chicken, yoghurt mayo (contains free range egg), house greens
- TOASTED BOLOGNAISE PITA** 30
beef bolognaise, whole wheat pita, white cheddar
- PULLED CHICKEN & CHEDDAR PITA** 34
free range chicken, toasted whole wheat pita, white cheddar

HEALTHY
Fat



PEANUT BUTTER & BANANA ALMOND POT

AVO TOAST



WHOLEWHEAT LOW GI
Bread

WRAPS

- HARVEST WRAP** 32
avo, house greens, cucumber, feta, carrot, yoghurt mayo (contains free range egg)
- PULLED CHICKEN WRAP** 37
free range chicken, house greens, spicy chipotle mayo (contains free range egg), rosa tomato, cucumber
- CHICKEN, CHEDDAR & CORN WRAP** 40
free range chicken, white cheddar, raw corn, yoghurt mayo (contains free range egg)
- CHICKEN & CHEESE FLAT WRAP** 40
free range chicken, white cheddar, celery & onion mayo (contains free range egg)
- TROPICAL CHICKEN WRAP** 42
free range chicken, house greens, fresh pineapple, carrot, thai peanut dressing
- MOROCCAN WRAP** 44
free range chicken, warm brown rice, carrot, rosa tomato, feta, avo, moroccan sauce
- MAGMATIC WRAP** 44
free range chicken, warm brown rice, rosa tomato, white cheddar, sweet chilli sauce, tomato salsa
- PRINCESS WRAP** 46
free range chicken, yoghurt mayo (contains free range egg), house greens, avo, feta, rosa tomato, carrot

SALADS

- HARVEST SALAD** 36
house greens, avo, cucumber, carrot, rosa tomato, feta, yoghurt mayo dressing (contains free range egg)
- THAI CHICKEN SALAD** 44
free range chicken, house greens, cabbage, carrot, cucumber, sesame seeds, thai peanut dressing
- TUNA SALAD** 45
tuna, house greens, raw corn, tomato salsa, cheddar, yoghurt mayo dressing (contains free range egg)
- PRINCESS SALAD** 46
free range chicken, house greens, avo, carrot, rosa tomato, feta, yoghurt mayo dressing (contains free range egg)
- CHICKEN & CORN SALAD** 48
free range chicken, house greens, avo, carrot, rosa tomato, raw corn, yoghurt mayo dressing (contains free range egg)



SMOOTHIES

250ml 350ml 500ml
S M L

STRAWBERRY STINGER

pressed apple juice, strawberries, frozen yoghurt, banana

22 27 32

NEW GREEN LEMONADE

pineapple, lemon, honey, frozen yoghurt, kale, baby spinach, pressed apple juice

22 27 32

PEANUT BUTTER BLISS

banana, cacao, milk, frozen yoghurt, sugar-free peanut butter

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BERRY DAIRY

blackberries, raspberries, strawberries, banana, frozen yoghurt, honey, milk

22 27 32

GEM

banana, toasted almonds, honey, frozen yoghurt, milk

22 27 32

NEW DRAGON PUNCH

dragon fruit, mango, mint, lemon, honey, coconut-infused water

22 27 32



HOT MEALS

PIZZA

20

NEW CHICKEN SAUSAGE HOT DOG

38

NEW BUTTER CHICKEN & RICE

35

MAC & CHEESE

32

PASTA BOLOGNAISE

34

BEEF LASAGNE

34

CHICKEN PESTO PASTA

34

BBQ WINGS & WEDGES

37

free range chicken, potato wedges

CHICKEN BANGERS & WEDGES

37

free range chicken sausage, potato wedges

CHICKEN BURGER

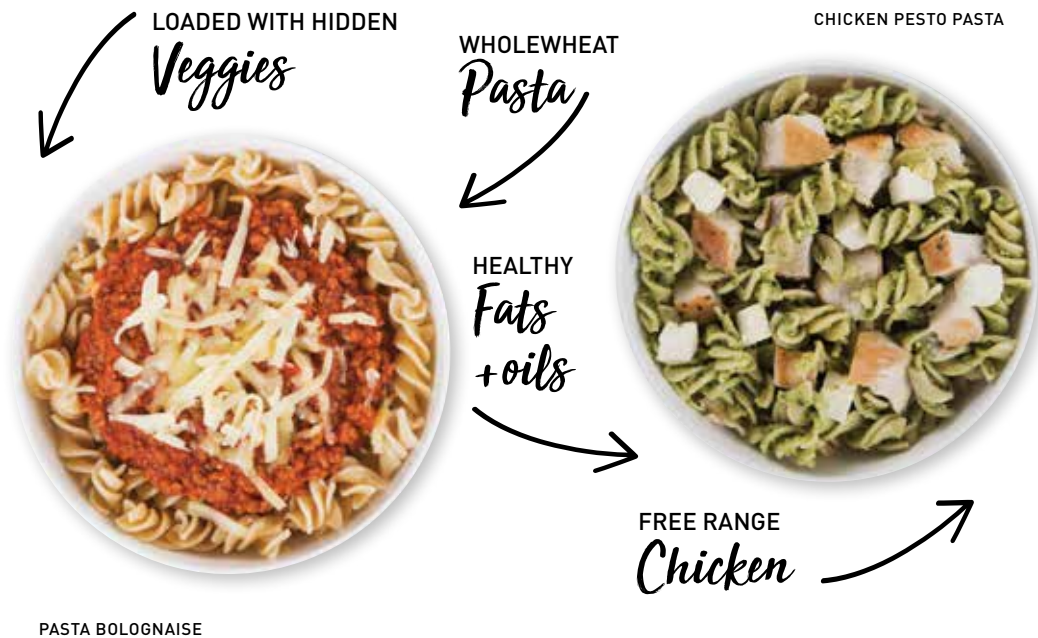
45

BEEF BURGER

42

add white cheddar

5



COLD & HOT DRINKS

WATER 500ml still or sparkling / 750ml still	12/16
CERES selection of flavours	16
JUST JUICE selection of flavours	17
GRAPETIZER white or red	24
APPLETIZER	24
ICED TEA selection of flavours	22
GLACEAU VITAMIN WATER	26
TEA regular or rooibos	15
HOT CHOCOLATE	18
COFFEE only served to teachers and parents	18



SMART SNACKS

FREE FROM
Preservatives

FREE FROM
Soy

FREE FROM
Colourants

FREE FROM
*Added Sugar**

FREE FROM
Gluten



*Contains naturally occurring sugar from fruit.

AFTER CARE MEALS

Growing bodies and busy minds need healthy fuel, which is why we've developed a delicious daily Aftercare menu of balanced, nutritious meals designed especially for children.

The wide variety of hearty home-away-from-home meals and side dishes are developed to provide the perfect combination of vitamins, minerals, and nutrients vital to keep kids full, happy and healthy throughout the afternoon.

Contact your school store operator for menus and more information.

GUARANTEE

At Kauai we work hard to give you great service and a consistently nutritious and delicious product. If for any reason your experience is not up to Kauai standards, please let us know, and we'll replace or refund your order.

To contact Kauai customer care call 0861 152 824 or e-mail us at care@kauai.co.za

KAUAI JUICE (PTY) LTD. Reg. No. 1997/009392/07
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Prices are subject to change without notice

ADVICE ON ALLERGENS

Our kitchens use ingredients containing gluten, milk, celery, fish, soya, nuts, and eggs which may accidentally come into contact with your meal. We have strict food safety practices in place to avoid this, but there is a small risk of contact with these allergens. Please read through the **ALLERGEN GUIDE** to help you select suitable menu items

FRANCHISE ENQUIRIES

Please email franchising@kauai.co.za if you're interested in joining the Kauai family as a franchisee.

FOLLOW US ON:    www.kauai.co.za