

## HOT PRESSED



**Toasted Bacon & Egg** 54  
Crispy streaky bacon, fried eggs, white cheddar & pesto mayo

**Toasted Sausage & Egg** 54  
Sliced Cumberland pork sausage, cheddar, caramelized onion & fried egg

**Breakfast Croissant** 48  
Crispy streaky bacon, boiled egg, emmenthal & tomato chilli relish in a Proot croissant

**Toasted Bacon & 3 Cheese** 50  
Crispy streaky bacon, emmenthal, mozzarella, cheddar & pesto mayo

**Toasted Beef Shortrib** 58  
Pulled beef shortrib, caramelised onion, emmenthal & mustard mayo

**Bread Choices:** Baguette, Seeded Baguette or Rye Bread



## SANDWICHES

**Roast Chicken** 54  
Roasted chicken breast, crushed avo, tomato, crisp lettuce & pesto mayo

**BLAT** 58  
Streaky bacon, lettuce, avo, tomato & pesto mayo

**The Vegetarian** 46  
Halloumi cheese, roast baby marrow, tomatoes, red onion, feta spread & olive hummus

**Curry Chicken Mayo** 48  
Roasted Chicken, spiced mayo, lettuce, tomato & red onion chutney



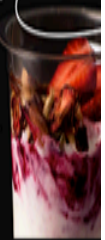
## YOGHURT CUPS

**Berry Cup** 36  
Berry swirled double thick yoghurt, topped with fresh strawberries & strawberry granola

**Fruit Cup** 34  
Double thick yoghurt, topped with seasonal fruit & a banting granola

**Caramel Granola Cup** 32  
Dolce de leche flavoured double thick yoghurt & peanut butter granola

**Overnight Oats** 34  
Strawberry, Pineapple and Coconut chia oats, with double thick yoghurt & berry compote



## WRAPS

**The Eastern Block** 58  
Sirloin steak, baby spinach, rocket, horseradish & red cabbage slaw

**The Emperor** 58  
Roast chicken, bacon, parmesan crovtons, lettuce & Caesar dressing

**The Veg Option** 48  
Avo, hummus, lentils, yellow pepper, rocket, cucumber, poppadow, feta spread & herbed yoghurt

## SANDWICHES

**Roasted Chicken** 54  
Roasted chicken breast, crushed avo, tomato, lettuce & pesto mayo

**BLAT** 58  
Streaky bacon, lettuce, avo, tomato & pesto mayo

**The Vegetarian** 46  
Halloumi cheese, roast baby marrow, tomatoes, red onion, feta spread & olive hummus

**Curry Chicken Mayo** 48  
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## CHEFS TABLE

Choose from a delicious daily selection

Pick any daily selection & add a side salad

11:00 - 14:00

Daily selection are individually priced  
Side salads added 25



## SALADS

**Chicken Pearl Barley** 119p 36 119p 58

Pearl barley, cherry tomatoes, cucumber, spring onions, mint, basil, parsley & feta dressed in a white wine vinaigrette

**Almost Greek** 119p 36 119p 54

Cucumber, olives, feta, red onion, fresh basil, rocket & roast cherry tomatoes topped with a pesto olive oil dressing

**Moroccan** 119p 34 119p 54

Spiced chick peas, baby spinach, roast sweet potato with a cucumber, yellow pepper & lentil mix topped with flaked almonds & a herbed yoghurt

**Summer Shell Salad** 119p 34 119p 54

Mini pasta shells, cucumber, red onion, spring onion, sweet corn & a dill honey mustard vinaigrette



## COMBO BOX

1/2 Sandwich & Salad 58