

Fresh
FRESH

Seasonal Fruit 55
- add yoghurt +25
- add granola +25

Peanut Butter & Banana Smoothie 45
whey protein, milk

Berry Smoothie 45
mixed berries, yoghurt, chai seed

Heat Applied
HEAT APPLIED

Vanilla Oats 55
cinnamon roasted apple and honey

Pampoen Koekies 70
camembert and cinnamon fynbos honey
- add bacon +35

Chakalaka Shakshuka 85
with two eggs and amasi served with fire roasted bread

Skotnes Full Breakfast 95
streaky bacon, boerewors or pork sausage, mushrooms,
plum tomatoes and toast with a choice of eggs

On Toast
ON TOAST

Eggs 55
scrambled, fried or poached
- add bacon +35

Exotic Mushrooms 95
in a creamy sauce

Caramelized Banana 65
mosbolletjie French toast
- add bacon +35

French your Toast +10
- add poached eggs +25

Smashed Avo On Toast (V) 80
red onion, cherry tomato, coriander, jalapenos

Baked
BAKED

Cake of the Day 70

Almond Torte (Gluten Free) 65
strawberry compote

Banana Bread 38

Kids
KIDS
12 years and under

Flapjacks with Golden Syrup 45
- add bacon +35

French Toast with Golden Syrup 45
- add bacon +35

Oats 25

Chocolate Cookies and Milkshake 50

Seasonal Fruit Salad 45

Good Morning!

Up Toast & Personal

Little Artists