



GUILT
— & CO. —

LUNCH & DINNER

 @guiltandcoeatery

ANTIPASTO

Sashimi Stacks Wraps of salmon sashimi, cucumber & avocado*	R118
Calamari Deep fried squid heads and calamari tubes	R92
Arancini Balls Wild mushroom rice ball filled with mozzarella avocado* purée	R82
Mussels Served in a creamy white wine sauce	R98
Carpaccio Beef carpaccio avocado*	R92
Gnocchi Served in a creamy three cheese sauce	R88
Caprese Fior di Latte & tomato	R92

LIGHT MEALS

Jacket Potato crispy oven baked potato	
add Salmon Trout & whipped cream cheese	R128
add Bacon, Danish feta & avocado*	R102
Gratinated Pancakes Sautéed baby spinach and button mushrooms, wrapped in savoury pancakes topped with cream & oven roasted	R90
Aubergine Parmigiana Oven baked egg plant roasted veg Napolitana sauce Fior di Latte parmesan	R98
Jalapeño Quesadilla Grilled tortilla, filled with three cheeses, jalapeño peppers served with smashed avo* and sour cream	R92
Flatbread Wood-fired flatbread topped with caramelised red onions, olives, Danish feta & rocket	R98
Fillet Panini Panini topped with rocket, grilled fillet, tomato, caramelised red onions & sweet chili mayo	R128
No Bun Burger Bed of greens, cherry tomatoes & caramelised red onions, drizzled with a wholegrain mustard & white cheddar sauce	
Beef	R106
Crispy Chicken	R102
Guilty Beef Burger 200g beef burger patty served on a bed of greens, topped with grilled fillet strips, mature white cheddar, caramelised red onions Basil pesto & chili mayo	R169

SALAD

Italian Salad	R128
Greens, cherry tomatoes, cucumber, red onions, avocado*, roasted peppers, olives & Bocconcini	
Beef Fillet Salad	R158
Grilled fillet, greens, cherry tomato, red onions, caramelised strawberries, avocado* & parmesan shavings	
Greek Salad	R118
Greens, cherry tomatoes, red onions, olives, peppers, Danish feta, avocado*	
Chicken Salad	R128
Grilled chicken breast, greens, red onions, cherry tomatoes, roasted peppers, haloumi cheese, avocado*	
Tuna Salad	R162
Shredded Tuna, greens, cherry tomatoes, avocado*, sweetcorn, carrots, roasted asparagus	

PIZZA

Margherita	R88
Tomato Fior di latte fresh basil	
Four Seasons	R182
Tomato Fior di latte olives Italian ham mushroom artichokes	
Prosciutto Di Parma	R219
Tomato Fior di latte parma ham rocket parmesan	
Soppressata	R169
Tomato Fior di latte salami red onion chili	
Greco	R180
Tomato Fior di latte streaky bacon avocado* olives Danish feta	

PLATTER BOARD

Half R210 | Full R380

Focaccia | Parma ham, salami, Italian cooked ham, chicken sosatie sticks, fillet strips, halloumi wraps, caprese, caramelised red onions, beef sausages, deep fried baby marrow, olives

BEST OF THREE

R440 - suitable for two people

6 peri peri prawns, Half lemon & herb chicken & 3 lamb chops, served with rice or chips

MEAT

Sirloin & Mushroom Risotto R219
300g grilled sirloin steak served with wild mushroom risotto

Sirloin & Shrimp Risotto R249
300g grilled sirloin steak served with shrimp risotto

Fillet & Mash R239
250g grilled fillet served with horseradish mash and sautéed wild rocket | Mustard sauce

Pepper Fillet R239
250g grilled fillet served with horseradish mash | Pepper sauce

Fillet Rosti R209
200g grilled fillet, served on a potato rosti | Sweet chili & Cream cheese puree

Lamb Chops R199
Grilled lamb chops basted in rosemary & lemon olive oil, served with horseradish mash

FISH

Salmon Fish Cakes R198
Oven baked Norwegian Salmon fish cakes served with a side of home-made coleslaw

Hake Goujons R138
Deep fried hake goujons, served with chips | Tartare sauce

Lemon Butter Kingklip R219
Oven baked kingklip smothered in a creamy lemon butter sauce, served with rice and grilled green beans

Norwegian Salmon R288
200g grilled salmon, served with shrimp risotto | Mustard sauce

Argentinian Prawns R249
6x Grilled prawns, served with chips or basmati rice | Peri Peri sauce

CHICKEN

Parmesan Chicken R189

Two lightly crumbed grilled parmesan chicken breast, served on a bed of wild rocket, cherry tomatoes and bocconcini balls - drizzled with basil pesto & balsamic glaze

Chicken Rosti R198

200g chicken breast, served on a potato rosti | Sweet chili & Cream cheese puree

Crunchy Chicken Burger R128

Crispy crumbed chicken breast, greens, tomato, caramelised red onions, mature white cheddar & spicy mayo

PASTA

Homemade Pasta

Penne | Spaghetti | Linguini

add - Burratta R78

Seafood R209

Seafood cream | mussels | shrimps | salmon | clams

Carbonara R118

Egg yoke | cream | bacon | parmesan

Prawn Aioli R189

Prawns tossed in a garlic butter & chili aioli

Bolognese R129

Home made beef bolognese

Pesto R139

Creamy basil pesto | cherry tomato | crispy bacon

Chicken R149

Grilled chicken | roasted butternut | Greek feta | rocket

Vegetarian R128

Napolitana sauce | olives | cherry tomato | parmesan

SUSHI

Sashimi	2 Pieces	Fashion Sandwich	6 Pieces
Salmon	R78	Salmon	R92
Tuna	R72	Prawn	R90
		Tuna	R90
Maki	6 Pieces	Vegetarian	R78
Salmon	R82		
Prawn	R80	Nigiri	2 Pieces
Tuna	R82	Salmon	R82
Avocado	R58	Tuna	R80
		Prawn	R80
California Rolls	8 Pieces		
Salmon	R92	Hand Roll	1 Piece
Tuna	R92	Salmon	R84
Prawn	R90	Tuna	R82
Vegetarian	R672	Prawn	R82
		Vegetarian	R74
Roses	6 Pieces		
Salmon Roses	R118		
Tuna Roses	R116		

GUILTY PLEASURES

Blue Dragon (6 Pieces)	R122
Prawn tempura, avocado*, sweet chili mayo	
Sensei (6 pieces)	R108
Salmon, avocado*, tempura veggies, mayo	
Philadelphia (6 Pieces)	R112
Salmon, Philadelphia cream cheese, avocado*	
Kaburi (6 Pieces)	R126
Tempura prawn, sun-dried tomato, caviar, salmon, caramelised red onion, mayo	
Crunchy Taco (6 Pieces)	R122
Tempura prawn, mango, teriyaki sauce, mayo	
Samurai (6 Pieces)	R126
Tuna, Salmon, avocado* & tempura veggies, mayo	
Prawn Bombs (6 Pieces)	R128
Deep fried halloumi cubes, topped with tempura prawns & drizzled in a creamy chilli, ginger & garlic sauce	

ASSORTED PLATTERS

Eighteen Piece	R328
Tuna handroll (1), Salmon handroll (1), Salmon Nigiri (2), Prawn California rolls (4), Salmon California rolls (4), Tempura veg & avocado* California rolls (6)	
Twenty Eight Piece	R462
Tuna handroll (1), Salmon handroll (1), Tuna Sashimi (2), Salmon Sashimi (2), Salmon Nigiri (2), prawn California rolls (6), Salmon California rolls (6), Tempura veg & avocado* rolls (8)	

HOT DRINKS

Cappuccino	R30	Grande Cappuccino	R42
Almond Milk Cappuccino	R42	Grande Almond Milk Cappuccino	R52
Soy Milk Cappuccino	R44	Grande Soy Milk Cappuccino	R54
Cappuccino w' Cream	R38	Grande Cappuccino w' Cream	R48
Cortado	R30	Cafe Latte	R36
Machiato	R22	Red Cappuccino	R38
Americano	R28	Single Espresso	R20
Double Espresso	R28	Vanilla Coffee	R52
Spiced Chai Latte	R52	Dirty Chai	R62
Moccachino	R62	Hot Chocolate	R52
Milo	R52	Tea	R20
Earl Grey	R22		

COLD DRINKS

Fresh Pressed Juice	R48		
orange apple carrot pineapple			
add Ginger	R15		
Sodas	R22	Mixers	R20
BOS Ice Tea	R30	Aqua Panna 250ml Still	R24
Aqua Panna 750ml Still	R64	San Pellegrino 250ml Sparkling	R24
San Pellegrino 750ml Sparkling	R68	Milkshakes	R44
Frulata	R64		

SMOOTHIES

Summer Berry	R68
Black berries, strawberries, blueberries, raspberries, yoghurt, nuts & honey	
Green is Good	R68
Spinach, mint, cucumber, kiwi, celery, ginger, lemon & honey	
Strawberry Bomb	R68
Strawberry, apple, banana, & yoghurt	
Peanut Butter Blast	R78
Peanut butter, blueberries, banana, Whey protein & vanilla	
Tropical	R78
Mango, banana, pineapple & coconut mik	
Peanut Butter Delight	R74
Crunchy peanut butter, banana, yoghurt, Lindt chocolate shavings	
Coffee Freezo	R62
Spiced Chai Freezo	R62

BRUNCH COCKTAILS

Mimosa R122
Prosecco, fresh pressed orange juice

Bloody Mary R108
Tomato juice, vodka - garnished with deep fried halloumi, bacon & a pickle

Bellini R106
Prosecco, peach puree

Margarita R98
Altos Blanco Tequila, lime juice, Cointreau

Strawberry Mimosa R128
Strawberry, orange juice & prosecco

Vodka Sunrise R118
Absolut vodka, orange juice & grenadine

Classic Irish Coffee R108
Grizzly Bear Espresso, Jameson, Kahlua & whipped cream

Fuzzy Navel R98
Orange Juice, Peach Schnapps

Madras R109
Cranberry Juice, Absolut Vodka & orange juice

Easy Peach Sangria R118
Peach puree, raspberries, white wine, brandy, simple syrup & soda water

Under The Tuscan Sun R122
Malfy Rosa Gin, peach puree, red wine, rose' MCC

Turkish Delight R122
Inverroche gin, creme de cacao, Rose water, lemon juice

