



LAVENDER BLUE  
CAFE · MARKET · DELI

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*menu*

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TUESDAY - FRIDAY: 7:30AM - 16:00PM  
SATURDAY - SUNDAY: 7:30AM - 14:00PM  
OPEN ON PUBLIC HOLIDAYS

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@lavenderbluemarket



BREAKFAST SERVED ALL DAY.

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## Breakfast Cocktails

IT'S 12 O'CLOCK  
SOMEWHERE IN  
THE WORLD!

MIMOSA R59  
BLOODY MARY R69  
WHITE RUSSIAN R59

## HOME-BAKED BREADS

CIABATTA BREAD  
SOURDOUGH BREAD  
MULTISEED BREAD  
WHITE BREAD  
RYE BREAD  
BANANA BREAD  
MOSBOLLETJIE BREAD  
GLUTEN FREE BREAD

## FRESHLY BAKED CAKES

*Selection available  
on display*

## MORNING

### THE BASIC R59

1 egg, 2 streaky bacon rashers, cheese, toast + grilled cherry tomato

### SCRAMBLED EGG BREAKFAST R59

Free range scrambled eggs on toast with cheese + tomato relish

### BOILED EGG BREAKFAST R69

2 boiled eggs, 2 slices of rye toast, hummus, balsamic cherry tomatoes + fresh greens

### LOVE AFFAIR R79

Double thick full cream strawberry yoghurt, fresh strawberries, blueberries + sprinkle of homemade granola + honey

### MORNING OATS R59

Served with homemade granola, pecan nuts, ground cinnamon and raw honey  
Add blueberries R18

### HOMEMADE GRANOLA R69

Homemade granola, seasonal fruit, double thick yoghurt, chia seeds, goji berries, coconut flakes + honey

### SEASONAL FRUIT SALAD R55

Seasonal fruit, chia seeds, goji berries, coconut flakes

### THE HOT CHICK R89

2 eggs, 2 slices of toast, fresh sliced tomato + peri-peri livers

### MINCE ON TOAST R59 (half) R99 (full)

2 eggs, 2 slices of toast, mince, cherry tomato + cheddar cheese

### FLORENTINE BREAKFAST R59 (half) R99 (full)

2 eggs, 2 slices of toast, bacon, creamy spinach + cheddar cheese

### SOUTH AFRICAN R89

2 eggs, 2 slices of toast, streaky bacon, cheese griller or beef sausage, cherry tomato + cheddar cheese

### FULL MONTY R139

2 eggs, 2 slices of toast, streaky bacon, a cheese griller, button mushrooms, cherry tomato, cheese, mince + peri-peri livers

### 250G FILLET STEAK R189

2 fried eggs, crispy onions + potato wedges

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**BASIC OMELETTE R35**

3 eggs, toast, butter + homemade jam

**FILLINGS**

Avo	R25
Mushroom	R20
Fried onion	R15
Salmon, cream cheese + spring onion	R69
Mince	R35
Bacon	R28
Cherry tomatoes	R18
Cheddar cheese	R27
Feta	R27

**FRENCH CROISSANTS R39**

Served with jam + cheese or Nutella R49

Served with egg + bacon R69

(available Friday - Sunday)

**FRENCH TOAST**

Topped with cinnamon sugar + syrup R52

Crispy bacon + syrup R62

Salted caramel R52

**BUTTERMILK SCONES R57**

Served with jam + cheese or jam + cream

**BUTTERMILK FLAPJACK**

Bacon + syrup or honey R69

Cream + syrup or honey R62

Cream + salted caramel R65

**HUMONGOUS MUFFINS R57**

Baked daily

**SPINACH AND FETA****BACON & CHEESE****BRAN, WALNUT & DATE**

Served with jam or red

onion marmalade + cheddar cheese

**BUILD YOUR OWN**

Toast + butter R12

Egg fried, boiled or poached R12

Mushroom R20

Bacon, sausage R28

Chicken mayo, mince, peri-peri livers R35

Figs, homemade granola, brie, hummus R35

Smoked salmon R52

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**CHEF JAMES' RECOMMENDATION****SALMON ON TOAST R115**

Poached egg, fresh salmon served on our home-baked multiseed loaf topped with avocado, sesame seeds, sumac pickled red onions, zesty crème fraiche + a light wasabi vinaigrette

**BACON SMASHED AVO R99**

Almond smashed avo, maple-glazed bacon, poached egg, baby greens + sesame seeds served on sourdough

**EGGS BENEDICT**

Served on an English muffin, sourdough or ciabatta with a hollandaise sauce.

**BACON R99 SMOKED SALMON R115****HALLOUMI BOWL R105**

2 poached eggs, grilled halloumi, baby spinach, roasted cherry tomatoes, baby leaves, tabbouleh, + a yoghurt pesto dressing

**MOSBOLLETJIE BREAKFAST R99**

Free range scrambled eggs, crème fraiche, spring onions, bacon served with our home-baked mosbolletjie bread

**ANCHOVY TOAST R59**

Homemade anchovy paste, choice of homemade bread + fresh tomato + rocket

**LADY DONATELLA R89**

Thick slices of banana bread, dollops of mascopone, poached caramelised pear + cinnamon caramel drizzle, topped with pecan nut brittle

**SMASHED AVO R69**

(Avo seasonal surcharge may apply)

**ADD POACHED EGG + PESTO R25**

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TRY OUR HOME-MADE ANCHOVY PASTE OR CHILLI JAM AVAILABLE AT OUR DELI

SUBSTITUTE CHERRY TOMATOES WITH OUR HOME-MADE TOMATO RELISH ON REQUEST

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*Home-made jam's  
available on display*

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## OPEN SANDWICHES

(Served on white, sourdough, multiseed, ciabatta + rye)  
Gluten-free bread available at an additional charge

### CHICKEN MAYO

Homemade pickles + Danish feta R89  
Avocado R89

### BACON + AVO R95

Whipped feta, cucumber, sumac pickled red onions  
+ sesame seeds

### HUMMUS + FRESH TOMATO R85

Rocket, jalapeno relish + avo

### SALMON + AVO R119

Lemony herb cream fraiche, rocket, cucumber,  
sumac pickled red onions

### BRIE, FIG + ROCKET R97

Smashed avo + balsamic reduction

### BRIE + SUNDRIED TOMATO R97

Rocket + a creamy basil pesto

### PREGO R129

Fillet steak, fresh tomato, mayo, homemade Prego  
sauce + caramelised onion served on fresh ciabatta

### ONCE UPON A TIME R129

Seared teriyaki fillet, melted camembert cheese,  
oven roasted sweet potato, braised red onion,  
+ baby leaves served on fresh ciabatta

## SALADS

*Check the boards for  
our latest dishes*

### HALLOUMI SALAD R99

Fresh greens, halloumi cheese, marinated olives, avo, cucumber,  
cherry tomato, onion + pesto vinaigrette

### CHICKEN SALAD R102

Fresh greens, Danish feta, avo, cucumber, cherry tomato, red onion +  
homemade vinaigrette

### PULLED CHICKEN SALAD R105

Mayo, maple glazed bacon, braised red onion, avo, fresh greens +  
homemade vinaigrette

### NIÇOISE SALAD R99

Tuna mayo, fresh greens, grilled baby marrow, fresh tomato, boiled  
egg, homemade multiseed bread + homemade vinaigrette.

### SEARED FILLET SALAD R125

Fresh greens, caramelized onion, Danish feta, cherry tomato,  
cucumber, balsamic reduction + homemade vinaigrette

### ROASTED SWEET POTATO SALAD R98

Fresh greens, roasted sweet potato, avocado, pecan nuts, sunflower seeds +  
citrus dressing.

### SALMON + AVO SALAD R119

Capers, crispy dill, zesty crème fraiche, fresh greens, cherry tomato,  
cucumber, red onion + homemade vinaigrette.

## WRAPS

served with skinny fries, wedges or salad

CHICKEN AVO WRAP R99  
MEXICAN CHICKEN & CHEESE R99  
TERIYAKI BEEF R120  
CRUNCHY ASIAN STIR FRY R99  
SMASHED FALAFEL + HALLOUMI R99

## TOASTIES

CHEESE & TOMATO R39  
HAM & CHEESE - (add tomato R8) R45  
BACON & CHEESE R49  
BACON & EGG - (add cheese R10) R52  
BACON & BANANA - (add cheese R10) R49  
CHICKEN MAYO, danish feta + pickles R69  
MINCE, CHEESE, MUSHROOM R62  
BASIL PESTO, mozzarella, tomato R52

## SIDES

SIDE SALAD R32  
SKINNY FRIES R28  
WEDGES R28

## KIDS

CHICKEN STRIPS + CHIPS R75  
KIDDIES BEEF BURGER R79  
CHEESE TOASTIE R35  
CHEESE + BACON TOASTIE R42  
MARGARITA PIZZA R65  
EGG ON TOAST, bacon + cheese R45  
EGGS + SAUSAGE ON TOAST R45  
COKE FLOAT R35  
CREAM SODA FLOAT R35



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## *Chefs Corner*

### POKE BOWLS

#### SALMON POKE BOWL R145

Fresh salmon, coconut rice, edamame beans, fresh cucumber, diced avo, sumac pickled red onions, carrots, scallions, sesame seeds, ponzu dressing, kewpie mayo, pickled ginger + wasabi

#### PRAWN POKE BOWL R139

De-shelled sauteed prawns, coconut rice, edamame beans, fresh cucumber, diced avo, sumac pickled red onions, carrots, scallions, sesame seeds, ponzu dressing, kewpie mayo, pickled ginger + wasabi

#### PORK POKE BOWL R129

Sticky roast pork belly, coconut rice, avocado, braised cabbage, crispy onion, pickled carrots, edamame beans, scallions, sesame seeds + authentic asian dressing

#### CHICKEN POKE BOWL R129

Teriyaki marinated chicken, grilled pineapple, coconut rice, diced avo, edamame beans, sumac pickled red onions, sesame seeds, carrots, scallions + authentic asian dressing

#### TOFU POKE BOWL R125

Teriyaki fried tofu, enoki mushroom, avocado, coconut rice, carrot, raddish, edamame beans, cabbage, scallions, sesame seeds + authentic asian dressing

*A poke bowl is a Hawaiian dish that is deeply rooted in Japanese cuisine*

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#### POT STICKERS R89

Homemade pot stickers, pulled chicken, fresh ginger, coriander, mint, scallions + a Japanese dipping sauce

#### PULLED CHICKEN R99

Creamy pulled chicken, maple-glazed bacon, mozzarella, braised red onion, avocado served on ciabatta or a wrap

#### BEEF BURGER R125

Brioche bun, beef patty, emmental cheese, crispy bacon, crunchy slaw, pickles, homemade relish + mayo

#### CHICKEN BURGER R125

Brioche bun, crispy panko chicken, katsu slaw, pickled jalapeño, avo, bacon + katsu mayo

#### PANKO CHICKEN BOWL R125

Sesame panko chicken, whipped feta, roasted beetroot, fresh strawberries, cherry tomato, sumac pickled red onions, baby greens + dressing

#### CHICKEN LIVERS R92

Spicy livers served with home-baked mosbolletjie bread

#### CON POLLO PASTA R119

Moroccan chicken breast, served with a creamy mushroom linguine pasta topped with Parmigiano-reggiano

#### BAO BUN R79 (Double - R129)

Steamed bun filled with sticky roast pork belly, pickled carrots, slaw, beetroot, kewpie mayo, sesame seeds, raddish + coriander

#### ON THE ROCKS R115

Big bowl of mussels in a creamy garlic + white wine sauce + fresh herbs, served with a toasted ciabatta

#### CHEESE BURGER R119

Brioche bun, beef patty, homemade relish, pickles, cheddar, homemade mayo + crispy bacon

#### BRAISED PULLED SHORT RIB R139

Sweet potato, poached pear, whipped feta, pesto, and baby potatoes

#### RAMEN BOWL R135

Ramen noodles, oven roasted pulled beef short rib, pak choi, radish, spring onion, carrot, sprouts, egg + a miso broth.

#### 250G FILLET STEAK R189

Fillet medallion, mushroom sauce, crispy onions, served with a side of your choice: creamy spinach, fries or salad

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*We recommend  
adding avocado to all  
our pizzas*

## PIZZA

### FLAT BREAD R79

Olive oil, garlic, mozzarella, herbs, caramelized onion

### PARMA HAM R125

Wild rocket, parma ham, extra virgin olive oil, grana padano parmesan.

ADD marinated artichoke R25

### MARGHERITA R79

Tomato base, mozzarella, basil salt

ADD basil pesto R20

### FAB (EVERYONE HAS ONE) R115

Avo, danish deta, streaky bacon.

ADD basil pesto R20

ADD chicken R28

### PULLED BEEF R129

Slow roasted pulled beef, salsa verde, mushrooms, caramelized onion

### SALMON R129

Fresh salmon, pickled sumac red onion, avo, creamy lemon crème fraîche + rocket

### BROCCOLINI R119

Lemon olive oil, mozzarella, crème fraîche, baby spinach, salsa verde, broccolini, grana padano parmesan, marinated artichokes

### PULLED CHICKEN R119

Pulled chicken, red onion, pickled juanita peppers, avo + Danish feta

### BRIE FIG ROCKET R115 Name says it all

### ALOHA R99

Gypsy ham, pineapple

### REG" E"NA R99

Gypsy ham, mushrooms

### PLANT LOVERS R115 (Swop cheese for hummus)

Calamata olives, baby spinach, red onion, roasted cherry tomato, mushrooms, zucchini, basil pesto

### GRANDE R119

Chorizo, gypsy ham, streaky bacon, red onion

ADD avocado R28

### BBQ CHICKEN R110

Chicken, mushroom + cherry tomato

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**GLUTEN +  
WHEAT FREE  
BASES  
R28**

## COFFEE

### MILK OPTION

Cow's milk	
Almond milk	R10
Oat milk	R10
Macadamia milk	R15

AMERICANO single	R25 reg	R28 jumbo
ESPRESSO single	R18 reg	R20 decaf
ESPRESSO double	R22 reg	R26 decaf
MACCHIATO single	R20	
MACCHIATO double	R24	

## CAFFEINE + MILK

CORTADO double shot	R28 reg	R30 decaf
CAPPUCCINO single	R28 reg	
FLAT WHITE single	R30 reg	R35 jumbo
FLAT WHITE double	R34 reg	R38 jumbo
LATTE single	R32 tall	R34 decaf

## TWG TEA

1837 BLACK TEA	R28
CREME CARAMEL TEA	R28
BLACK CHAI	R28
FRENCH EARL GREY	R28
MILK OOLONG	R28
MOROCCAN MINT TEA	R28
ROOIBOS	R28
SILVER MOON TEA	R28
ENGLISH BREAKFAST	R28

## EXTRA SHOTS

Espresso syrup	R9
Hazelnut sryup	R12
Vanilla syrup	R12
American fudge	R12

## ICED COFFEE R52

Served 3 different ways!

On the rocks:

Double shot espresso, condensed milk, ice cubes + milk

Frappe:

Double shot espresso, condensed milk, ice cubes + milk blended

Shake:

Double shot espresso, condensed milk + ice-cream

## RED

FLAT WHITE	R35 reg	R38 jumbo
DIRTY CHAI		R49
MILO / CHAI LATTE		R47
HOT CHOC LATE		R38
WHITE HOT CHOC		R38
CAFÉ MOCHA		R45

## FRESH JUICES

LAVENDER JUICE	R49
Apple, carrot + pineapple	
GINGERZINGA	R49
Apple, carrot, ginger + lemon	
RED JUICE	R49
Apple, beetroot, carrot, lemon, ginger + celery	
GREEN JUICE	R49
Apple, spinach, cucumber + lemon	
WATERMELON SHAKE	R52
Pure watermelon	
NEW GIRL IN TOWN	R49
Pear, cucumber, spinach, lemon + ginger	

## MILKSHAKES

Vanilla, strawberry, chocolate, banana, lime + bubble gum

KIDS R29 ADULTS R45

## BOUJEE MILKSHAKES R59

Oreo	Milo
Salted caramel	Mixed berry
Nutella	Mango
Banana + honey	Chai
Peanut butter + banana	Mocha iced coffee
Peanut butter + syrup	Iced coffee

## SMOOTHIES R59

### MANGO LASSI

Mango with yoghurt or coconut milk

### NIGHTS IN WHITE SATIN

Almond butter, dates, vanilla extract, raw honey, coconut milk. ADD cacao - no charge

### TRIPLE BERRY

Strawberries, raspberries + blueberries with/without yoghurt

### CHOCOLATE PEANUT BUTTER

Cacao, banana, peanut butter, raw honey, sea salt, vanilla extract + milk.

### SEASONAL

Seasonal fruits blended with/without yoghurt.

## GINGER BEER

GLS R25 JUG R59

## EMERALD VALE ICED TEA

GLS R25 JUG R95

## HOMEMADE LEMONADE

GLS R25 JUG R59

*Bottomless Coffee* R28

SERVED FROM 8AM - 2PM Tue to Fri  
8AM - 1:00PM Sat + Sun

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# CELEBRATORY DRINKS

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*eat, drink, enjoy*

CORKAGE R75

## BEER ON TAP

EMERALD VALE S-R37 L- R57

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## G + T ORANGE BLOSSOM

CLEMENGOLD GIN R69<sup>sng</sup> R79<sup>dbl</sup>

MIMOSA R59

BLOODY MARY R69

WHITE RUSSIAN R59

(NON-ALCOHOLIC) R50

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## COCKTAILS

WATERMELON GRANITA R69

Rum, watermelon, lime, mint

PINA COLADA R69

Rum coconut milk, pineapple

MAI TAI R69

Light rum, dark rum, orange juice, amaretto

MOJITO R69

Rum, lime, mint

SALTY DOG R69

Gin, grapefruit, tonic

PASSIONFRUIT MOJITO R69

Bacardi, passionfruit + soda

MARGARITA R69

Tequila, lemon, lime, triple sec

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## GIN

TANQUERAY R29

CLEMENGOLD R35

## WHISKEY

JACK DANIELS R32

JAMESON R29

BRANDY R25

MALIBU R25

AMARETTO R29

## WINE LIST

GLS BTL

### WHITE BLENDS

SPIER CHARDONNAY PINOT NOIR R38 R150

MISS LUCY R280

SPIER CREATIVE BLOCK NO.2 R240

### CHARDONNAY

SPIER SIGNATURE R38 R150

FAT BASTARD R180

SPRINGFIELD WILD YEAST R280

### SAUVIGNON BLANC

LA MOTTE R180

DIEMERSDAL R175

SPIER SIGNATURE R38 R150

SPRINGFIELD LIFE FROM STONE R260

SPIER 21 GABLES R600

### SEMI SWEET

MONTINO R35 R130

### CHENIN

KLEINE ZALZE CELLAR SELECTION R38 R150

SPIER SIGNATURE R38 R150

### PINK

DELHEIM PINO ROSE R45 R195

ZANDVLIET SHIRAZ ROSÉ R170

### RED BLENDS

SPIER SIGNATURE R40 R160

KANONKOP KADETTE R200

RUPERT ROTHSCHILD CLASSIQUE R360

SPRINGFIELD WORK OF TIME R380

VILAFONTE SERIOUSLY OLD DIRT R350

SPIER CREATIVE 3+5 R380

### MERLOT

SPIER SIGNATURE R40 R160

### SHIRAZ

SPIER SIGNATURE R160

SPIER 21 GABLES R600

### CABERNET SAUVIGNON

KLEIN ZALZE VINYARD SELECTION R320

### PINOTAGE

BEYERSKLOOF

### BUBBLES

PONGRAZ BRUT R290

PONGRAZ ROSE R290

KRONE NIGHT NECTOR R310

BLUSH R180

SPIER SECRET R190

SPIER BRUT R350

SPIER BRUT ROSE R330