Cushty

Hot Drinks.

Single Espresso	R19
Double Espresso	R21
Macchiato	R22
Americano	R22
Flat White	R26
Cappuccino	R24
Latte	R25
Mocha	R28
Cocoafair Hot Chocolate	R28
Babychino	R5
Add: Almond milk/Cream	R8
Tea: Ceylon/ Rooibos Herbal/ Earl Grey	R18

Superfood Smoothies. 500ml

WAKE UP R54
granola, nut milk, banana, nut butter, dates, cinnamon

REFUEL R58
cacao, cacao nibs, maca powder, almond butter, nut milk, banana, himalayan salt

CLEANSE R52
spinach, kale, pineapple, banana, lemon, coconut water

NOURISH R56
mixed berries, coconut, chia seeds, banana, mint, coconut water

Fresh Juices. 350ml

ALKALISE R46
spinach, kale, cucumber, apple, mint, lemon

ENERGISE R44
beetroot, carrot, pear, ginger, lemon

GLOW R48
orange, pineapple, coconut water, ginger, turmeric

GINGER SHOT R18
supports healthy digestion and immunity

Boosters.

Fresh ginger	R8
Hemp protein	R8
Chia seeds	R6
Almond butter	R10
Collagen	R12

Cushty ...so what's it all about?

Adjective (BRITISH informal)
Pronounced "cooshtee"

Cushty means good in a sort of relaxed way, a comfortable, easy-going "good" like everything will be just wonderful!

This is Cushty.
Home of all things delicious, laid back, and neighbourly.

Breakfast Menu.

CROISSANTS & MUFFINS
selection of freshly baked croissants and muffins

HOMEMADE GRANOLA BOWL — R60
served with Greek yoghurt, seasonal fruits and honey

PURPLE POWER SMOOTHIE BOWL — R72
mixed berries, banana, pineapple and coconut water
topped with granola, strawberries, banana and coconut

PESTO MUSHROOMS ON SOURDOUGH — R80
topped with cherry tomatoes, rocket, danish feta and pecan nuts
Add two poached eggs — R15

EGGS BENEDICT — R90
poached pasture reared eggs, bacon, wilted baby spinach and
homemade hollandaise sauce served on an English muffin

SCRAMBLED EGGS & SMOKED SALMON ON RYE — R105
with cream cheese, capers and green leaves

CUSHTY CLASSIC — R95
eggs your way, bacon, beef or pork sausage, grilled tomato and
herby mushrooms served with sourdough or rye

EGGS ON TOAST — R40
eggs your way served on sourdough or rye

Add ons.

Usana pasture reared eggs	R15
Bacon	R20
Smoked Salmon	R35
Avo	R20
Herby mushrooms	R20
Danish feta	R15

Harvest-style lunches and sandwiches. — From R65

A daily, changing selection of seasonal salads and healthy protein options.
Sandwiches are made to order on sourdough, rye or a roll.
Please ask your waitron for today's choices.

Deli eats or something sweet.

Gluten-free brownies and cake, vegan desserts and Cocofair chocolate.
Please ask your waitron for today's choices.