

At Folk Cafe food is freshly prepared & made to order in our small heritage kitchen. This makes it extra special but sometimes it takes a little longer, especially on busy days

Ethical and fresh ingredients are the secret to the Folk taste experience and at the core of our values.

The chicken is free range, eggs are pasture reared, beef is grass fed & veg is organic where possible

Food prepared in our kitchen, despite the best efforts of our chefs and staff, may contain trace amounts of allergens, widely used in our dishes, including but not limited to nuts, gluten, dairy, soy, eggs and shellfish

(VE) = VEGAN (V) = VEGETARIAN (GF) = GLUTEN FREE



THAI GREEN CURRY

R165

Green veg and free range chicken in a coconut milk based green curry sauce served with basmati rice

LAMB RAGU CANNELLONI

R185

Slow cooked lamb ragu cannelloni topped with bechemal, mozzarella and parmesan and finished in the pizza oven

CALAMARI BOWL

R135

Baby calamari flash fried and served on Asian style stir fried veg

UMAMI SOUP (Ve)

R105

Winter greens, spring onion, shimeji mushrooms, red chilli, radish & edamame beans served with an umami pouring broth & bread sticks R105

TOMATO SOUP

R95

Home made and served with cream, fresh basil and a cheesy guesadilla

SOUP OF THE DAY

R95

Our favourite winter soups made daily paired with a variety of breads

CALZONE PIZZA (V)

R130

Folded tomato pizza base filled with mushrooms, parmesan and mozzarella and baked to perfection in the wood burning oven

BREAKFAST

& maple syrup

served until 11.30am

Served diffu 17.30dili				
BREAKFAST BREAKFAST	R120	BREAKFAST BAGEL (V)	R85	
Streaky bacon, 2 eggs, pork sausage,		Cream cheese, scrambled eggs	& avo	
baby tomatoes, mushrooms,		+ Bacon R25		
(gf) potato rosti & toast				
		STACK (V) (GF)	R98	
EGGS BENEDICT		Potato rosti stacked with brown		
on an English muffin or potato rosti ((GF)	mushroom, poached egg, avo,		
with poached eggs & homemade		rocket leaves & harissa drizzle		
hollandaise with:		+ Bacon R25		
 Smoked salmon 	R155			
 Crispy bacon 	R125	FRESH AS FOLK (V)	R105	
 Black Mushroom (V) 	R120	Granola, fresh fruit, berries & chia	1	
		yoghurt together with a plain cro	issant,	
EGGS BENI CROISSANT	R125	butter and jam		
Open toasted & topped with		The second of th		
crispy bacon, poached		SMOOTHY BOWL	R85	
eggs & hollandaise sauce		(GF) (V OR VE - PLEASE SPECIFY)		
		Blended banana, berries & yoghu		
OMELETTES		base sweetened with honey & to	107 107	
Served with toast of your choice		with almond butter, toasted cocc	onut,	
 Bacon, mushroom & cheddar 	R115	chia seeds, cacoa nibs &		
 Spinach, Feta & Red onion (V) 		seasonal fruit (V)		
R105		 vegan alternative +R20 - sweet 	op out	
		yoghurt and honey for dates,		
BACON & EGG ROLL	R65	avo & coconut water		
2 soft fried eggs &				
crispy streaky bacon & rocket on a		SMASHED AVO TOAST (VE)	R85	
seeded bun		Sourdough toast topped with		
		smashed avo & sesame seeds		
FOLK FRENCHI	R140	+ Bacon R25		
French toast dusted with cinnamon	& sugar,	+ Poached egg R10		
topped with	11.5	+ Feta R20		
crispy bacon, fried banana, fresh berr	ries	Choose from Soundough,		
		Brinche 70% Pue on		

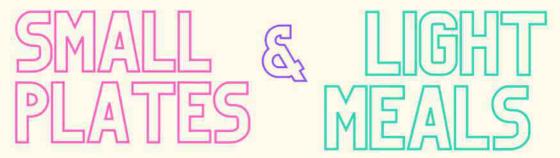
Choose from Soundough, Brioche, 70% Rye or Whole wheat toast

BRIOCHE BASKET Creamy mushrooms inside of a brioche basket, topped with creating bacon, poached eggs & parmesan shavings		French toast (V) Slice of French toast dusted with cinnamon & sugar & served with maple syrup & berries +Bacon R25	R45
Freshly baked scones served v		Scrambled Eggs on toast (V) +bacon R25	R35
whipped cream and strawberry (subject to availability)	y jam	Little smashed avo toast (V) +egg R10	R55
DIY BREAKFAST CROISSANT Butter croissant topped with scrambled eggs	R55	Kiddies smoothy bowl (V) strawberry smoothy topped with banana & chocolate sprinkles	R55
+ Bacon / Avo	R25	Mini Jars	
+ Smoked salmon + Cheddar	R45 R20	Half avo	R25 R25 R25
CROISSANTS (V)		Chocolate Toast with Nutella	R55
Plain	R30	One Collect Today William Turcha	.,,,,
Belgian chocolate & hazelnut	R35		
Almond	R45		
Cheddar & preserves	R55		
MUFFINS (V) Dark choc & pecan Bran & seed with raisins Banana & seed Blueberry			
Gluten Free Apple crumble m	nuffin		

R40

R10

ADD EXTRA Butter and jam



FISH CAKES R155

Crumbed salmon trout & hake fish cakes made with baby potatoes and coriander and served with spicy aioli & roast red pepper pesto on a tossed salad base

HAKE GOUJONS

R80

Hake bites battered & deep fried

BABY CALAMARI

R85

Heads and rings flash fried with soy glaze, served with ponzu mayo & crunchy noodles

CHICKEN WINGS

R85

Basted in sticky Korean spicy sauce

TEMPURA CAULI (Ve)

R79

served crispy with soy sauce

SPICY CHICKEN LIVERS

R95

The secret sauce is a Folk favourite! Served with wood fired bread

WARM HALLOUMI SALAD (V)

R155

With roasted baby tomatoes, mushroom & mixed roast veg on a wood fired garlic & herb bun, drizzled with red pesto

CHICKEN, AVO & FETA SALAD

R155

Tossed with chopped cos lettuce, red onion, baby tomatoes, greens, cucumber, mixed seeds & vinaigrette

HAND CUT CHIPS

R35



SLOW ROASTED PORK BELLY

R175

Roasted with apple cider and fresh apples. Served with a crispy shard of crackling and pickled carrots

GRASS FED STEAK

Grass fed & sourced direct from the farm, served on a bed of rocket & topped with parmesan shavings and creamy green peppercorn or mushroom sauce.

Cuts change daily, please enquire for exact grammage

Fillet R128 per 100g (cut approx 200g)
 Rump R75 per 100G (cut approx 400g)
 Sirloin R75 per 100G (cut approx 300g)

ADD CHIPS +R35

HARVEST PLATE (Ve)

R145

Soy glazed aubergine steak, edamame beans, flash fried shimeji mushrooms, roast red pepper, miso cauliflower florets, aubergine pate & fresh chilli

WOOD FIRED FLATBREADS

baked in the wood oven, topped with hummus, salsa, fresh rocket & balsamic glaze plus your choice of:

Slow roasted lamb & tzatziki
 R195

Beetroot falafel, mushrooms & avo (Ve)
 R175

KINGKLIP R185

Freshly caught and subject to availability
Served with baby leek and potato puree & root veg

HAKE, CHIPS & SALAD

R155

Freshly caught hake deep fried in a tempura batter or grilled with seasoning



BAGEL'S

CREAM CHEESE	R40
 CHICKEN MAYO & avo with red onion 	R85
 SALMON with cream cheese, capers, 	
red onion & cucumber	R95
 VEGAN cashew & slaw mayo 	R85

SPRINGBOK CARPACCIO PANINI

R98

Wood fired panini traditionally baked in the pizza oven and filled with springbok carpaccio, fior di latte mozzarella, sweet pickled onions and rocket

CHICKEN WRAP

R85

filled with chicken fillet, feta, lettuce, carrot & mayo dressing

PULLED PORK SOURDOUGH SANDWICH

R120

Open sandwich loaded with pulled pork belly, coleslaw, siratcha mayo and micro herbs



served with hand cut chips

PLAIN JANE R115

Beef patty or chicken fillet splashed with our signature bbq sauce & topped with crunchy lettuce, sliced tomato & red onions.

MR CHEESY R135

Beef or chicken Plain Jane topped with melted cheddar

BEET BURGER (VE)

R135

Beetroot & chickpea vegi patty topped with smashed avo & crispy onion flakes

Add Vegan Mozzarella + R20

CHICKEN CRUNCH

R145

Crunchy panko crumbed chicken breast topped with a smoked paprika & roast garlic mayo & slaw

AMERICAN DREAM

R159

Beef burger loaded with bacon, cheddar & red onion marmalade

SHROOM MELT

R159

Beef patty topped with black mushroom & camembert

MEXICAN SHOWDOWN

R159

Beef patty topped with guacamole, salsa & chilli

WOOD FIRED PIZZA

Our pizza bases are made using italian "00" flour

FOLK STYLE SPECIALITY PIZZA'S

BRIE STREET FOCACCIA (V) Focaccia base topped with basil pesto and brie cheese	R120
PORKY Bianco pizza base topped with fior di latte mozzarella, pulled pork, apple compote and crackling crumb	R165
JACK OF HEARTS (Ve) Bianco pizza base topped with confit jackfruit, caper berries, garlic oil & vegan mozzarella	R155
SHROOM BOOM (V) Tomato base topped with burrata mozzarella ball, shitake and shimeji mushroom & parmesan shavings	R155
CUZIN VINNIE Tomato base topped with Italian spicy pork sausage mince & fior di latte mozzarella	R155
WINELANDS Tomato base topped with Parma ham, camembert, fig & rocket	R170
HAPPY (VE) Tomato base topped with vegan mozzarella, mushrooms, artichokes, chilli & garlic (Regular mozzarella can be substituted)	R155
OH SULLY! Margarita base topped with chicken, red pepper, red onion, sundried tomato & feta cheese	R155
PIMPED PEP Margarita base topped with Pepperoni, Artichokes, garlic & chilli	R155

HALF & HALF R165 CHOOSE ANY 2 TOMATO BASED PIZZAS & GET HALF AND HALF

WOOD FIRED PIZZA

Our pizza bases are made using italian "00" flour

THE CLASSICS

GARIC FOCACCIA (V)	R75
NAPOLESE MARGARITA(V) Napolitano tomato, fior di latte & basil	R120
MEXICANA Margarita base topped with Bolognaise mince, red onions & chilli	R148
MAMMA MIA (V) Margarita base topped with Capers, olives, artichokes & parmesan	R140
MADAM BOZZA Margarita base topped with salami, avo, olives, feta and fresh rocket	R148
PEPPERONI Margarita base topped with Pepperoni, pepperoni, pepperoni!	R145
BALD EAGLE Chorizo, feta, onion & avo	R155
Little lorry BIG LORRY Bacon, feta & fresh basil	R145
QUATTRO STAGIONI Mushrooms, ham, artichokes & olives	R155
HERO (V) Feta, spinach, onions & mushrooms	R136
HAWAIIAN Pineapple and gypsy ham	R130
PIXIE (V) Baby tomatoes, basil & feta	R130

GLUTEN FREE BASE + R30 EXTRAS CHARGED PER ITEM

R12 - Spinach, spring onion, red onion, tomato, capers, pineapple, banana
 R20 - vegan mozzarella substitute, Mozzarella, cheddar, olives, mushrooms
 R25 - feta, avocado, artichokes, anchovies, red peppers
 R30 - Bacon, gypsy ham, chorizo, salami, chicken, gorgonzola, camembert

VEGITARIAN & PLANT BASED

TEMPURA CAULIFLOWER small plate (Ve)

R79

Battered, deep fried & served crispy with soy glaze

BURRATA R120

Burrata mozzarella ball served fresh with olive oil vinaigrette, tossed heirloom tomatoes, fresh basil & shimeji mushrooms

CREMAZOLA & POACHED PEAR SALAD (V)

R155

Creamy mild gorgonzola with fresh pears and pears poached in fynbos and kombucha served on a bed of watercress and topped with walnuts & date shards

WARM HALLOUMI SALAD (V)

R155

Halloumi, roasted baby tomatoes, grilled black mushroom, roasted red pepper, baby marrow & spring onions served on a fresh wood fired bread bun drizzled with red pesto

- + Avocado R25
- replace halloumi with Avo for vegan option

VEGAN BAGEL (Ve)

R85

Cashew & slaw mayo & tomato & herb salad

HARVEST STEAK (Ve)

R145

Soy glazed aubergine steak, edamame beans, flash fried shimeji mushrooms, roast red pepper, miso cauliflower florets, aubergine pate & fresh chilli

WOOD FIRED BEETBALL FLATBREAD (Ve)

R175

Topped with Beetroot falafel, mushrooms, avo, humus, salsa, fresh rocket & balsamic glaze

Substitute regular cheese with vegan cheese + R20

VEGITARIAN & PLANT BASED

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NEPALESE STYLE MARGARITA(V)	R120
Napolitano tomato, fior di latte & fresh basil	

BRIE STREET FOCACCIA (V)	R120
Focaccia base topped with basil pesto and brie cheese	

MAMMA MIA (V)	R136
Capers, olives, artichokes and parmesan	

OH NUTS! (V) R175 Tahini & cashew nut butter base topped with salted pistachio nuts, sweet grilled shallots, fior di latte and lemon fig syrup

JACK OF HEARTS (Ve) Bianco pizza base topped with confit jackfruit, caper berries, garlic oil & vegan mozzarella	155
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SHROOM BOOM (V)	R155
Tomato base topped with burrata mozzarella ball, shitake and shimeji	
mushroom & parmesan shavings	

PIXIE (V)	R130
Baby tomatoes, basil & feta	

HERO (V)	R136
Feta, spinach, onions & mushrooms	

HAPPY (Ve)	R155
Vegan mozzarella, mushrooms, artichokes, chilli, garlic	

BURGERS

Served on a seeded bun with handcut chips	
BEET BURGER (Ve) Chickpea and beetroot burger topped with smashed avo & onion flakes	R135
BEET SHROOM MELT (V) Chickpea and beetroot burger topped with black mushroom & camembe	R159 ert



check availability at pastry bar

These cakes are our daily masterpieces
Filled with deliciousness and dripping with yummy!
We bake all of our cakes on site and to the same recipe granny taught us.
Available per slice as displayed or as whole cakes

	₹
CARROT CAKE With cream cheese & butter icing	R55
CHEESE CAKE Exceptionally smooth and creamy Plain Chocolate fondant / Lemon drop / Caramel	R58 R65
SPECIALITY SPONGES Selection of freshly bakes specialty cakes coconut sponge/ lemon poppy/ Red velvet	R55-R65
CHOCOLATE FUDGE CAKE Made with organic chocolate and cocoa and smothered in chocolate butter cream icing	R55
LEMON MERINGUE Zesty lemon curd and soft meringue peaks	R50
GLUTEN FREE ORANGE & ALMOND CAKE (VE) Moist and sticky	R60
DOUBLE CHOC NUT BROWNIES Soooooo chocolaty AND gluten free	R40

Pre-order whole cakes

+ Ice Cream or Cream R20

Whole cakes need to be ordered 2 days in advance. Wedding and birthday cakes can be quoted for so let us know if you have any special requests.



check availability at pastry bar

CROISSANTS	
TOTAL CONTRACTOR	

Plain (V)	R30
Belgian chocolate & hazelnut (V)	R35
Almond (V)	R40
Cheddar & preserves (V)	R49

CONFECTIONARY	5.6
Double choc nut brownies (GF)	R40
Date & nut balls (GF)(Ve)	R22
 Cocoa 	
 Cranberry coconut 	
 Maple lemon & almond 	
Choc chip cookie	R25
Peanut butter cookie (GF) (Ve)	R25
Chelsea bun	R30

+ Ice Cream or Cream R20

PIES

Free range chicken pie	R50
Spinach mushroom feta pie (V)	R49
Usana grass fed beef pie	R55

MUFFINS

Dark chocolate & pecan	R35
Bran & mixed seed with raisins	
Banana & chia seed	
Blueberry	
Gluten free Apple crumble	R40
Gluten Free Savoury mozzarella,	R40
rosemary & sundried tomato	11.10

+ Butter and jam R10

LITTLE FOLKS

BREAKFAST

kids french toast R45 Slice of French toast dusted with cinnamon & sugar & served with maple syrup & berries +Bacon R25

scrambled Eggs on toast R35 +bacon R25

little smashed avo toast R55 +egg R10

kiddies smoothy bowl R55 strawberry smoothy topped with banana & chocolate sprinkles

CHOCOLATE TOAST WITH NUTELLA SPREAD
R55

PIZZA

1 10017	
Margarita	R65
Bacon & feta	R85
Hawaiian (ham & pine)	R80
Regina (ham & mushroom)	R80

+Avo R25

KIDS COMBO

BOCKWURST SAUSAGE, CHIPS, FRUIT & MINI MILKSHAKE R95

we regret no changes allowed

LITTLE SHAKES R35

strawberry bar one chocolate vanilla banana

MAINS

mini burger & chips R60 chicken, veg or beef

fish & chips R60

chicken strips & chips R65

kids platter R80 cheddar sticks & tomato bites, cut fruit, gypsy ham, cucumber sticks & mini roll

toasties & chips on white or brown

cheese & tomato
 R55

chicken mayo
 R70

MINI'S

Plain yoghurt & Honey drizzle R25 Half avo R25 Cut fruit R25 Edamame bean bucket R35



DRINKS

Explore the best of what the Cape has to offer with our curated selection of wines

The cocktails are all made using natural fruit and flavours and may vary in colour from time to time.

Our coffee is a blend of 5 Arabica beans which we've been roasting for over 20 years. Our roast master carefully roasts each bean to ensure the perfect balance is achieved in every sip.

Retail and wholesale coffee available, please enquire

Corkage is charged at R60 per bottle

Max 1 bottle per 4 people

Max 4 bottles per party

COCKTAILS

BERRY BELLINI R90 Cherry vodka, strawberry syrup & sparkling wine

CLASSIC MIMOSA R75 Sparkling wine & fresh orange juice

MARGARITA R70
Tequila, triple sec, lime juice shaken with ice

STRAWBERRY DAIQUIRI R85 VIRGIN R75

Fresh strawberries, Bacardi rum, sugar & lime juice blended with ice

LONG ISLAND ICED TEA R90 Skyy Vodka, Havana Club, london dry gin, tequila, cane, sugar syrup & a splash of cola over ice

MOJITO R75 VIRGIN R55 Fresh lime, mint leaves, Bacardi rum.

Fresh lime, mint leaves, Bacardi rum, lemonade & soda over crushed ice

PINA COLADA R75
VIRGIN R65
Blended coconut milk, pineapple rum, sugar syrup and ice

CAIPIRINHA R70
Lime wedges & brown sugar muddled with Cachaçai rum & served over crushed ice

BLOODY MARY R75 VIRGIN MARY R60 Skyy Vodka & tomato juice with celery, cucumber, worcestershire

sauce & Tabasco

APEROL

APEROL SPRITZ R75
CinZano Pro Spritz, Aperol and soda

DIRTY SHAKES

NAUGHTY AND NUTTY
Frangelico & bar-one shake

TALL DARK & HANDSOME R85
Kuluha shot & coffee shake

MEAN QUEEN R80 Vodka & cherry shake

ITALIAN STALION R80 Amaretto liqueur & vanilla shake

BULLDOG

Cocktails

OLD DOG R75 Bulldog gin, Vermouth & Campari

NEW TRICKS R75
Bulldog Gin & lime wedges
muddled with tonic

& soda

GO FETCH R75
Bulldog gin, elderflower syrup,
cucumber & tonic

Bubbles





Graham Beck Brut NV

R380

An iconic Method Cap Classique, has light yeasty aromas, limey fresh fruit on the nose and rich creamy complexity on the palate. 51% Chardonnay 49% Pinot noir

Graham Beck Rose NV

R380

Exuberance, flair and elegance, a charming Rosé Method Cap Classique. Shows yeasty characters with a burst of fruit flavour, a fine, lively mousse is brisk on the palate, showing hints of oyster shell, fresh lavender and subtle hints of berry and cherry. 66% pinot Noir 44% Chardonnay

Graham Beck vintage collection Blanc de Blancs

R860

Method Cap Classique 100% chardonnay with bright lime green colour, rich aromas of citrus and delicately balanced flavors of citrus, brioche and spice combines with yeasty complexity, broadening the palate with layered textures and a long finish.

Stellenrust Clement de Lure Cap Classique NV

R295

Chenin Blanc, Chardonnay, Cabernet Franc, this MCC shows a slight pink tinge. Stellenrust has again created something unique. The first full Cremant style Methode Cap Classique – a sparkling wine made in the traditional Méthode Champenoise style, using non-traditional varieties

Stellenrust Sparkling Chenin

R235

R85

Proseco style brut with a smooth finish

Mimosa R75

Combination of sparking wine & orange juice

White Wine





Stellenrust Chenin Blanc

R165

R60

Shows lime & some tropical fruit on the nose with a mineral palate of grapefruit

Usana Chenin Blanc

R235

Beautifully balanced with hints of white peach & apple and a touch of toastiness from the barrel aging.

Stellenrust Barrel Fermented 57 Chenin blanc

R440

This Chenin Blanc from venerable 57 year-old vines on Bottelary Hills is fermented naturally. It's a boldly flavoured, fruity wine, with bright pear and guava flavours, perked up with brilliant acidity and bolstered by creamy oak. This Chenin will compliment an array of dishes and pairs well with citrus dishes, light meats & salmon

Cape Collective Epic White

R198

Chenin blanc with aromas of honeysuckle, jasmine and tangerine, a crisp palette and a textured finish

Mount Rosier Sauvignon Blanc

R165

R60

Melon and grapefruit on a bed of apple and bosche pear, with a seam of freshness

Bloemendal Waterlily Sauvignon Blanc R200

fresh and vibrant fruit aromatics combined with a textured and succulent mouth-feel

White Wine





Bouchard Finlayson Sauvignon Blanc R280

The Hemel-en-Aarde Valley lends an inviting tropical tone to the flavour profile of this vintage of tropical fruits, lemon and the slightest hint of black currant

Seasalter Sauvignon Blanc

by Groote Post

R280

Sea facing vines have developed Intense flavours displaying soft minerality, citrus, stone fruit & green apple

Cape Point Vinyards Noordhoek

Sauvignon Blanc

R240

Refreshing coastal style, the ocean seems to dance in your glass, The palate shows elegant layers of fruit with a steely minerality finished off by a fresh and vibrant acidity that creates a long lingering palate length

Mount Rosier Chardonnay

R180

R65

Guava & citrus fruits on the nose with well balanced flavour & lingering freshness

Kruger Family Wines 2019 Sans Chêne

Chardonnay - Piekenierskloof

R225

Characterful unoaked Chardonnay, nutty creamy, with ripe citrus highlights. Substance and light grip add to distinction. 70% stainless-steel, 30% concrete egg.

Usana Gold Dust to Grapes

Chardonnay

R270

Texture & complexity from oak barrel fermentation, this wine lso expresses soft citrus fruits on the palate and nose

White Wine





Keermont Terassa Blend

R395

Yellow gold colour, this wine has an explosive bouquet of lime, apple, hazelnut and peach with notes of vanilla spice, crushed oyster shell and butterscotch

Smokkelman Chenin & Semillon

R260

With aromas reminiscent of poaching orchard fruit on a warm summer's afternoon. Ripe pear, quince, and green apple give way to fynbos-esque white flowers and a faint hint of gunsmoke

Steenberg Semillon

R395

A beautiful pale gold colour with aromas of lime, capsicum and apricot pith greet you upon first inspection. Quince, citrus and roasted almond complete the sensation on the palate.

Usana "luck of the gambler" Pinot Gris R256

An orange wine hued by skin contact. This wine has a spicy, dry entry. With time it develops in the glass to display rhubarb, raspberry and grapefruit. Rounded off with savoury and umami notes. It is a versatile food wine.

Waverly Hills organic Pino Grigio

R198

an unwooded, light wine with palatte of guava and tropical fruit flavours complimented by aromas of ripe apples. The wine also has a fruity and fresh juicy pallet and tropical after taste.

Rosé





Vondeling Rose

R190

R70

Delicate, fresh & vibrant Rosé wine made from Merlot grapes. Refreshing wine from centuries-old Vondeling Wines in the Voor Paardeberg

Blawklippen Blush Rose

R245

Rose gold colour with notes of nectarines, strawberries & turkish delight

Red Wines

Stellenrust Merlot

R190

R65

Ripe cherry flavours with soft undertones of mint & spice. matured in French oak

Steenberg Merlot

R355

A balanced wine with flavours of ripe fruit, delicate oak and soft supple tannins

Mount Rosier Pinot Noir

R190

R70

Light and fresh aromas of red berries with lively spiced notes

Sutherland Pinot Noir

R325

Pure fruit aromas, lovely perfumed forest floor characteristics and hints of smoky spice, suble with balanced acidity,

Red Wines





Cape Collective Rad Red

R198

A vibrant cinsault & pinot blend with cranberry and strawberry aromas and nuances of black cherry and fresh sage on the palette. wine shows integrated acidity and delicate tannins

Mount Rosier Cinsault

R155

Delicate flavours of ripe cherry, peppery spice and a hint of Turkish Delight. Despite its delicacy, the palate is firm and concentrated with fine dry tannins

Da Hanekom Putfontein Pinotage

R370

Full bodied Stellenbosch Pinotage with rich, concentrated flavours of plum, dark chocolate & delicate spice

Bruce Jack Shiraz

R165

R65

Shows spice, a hint of clove, red fruit on palate

Bloemendal Syrah

R450

An intensely aromatic wine with notes of spices, clove, and ground pepper leading to a supple palate with a refreshing finish.

Smokkelman Cab Sav & Cinsault

R280

Bright red thanks to a healthy wallop of Cinsaut. With aromas reminiscent of smuggling wine gums in your Space Case under an old school bench. Upfront aromas of strawberry, rosewater, red- and blackcurrant all wrapped in a bouquet of pencil shavings,

Red Wines





Chamonix Rouge

R210

R80

A classic French style blend of cab sav, merlot, petit verdot & malbec. matured in small barrels for 18 months

Thelema Mountain Red

R205

This wine shows inviting aromas of juicy black fruit, mulberries, plums and hints of warm spice. After spending 18 months in barrel, the palate is soft and juicy

Usana "the fox" Cabernet Sauvignon R390

Full bodied with soft tannins, beautifully balanced & soft on the palate . hints of dark berries, spice, cigar box

Blaawklippen 2018 Cabernet sauvignon R330

Intense mulberry & blueberry aromas mingle with dark chocolate and are supported by hints of Christmas spice, cedarwood & violet. A textured palate shows great broadness and proceeds to a long, vibrant, aromatic finish.

2017 de Blaauwklippen Bordeaux Blend R395

A 5-varietal Bordeaux-style red blend. Dark cassis & cigar box with plumchocolate pudding notes. The palate is vibrant with velvet tannins, a serious mid palate and excellent length.

ON TAP

JAOINE	JUUINE
R35	R45
R45	R50
R45	R50
R35	R50
	R35 R45 R45

340MI

500MI

BEER

WINDHOEK DRAUGHT 440ML	R35
WINDHOEK LAGER 330ML	R29
AMSTEL 330ML	R29
BLACK LABEL 330ML	R29
CASTLE LITE LAGER 330ML	R29
CASTLE LAGER 330ML	R29
HEINEKEN LAGER 330ML	R38
ERDINGER WEISS BEER 330ML	R45
CAPE COLLECTIVE LAGER	R45





CIDER'S

LOXTONIA	ON TA	P	
LOXTONIA	STON	E FRU	JIT
SAVANNA	LIGHT/	DRY	330ML



R50 R40 R35

R30 R35 R30 R45

ZEROS WOO DEVILS PEAK ZERO TO HERO R30 RD

DEVILS PEAK ZERO TO HERO	
HEINEKEN NON ALCOHOLIC	
LOXTONIA ZERO	
SAVANNA NON ALCOHLIC	
THE DUTCHESS BOTANICAL G	&Т

WOODSTOCK BREWERY



Gin		Brandy	
Musgrave Pink	R45	Van Ryns 10 year	R40
Hendricks	R35	Blaauwklippen 10 year	R45
Bombay Sapphire	R45	Klipdrift	R25
Gordons	R25	Richelieu	R25
Inverroche Classic	R45	Hennessy VS EOY Cognac	R55
Inverroche Verdant - Cape fynbos Hope on Hoskins, London Dry or			
mediterranean	R55	Rum	
Bulldog	R45	Tapanga	R45
Bickens	R25	Bacardi	R25
		Captain Morgan	R25
Tequila		Vodka	
cabrito Reposado	R50	Hope on Hoskins small batch	R45
Espolõn Reposado	R50	Skyy	R40
patron Añejo	R95	Skyy cherry infused	R45
Don Julio Reposado	R95	Smirnoff	R25
El Jimador Blanco	R35	Cruz Vodka	R45
El Jimador Reposado	R35	Caramel Vodka	R45
Whiskey		A 1.10	
Macallan 12 yr Single Malt	R90	Aperitif	
Glen Grant 12 yr Single Malt	R80	Southern Comfort	R25
Glenfiddich 12 yr Single Malt	R55	Aperol	R40
Three Ships 10yr Single Malt	R60	Amarula	R35
Bain's Cape Mountain	R35	Dalla Cia Grappa	R45
Bells	R30	Jagermeister	R45
J & B	R25	Frangelico	R45
jamesons	R35	Kahlua	R25
Jack Daniels	R35	Disaronno	R65
Johnny Walker Black	R40	Cape to Rio Cane	R25
Johnny Walker Red	R30	Campari	R25

ICED DRINKS	SEASONAL	
ICED LATTE R45 Dbl shot espresso & milk over ice	JUICES	
IOTO MODULE	FRESH ORANGE	R45
ICED MOCHA R59 Dbl espresso, white hot chocolate & milk blended with ice	BABYLONSTOREN RED GREEN OR YELLOW	R49
ICED CHAI R59 Spiced chai blended with ice &	DAILY ORGANIC FRUIT & VEG JUICE	R55
milk	COI IN	
TUMERIC ICED LATTE R59 Tumeric & Thyme blended with milk & served over ice	DRINKS	
SMOOTHIES	MINERAL WATER STILL OR SPARKLING 500ml	R20
BLUE (VE) R79	1LT	R25
Blueberries, avo, coconut water, dates	APPLE/GRAPETISER	R35
BERRYLICIOUS R70	RED BULL	R35
Yogurt, blueberries, red berries, coconut water, chia seeds, & honey	BOS ICE TEA Peach, berry & lemon	R28
G-STRING (DAIRY FREE) R75 Banana, macadamia milk, peanut butter,	KOMBUCHA Assorted flavours	R45
cinnamon, honey & chia seeds	COCONUT WATER	R35
MILISHAMES	300ML SODAS Coke, Sprite, Cream soda,	R25

Coke, Sprite, Cream soda, Fanta

THEONISTA GINGER ALE

R45

BAR ONE CHOC

PEANUT BUTTER

BANANA

VANILLA

STRAWBERRY

CAPPUCCINO

COFFEE & HOT SIPS

	reg	dbl/tall	grande
ESPRESSO Coffee shot	R25	R28	
MACCHIATO Espresso topped with milk foam	R28	R30	
LONG BLACK Dbl espresso expressed over hot wat cup	R30 er in a short		
AMERICANO Espresso over hot water	R28	R32	R35
FLAT WHITE Dbl ristretto topped with textured mid	cro foam	R38	
CAPPUCCINO Espresso topped with dense foam	R35	R38	R45
LATTE Espresso topped 2ith milk and short f	R35 oam	R38	R45
CAFÉ MOCHA Espresso, hot chocolate & micro foam	R45	R50	R55
CORTADO Equal parts dbl espresso & textured m	nilk	R36	
NUTTY FLAT Flat white with hazelnut syrup	R45	R50	R55
SPICE CHAI LATTE	R45	R50	R55
FLAT RED Rooibos espresso with textured milk	R36	R40	R45
DARK HOT CHOCOLATE	R40	R45	R50
WHITE HOT CHOCOLATE	R45	R50	R55
	F20		

Extensive range

R28