

Light Start

TOASTED SOURDOUGH / RYE / BAGUETTE / BAGEL

With a Selection of homemade Jams & Spreads.

SEASONAL FRUIT PLATE

Seasonal Fruit Selection with Natural Yoghurt, Granadilla Dressing and Honey.

ROCKETS GRANOLA

With Banana, Granola & Dark Chocolate Chips.

BIRCHER MUESLI

With a Sweet Burnt Apple Dressing, Homemade Summer Bircher Muesli with a Seasonal Fruit Puree.

THE SIMPLE POACH

Two Poached Eggs with Roasted Cherry Tomatoes and on your choice of Toasted Artisanal Bread.

AVO SMASH

Avocado, Vine Tomatoes, Feta and Basil Pesto Served on a Toasted Ciabatta.

- Add Poached Egg **15**

Smoothie Bowls

BERRY BOWL

A Blend of Fat Free Frozen Yoghurt, Mixed Fresh Berries, Banana, Coconut & Granola, and topped with Cut Berries and Dark Chocolate Shavings.

CHOCOLATE PEANUT BUTTER SMOOTHIE

A Blend of Fat Free Frozen Yoghurt, Cocoa, Banana, & Peanut Butter, with a cut Banana & Granola Topping.

Rockets Classics

EGGS BENEDICT

Two Poached Eggs with a Homemade Burnt Hollandaise on Ciabatta. Add:

- Spinach **15**
- Mushroom **25**
- Bacon **30**
- Smoked Salmon **40**

EGG WHITE HEALTH OMELETTE

Open Egg White Omelette, with Parmesan, Sautéed Mushrooms, Avocado, Roasted Cherry Tomatoes & Feta, and topped with Jalapeños, Baby Spinach. Served with a Toasted Ciabatta.

ROCKETS CLASSIC OMELETTE

Baby Spinach, Burst Cherry Tomatoes, Mushrooms, Avocado and Homemade Basil Pesto, served with Toasted Ciabatta. Add:

- Peppers & Caramelized Onions **25**
- Bacon & Chorizo **35**
- Smoked Salmon & Creme Fraiche **42**

CHORIZO FRITTATA

Chorizo, Sweet Capsicum, Sautéed Onion, Red Pepper, Roast Cherry Tomatoes, & Feta, served with Toasted Ciabatta.

40

70

59

51

47

52

74

69

58

78

63

68



Breakfast Comforts

BREAKFAST WRAP

57

Chili and Feta Scrambled Egg, Chorizo, Baked Beans, Tomato Salsa, Avocado.

ROCKETS BREAKFAST CIABATTA

64

Bacon, Avocado, Cherry Tomatoes and Poached Eggs on Toasted Ciabatta.
Substitute Bacon for Smoked Salmon

SWEET CORN FRITTERS

64

Bacon, Homemade Sweet Tomato Jam, Avocado, Baby Spinach, Corn, Onion and Coriander Salsa.
Add:
Poached Egg **15** Smoked Salmon **40**

EGGS RANCHEROS

64

Chorizo, Refried Beans, Spicy Homemade Tomato Sauce, Feta, Coriander, Fried Eggs and Avocado. Served on Toasted Ciabatta.

SAVOURY WAFFLE

75

Chorizo, Grilled Haloumi, Spinach, Fried Egg and Zucchini Hummus, on a Freshly toasted Homemade Waffle.

FIELD MUSHROOM CASSOULET EN CROUTE

109

Field Mushrooms Simmered in a Creamy White Wine Veloute, with Tender Stem Broccoli, Parma Ham and a Poached Egg. Served on a Toasted Ciabatta Roll.

SALMON SWEET POTATO ROSTI

142

Our Famous Sweet Potato and Salmon Rosti with Sour Cream, Rocket, Avocado and Sweet Chili Sauce.

Breakfast Sweets

CLASSIC BELGIAN WAFFLES

64

Homemade Belgian Waffle, Served with Caramelised Banana, Nutella, & Vanilla Ice Cream.

PANCAKE STACK

69

Homemade American Pancakes, served with a Maple Syrup, Caramelised Banana and Chantilly Cream.
Add:
Bacon **20** Ice cream **14**

BRIOCHE FRENCH TOAST

64

Classic Brioche French Toast with Mixed Berries, Mascarpone & Maple Syrup.
Add:
Bacon **20**

DEATH BY FRENCH TOAST

74

French Toast with a filling of Nutella, Caramelised Banana and Sugared Cinnamon.

