

Vegan Menu

Please note some items on our menu are seasonal & subject to availability eg. avocado pears.

BREAKFAST

“THE VEE” R60
Fried Mushrooms, Avocado, Baby Tomatoes, Diced Potatoes & Chickpeas served on a bed of lettuce.

“V” - “HEALTHY ME” R72
Crunchy homemade Granola, Coconut yoghurt, freshly sliced fruits, maple syrup & chai seed sprinkles.

“VEGAN SMASHING AVO” R70
Fresh Homemade Guacamole Salsa on toasted Health bread, adorned with baby Tomatoes, ground pepper & Topped with Fried Mushrooms.

“AVO-DELISH TOASTY” R55
Sliced Avo topped with Fried Mushrooms, served on your choice of Bread.

LUNCH

“BYO ‘V’ Sarmie / Burger, with a side Garden Salad” R40
Choice of Bread/ Roll & Salad Basic Cost.

Add fillings / Side of choice:

Fried Mushrooms	R16
Raw Onion	R10
Cooked Onions	R12
Raw Tomato	R20
Avocado - Quarter	R15
Lettuce	R10
Chips Medium	R22

Other Alternative “Vegan” Fillings

Vegan Bacon 40gm	R25
Vegan Bilton 40gm	R25
Vegan Pastrami 40gm	R28
Vegan Cheese 30gm	R25
Vegan Pulled Chicken 40gsm	R28

“Vegan Chicken Mayonnaise Toasty” R95
Pulled Chicken Toasted Sandwich served with Vegan Mayonnaise, Chips & Side salad.

“Vegan Boerie Rolls served with a Side salad & Chips” R95
Tasty Vegan Boerie on a bed of Fried Onion, served on a Crispy Toasted Bread Roll, with Chips & a side salad.

“Garlic Mushroom in Onion Gravy Pasta with Salad” R112
Onion & Garlic cooked in a Mushroom Gravy, served on Vegan Pasta and sprinkled with Vegan Biltong Bits Served with a Fresh garden Salad.

“Vegan Sausage & Avo Sub, with Lentil/ Chickpea Sauce & Chips” R106
Vegan Pepperoni Sausage laid in a bed of Avocado, Tomato & Lettuce, served with a small bowl of Chickpea / Lentil Sauce Served with Chips on the side

VEGAN REFRESHMENTS

Almond Milk Cappuchino Regular	R44
Almond Milk Cappuchino Mega	R52
Raw Beetroot & Carrot Juice 300ml	R28
Raw Carrot & Ginger Juice 300ml	R28

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