

Vegetarian Menu

Please note some items on our menu are seasonal & subject to availability eg. avocado pears.

BREAKFAST

"Healthy Me"..... **R65**

Crunchy homemade Granola , Full cream yoghurt, freshly sliced fruits, honey & chai seed sprinkles

"Veggelicious"..... **R65**

Grilled / Fried Halloumi, Sauteed Mushrooms, Sliced Avo , 1 Egg with your choice of Bread

"Avo-Eggs Grande"..... **R62**

Avocado layered on a slice of Toast , delicately topped with Fried Mushrooms & 2 Poached eggs

"Wacky-Wonder Toasty"..... **R52**

Peanut Butter , generously spread on Toast, topped with sliced Banana, one egg & fresh Avo slices

"Avo-Berry Toasty"..... **R62**

Smashed Avocado topped with sliced strawberries , adorned with Ground Black Pepper & served with chips

LUNCH

"BYO Sarmie / Burger, with a side Garden Salad"

Choice of Bread/ Roll & Salad Basic Cost..... **R40**

Add your choice of fillings listed below:

* Cheddar Cheese **R15**

* Feta Cheese..... **R20**

* Egg..... **R12**

* Haloumi Cheese..... **R25**

* Guacamole..... **R20**

* Quorn Chicken..... **R25**

* Fried Mushrooms..... **R16**

* Avocado Slices..... **R15**

Other Alternative "Fillings "

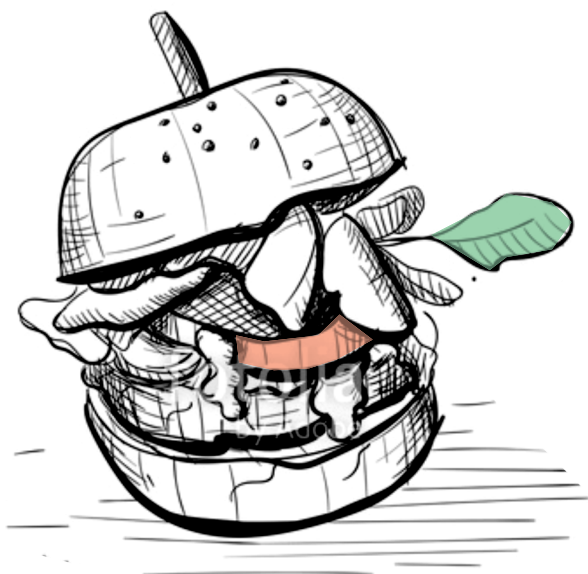
* Vegan Bacon 40grm **R25**

* Vegan Biltong 40grm **R25**

* Vegan Pastrami 40grm..... **R28**

* Vegan Pepperoni Sausage **R35**

* Vegan Cheese 30grm **R30**



"Smashing Avo"..... **R60**

Fresh Homemade Guacamole Salsa on toasted Health bread, adorned with baby Tomatoes & ground pepper

"Vegetarian Pitza Cone with Garden Salad"..... **R65**

Savoury Feta & Spinach served in a Pitza Cone and served with a salad on the side

"Veggie Burger Bun served with Chips"..... **R55**

Veggie Burger :lettuce Tomato Onions Avo on a Burger Bun served with Side Chips

