

BREAKFAST R265

Breakfast is served daily from 07h00 – 10h30

CONTINENTAL

please make your selection from the cold buffet

HOT BREAKFAST

TRADITIONAL 2 EGG OMELETTE

choice of fillings

streaky bacon, pork sausage, tomato, mushrooms, cheddar cheese, onions, peppers, gypsy ham, chillies

MARINE ENGLISH BREAKFAST

poached, fried, boiled, or scrambled egg, pork sausage, streaky bacon, mushrooms, baked beans, tomato

SCRAMBLED EGG CROISSANT

smoked salmon trout, cream cheese, spring onion

SMASHED AVOCADO (subject to availability)

toasted ciabatta, sliced boiled egg, parmesan, toasted mixed seeds

CROISSANT FRENCH TOAST

berry compote, streaky bacon, maple syrup, toasted flaked almonds

EGGS BENEDICT

english muffin, streaky bacon, poached eggs, hollandaise sauce

EGGS ROYALE

english muffin, smoked salmon, poached eggs, hollandaise sauce

EGGS FLORENTINE

english muffin, steamed spinach, poached eggs, hollandaise sauce

NO CARB BREAKFAST

poached or fried egg, avocado, tomato, mushrooms, streaky bacon, rocket, hollandaise, shaved Gruberg
(add toasted ciabatta for the non-baneters)

OATMEAL PORRIDGE

cinnamon, banana, maple syrup or served plain